Dodge County Senior Nutrition Program – Congregate Meals

October 2026

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Meals provided by AtlantisValley Foods. **All menu items are prepared in a kitchen that is not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact.** **No substitutions allowed.** **PB = Plant Based SF = Sugar Free WG = Whole Grain** **MO = Meatless Option SO= Salad Option** *** = Contains Pork**			Shepherd's Pie WG Bread w/ Butter Capri Vegetable Blend Birthday Cake **MO: PB Ground Beef** **NCS: SF Jell-O** **SO: *Cobb**	Chicken Tortilla Soup Tortilla Strips Cornbread w/ Butter Broccoli Craisin Salad Apple Slices Pudding **MO: Minestrone** **NCS: SF Pudding**
5	**6**	**7**	**8**	**9**
Barbecue Pulled Chicken Baked Potato Casserole Crinkle Cut Carrots Melon Cornbread W/ Butter Salted Caramel Cookie **MO: Barbecue Tofu** **NCS: SF Cookie** **SO: *Chef**	Beef and Lamb Gyro on Pita Bread Tzatziki Sauce Tom/Cuc/Onion Peas & Pearl Onions Italian Veg Blend Jello **MO: Spiced Chickpeas** **NCS: SF Jello** **SO: *Chicken Bacon**	Philly Cheesesteak Casserole California Veg Blend Green Beans Orange Wedges Nutty Buddy Bar **MO: PB Beef** **NCS: SF Wafer** **SO: Grilled Chicken Almond**	Grilled Chicken Breast Mashed Potatoes and Gravy Prince Charles Veg WG Din Roll & Butter Tropical Fruit Mix Rice Krispie Treat **MO: PB Chicken Breast** **NCS: Fresh Fruit Mix** **SO: *Bacon Blue**	Macaroni and Cheese 5 Way Veg Blend Veg. Baked Beans Fresh Fruit Mix Triple Chocolate Cookie **MO: NONE** **NCS: SF Cookie**
12	**13**	**14**	**15**	**16**
*Sausage and Egg Breakfast Scramble Roasted Potato Capri Vegetable Blend Diced Pears WG Bread W/ Butter WG Apple Cinnamon Muffin **MO: Vegetarian Egg Bake** **NCS: Cantaloupe** **SO: Sunflower Crunch**	*Roasted Pork Loin Garlic & Herb Potatoes WG Din Roll & Butter Crinkle Cut Carrots Apple Slices Snickerdoodle Cookie **MO: Tofu w/ Gravy** **NCS: SF Cookie** **SO: Greek**	Meatloaf with Gravy Roasted Garlic Mashed Potatoes and Gravy Corn Fresh Fruit Mix WG Dinner Roll w/ Butter Peanut Butter Brownie **MO: Beyond Loaf with Vegetable Gravy** **NCS: SF Wafer** **SO: *Spinach**	Chili Cornbread w/ Butter Cowboy Caviar Yellow Corn Tortilla Chips Fruit Medley Nutty Buddy Bar **MO: Beyond Chili** **NCS: SF Wafer** **SO: Caesar**	Chicken Parmesan 5 Way Veg Blend California Vegetable Blend Wango Mango (Juice) Super Donut **MO: PB Chicken Breast** **NCS: Orange Wedges**
19	**20**	**21**	**22**	**23**
Chicken Lasagna Italian Vegetable Mix Fire Roasted Corn Cantaloupe Peanut Butter Cookie **MO: Vegetarian Lasagna** **NCS: SF Cookie** **SO: *Italian**		Turkey à la King over Brown Rice Roasted Sweet Potatoes Fruit Medley Pudding **MO: PB Chicken & Veg Mix** **NCS: SF Pudding** **SO: *Cobb Salad**	Salisbury Steak Paco Vegetables with Roasted Potatoes Green Beans Orange Wedges WG Bread w/Butter Red Velvet Cookie **MO: Beyond Burger Patty W/ Gravy** **NCS: SF Cookie** **SO: Southwest Chicken**	Chicken Noodle Soup Fresh Fruit Mix 3 Bean Salad Peanut Butter Pie **MO: Minestrone** **NCS: Pears**
26	**27**	**28**	**29**	**30**
Teriyaki Meatballs over Brown Rice Far East Vegetable Blend Paco Veg W/ Roasted Potatoes Honeydew Melon Rice Krispie **MO: PB Meatballs** **NCS: SF Wafer** **SO: *Chef**	Lemon Pepper Chicken Breast over Roasted Garlic Mashed Potatoes Broccoli WG Dinner Roll & Butter Banana Chocolate Chip Cookie **MO: PB Garlic Herb Chicken Breast** **NCS: SF Cookie** **SO: Grilled Chicken Almond**	Hamburger on a WG Bun Lettuce, Tomato, Onion Ketchup/Mustard *Baked Beans Fiesta Corn Blend Cherry Apple Crunch Bar **MO: Black Bean Burger & Veg. Beans** **NCS: SF Jello** **SO: Caesar**	*Creamy Potato & Bacon Soup Croutons Side Salad W/ Tomato & Cucumber Assorted Dressing Sliced Peaches Nutty Buddy Bar **MO: Minestrone** **NCS: SF Wafer** **SO: *Chicken Bacon**	Sloppy Joe on a WG Bun Crinkle Cut Carrots Peas and Pearl Onions Diced Pears Spooky Dirt Cup **MO: Beyond Sloppy Joe Mix** **NCS: SF Pudding**

Please call two serving days, before NOON (12:00PM) for reservations or cancellations.

Dodge County Senior Dining: (920) 386-3580

ADRC Aging and Disability Resource Center of Dodge County

Dodge County Senior Nutrition Program – Salad Description(s)

October 2026

All Salads come individually packaged with Fork, Crouton Packet, and Dressing Packet. **Each entrée salad meal will include a whole grain dinner roll, butter pat, fruit, and dessert.** **Chickpeas can be substituted for meat in any salad to make it a Meatless Option.** *** = Contains Pork**			**1** **SO: Cobb Salad** Salad Mix Chicken Tomato Feta *Bacon Hard Boiled Egg WG Dinner Roll & Butter Fruit Medley Birthday Cake **NCS: SF Jell-O**	**2** **No Entrée Salad**
5 **SO: *Chef** Salad Mix *Ham & Turkey Hard Boiled Egg Tomato Cheddar WG Dinner Roll & Butter Melon Salted Caramel Cookie **NCS: SF Cookie**	**6** **SO: *Chicken Bacon** Salad Mix Chicken *Bacon Cheddar & Mozzarella WG Dinner Roll & Butter Fruit Medley Jello **NCS: SF Jello**	**7** **SO: Grilled Chicken Almond** Salad Mix Chicken Almonds Cheddar & Mozzarella Dried Cranberries WG Dinner Roll & Butter Orange Wedges Nutty Buddy Bar **NCS: SF Wafer**	**8** **SO: *Bacon Blue** Rainbow Mix Carrots Bleu Cheese Crumble Tomato *Bacon WG Dinner Roll & Butter Tropical Fruit Mix Rice Krispie Treat **NCS: Fresh Fruit Mix**	**9** **No Entrée Salad**
12 **SO: Sunflower Crunch** Rainbow Mix Salad Mix Carrots Edamame Beans Almonds Sunflower Seeds Dried Cranberries WG Dinner Roll & Butter Diced Pears WG Apple Cinnamon Muffin **NCS: Cantaloupe**	**13** **SO: Greek** Salad Mix Kalamata Olives Tomato Feta Chickpeas WG Dinner Roll & Butter Apple Slices Snickerdoodle Cookie **NCS: SF Cookie**	**14** **SO: *Spinach** Spinach Mix Mushrooms Tomato Hardboiled egg *Bacon WG Dinner Roll & Butter Fresh Fruit Mix Peanut Butter Brownie **NCS: SF Wafer**	**15** **SO: Caesar** Romaine Mix Chicken Parmesan Hard Boiled Egg WG Dinner Roll & Butter Fruit Medley Nutty Buddy Bar **NCS: SF Wafer**	**16** **No Entrée Salad**
19 **SO: *Italian** Salad Mix Tomato Banana Peppers Black Olives *Salami Mozzarella WG Dinner Roll & Butter Cantaloupe Peanut Butter Cookie **NCS: SF Cookie**	**20** **SO: *Turkey Club** Salad Mix Tomato Cheddar Mozzarella *Bacon Turkey WG Dinner Roll & Butter Sliced Peaches Kringle **NCS: SF Jello**	**21** **SO: *Cobb** Salad Mix Chicken Tomato Feta *Bacon Hard Boiled Egg WG Dinner Roll & Butter Fruit Medley Pudding **NCS: SF Pudding**	**22** **SO: Southwest Chicken** Salad Mix Cajun Chicken Black Bean Corn Salsa Cheddar & Mozzarella WG Dinner Roll & Butter Orange Wedges Red Velvet Cookie **NCS: SF Cookie**	**23** **No Entrée Salad**
26 **SO: *Chef Salad** Salad Mix *Ham & Turkey Hard Boiled Egg Tomato Cheddar WG Dinner Roll & Butter Honeydew Melon Rice Krispie **NCS: SF Wafer**	**27** **SO: Grilled Chicken Almond** Salad Mix Chicken Almonds Cheddar & Mozzarella Dried Cranberries WG Dinner Roll & Butter Banana Chocolate Chip Cookie **NCS: SF Cookie**	**28** **SO: Caesar** Romaine Mix Chicken Parmesan Hard Boiled Egg WG Dinner Roll & Butter Orange Wedges Cherry Apple Crunch Bar **NCS: SF Jello**	**29** **SO: *Chicken Bacon** Salad Mix Chicken *Bacon Cheddar & Mozzarella WG Dinner Roll & Butter Sliced Peaches Nutty Buddy Bar **NCS: SF Wafer**	**30** **No Entrée Salad**