ELC NOVEMBER BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 1-French Toast w/syrup 2 oz-Scrambled eggs 4 oz-Juice 8 oz-Milk	3 1-Sausage 1-Biscuit w/jelly 4 oz-Juice 8 oz-Milk	4 4 oz-Apple Cinnamon Oatmeal 1-Toast w/jelly 4 oz-Juice 8 oz-Milk	5 1-Cinnamon Raisin Toast w/jelly 2 oz-Scrambled Eggs 4 oz-Juice 8 oz-Milk	6 1-Waffles w/syrup 1-Sausage patty 4 oz-Juice 8 oz-Milk
9 1-Pancake 2 oz-Scrambled eggs w/cheese 4 oz-Juice 8 oz-Milk	10 1-Turkey Sausage Breakfast Pizza 4 oz-Juice 8 oz-Milk	11 1-Egg Bites 1-Toast w/jelly 4 oz-Juice 8 oz-Milk	12 1-Blueberry muffin 1-Cheese stick 4 oz-Juice 8 oz-Milk	13 PD DAY
16 1-Biscuit 2 oz-Scrambled cheesy eggs 4 oz-Juice 8 oz-Milk	17 1-French Toast w/syrup 1-Sausage patty 4 oz-Juice 8 oz-Milk	18 1-Cinnamon Raisin Toast w/jelly 2-Turkey bacon 4 oz-Juice 8 oz-Milk	19 1-Egg Bites 1-Toast w/jelly 4 oz-Juice 8 oz-Milk	20 1-Waffles w/syrup 1-Sausage links 4 oz-Juice 8 oz-Milk
30 1-Turkey Sausage Breakfast Pizza 4 oz-Juice 8 oz-Milk				

NSC IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER. MENUS SUBJECT TO CHANGE WITHOUT NOTICE.
WE TRY OUR BEST TO SERVE MENUS AS POSTED; HOWEVER SOMETIMES LAST-MINUTE CHANGES OCCUR.
ADULT MEAL PRICES: BREAKFAST $3.00 LUNCH: $5.00



ELC NOVEMBER LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 2 oz-Popcorn Chicken Bowl 1-Dinner roll 2 oz-Carrots 4 oz-Fruit 1C-Milk	3 4 oz-Nachos w/2 oz-Turkey Taco Meat (lettuce, tomato, sour cream, salsa) 4 oz-Fruit 1C-Milk	4 1-Cheeseburger on a Bun Lettuce/tomato) 2 oz-Green beans 4 oz-Fruit 1C-Milk	5 1-Chicken Patty on a Bun 2 oz-Broccoli w/cheese 4 oz-Fruit 1C-Milk	6 1 sl-Supreme Pizza 4 oz-Side Salad 4 oz-Fruit 1C-Milk
9 6 oz-Chicken Alfredo Pasta 4 oz-Side Salad 4 oz-Fruit 1C-Milk	10 1-Chicken Quesadilla Salsa 2 oz-Corn 4 oz-Fruit 1C-Milk	11 Hot dog w/1 oz-Chili, cheese 2 oz-Green Beans 4 oz-Fruit 1C-Milk	12 2 oz-Grilled Ham and Cheese Sandwich 4 oz-Tomato soup 4 oz-Fruit 1C-Milk	13 PD DAY
16 2 oz-BBQ Meatball Sub 2 oz-Potato Wedges 2 oz-Carrots 4 oz-Fruit 1C-Milk	17 2 oz-Beef, Bean & Cheese Burrito 2 oz-Mexican Corn 4 oz-Fruit 1C-Milk	18 6 oz-Chicken Fried Rice 2 oz-Broccoli 4 oz-Fruit 1C-Milk	19 1-Cheeseburger on a Bun Lettuce/tomato) 2 oz-Potato Wedges 4 oz-Fruit 1C-Milk	20 2 oz-Baked Chicken 1-Dinner Roll 2 oz-Sweet Potato Casserole 2 oz-Green Beans 4 oz-Fruit 1C-Milk
30 2 oz-Grilled Chicken Chunks w/honey mustard 2 oz-Macaroni & cheese 2 oz-Broccoli 4 oz-Fruit 1C-Milk				

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ADULT MEAL PRICES: BREAKFAST $3.00 LUNCH: $5.00



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