



Hoke County Schools Breakfast Menus for November 2026 ELEMENTARY

Monday	Tuesday	Wednesday	Thursday	Friday
November 2 Ham and Cheese Croissant Assorted Cereal Peach Cup Assorted Juice Low-fat or Fat Free Milk	November 3 Powdered Donut Holes Assorted Cereal Mixed Fruit Assorted Juice Low-fat or Fat Free Milk	November 4 Super Cruller Assorted Cereal Mandarin Oranges Cup Assorted Juice Low-fat or Fat Free Milk	November 5 Chicken Biscuit Assorted Cereal Strawberry Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	November 6 Breakfast Pizza Assorted Cereal Diced Pears Assorted Juice Low-fat or Fat Free Milk
November 9 Breakfast Bagel Assorted Cereal Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	November 10 Cinnamon Roll Assorted Cereal Diced Peach Cup Assorted Juice Low-fat or Fat Free Milk	November 11 	November 12 Chicken Waffle Sandwich Assorted Cereal Mandarin Orange Cup Assorted Juice Low-fat or Fat Free Milk	November 13 Apple Cinnamon Texas Toast Assorted Cereal Diced Pear Cup Assorted Juice Low-fat or Fat Free Milk
November 16 Honey Bun Assorted Cereal Strawberry Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	November 17 Breakfast Pizza Assorted Cereal Mixed Fruit Cup Assorted Juice Low-fat or Fat Free Milk	November 18 Dunkin' Stix Assorted Cereal Mandarin Orange Cup Assorted Juice Low-fat or Fat Free Milk	November 19 Sausage Biscuit Assorted Cereal Diced Peach Cup Assorted Juice Low-fat or Fat Free Milk	November 20 Blueberry Donut Holes Assorted Cereal Applesauce Cup Assorted Juice Low-fat or Fat Free Milk
November 23 Ham and Cheese Croissant Assorted Cereal Peach Cup Assorted Juice Low-fat or Fat Free Milk	November 24 Powdered Donut Holes Assorted Cereal Mixed Fruit Assorted Juice Low-fat or Fat Free Milk	November 25	November 26	November 27

Nutrition Byte

Celebrate #NCFarmers from the Mountains to the Sea!

In 2023, the North Carolina General Assembly established the second Thursday in November as N.C. Farmer Appreciation Day as an opportunity to thank all our farmers and farm families. The inaugural event is November 6, 2025.

North Carolina is rich in agriculture from the mountains to the sea. The farmers that produce food, fiber, and fuel in our state do so with heart and pride. Learn more and find resources to celebrate our farmers and all they produce at <https://www.ncfarmerappreciation.com>. Recognize and thank #NCFarmers on social media using #NCFarmersAppreciationDay and #MountaintoSea. Tag @NCFarmersAppreciationDay.

- Agriculture is North Carolina's #1 industry with an economic impact of over \$100 billion dollars annually.
- There are 74,062 farmers and 46,000 farms in the state. 1,827 are centennial farms and 27 are bicentennial.
- N.C. ranks 3rd for agriculture diversity and is a top producer of sweetpotatoes, cucumbers, eggs, poultry, pork, and more.
- Most North Carolina schools participate in farm to school activities and serve locally grown foods in school meals.

Nutrilink: Learn more at <https://www.ncfb.org/ag-in-the-classroom>, <https://gottobenc.com>, and <https://ncfarmtoschool.com>.

Did you know?



Hoke County Schools Lunch Menu

ELEMENTARY

Monday	Tuesday	Wednesday	Thursday	Friday
November 2 Chick Fillet On Bun 4x6 Cheese Pizza Peanut Butter & Jelly Sandwich Steamed Broccoli Seasoned Potato Tots Apple Sauce Cup Low Fat or Fat-Free Milk	November 3 Beef Taco on Soft Shell Chef Salad w/ Boiled Egg w/ Dinner Roll Grilled Cheese Sandwich Seasoned Sweet Potato Fries Pinto Beans Diced Tomatoes Shredded Lettuce Grated Cheese, Salsa Mandarin Oranges Low-fat or Fat-Free Milk	November 4 Cheeseburger on Bun Chicken Quesadilla Peanut Butter & Jelly Sandwich Baked Beans Seasoned Spiral French Fries Mixed Fruit Low-fat or Fat-Free Milk	November 5 General Tso Chicken Chef Salad w/ Grilled Chick Fillet W/ Breadstick Grilled Cheese Sandwich Vegetable Fried Rice Candied Yams Strawberry Cup Breadstick Low-fat or Fat-Free Milk	November 6 Vegetable Beef Soup W/Goldfish Crackers Grilled Cheese Sandwich Grape Uncrustable Garden Salad w/ Dressings Peach Cup Low Fat or Fat-Free Milk
November 9 Chicken Tenders Stuffed Crust Cheese Pizza Grilled Cheese Sandwich Steamed Broccoli Mashed Potatoes Apple Sauce Cup Dinner Roll Low-fat or Fat-Free Milk	November 10 Chicken Fajita in Soft Shell Chef Salad w/ Chicken Fajita and Tortilla chips Peanut Butter and Jelly Sandwich Black Beans Buttered Corn *NC Fresh Bagged Apples Low-fat or Fat-Free Milk	November 11 	November 12 Oven Roasted Chicken Chef Salad w/ Boiled Egg w/ Dinner Roll Grilled Cheese Sandwich Pinto Beans *NC Fresh Baked Sweet Potato Spiced Apples Dinner Roll Low-fat or Fat Free Milk	November 13 Chicken Noodle Soup W/Animal Crackers Cheese Pocket Strawberry Uncrustable *NC Fresh Broccoli and Baby Carrot Cup w/ Ranch Dressing *Fresh NC Apple Wedges Low-fat or Fat Free Milk
November 16 Chicken Nuggets Cheeseburger on Bun Grilled Cheese Sandwich Steamed Broccoli Mashed Potatoes Pineapple Tidbits Dinner Roll Low Fat or Fat-Free Milk	November 17 Soft Shell Beef Taco Turkey Taco Chef Salad w/ Tortilla Chips Peanut Butter & Jelly Sandwich Pinto Beans Buttered Corn Diced Tomatoes Shredded Lettuce Grated Cheese, Salsa *Fresh NC Bagged Apples Low-fat or Fat-Free Milk	November 18 6' Round Pepperoni Pizza Veggie Burger on Bun Grilled Cheese Sandwich Steamed Green Beans Seasoned Sweet Potato Fries *NC Mixed Berry Medley Low-fat or Fat-Free Milk	November 19 Oven Roasted Turkey Peanut Butter & Jelly Sandwich Stuffing Gravy Cranberry Sauce *Fresh NC Collards *Fresh NC Baked Sweet Potato Spiced Peaches with Crumb Topping Garlic Knot Low-fat or Fat-Free Milk	November 20 Chilli Con Carne W/Cheese Itz Grilled Cheese Sandwich Cinnamon Roll Peanut & Honey Uncrustable Seasoned Hash Rounds *Fresh NC Apple Wedges Low Fat or Fat-Free Milk
November 23 Popcorn Chicken Corn Dog Nuggets Grilled Cheese Sandwich Steamed Broccoli Pinto Beans Sliced Peaches Dinner Roll Low-fat or Fat Free Milk	November 24 Spaghetti *NC Ground Beef Meatsauce Chef Salad w/ Boiled Egg W/ Cheesy Bites Peanut Butter and Jelly Sandwich *Fresh NC Steamed Cabbage Candied Yams Mixed Fruit Wild Mike's Cheesy Bites Low-fat or Fat Free Milk	November 25	November 26	November 27