School Wellness Plan 2026-2027

School Way Café

School Name: Pathways Elementary School

Principal's Name or Person Responsible for Plan: Stefanie Georg ext.: 51597

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above**: _____

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a "Team Nutrition" school, we encourage your school to become one. For information, visit www.fns.usda.gov/tn/.

The district's wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

Part I: **Goals -** List your school's wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café schoolwaycafe@groups.volusia.k12.fl.us and a copy to your Area Superintendent by **September 18, 2026.** See attached Wellness Tool Kit for ideas to use for your wellness plan.

Part II: **Evaluation –** At the end of the school year, evaluate the results of your school's wellness goals and complete Part II of this form. E-mail a copy to School Way Café schoolwaycafe@groups.volusia.k12.fl.us by **May 14, 2027**.

Note: Documentation is required to validate completion of your goals.

Part I – Complete by September 18, 2026	**Part II - Complete by May 14, 2027**
Goals for 2026-2027	Implementation Evaluation
Student Wellness **Girls on the Run – Girls in grades 3-5 will be offered the opportunity to participate in a Girls on the Run program. This program encourages fitness and helps build self-esteem. GOTR culminates with a 5K run and staff will be encouraged to run with students as "run buddies".** **Fitness Festival – Participation in the VCS Fitness Festival for grades 3-5.** **Incentive based snack carts for meeting academic or behavioral goals that include bananas, oranges, apples, and granola bars instead of sugary options.** **Support advertisement of community youth sports programs on campus (while noting**	☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: ☐ Documentation is available at school site and easily accessible for audit.

they aren't affiliated with VCS) to encourage movement and exercise for extracurriculars. **Delivery of required instruction K-5 to highlight healthy lifestyle choices, bring awareness to the dangers of substance abuse, and promote overall safety as well as digital safety.**	

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Part I – Complete by September 18, 2026	**Part II - Complete by May 14, 2027**
Goals for 2026-2027	Implementation Evaluation
Staff Wellness Goals **Our school site will comply with drug, alcohol, and tobacco-free policies.** **We will promote healthy living among employees through regular exercise opportunities, health screenings, and health education tips via staff emails.** **Monthly 5K staff fun walks will be planned to encourage exercise, heart healthy habits, and comradery amongst coworkers.** **Staff step challenge to promote movement around the classroom and not sedentary habits.**	☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: ☐ Documentation is available at school site and easily accessible for audit.
Healthy Life Habits **Our school will support the health of all students by providing health screenings, hosting health clinics, and helping to enroll eligible children in federal and state children's health insurance programs.** **We will provide information regarding healthy lifestyles to parents on our school's website, newsletter, and school projects geared toward family living. The articles will include information on nutrition, wellness, hygiene, and the importance of physical activity, as well as safety.** **Pathways will provide access to hand washing or hand sanitizing and encourage students to maintain clean hands especially before they eat meals or snacks and after using the restroom facilities.**	☐ **Goal was successfully implemented.** ☐ **Goal was partially implemented.** *Comments:* ☐ **Goal was not implemented this school year.** *Comments*: ☐ Documentation is available at school site and easily accessible for audit.

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