Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:24:49 AM by Kevin White

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 11/04/2026																			
Beef Steak Fingers - TR1937 (5 ea.)	30	300.00	16.25	6.25	0.00	43.75	287.50	20.00	3.75	1.25	0.00	20.00	3.75	43.75	0.00	0.00	0.00	531.10	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	5	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	30	243.00	11.14	2.02	0.00	60.75	607.50	15.19	2.02	2.02	2.02	20.25	1.01	0.00	0.00	0.00	0.00	485.87	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	259.14	11.96	2.49	0.00	54.82	488.37	13.95	1.99	1.00	0.00	22.92	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Whole Grain Roll - TR1005 (1 ea.)	45	170.00	2.00	0.50	0.00	0.00	170.00	31.00	3.00	8.00	7.00	5.00	1.44	0.00	0.00	0.00	0.00	100.11	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	50	70.00	1.00	0.00	0.00	0.00	310.00	14.00	1.00	0.00	0.00	2.00	0.00	10.00	0.00	0.00	0.00	320.07	0.00
Mixed Vegetables - TR1150 (1/2 c.)	10	68.84	0.56	0.12	0.00	0.00	94.35	12.81	3.20	4.27	0.00	2.13	0.77	21.35	0.00	5.12	0.00(M)	117.38 (M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	10	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	50	55.69	4.56	3.04	0.00	12.66	96.19	0.51	0.00	0.00	0.00	3.54	0.00	50.62	151.88	0.00	0.00	10.13	0.00
Country Gravy - TR1074 (4 tbsp.)	20	47.25	2.36	1.18	0.00	0.00	249.84	5.91	0.00	0.00	0.00(M)	0.00	0.00	1.77	0.00	0.00	(M)	(M)	59.08 (M)
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
BBQ Sauce - TR1151 (1 ea.)	10	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00

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Item Name (Serving Size)	Ash (g)
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 11/04/2026	
Beef Steak Fingers - TR1937 (5 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	0.00
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	0.00
Country Gravy - TR1074 (4 tbsp.)	0.06(M)
Ketchup - TR1088 (2 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 11/04/2026																			
Buffalo Ranch Sauce - TR1854 (1 ea.)	10	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 11/05/2026																			
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	6	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	262.50	7.35	0.53	0.00	36.75	556.49	32.55	2.10	2.10	1.05	18.90	3.15	36.75	0.00	0.00	0.00	314.85	0.00
Premium Chicken Tangerine - TR1640 (5.85 oz.)	55	315.00	10.50	2.25	0.00	75.00	630.00	39.00	1.50	19.50	19.50	18.00	1.08	15.00	0.00	0.00	0.00	255.21	0.00
Premium Teriyaki Chicken - TR1641 (3 1/4 oz.)	20	150.89	4.06	1.16	0.00	81.25	557.14	11.61	0.00	10.45	(M)	17.41	0.84	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Asian Brown Rice - TR1663 (1 c.)	75	139.24	3.85	0.64	0.00	0.00	205.64	23.11	1.72	1.00	0.00	3.00	0.53	4.90	0.00	0.77	0.00(M)	17.60 (M)	56.72 (M)
Baby Carrots & Ranch - TR1156 (1/2 c.)	20	95.94	7.00	1.00	0.00	5.00	207.08	8.23	2.08	4.11	0.00	1.00	7.47	20.76	9859.22	2.49	0.00(M)	0.00(M)	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	20	17.10	1.12	0.24	0.00	0.00	153.50	1.50	1.13	0.38	0.00	0.75	0.41	17.63	0.00	27.68	0.00(M)	67.50 (M)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	25	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	35	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00

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2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 11/04/2026	
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 11/05/2026	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
Premium Chicken Tangerine - TR1640 (5.85 oz.)	0.00
Premium Teriyaki Chicken - TR1641 (3 1/4 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Asian Brown Rice - TR1663 (1 c.)	0.06(M)
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00

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2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 11/05/2026																			
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Fortune Cookie - TR1002 (1 ea)	25	70.00	0.00	0.00	0.00	0.00	0.00	16.00	0.00	10.00	10.00	1.00	0.00	3.00	0.00	0.00	0.00	23.03	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	10	45.00	0.00	0.00	0.00	0.00	210.00	12.00	0.00	12.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	12.69	0.00
2025 FALL Lunch TJH Friday :433 - ServingDate: 11/06/2026																			
Cheeseburger - TR1897 (1 ea.)	30	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00 (M)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	10	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	30	350.00	12.00	2.00	0.00	45.00	590.00	37.00	3.00	5.00	5.00	24.00	2.08	136.00	0.00	0.00	0.00	769.86	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	9	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11 (M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	65	212.41	9.80	1.63	0.00	0.00	343.13	32.68	1.63	1.63	0.00	1.63	0.59	0.00	163.40	5.88	0.00	490.19	0.00
Normandy Blend Vegetables - TR2019 (1/2 c.)	15	35.38	1.40	0.30	0.00	0.00	83.20	4.68	1.87	1.87	0.00	0.94	0.00	18.70	0.00	0.00	0.00(M)	201.08 (M)	0.00(M)
Apple Red Delicoius - TR1420 (1 ea.)	20	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	25	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Signature Fruit Cup - TR2043 (1 ea.)	50	125.75	0.46	0.22	0.00	1.88	68.42	28.54	2.23	21.31	3.00	2.41	0.07	114.42	85.00	1.00	1.31(M)	177.00 (M)	966.58 (M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00

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Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 11/05/2026	
2% White Milk - TR2094 (1 Carton)	0.00
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	0.00
2025 FALL Lunch TJH Friday :433 - ServingDate: 11/06/2026	
Cheeseburger - TR1897 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	0.00
Normandy Blend Vegetables - TR2019 (1/2 c.)	0.00(M)
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	1.09(M)
Lactaid Milk - TR1367 (1 Carton)	0.00

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2025 FALL Lunch TJH Friday :433 - ServingDate: 11/06/2026																			
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 11/09/2026																			
Chicken Drumstick - TR1739 (1 ea.)	30	191.47	11.70	2.66	0.00	90.42	329.75	4.25	0.00	0.00	0.00	17.02	0.77	14.89	0.00	0.00	0.00	201.98	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	10	452.00	11.20	5.00	0.00	25.00	376.00	77.50	5.50	52.00	11.00	13.50	2.52	480.00	234.96	37.20	2.00(M)	335.58 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	9	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Premium BBQ Beef from Yoakum Texas ! - TR1140 (1 Scoop)	50	130.00	2.60	1.00	0.00	35.00	590.00	13.00	2.00	9.00	(M)	16.00	2.70	40.00	200.00	1.20	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Garlic Breadstick - TR1622 (1 ea.)	55	160.00	4.50	1.00	0.00	0.00	140.00	25.00	2.00	2.00	0.00	4.00	1.40	10.00	0.00	0.00	0.10	210.09	0.00
BBQ Sandwich - TR1141 (1 ea.)	25	150.00	2.00	0.00	0.00	0.00	260.00	28.00	2.00	4.00	4.00	5.00	1.00	116.00	0.00	0.00	0.00	85.07	0.00
Baked Potato - TR1139 (1 ea.)	25	170.00	0.00	0.00	0.00	0.00	25.00	37.00	4.00	2.00	(M)	5.00	1.80	40.00	0.00	21.00	(M)	(M)	(M)
Baked Beans - TR1186 (1/2 c.)	25	163.47	0.00	0.00	0.00	0.00	415.73	33.12	6.24	14.29	13.15	7.28	1.87	41.60	0.00	0.00	0.00	280.57	0.00
Carrot Coins - TR1086 (1/2 c.)	20	38.18	1.12	0.24	0.00	0.00	155.95	6.53	2.45	4.08	0.00	0.82	0.29	32.66	1616.60	1.96	0.00(M)	0.00(M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	25	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Friday :433 - ServingDate: 11/06/2026	
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 11/09/2026	
Chicken Drumstick - TR1739 (1 ea.)	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium BBQ Beef from Yoakum Texas ! - TR1140 (1 Scoop)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
BBQ Sandwich - TR1141 (1 ea.)	0.00
Baked Potato - TR1139 (1 ea.)	(M)
Baked Beans - TR1186 (1/2 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:24:49 AM by Kevin White

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 11/09/2026																			
Chilled Peaches - TR1505 (1/2 c.)	25	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Shredded Cheese - TR1259 (1/8 c.)	20	55.00	4.50	3.00	0.00	12.50	95.00	0.50	0.00	0.00	0.00	3.50	0.00	101.00	0.00	0.00	0.00	10.00	0.00
Pickles Sliced - TR1214 (3 ea.)	25	1.67	0.00	0.00	0.00	0.00	153.33	0.33	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
BBQ Sauce - TR1151 (1 ea.)	25	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 11/10/2026																			
Beef Chili - TR1808 (1 #8 scoop)	40	142.00	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	0.00	14.00	3.00	49.00	0.00	10.00	0.00	911.78	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	30	121.44	6.07	0.00	0.00	75.90	313.72	2.02	0.00	0.00	0.00	15.18	0.36	0.00	0.00	0.00	0.00	212.52	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	6	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Texas Beef Tamales - TR1903 (2 ea.)	20	508.00	30.00	8.00	0.00	38.00	958.00	44.00	6.00	4.00	0.00	18.00	5.40	120.00	180.00	0.00	0.00	0.00(M)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	70	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	30	76.42	2.12	0.24	0.00	0.00	99.94	15.96	2.00	2.99	0.00	2.00	0.36	0.14	99.74	4.79	0.00(M)	99.89 (M)	4.73(M)
Charro Beans - TR1094 (1/2 c.)	20	110.76	0.56	0.08	0.00	0.00	145.79	19.20	7.40	0.23	0.00(M)	6.31	1.53	42.04	35.42	0.56	0.00(M)	0.00(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 11/09/2026	
Chilled Peaches - TR1505 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Shredded Cheese - TR1259 (1/8 c.)	0.00
Pickles Sliced - TR1214 (3 ea.)	(M)
BBQ Sauce - TR1151 (1 ea.)	0.00
Sour Cream - TR1098 (1 pkg.)	0.00
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 11/10/2026	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Texas Beef Tamales - TR1903 (2 ea.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Charro Beans - TR1094 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:24:49 AM by Kevin White

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 11/10/2026																			
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	135.00	5.00	1.00	3.00	0.00	1.00	0.36	20.00	300.00	7.20	0.00	200.22	0.00
Banana - TR1056 (1 ea.)	30	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	25	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58 (M)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	35	125.75	0.46	0.22	0.00	1.88	68.42	28.54	2.23	21.31	3.00	2.41	0.07	114.42	85.00	1.00	1.31(M)	177.00 (M)	966.58 (M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	50	112.00	9.00	4.90	0.00	26.00	385.00	2.00	0.00	1.00	0.00	6.00	0.00	204.00	0.00	0.00	0.00	277.77	0.00
Fiesta Salad - TR1101 (1/2 c.)	15	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	0.00	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	15	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 11/11/2026																			
Beef Steak Fingers - TR1937 (5 ea.)	30	300.00	16.25	6.25	0.00	43.75	287.50	20.00	3.75	1.25	0.00	20.00	3.75	43.75	0.00	0.00	0.00	531.10	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	5	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	30	243.00	11.14	2.02	0.00	60.75	607.50	15.19	2.02	2.02	2.02	20.25	1.01	0.00	0.00	0.00	0.00	485.87	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	259.14	11.96	2.49	0.00	54.82	488.37	13.95	1.99	1.00	0.00	22.92	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Whole Grain Roll - TR1005 (1 ea.)	45	170.00	2.00	0.50	0.00	0.00	170.00	31.00	3.00	8.00	7.00	5.00	1.44	0.00	0.00	0.00	0.00	100.11	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 11/10/2026	
Salsa Cup - TR1072 (1 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	1.09(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	0.00
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 11/11/2026	
Beef Steak Fingers - TR1937 (5 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:24:49 AM by Kevin White

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 11/11/2026																			
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	50	70.00	1.00	0.00	0.00	0.00	310.00	14.00	1.00	0.00	0.00	2.00	0.00	10.00	0.00	0.00	0.00	320.07	0.00
Mixed Vegetables - TR1150 (1/2 c.)	10	68.84	0.56	0.12	0.00	0.00	94.35	12.81	3.20	4.27	0.00	2.13	0.77	21.35	0.00	5.12	0.00(M)	117.38 (M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	10	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	50	55.69	4.56	3.04	0.00	12.66	96.19	0.51	0.00	0.00	0.00	3.54	0.00	50.62	151.88	0.00	0.00	10.13	0.00
Country Gravy - TR1074 (4 tbsp.)	20	47.25	2.36	1.18	0.00	0.00	249.84	5.91	0.00	0.00	0.00(M)	0.00	0.00	1.77	0.00	0.00	(M)	(M)	59.08 (M)
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
BBQ Sauce - TR1151 (1 ea.)	10	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
Buffalo Ranch Sauce - TR1854 (1 ea.)	10	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 11/12/2026																			
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	6	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	262.50	7.35	0.53	0.00	36.75	556.49	32.55	2.10	2.10	1.05	18.90	3.15	36.75	0.00	0.00	0.00	314.85	0.00
Premium Chicken Tangerine - TR1640 (5.85 oz.)	55	315.00	10.50	2.25	0.00	75.00	630.00	39.00	1.50	19.50	19.50	18.00	1.08	15.00	0.00	0.00	0.00	255.21	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 11/11/2026	
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	0.00
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	0.00
Country Gravy - TR1074 (4 tbsp.)	0.06(M)
Ketchup - TR1088 (2 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	0.00
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 11/12/2026	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
Premium Chicken Tangerine - TR1640 (5.85 oz.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

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Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 11/12/2026																			
Premium Teriyaki Chicken - TR1641 (3 1/4 oz.)	20	150.89	4.06	1.16	0.00	81.25	557.14	11.61	0.00	10.45	(M)	17.41	0.84	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Asian Brown Rice - TR1663 (1 c.)	75	139.24	3.85	0.64	0.00	0.00	205.64	23.11	1.72	1.00	0.00	3.00	0.53	4.90	0.00	0.77	0.00(M)	17.60 (M)	56.72 (M)
Baby Carrots & Ranch - TR1156 (1/2 c.)	20	95.94	7.00	1.00	0.00	5.00	207.08	8.23	2.08	4.11	0.00	1.00	7.47	20.76	9859.22	2.49	0.00(M)	0.00(M)	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	20	17.10	1.12	0.24	0.00	0.00	153.50	1.50	1.13	0.38	0.00	0.75	0.41	17.63	0.00	27.68	0.00(M)	67.50 (M)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	25	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	35	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Fortune Cookie - TR1002 (1 ea)	25	70.00	0.00	0.00	0.00	0.00	0.00	16.00	0.00	10.00	10.00	1.00	0.00	3.00	0.00	0.00	0.00	23.03	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	10	45.00	0.00	0.00	0.00	0.00	210.00	12.00	0.00	12.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	12.69	0.00
2025 FALL Lunch TJH Friday :433 - ServingDate: 11/13/2026																			
Cheeseburger - TR1897 (1 ea.)	30	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00 (M)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	10	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	30	350.00	12.00	2.00	0.00	45.00	590.00	37.00	3.00	5.00	5.00	24.00	2.08	136.00	0.00	0.00	0.00	769.86	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

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Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 11/12/2026	
Premium Teriyaki Chicken - TR1641 (3 1/4 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Asian Brown Rice - TR1663 (1 c.)	0.06(M)
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	0.00
2025 FALL Lunch TJH Friday :433 - ServingDate: 11/13/2026	
Cheeseburger - TR1897 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch TJH Friday :433 - ServingDate: 11/13/2026																			
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	9	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11 (M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	65	212.41	9.80	1.63	0.00	0.00	343.13	32.68	1.63	1.63	0.00	1.63	0.59	0.00	163.40	5.88	0.00	490.19	0.00
Normandy Blend Vegetables - TR2019 (1/2 c.)	15	35.38	1.40	0.30	0.00	0.00	83.20	4.68	1.87	1.87	0.00	0.94	0.00	18.70	0.00	0.00	0.00(M)	201.08 (M)	0.00(M)
Apple Red Delicoius - TR1420 (1 ea.)	20	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	25	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Signature Fruit Cup - TR2043 (1 ea.)	50	125.75	0.46	0.22	0.00	1.88	68.42	28.54	2.23	21.31	3.00	2.41	0.07	114.42	85.00	1.00	1.31(M)	177.00 (M)	966.58 (M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 11/16/2026																			
Chicken Drumstick - TR1739 (1 ea.)	30	191.47	11.70	2.66	0.00	90.42	329.75	4.25	0.00	0.00	0.00	17.02	0.77	14.89	0.00	0.00	0.00	201.98	0.00

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Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Friday :433 - ServingDate: 11/13/2026	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	0.00
Normandy Blend Vegetables - TR2019 (1/2 c.)	0.00(M)
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	1.09(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 11/16/2026	
Chicken Drumstick - TR1739 (1 ea.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 11/16/2026																			
Fruit & Yogurt Plate - TR1218 (1 ea.)	10	452.00	11.20	5.00	0.00	25.00	376.00	77.50	5.50	52.00	11.00	13.50	2.52	480.00	234.96	37.20	2.00(M)	335.58 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	9	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Premium BBQ Beef from Yoakum Texas ! - TR1140 (1 Scoop)	50	130.00	2.60	1.00	0.00	35.00	590.00	13.00	2.00	9.00	(M)	16.00	2.70	40.00	200.00	1.20	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Garlic Breadstick - TR1622 (1 ea.)	55	160.00	4.50	1.00	0.00	0.00	140.00	25.00	2.00	2.00	0.00	4.00	1.40	10.00	0.00	0.00	0.10	210.09	0.00
BBQ Sandwich - TR1141 (1 ea.)	25	150.00	2.00	0.00	0.00	0.00	260.00	28.00	2.00	4.00	4.00	5.00	1.00	116.00	0.00	0.00	0.00	85.07	0.00
Baked Potato - TR1139 (1 ea.)	25	170.00	0.00	0.00	0.00	0.00	25.00	37.00	4.00	2.00	(M)	5.00	1.80	40.00	0.00	21.00	(M)	(M)	(M)
Baked Beans - TR1186 (1/2 c.)	25	163.47	0.00	0.00	0.00	0.00	415.73	33.12	6.24	14.29	13.15	7.28	1.87	41.60	0.00	0.00	0.00	280.57	0.00
Carrot Coins - TR1086 (1/2 c.)	20	38.18	1.12	0.24	0.00	0.00	155.95	6.53	2.45	4.08	0.00	0.82	0.29	32.66	1616.60	1.96	0.00(M)	0.00(M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	25	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1505 (1/2 c.)	25	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Shredded Cheese - TR1259 (1/8 c.)	20	55.00	4.50	3.00	0.00	12.50	95.00	0.50	0.00	0.00	0.00	3.50	0.00	101.00	0.00	0.00	0.00	10.00	0.00
Pickles Sliced - TR1214 (3 ea.)	25	1.67	0.00	0.00	0.00	0.00	153.33	0.33	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
BBQ Sauce - TR1151 (1 ea.)	25	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00

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Site: ALL
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Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 11/16/2026	
Fruit & Yogurt Plate - TR1218 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium BBQ Beef from Yoakum Texas ! - TR1140 (1 Scoop)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
BBQ Sandwich - TR1141 (1 ea.)	0.00
Baked Potato - TR1139 (1 ea.)	(M)
Baked Beans - TR1186 (1/2 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Shredded Cheese - TR1259 (1/8 c.)	0.00
Pickles Sliced - TR1214 (3 ea.)	(M)
BBQ Sauce - TR1151 (1 ea.)	0.00
Sour Cream - TR1098 (1 pkg.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 11/17/2026																			
Beef Chili - TR1808 (1 #8 scoop)	40	142.00	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	0.00	14.00	3.00	49.00	0.00	10.00	0.00	911.78	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	30	121.44	6.07	0.00	0.00	75.90	313.72	2.02	0.00	0.00	0.00	15.18	0.36	0.00	0.00	0.00	0.00	212.52	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	6	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Texas Beef Tamales - TR1903 (2 ea.)	20	508.00	30.00	8.00	0.00	38.00	958.00	44.00	6.00	4.00	0.00	18.00	5.40	120.00	180.00	0.00	0.00	0.00(M)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	70	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	30	76.42	2.12	0.24	0.00	0.00	99.94	15.96	2.00	2.99	0.00	2.00	0.36	0.14	99.74	4.79	0.00(M)	99.89 (M)	4.73(M)
Charro Beans - TR1094 (1/2 c.)	20	110.76	0.56	0.08	0.00	0.00	145.79	19.20	7.40	0.23	0.00(M)	6.31	1.53	42.04	35.42	0.56	0.00(M)	0.00(M)	0.00(M)
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	135.00	5.00	1.00	3.00	0.00	1.00	0.36	20.00	300.00	7.20	0.00	200.22	0.00
Banana - TR1056 (1 ea.)	30	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	25	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58 (M)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	35	125.75	0.46	0.22	0.00	1.88	68.42	28.54	2.23	21.31	3.00	2.41	0.07	114.42	85.00	1.00	1.31(M)	177.00 (M)	966.58 (M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	50	112.00	9.00	4.90	0.00	26.00	385.00	2.00	0.00	1.00	0.00	6.00	0.00	204.00	0.00	0.00	0.00	277.77	0.00
Fiesta Salad - TR1101 (1/2 c.)	15	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	0.00	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 11/17/2026	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Texas Beef Tamales - TR1903 (2 ea.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Charro Beans - TR1094 (1/2 c.)	0.00(M)
Salsa Cup - TR1072 (1 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	1.09(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:24:49 AM by Kevin White

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 11/17/2026																			
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	15	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 11/19/2026																			
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	6	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	262.50	7.35	0.53	0.00	36.75	556.49	32.55	2.10	2.10	1.05	18.90	3.15	36.75	0.00	0.00	0.00	314.85	0.00
Premium Chicken Tangerine - TR1640 (5.85 oz.)	55	315.00	10.50	2.25	0.00	75.00	630.00	39.00	1.50	19.50	19.50	18.00	1.08	15.00	0.00	0.00	0.00	255.21	0.00
Premium Teriyaki Chicken - TR1641 (3 1/4 oz.)	20	150.89	4.06	1.16	0.00	81.25	557.14	11.61	0.00	10.45	(M)	17.41	0.84	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Asian Brown Rice - TR1663 (1 c.)	75	139.24	3.85	0.64	0.00	0.00	205.64	23.11	1.72	1.00	0.00	3.00	0.53	4.90	0.00	0.77	0.00(M)	17.60 (M)	56.72 (M)
Baby Carrots & Ranch - TR1156 (1/2 c.)	20	95.94	7.00	1.00	0.00	5.00	207.08	8.23	2.08	4.11	0.00	1.00	7.47	20.76	9859.22	2.49	0.00(M)	0.00(M)	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	20	17.10	1.12	0.24	0.00	0.00	153.50	1.50	1.13	0.38	0.00	0.75	0.41	17.63	0.00	27.68	0.00(M)	67.50 (M)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	25	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	35	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 11/17/2026	
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	0.00
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 11/19/2026	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
Premium Chicken Tangerine - TR1640 (5.85 oz.)	0.00
Premium Teriyaki Chicken - TR1641 (3 1/4 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Asian Brown Rice - TR1663 (1 c.)	0.06(M)
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:24:49 AM by Kevin White

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 11/19/2026																			
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Fortune Cookie - TR1002 (1 ea)	25	70.00	0.00	0.00	0.00	0.00	0.00	16.00	0.00	10.00	10.00	1.00	0.00	3.00	0.00	0.00	0.00	23.03	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	10	45.00	0.00	0.00	0.00	0.00	210.00	12.00	0.00	12.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	12.69	0.00
2025 FALL Lunch TJH Friday :433 - ServingDate: 11/20/2026																			
Cheeseburger - TR1897 (1 ea.)	30	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00 (M)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	10	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	30	350.00	12.00	2.00	0.00	45.00	590.00	37.00	3.00	5.00	5.00	24.00	2.08	136.00	0.00	0.00	0.00	769.86	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	9	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11 (M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	65	212.41	9.80	1.63	0.00	0.00	343.13	32.68	1.63	1.63	0.00	1.63	0.59	0.00	163.40	5.88	0.00	490.19	0.00
Normandy Blend Vegetables - TR2019 (1/2 c.)	15	35.38	1.40	0.30	0.00	0.00	83.20	4.68	1.87	1.87	0.00	0.94	0.00	18.70	0.00	0.00	0.00(M)	201.08 (M)	0.00(M)
Apple Red Delicoius - TR1420 (1 ea.)	20	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	25	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Signature Fruit Cup - TR2043 (1 ea.)	50	125.75	0.46	0.22	0.00	1.88	68.42	28.54	2.23	21.31	3.00	2.41	0.07	114.42	85.00	1.00	1.31(M)	177.00 (M)	966.58 (M)

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 11/19/2026	
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	0.00
2025 FALL Lunch TJH Friday :433 - ServingDate: 11/20/2026	
Cheeseburger - TR1897 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	0.00
Normandy Blend Vegetables - TR2019 (1/2 c.)	0.00(M)
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	1.09(M)

Menu Calendar Nutrient Analysis Report - November, 2026

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Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch TJH Friday :433 - ServingDate: 11/20/2026																			
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 11/30/2026																			
Chicken Drumstick - TR1739 (1 ea.)	30	191.47	11.70	2.66	0.00	90.42	329.75	4.25	0.00	0.00	0.00	17.02	0.77	14.89	0.00	0.00	0.00	201.98	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	10	452.00	11.20	5.00	0.00	25.00	376.00	77.50	5.50	52.00	11.00	13.50	2.52	480.00	234.96	37.20	2.00(M)	335.58 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	9	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Premium BBQ Beef from Yoakum Texas ! - TR1140 (1 Scoop)	50	130.00	2.60	1.00	0.00	35.00	590.00	13.00	2.00	9.00	(M)	16.00	2.70	40.00	200.00	1.20	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Garlic Breadstick - TR1622 (1 ea.)	55	160.00	4.50	1.00	0.00	0.00	140.00	25.00	2.00	2.00	0.00	4.00	1.40	10.00	0.00	0.00	0.10	210.09	0.00
BBQ Sandwich - TR1141 (1 ea.)	25	150.00	2.00	0.00	0.00	0.00	260.00	28.00	2.00	4.00	4.00	5.00	1.00	116.00	0.00	0.00	0.00	85.07	0.00
Baked Potato - TR1139 (1 ea.)	25	170.00	0.00	0.00	0.00	0.00	25.00	37.00	4.00	2.00	(M)	5.00	1.80	40.00	0.00	21.00	(M)	(M)	(M)
Baked Beans - TR1186 (1/2 c.)	25	163.47	0.00	0.00	0.00	0.00	415.73	33.12	6.24	14.29	13.15	7.28	1.87	41.60	0.00	0.00	0.00	280.57	0.00
Carrot Coins - TR1086 (1/2 c.)	20	38.18	1.12	0.24	0.00	0.00	155.95	6.53	2.45	4.08	0.00	0.82	0.29	32.66	1616.60	1.96	0.00(M)	0.00(M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Friday :433 - ServingDate: 11/20/2026	
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 11/30/2026	
Chicken Drumstick - TR1739 (1 ea.)	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium BBQ Beef from Yoakum Texas ! - TR1140 (1 Scoop)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
BBQ Sandwich - TR1141 (1 ea.)	0.00
Baked Potato - TR1139 (1 ea.)	(M)
Baked Beans - TR1186 (1/2 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:24:49 AM by Kevin White

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 11/30/2026																			
Granny Smith Apple - TR1054 (1 ea.)	25	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1505 (1/2 c.)	25	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Shredded Cheese - TR1259 (1/8 c.)	20	55.00	4.50	3.00	0.00	12.50	95.00	0.50	0.00	0.00	0.00	3.50	0.00	101.00	0.00	0.00	0.00	10.00	0.00
Pickles Sliced - TR1214 (3 ea.)	25	1.67	0.00	0.00	0.00	0.00	153.33	0.33	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
BBQ Sauce - TR1151 (1 ea.)	25	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: Junior High
Menu Line: JH Main Line
Serving Group: 6-8
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - November, 2026

Site: ALL
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 11/30/2026	
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Shredded Cheese - TR1259 (1/8 c.)	0.00
Pickles Sliced - TR1214 (3 ea.)	(M)
BBQ Sauce - TR1151 (1 ea.)	0.00
Sour Cream - TR1098 (1 pkg.)	0.00