The King's Academy Menu

This document is intended for use across Elementary School. It will support pre-orders only!

fresh. honest. local. food served with Water.

	Monday 2-Nov	Tuesday 3-Nov	Wednesday 4-Nov	Thursday 5-Nov	Friday 6-Nov
Breakfast Boosters (JH & HS Only)	Crispy Potatoes, Diced Ham, Cage Free Egg, Shredded Cheddar Scramble $5.95	Free Range Chicken & Belgium Waffle Sandwich, Maple Syrup $6.50	Sausage Patty, Cage Free Egg, Cheddar Cheese Sliders on Hawaiian Rolls $6.50	Smoked Applewood Bacon Sandwich, Cheddar Cheese, Naan Bread $6.50	Cage-Free Egg, Potato, Chorizo & Cheese Breakfast Burrito $6.50
Main Entree Special	Free Range Chicken Alfredo, Fall Vegetables, Garlic Bread $9.25	Traditional Carnitas Burrito Bowl, Refried Beans, Lettuce, Shredded Cheese, Salsa & Sour Cream $9.50	Double Pepperoni Pizza, Penne Marinara Pasta & Vegetable Medley $9.50	Dim Sum, Pork Buns, Potstickers, Egg Rolls, Shrimp Siu Mai, Vegetarian Fried Rice $9.50	Free Range Butter Chicken, Basmati Rice, Honey Glazed Carrots $9.50
Vegetarian Main Entree Special	Penne Pasta, Afredo Sauce, Fall Vegetables, Garlic Bread $8.95	Vegetarian Bowl, Refried Beans, Lettuce, Shredded Cheese, Pico de Gallo, Sour Cream $8.95	Three Cheese Pizza, Penne Marinara Pasta & Vegetable Medley $9.25	Vegetarian Dim Sum, Egg Rolls, Potstickers, Vegetarian Fried Rice $8.95	Curried Cauliflower, Basmati Rice, Honey Glazed Carrots $8.95
Specialty Salad TakeAway	Free Range Chinese Chicken Salad, Rice Noodles, Green Onions, Mandarin Oranges $8.95	Free Range Buffalo Chicken Salad, Celery, Carrots, Cucumbers, Red Onion, Shredded Cheddar, Tomatoes, Ranch Dressing $ 8.95	Shaved Brussels Sprouts with Bacon & Warm Apple Cider Dressing $8.95	Chopped Cobb Salad, Romaine, Eggs, Bacon Bits, Avocado, Turkey, Tomatoes, House Ranch Dressing $8.95	BBQ Chicken Salad, Crispy Romaine, Avocado, Tomatoes, Cheddar Cheese & Ranch Dressing - $8.95
Specialty Sandwich TakeAway	Grass Fed Meatball Sandwich on Sweet French Rolls, House Chips $8.95	Banh Mi Sandwich, Roast Pork, Cucumber, Jalapeno, Shredded Carrots, Daikon, House Chips $8.95	Pull Apart Chicken Parm Sliders, House Chips $8.95	Genoa Salami & Provolone on Focaccia, House Chips $8.95	Garden Chicken Wrap, Romaine, Free-Range Chicken, Cherry Tomatoes, Cucumbers, Cheddar Cheese, Ranch Dressing & Wavy Chips $9.25
PM Snack (Pre-Order Snack with Lunch ONLY)	Houise Chocolate Chip Cookie $3.50	Seasonal Fresh Fruit Cup $3.50	Back to School Trail Mix, Cheese its, Dried Fruit, Pretzel Sticks, M&ms, Wheat Chex $3.50	Cheddar Cheese & Crackers $3.50	House Chocolate Chip Cookie $3.50
	9-Nov	10-Nov	11-Nov	12-Nov	13-Nov
Breakfast Boosters (JH & HS Only)	Breakfast Croissant Sandwich, Cage Free Scrambled Eggs, Applewood Smoked Bacon, Cheddar Cheese $5.95	Free Range Chicken & Belgium Waffle Sandwich, Maple Syrup $6.50	Sausage Patty, Cage Free Egg, Cheddar Cheese Sliders on Hawaiian Rolls $6.50	Smoked Applewood Bacon Sandwich, Cheddar Cheese, Naan Bread $6.50	Cage-Free Egg, Potato, Chorizo & Cheese Breakfast Burrito $6.50
Main Entree Special	Grass Fed Meat Sauce, Spaghetti, Steamed Broccoli, Garlic Bread $9.50	Grass Fed Beef Enchilada Bake, Cilantro Rice, Refried Beans, Sour Cream $9.50	Free Range BBQ Chicken Pizza, Smoked Applewood Bacon, Green Onion Pizza, Chips, Fuji Apple $9.50	Carnitas Bowl, Refried Beans, Spanish Rice,Tomatoes, Cheddar Cheese, Sour Cream, Mini Churro $9.50	In & Out Inspired Cheeseburger, Seasonal Fresh Fruit Cup,Tater Tots $9.50
Vegetarian Main Entree Special	Spaghetti Marinara, Steamed Broccoli, Garlic Bread $8.95	Grilled Vegetable Enchilada Bake, Cilantro Rice, Refried Beans, Sour Cream $8.95	Cheese Pizza, Chips & Fuji Apple $9.25	Grilled Vegetable Bowl, Refried Beans, Spanish Rice, Tomatoes, Cheddar Cheese, Sour Cream, Mini Churro $9.25	Portobello Mushrrom Burger, Seasonal Fresh Fruit Cup,Tater Tots $9.25
Specialty Salad TakeAway	Free Range Greek Chicken Salad, Feta Cheese, Tomatoes, Cucumbers, Greek Dressing $8.95	Asian Thai Beef Salad, Mixed Greens, Cucumber, Tomatoes, Garlic, Sesame Dressing $8.95	Chicken Caesar Salad, Roasted Chicken, Romaine, Cherry Tomatoes, Shaved Parmesan Cheese & House Made Caesar Dressing $8.95	Chef Salad, Ham, Turkey, Tomatoes, Swiss Cheese, Cheddar Cheese, Cucumbers, Celery, House Ranch Dressing $8.95	BBQ Chicken Salad, Crispy Romaine, Avocado, Tomatoes, Cheddar Cheese & Ranch Dressing - $8.95
Specialty Sandwich TakeAway	BLT Sandwich, Applewood Smoked Bacon, Romaine Lettuce, Fresh Tomatoes, Mayonnaise & Chips $9.25	Chicken Pesto Sandwich, Grilled Chicken, Provolone Cheese, Pesto Sauce & JoJo Potatoes $9.25	Niman Ranch Beef Cheese Steak Sliders, House Chips $ 8.95	Garden Chicken Wrap, Romaine, Free-Range Chicken, Cherry Tomatoes, Cucumbers, Cheddar Cheese, Ranch Dressing & Wavy Chips $9.25	Hot Honey Ham & Swiss, Pineapple on Sweet French, House Chips $ 8.95
PM Snack (Pre-Order Snack with Lunch ONLY)	Veggie Matchsticks, Celery, Carrots, Red Bell Peppers & Ranch $4.50	House Chocolate Chip Cookie $ 3.50	Graham Crackers & Apple Slices $4.50	Seasonal Fresh Fruit Cup $3.50	House Chocolate Chip Cookie $3.50
	16-Nov	17-Nov	18-Nov	19-Nov	20-Nov
Breakfast Boosters (JH & HS Only)	Crispy Potatoes, Diced Ham, Cage Free Egg, Shredded Cheddar Scramble $5.75	Free Range Chicken & Belgium Waffle Sandwich, Maple Syrup $6.50	Sausage Patty, Cage Free Egg, Cheddar Cheese Sliders on Hawaiian Rolls $6.50	Smoked Applewood Bacon Sandwich, Cheddar Cheese, Naan Bread $6.50	Cage-Free Egg, Potato, Chorizo & Cheese Breakfast Burrito $6.50
Main Entree Special	Free Range Chicken Parmesan over Fettucini, Garden Salad, Bread Sticks $9.50	Pork Chile Verde, Spanish Rice, Pinto Beans, Pico de Gallo, Tortilla $9.50	House Roasted Turkey, Yukon Gold Mashed Potatoes, House Made Gravy, Fall Medley Vegetables, Roll with Butter $9.50	Free Range Chicken Pot Pie, Caesar Salad with House Made Caesar Dressing, Tangerine $9.50	Niman Ranch Beef and Broccoli, Steamed White Rice, Fortune Cookie $9.50
Vegetarian Main Entree Special	Marianara over Fettucini Pasta, Garden Salad, Bread Sticks $8.95	Vegetarian Vegetable Chile Verde, Spanish Rice, Pinto Beans, Pico de Gallo, Tortilla $ 8.95	Stuffed Acorn Squash with Quinoa, Yukon Gold Mashed Potatoes, Fall Medley Vegetables, Roll with Butter $9.25	Vegetable Pot Pie, Caesar Salad with House Made Caesar Dressing, Tangerine $8.95	Vegetable and Broccoli, Steamed White Rice, Fortune Cookie $8.95
Specialty Salad TakeAway	Turkey Salad, Crisp Apples, Celery, Red Onion, Dried Cranberries, Tangy & Mayonnaise Dressing $8.95	Pulled Pork Salad, Crispy Fried Onons, Crunchy Carrots, Cabbage, Zingy Barbecue Vinaigrette $8.95	Shrimp Caesar Salad, Cage Free Egg, Tomatoes, Croutons, House Made Caesar Dressing $8.95	Free Range Buffalo Chicken Salad, Celery, Carrots, Cucumbers, Red Onion, Shredded Cheddar, Tomatoes, Ranch Dressing $8.95	Caprese Salad, Mozzarella Cheese, Heirloom Tomatoes, Basil, House Vinaigrette Dressing $8.95
Specialty Sandwich TakeAway	Itaiian Sweet Sausage, Grilled Peppers & Onions, House Chips $8.95	Grilled Rueben, Swiss Cheese, Sauerkraut on Rye, House Chips $8.95	Grilled Cheese & Tomato Soup $8.95	House Roasted Beef & Caramelized Onions on Sweet French Roll, House Chips $ 8.95	Free Range Chicken Casesar Salad Wrap, Croutons, Parmesan, Cherry Tomatoes, House Caesar Dressing $8.95
PM Snack (Pre-Order Snack with Lunch ONLY)	Houise Chocolate Chip Cookie $3.50	Seasonal Fresh Fruit Cup $3.50	Back to School Trail Mix, Cheese its, Dried Fruit, Pretzel Sticks, M&ms, Wheat Chex $3.50	Cheddar Cheese & Crackers $3.50	House Chocolate Chip Cookie $3.50
	23-Nov	24-Nov	25-Nov	26-Nov	27-Nov
Breakfast Boosters (JH & HS Only)					
Main Entree Special					
Vegetarian Main Entree Special					
Specialty Salad TakeAway					
Specialty Sandwich TakeAway					
PM Snack (Pre-Order Snack with Lunch ONLY)					
	30-Nov	1-Dec	2-Dec	3-Dec	4-Dec
Breakfast Boosters (JH & HS Only)	Crispy Potatoes, Diced Ham, Cage Free Egg, Shredded Cheddar Scramble $5.75				
Vegetarian Main Entree Special	Italian Sausage Rigatoni Pasta, Mild Italian Sausage, Marinara Sauce, Pamresan Cheese, Vegetable Medley & Garlic bread $9.50				
Vegetarian Main Entree Special	Rigatoni Marinara Pasta, Parmesan Cheese, Vegetable Medley & Garlic Bread $9.25				
Specialty Salad TakeAway	Strawberry Balsamic Chicken & Pasta Salad, Spinach, Rotini Pasta, Strawberries, Feta Cheese, House Made Balsamic Vinaigrette $8.95				
Specialty Sandwich TakeAway	Caprese Panini, Sourdough Bread, Fresh Mozzarella, Tomatoes, Fresh Basil, Pesto Sauce, Balsamic Glaze & JoJo Potatoes $9.25				
PM Snack (Pre-Order Snack with Lunch ONLY)	House Chocolate Chip Cookie $3.50				