

OhioHealth Loss and Healing Services

Holiday Grief Workshops

FAMILY HOLIDAY WORKSHOP

The holiday season reminds us of traditions as we gather with family and friends. The absence of those who are missing is often heightened during this time. It can be helpful to recognize these traditions while remembering and honoring those who have died. Our licensed grief professionals will facilitate a holiday group discussion and commemorative hands-on activity for youth ages 6+ and their caregivers.

Athens: Sat November 14 | 12pm-3pm
Ohio Valley Christian Assembly (OVCA)
39560 Rocksprings Rd, Pomeroy 45769

West Side: Wed December 9 | 5:30pm-7pm
Hilltop Library 511 S Hague Ave, Columbus 43204

Delaware/Marion: Wed December 2 | 5:30-7pm
Arts Castle 190 W Winter St, Delaware 43015

Circleville: Tues December 15 | 6pm-7:30pm
Pickaway County Library
1160 N Court St, Circleville 43113

Columbus: Tues December 8 | 6pm-7:30pm
OhioHealth Hospice House
800 McConnell Drive, Columbus 43214

YOUNG ADULT HOLIDAY WORKSHOP

Losing someone important can change so much. The holiday season can be challenging and feel complicated for young adults (ages 18 and older) who have experienced the death of someone significant.

This workshop offers the opportunity to come together with peers of a similar age and have a sense of community. Our licensed grief professionals will lead the group to share experiences and learn strategies for managing grief during the holidays. Whether your loss was recent or years ago, all grief timelines are welcome. Join us on **Wednesday, December 12 from 6-7:30pm at OhioHealth Hospice House** located at 800 McConnell Drive, Columbus, Ohio 43214.

Registration Is Required for All Workshops

Call 614-566-1728 or email youthgrief@ohiohealth.com

Grief programming is supported by the generosity of our community, including the OhioHealth Foundation, The Thomas and Ann DiMarco Family Foundation, Patricia A. DiNunzio Ovarian Cancer Fund and The Marion Foundation. There are currently no costs associated with services.

