# AHS Freshmen Presentation: Graduation Requirements & Academic Planning

# SHOW YOUR HORNET

## Classroom/ Smart Period

| | |
|---|---|
| **P**repared | • Be on time to class<br>• Have required materials for class |
| **R**espectful | • Attend regularly<br>• Respect school property and the property of others<br>• Follow classroom rules and expectations |
| **I**nclusive | • Help others around you who need help or are confused<br>• Respect each individual's differences |
| **D**edicated | • Stay on task<br>• Finish work and assignments<br>• Use gym equipment or classroom supplies appropriately |
| **E**ngaged | • Be an active participate in class<br>• Listen to the teacher during instruction<br>• Listen to peers during group work/activities<br>• Take notes<br>• Utilize SLANT daily |

# Objective

To let 9th graders know about graduation requirements, post-secondary options and introduce 4-year Academic Plans.

# Rationale

- To ensure that all freshmen understand the graduation requirements and how to prepare for four years of high school.

# AHS Counselors

Mr. Wong, Ms. Loy, Ms. Patil,
Ms. Payumo, & Mr. Villalobos

# Counselor Assignments

| Counselor | Caseload | |
|---|---|---|
| Ms. Loy | Gr 9 | A - B |
| Mr. Villalobos | Gr 9 | C - G |
| Mr. Wong | Gr 9 | H - L |
| Ms. Patil | Gr 9 | M – R |
| Ms. Payumo | Gr 9 | S - Z |

# Graduation Requirements for the Class of 2030

**Credit Requirements 220**

**Meet Subject Requirements**

**Minimum GPA of 1.75**

**20 Hours of Community Service**

# Credit Requirements for Graduation

| | | | | |
|---|---|---|---|---|
| English | 40 Credits | | Navigating Life | 5 Credits |
| Social Studies | 30 Credits | | Ethnic Studies | 5 Credits |
| Math | 20 Credits | | Visual Perf. Art / CTE | 10 Credits |
| Science (Lab)<br>○ 1yr Bio. Life<br>○ 1 yr. Physical | 20 Credits | | World Language / CTE | 10 Credits |
| Physical Education | 20 Credits | | Electives | 60 Credits |
| | | | **Total Credits Needed** | 220 |

# How Are Credits Earned?

- 5 credits per class each semester only if you earn a passing grade of a D or higher! Credit is NOT earned if you receive a F.

| **Semester 1** (August – December) | | **Semester 2** ( January – June ) | |
|---|---|---|---|
| English | 5 | English | 5 |
| Spanish | 5 | Spanish | 5 |
| Biology | 5 | Biology | 5 |
| Math | 5 | Math | 5 |
| PE | 5 | PE | 5 |
| Ethnic Studies | 5 | Navigating Life | 5 |
| 1st Semester = | 30 | 2nd Semester = | 30 |

= 60 Credits Per School Year!

# Mock 9th Grade Transcript

| | Crs-ID | Course Title | Mark | Att/Comp | |
|---|---|---|---|---|---|
| | Grade 9 | 1st Semester | | | |
| | Alameda | High School | | | |
| p | EECD | English 1P | F | 5.00 | 0.00 |
| p | FSCD | Spanish 1P | B | 5.00 | 5.00 |
| p | SJCI | IntroEthStud P | A | 5.00 | 5.00 |
| p | MICD | Integ. Math 1P | D | 5.00 | 5.00 |
| * | PZGD | Phys Ed 9 | F | 5.00 | 0.00 |
| p | QBCI | Biology P | D | 5.00 | 5.00 |
| | **Credit Att: 30.0 Cmp: 20.0 TGPA: 1.5** | | | | |
| | Grade 9 | 2nd Semester | | | |
| | Alameda | High School | | | |
| p | EECD | English 1P | B | 5.00 | 5.00 |
| p | FSCD | Spanish 1P | A | 5.00 | 5.00 |
| p | DDGD | Navigating Life | A | 5.00 | 5.00 |
| p | MICD | Integ. Math 1P | C | 5.00 | 5.00 |
| * | PZGD | Phys Ed 9 | D | 5.00 | 5.00 |
| p | QBCI | Biology P | F | 5.00 | 0.00 |
| | **Credit Att: 30.0 Cmp: 25.0 TGPA: 2.33** | | | | |

| | CREDIT SUMMARY | | |
|---|---|---|---|
| **Subject Area** | **Credit required** | **Comp** | **Needed** |
| Navigating Life | 5.00 | 5.00 | 0.00 |
| English | 40.00 | 5.00 | 35.00 |
| Visual/PerfArt/CTE | 10.00 | 0.00 | 10.00 |
| World Lang/CTE | 10.00 | 10.00 | 0.00 |
| HS Algebra | 10.00 | 10.00 | 0.00 |
| Mathematics | 10.00 | 0.00 | 10.00 |
| Life Science | 10.00 | 5.00 | 5.00 |
| Physical Science | 10.00 | 0.00 | 10.00 |
| World History | 10.00 | 0.00 | 10.00 |
| US History | 10.00 | 0.00 | 10.00 |
| Government | 5.00 | 0.00 | 5.00 |
| Economics | 5.00 | 0.00 | 5.00 |
| Physical Education | 20.00 | 5.00 | 15.00 |
| Ethnic Studies | 5.00 | 5.00 | 0.00 |
| Electives | 60.00 | 0.00 | 60.00 |
| *TOTALS* | 220.00 | 45.00 | 175.00 |

| | Weighted | Non-Wgtd |
|---|---|---|
| Acad GPA (9-12) | 2.20 | 2.20 |
| Acad GPA (10-12) | 0.00 | 0.00 |
| **Total GPA (9-12)** | 1.91 | 1.91 |

# Post Secondary Plans

- 4-year college
- Community college options:
  - Transfer to a 4-year college
  - Complete an Associates degree in a Vocational program to prepare for the world of work.
- Military
- Apprenticeship programs
- Employment

# UC/CSU A-G

Minimum Course Requirements
Grades of C or better required.

**A) History**

2 years

**B) English**

4 Years

**C) Math**

3 Years
(Alg. 1, Geom., Alg. 2 or Int. Math 1 - 3)
4 Recommended

**D) Science**

2 Years Lab Science
3 Recommended

**E) Foreign Language**

2 Years
3 Recommended

**F) Visual/ Performing Art**

1 Year

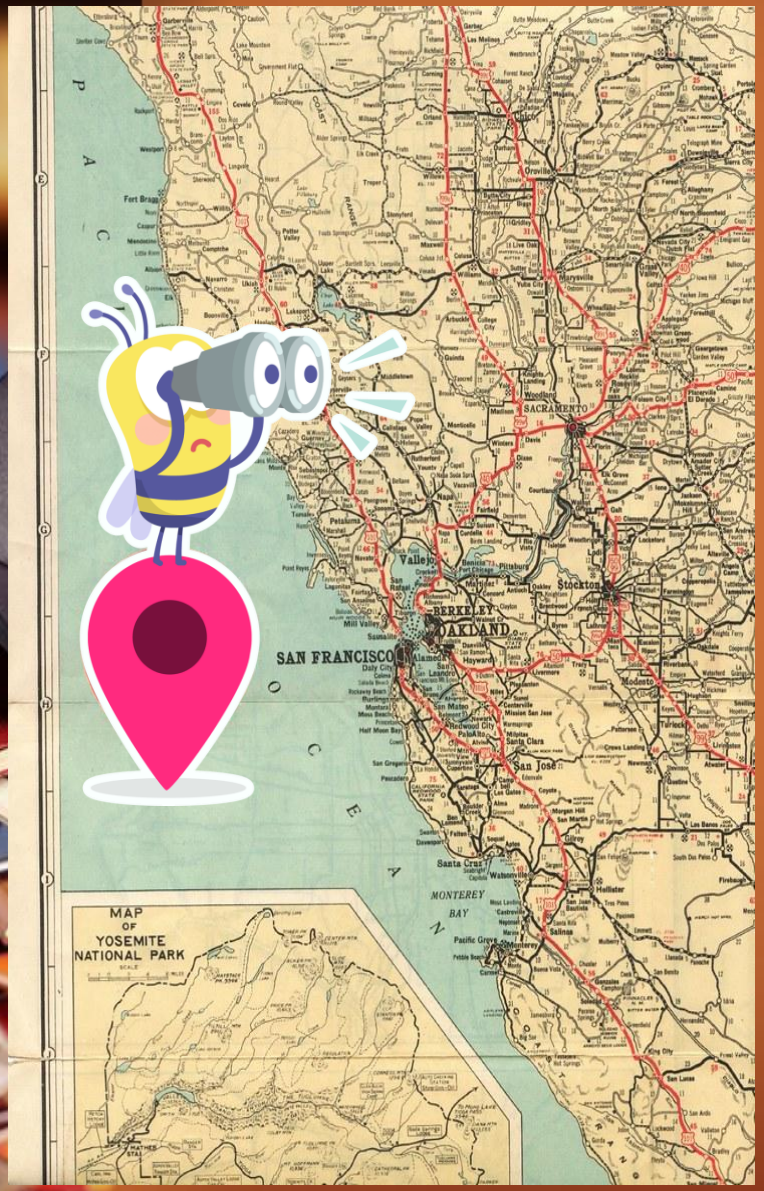
**G) College Prep Elective**

1 Year

QUESTIONS

# Academic 4-year Planning

# Planning




- It is important to be Prepared.
- All students will create an Academic Plan in Aeries to help them map out their High School journey and prepare for their post-secondary goals.
- Once created, students will have the opportunity to update their plan each year during Course Selection.

# Developing your 4-year Plan

- Students need to make sure that they take the classes required for graduation.
- Students need to make sure they are meeting all the requirements necessary for their post-high school goals (e.g., meeting the A-G requirements for college admissions).
- AP/honors classes are advanced classes. Before signing up for an advanced class, make sure you understand the rigor and commitment you are making by choosing it. <u>Students can take a maximum of 4 AP/honors classes each year.</u>
- Students are allowed to take only 1 math class and 1 science class each year.

# Math Sequence

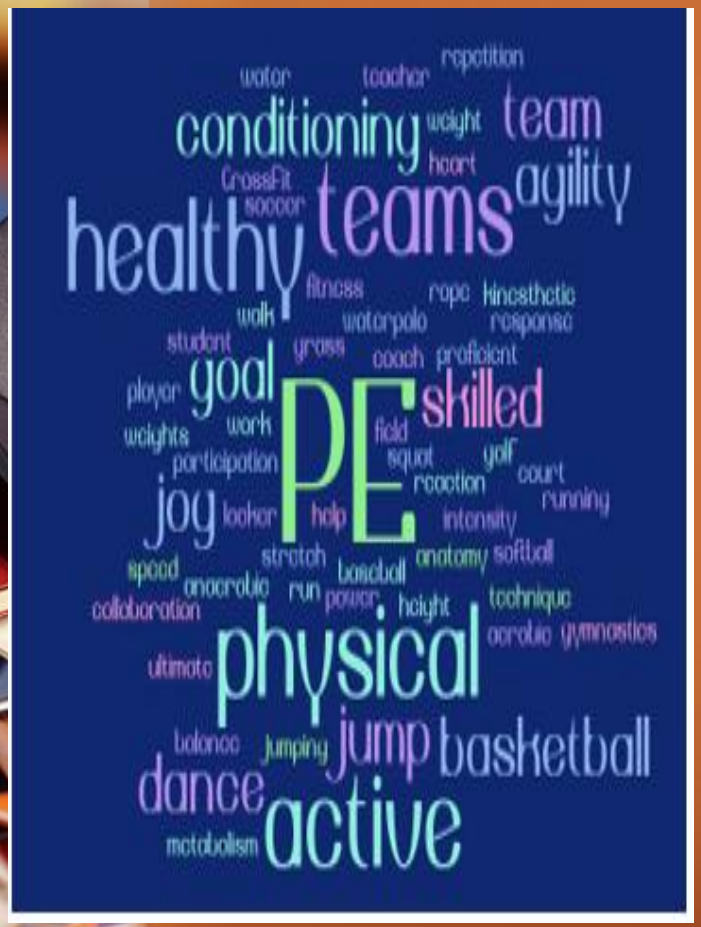
- Students must select the **correct** math course in sequence

| Class Completed | Enroll in: | Next Class |
|---|---|---|
| **Integrated Math 1** (passed with a grade of C or higher) | → | **Integrated Math 2** (required for 4-year college admissions) |
| **Integrated Math 2** (passed with a grade of C or higher) | → | **Integrated Math 3** or **IM 3/Precalculus Compacted** (A's in IM 1& IM 2, placement test, spring & summer assignments) (required for 4-year college admission) |
| **Integrated Math 3 or** (passed with a grade of C or higher) | → | **Precalculus or Honors Precalculus** (rec. for students who received a C or Integrated Math 3) or **Statistics (11th-12th grade only)** |
| **Precalculus or PreCalculus HP or IM3/Precalc compacted or Statistics** (passed with a grade of C or higher) | → | **Calculus, AP Calculus AB, AP Statistics (11th-12th grade only) or AP Calculus BC upon completion of AP Calculus AB**. See Course Catalog for prerequisite details |

# Questions about taking an outside math class?

**<u>Wait</u> until Course Selection in January! Your questions will be answered then. Be patient. Save your questions until then!**

# PE Requirement




- Two years of PE are required for graduation.
- Options for the 2nd year of PE:  PE, Dance, Jujitsu
- Students are encouraged to take their 2nd year of PE as sophomores
- A student may qualify for a PE Exemption for the 2nd year of PE based on successful participation on school sports teams.
- Completion of two seasons on a school athletic team will exemption one year of PE. One season will exempt one semester of PE.

# COURSE CATALOG

ALAMEDA HIGH SCHOOL

## Course Catalog 2026-2027

2200 Central Avenue, Alameda, California 94501 Telephone: (510) 337-7022

GENERAL INFORMATION: This catalog is a listing and description of possible courses offered at Alameda High School, a four-year comprehensive public high school serving students in grades nine through twelve in the Alameda Unified School District. Alameda High School is accredited by the Western Association of Schools and Colleges and recognized as a Blue Ribbon School by the U.S. Department of Education. The college preparatory program meets the requirements of all major universities and military academies in the United States.

### NONDISCRIMINATION STATEMENT

The Alameda Unified School District (AUSD) is committed to ensuring equal, fair, and meaningful access to employment and education services. The AUSD does not discriminate in any employment practice, education program, or educational activity on the basis and/or association with a person or group with one or more of these actual or perceived characteristics of age, ancestry, color, disability, ethnicity, gender, gender identity or expression, genetic information, marital status, medical condition, national origin, political affiliation, pregnancy and related conditions, race, religion, retaliation, sex (including sexual harassment), sexual orientation, Vietnam Era Veterans' status, or any other basis prohibited by California state and federal nondiscrimination laws respectively.

### TABLE OF CONTENTS


| | |
|---|---|
| Administrative & Counseling Staff | 1 |
| AUSD Graduation Requirements | 2 |
| College Admissions Requirements | 3 |
| English | 4 |
| Mathematics | 6 |
| History/Social Science | 8 |
| Science | 10 |
| Visual Arts & Performing Arts | 12 |
| World Language | 17 |
| Physical Education | 20 |
| UC/CSU Electives | 22 |
| Other Electives | 24 |
| Career Technical Education | 25 |


January 20, 2026

### ADMINISTRATIVE & COUNSELING STAFF

Angela Barrett, Principal
Michael Lee, Assistant Principal
Nicole Orlando, Assistant Principal
Jacqueline Gerosolimo-Snowden, Assistant Principal

Kristen Jurkovich, Counselor
Janice Loy, Counselor
Sayalee Patil, Counselor
Monica Ann Payumo, Counselor
Izelle Poole, Counselor
Kat Mendoza – Counseling Office Manager

### COURSE DESIGNATORS

At the request of the University of California State University systems, the designator "P" is used to identify college preparatory classes (e.g., English 3P), "HP" is used to identify Honors classes (e.g., Pre-Calculus HP) and "AP" is used to identify Advanced Placement classes.

### HOMEWORK POLICY

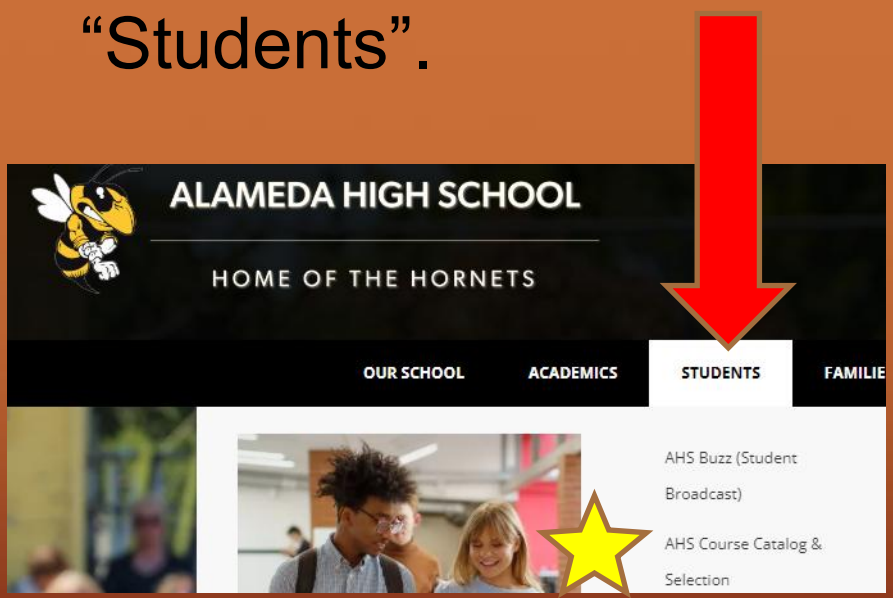
Each teacher will present a classroom management policy at the beginning of the semester that will explain the student homework requirement, the grading policy, and class rules.

### STUDENT CLASS STANDING

| Grade Level | Required Credits |
|---|---|
| Freshman (9th grade) | 0 - 55 |
| Sophomore (10th grade) | 56 - 110 |
| Junior (11th grade) | 111 - 170 |
| Senior (12th grade) | 171 - 220 |

Students earn credits by earning grades of "D" or higher in their classes at the semester. For each class passed, five (5) credits will be issued per semester for a total of ten (10) credits per class per year. Unless otherwise noted in the course catalog descriptions, a student can only earn a maximum of ten (10) credits per course. If a student chooses to repeat a class for which he/she has already earned a passing grade and credits, the previously earned credits will be removed from the student's credit total and potentially create credit deficiencies toward graduation. Students should consult with their counselor prior to repeating a course.

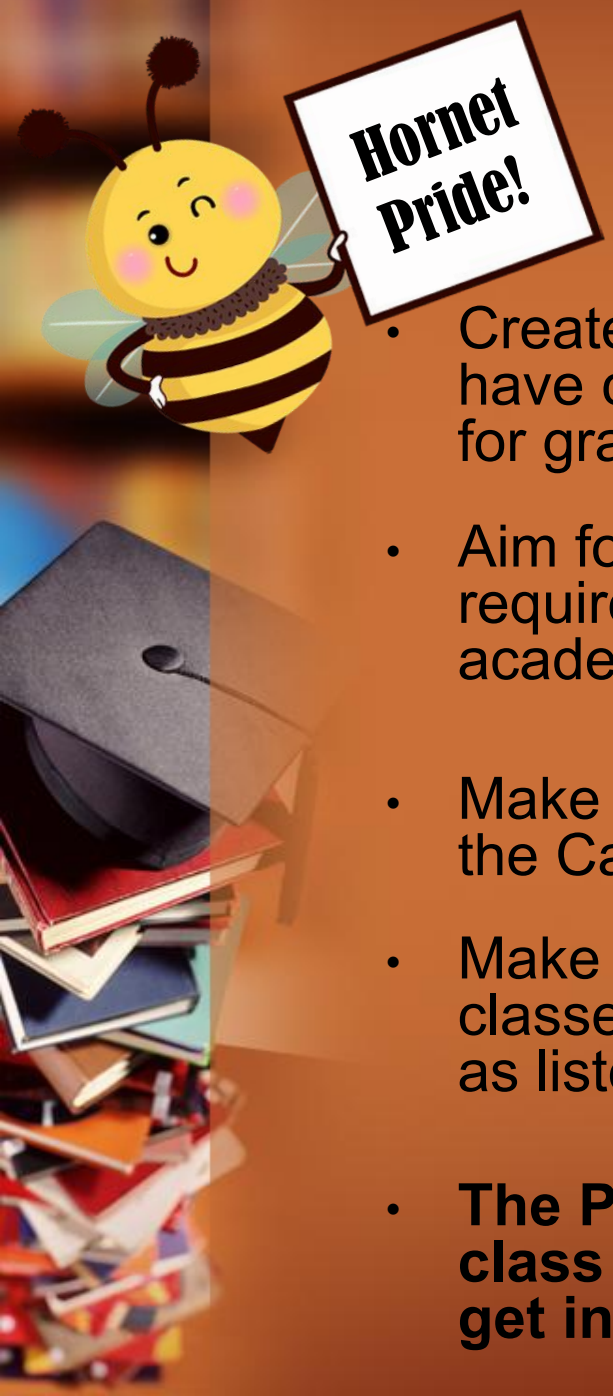
- Refer to the AHS Course Catalog for details and questions about classes.
- The Catalog is available on the website under "Students".



# Creating your own 4-year Plan

Step 1.

- Complete your 4-year plan worksheet




# REMINDERS

- Create your Academic Plan with care. Make sure you have chosen classes that will meet your requirements for graduation and your post-secondary plans.
- Aim for a balanced 4-year plan where you meet all requirements plus have time to enjoy your non-academic related interests.
- Make sure you have met all prerequisites as listed in the Catalog.
- Make sure you understand what category each of your classes is counting for towards graduation purposes as listed in the Catalog.
- **The Plan you are creating is a <u>plan</u>. Adding a class to your Plan does not guarantee that you will get into that class in the future.**

| Subjects | Grade 9 | Grade 10 | Grade 11 | Grade 12 | High School Graduation Requirements D's or higher | 4 Year College A-G Admissions Requirements C's or higher |
|---|---|---|---|---|---|---|
| Navigating Life/ Adulting(semester) | Navigating Life | | | | 1 Semester = 5 credits | No Requirement |
| English | English 1 | English 2 | English 3 Or AP | English 4 Or AP | 4 years = 40 credits | 4 years |
| Foreign Language * | | | | | * Choose 2 out of 3 areas and complete one year in each subject. = 20 credits | 2 years required. 3 years rec. |
| Visual and Performing Art * | | | | | | 1 year |
| Career Technical * | | | | | | No Requirement |
| Math | Class Name: _____ | Class Name: _____ | | | 2 years = 20 credits Algebra required | IM 1, IM 2, & IM 3 required. 4 years recommended. |
| PE | PE 9 | | | | 2 yrs. = 20 cr. | No Requirement |
| Science | Biology | | | | Biology = 10 cr. Physical = 10 cr. | 2 years Lab Science required. 3 years rec. |
| History | | MW History or AP | US History or AP or AP African American Studies | Govt & Econ or AP Govt & Econ | World Hist. = 10 U.S History = 10 Govt./Econ. = 10 | 2 years World History, U.S. History |
| Ethnic Studies (semester) | Ethnic Studies | | | | 1 semester = 5 credits | No Requirement |
| Elective Choices | | | | | 60 Credits | 1 year College Prep. Elective |

# Sophomore Course Requirements

Sophomores are required to take 6 classes.

1. English 2
2. World History– Choose between MW History P or AP World History
3. Math
4. PE or Elective
5. Science or Elective
6. Foreign Language or Elective

# Junior Course Requirements

Juniors are required to take 6 classes.

1. English 3 – Choose between English 3 P and AP English 3
2. US History– Choose between US History P or AP US History or AP African American Studies
3. Math or Elective
4. Science or Elective
5. Elective
6. Elective

# Senior Course Requirements

Seniors are required to take a minimum of 5 classes. Students may only have a free period if they will have a minimum of 180 by the end of your junior year.

1. English: Choose between English 4 P & AP English 4
2. Government (semester) + Economics (semester) or AP Government (semester) + Economics (semester).
3. Elective
4. Elective
5. Elective
6. Elective or free period

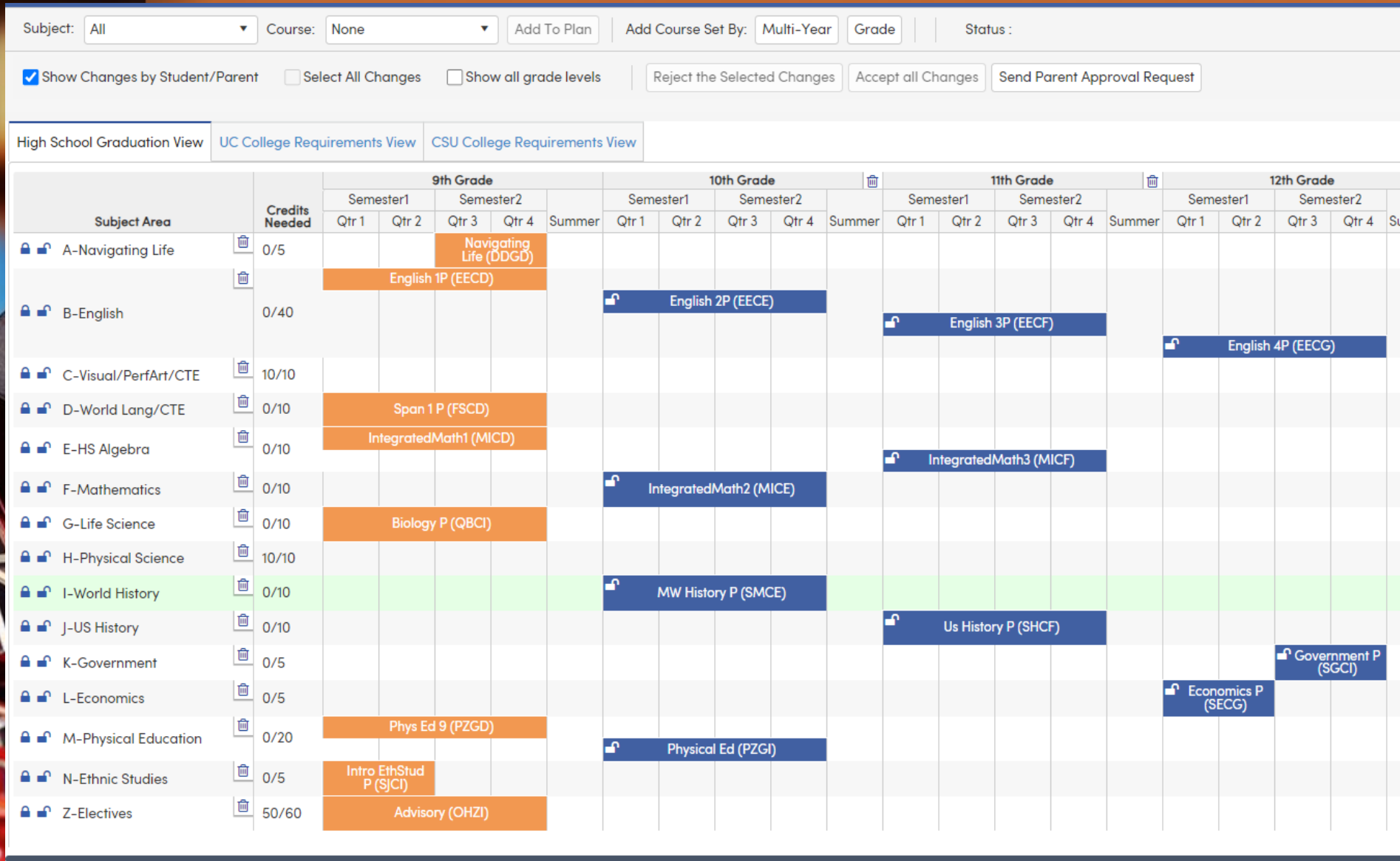
| Subjects | Grade 9 | Grade 10 | Grade 11 | Grade 12 | High School Graduation Requirements D's or higher | 4 Year College A-G Admissions Requirements C's or higher |
|---|---|---|---|---|---|---|
| Navigating Life/ Adulting(semester) | Navigating Life | | | | 1 Semester = 5 credits | No Requirement |
| English | English 1 | English 2 | English 3 Or AP | English 4 Or AP | 4 years = 40 credits | 4 years |
| Foreign Language * | Spanish 1 | Spanish 2 | Spanish 3 | | * Choose 2 out of 3 areas and complete one year in each subject. = 20 credits | 2 years required. 3 years rec. |
| Visual and Performing Art * | | | Drama | Drama 2 | | 1 year |
| Career Technical * | | | Sports Med | | | No Requirement |
| Math | Class Name: IM 1 | Class Name: IM 2 | IM 3 | PreCalculus | 2 years = 20 credits IM 1 (Algebra 1) required | IM 1, IM 2, & IM 3 required. 4 years recommended. |
| PE | PE 9 | Dance | | | 2 yrs. = 20 cr. | No Requirement |
| Science | Biology | Chemistry | | Physio-logy | Biology = 10 cr. Physical = 10 cr. | 2 years Lab Science required. 3 years rec. |
| History | | MW History or AP | US History or AP or AP African American Studies | Govt & Econ or AP Govt & Econ | World Hist. = 10 U.S History = 10 Govt./Econ. = 10 | 2 years World History, U.S. History |
| Ethnic Studies (semester) | Ethnic Studies | | | | 1 semester = 5 credits | No Requirement |
| Elective Choices | | | | Creative Writing | 60 Credits | 1 year College Prep. Elective |

# Creating your own 4-year Plan

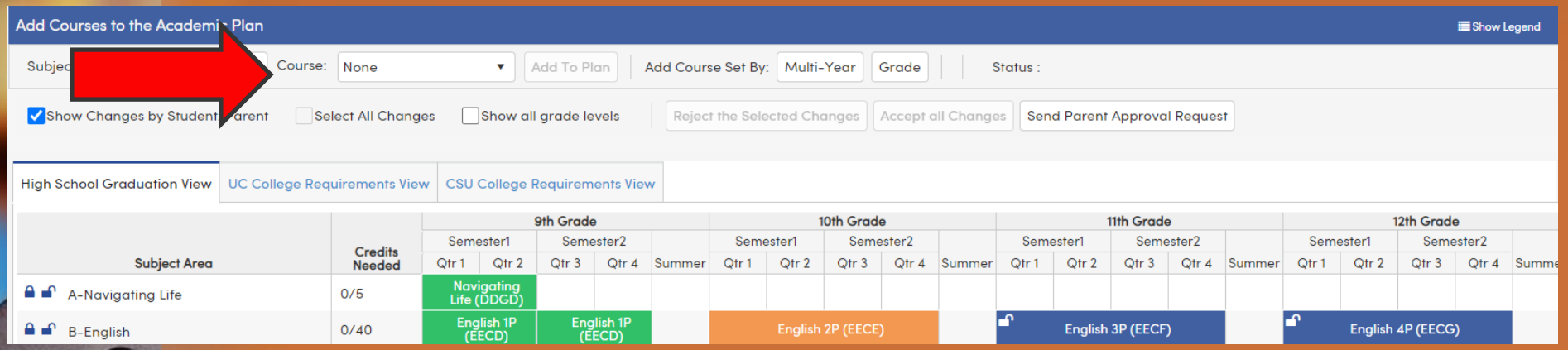
Step 2.

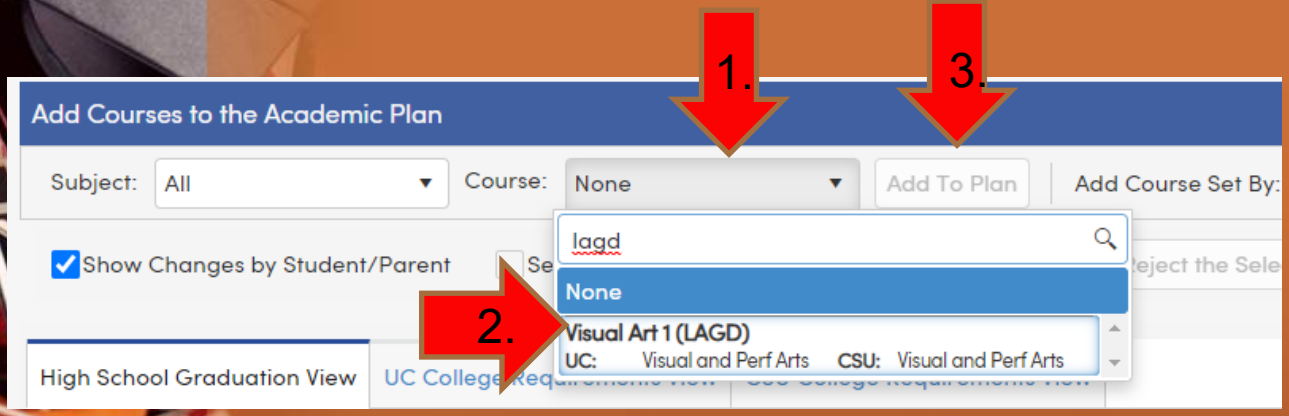
- In Aeries, go to Classes and select Academic Plan
- Your 9th grade classes are already entered so you just need to plan for 10-12th grades.

# Academic Plan in Aeries



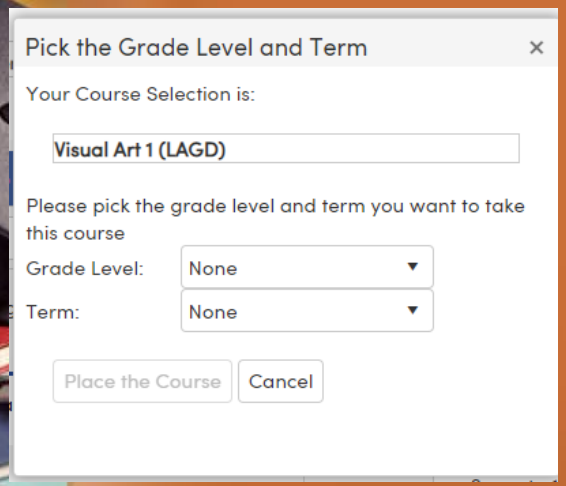
# How to Add a Class



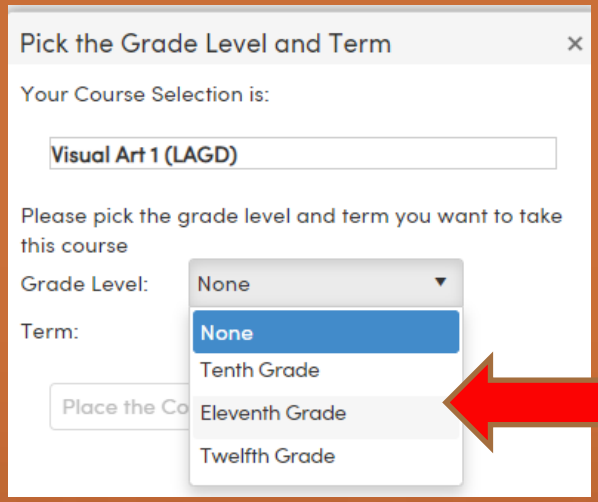




1. Type in the code for the class you would like to add.
2. Select the class.
3. Click on the "Add to Plan" button

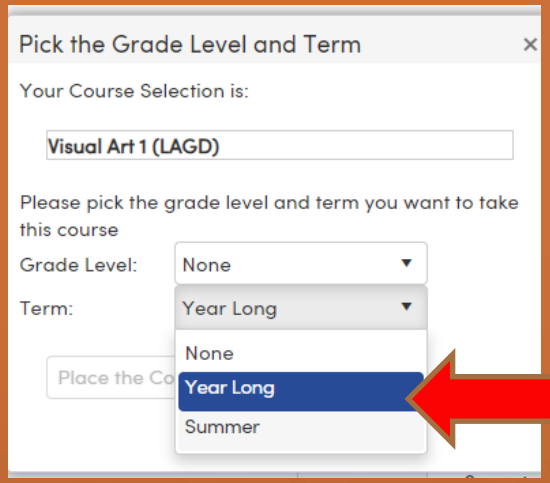
1. After you choose “add” you get this screen




2. Choose what grade level you want to take the class.

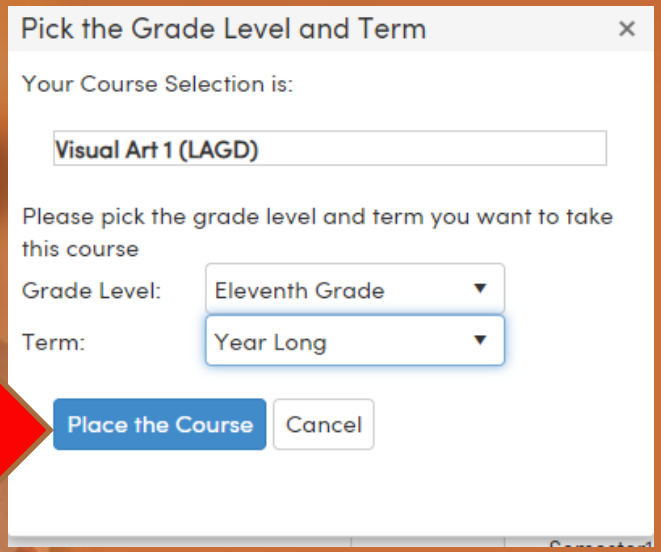



3. Choose “Year Long” for the term



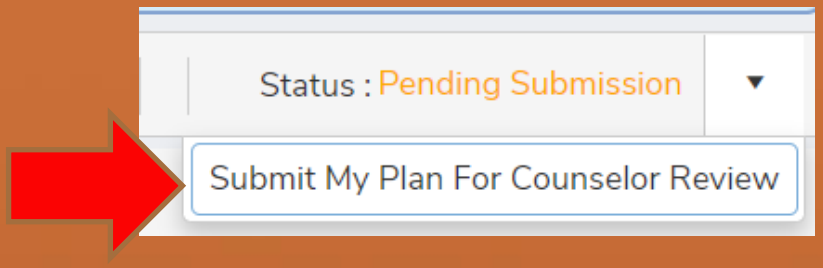

**Do NOT Choose Summer for the Term!**

4. Select “Place the Course.

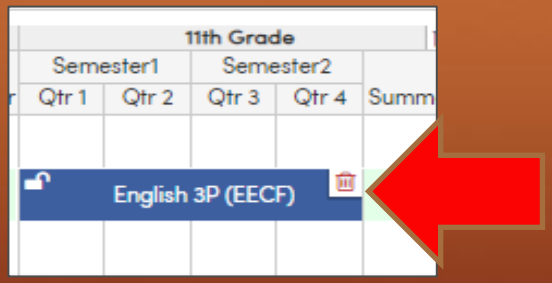



5. Continue adding classes until you have entered all your selections for each grade level.

6. When you are done, Submit your Plan.




7. If you make a mistake or want to change a class that has been pre-populated, use the trashcan to delete the class.



# Creating your own 4-year Plan

- Follow the printed instructions if you need more detailed support.
- Your 4-year plan must be in entered in Aeries by October 30.
- You will have the opportunity to update your 4-year plan again during Course Selection.

Reminder: Do NOT choose SUMMER for the term!