November 2026

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Parfait & Granola Or Cereal Kit, & Whole Fruit & Milk	Breakfast Eggroll Apple Slices & Milk	Egg Omelet & Hash Brown Whole Fruit & Milk	French Toast Sticks (3) Sausage Links (2) Banana & Milk	Sausage, Egg & Cheese Muffin, Fruit & Milk

Bagel, Muffins, Cereal kits, Boiled Eggs, Graham Crackers, String Cheese, & Yogurt are offered daily as alternate choices. Fruit offerings will be alternated based on availability.

Cafeteria is open 7:15 AM- 7:45 AM * Breakfast in the classroom for grades 4-6

Breakfast Meal Deal
(1) Entrée Choice
(1) Fruit or Fruit Juice
(1) Low-Fat or Fat Free Milk (8oz)

Montrose Community Schools

Lunch Meal Deal
(1) Entrée Choice (bread & protein)
(1) Fruit Choice
(1) Vegetable Choice
(1) Low-Fat or Fat Free Milk (8oz)

HS/MS Cafe

Classics ~ Line 3

Daily Choices Include:
Your Choice of Entrée, Bread, Vegetable, Fruit & Milk

Monday
Create your own Salad from our Salad Bar

Tuesday
Rotini Pasta with Meat Sauce, Garlic Bread, Steamed Carrots

Wednesday
Create your own Mexican Salad or Taco Bowl, Refried Beans

Thursday
Baked Popcorn Chicken & Mashed Potatoes

Friday
Pepperoni Pizza & Steamed Vegetables
1st Friday of the month is French Bread

Classics ~ Line 2

Daily Choices Include:
Your Entrée, Bread, Vegetable, Fruit & Milk

Monday
Mini Pancakes, Hash Brown, Sausage Links, & Baby Carrots

Tuesday
Rotini Pasta & Meat Sauce & Garlic Bread, Steamed Broccoli

Wednesday
Bosco Sticks & Marinara Sauce
Steamed Green Beans

Thursday
Baked Popcorn Chicken & Mashed Potatoes

Friday
Pepperoni Pizza & Steamed Vegetables
1st Friday of the month is French Bread

Deli ~ Line 4

Daily Choices Include:
Varity of Entrée & Bread Choices, Vegetable, Fruit & Milk

Monday
Create your own Walking Taco
Refried Beans

Tuesday
Create your own Mexican Bowl

Wednesday
Pepperoni Pizza
Steamed Carrots

Thursday
Create your own Burger & Tater Tots

Friday
Chicken Alfredo & Breadstick

HS/MS Café

High School Students~
No Charging

Middle School Students ~
No Charging

Account activity can be viewed online at https://montrose.familyportal.cloud free of charge. Online deposits charge a small processing fee.
**Menu subject to change based on availability of products.*

Lunch Prices

Student Pricing

Breakfast: Free to all students

Lunch: Free to all students

Additional Entrée $2.00
Additional Fruit & Veggie $1.00
Milk included with lunch.
If purchased separately, $0.75

Adult Prices

Adult Pricing
Breakfast - $3.25
Lunch - $5.50

USDA is an equal opportunity provider and employer.