Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:36:09 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Wednesday Pizza :438 - ServingDate: 11/04/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Breakfast Sausage & Gravy Pizza - TR2100 (1 ea.)	30	190.00	7.00	2.00	0.00	15.00	310.00	23.00	2.00	6.00	2.00	9.00	1.44	150.00	54.00	0.00	0.00	289.99	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	0.00	89.80	0.00
Apple Red Delicoius - TR1420 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	15	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Wednesday Pizza :438 - ServingDate: 11/04/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Breakfast Sausage & Gravy Pizza - TR2100 (1 ea.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	0.00
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00

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Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Wednesday Pizza :438 - ServingDate: 11/04/2026																			
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/05/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	10	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Chicken & Waffles - TR2047 (1 serv.)	15	220.00	10.00	1.50	0.00	40.00	340.00	23.00	2.00	4.00	4.00	12.00	1.36	31.00	43.00	47.00	0.01	220.00	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	15	145.45	10.91	3.64	0.00	206.06	339.39	1.21	0.00	1.21	1.21	9.70	0.87	72.73	363.63	0.00	0.00	0.00	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00

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Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Wednesday Pizza :438 - ServingDate: 11/04/2026	
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/05/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chicken & Waffles - TR2047 (1 serv.)	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/05/2026																			
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
Tortillas - TR1512 (2 ea.)	15	180.00	5.00	2.00	0.00	0.00	150.00	30.00	4.00	2.00	2.00	4.00	1.44	40.00	0.00	0.00	0.00	194.00	0.00
Salsa Cup - TR1072 (1 ea.)	5	25.00	0.00	0.00	0.00	0.00	135.00	5.00	1.00	3.00	0.00	1.00	0.36	20.00	300.00	7.20	0.00	200.22	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	15	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Picante Sauce - TR1865 (1 packet)	10	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/05/2026	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
Tortillas - TR1512 (2 ea.)	0.00
Salsa Cup - TR1072 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/05/2026																			
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS STAR Friday Donut :438 - ServingDate: 11/06/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Glazed Donut - TR1044 (1 ea.)	40	262.22	10.00	4.50	0.00	0.00	330.00	37.19	3.00	12.19	11.19	5.00	1.50	20.00	0.00	0.00	0.00	130.19	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	15	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/05/2026	
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS STAR Friday Donut :438 - ServingDate: 11/06/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:36:09 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Friday Donut :438 - ServingDate: 11/06/2026																			
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS STAR Monday Biscuit :438 - ServingDate: 11/09/2026																			
Whole Grain Biscuit - TR1006 (1 ea.)	25	210.00	10.00	5.00	0.00	0.00	400.00	27.00	2.00	3.00	2.00	4.00	1.44	100.00	0.00	0.00	0.00	180.00	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	10	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Turkey Sausage - TR1283 (1 ea.)	25	58.54	3.90	0.98	0.00	29.27	87.80	0.00	0.00	0.00	0.00	5.85	0.70	19.51	0.00	0.00	0.00	0.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Friday Donut :438 - ServingDate: 11/06/2026	
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS STAR Monday Biscuit :438 - ServingDate: 11/09/2026	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Turkey Sausage - TR1283 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:36:09 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Monday Biscuit :438 - ServingDate: 11/09/2026																			
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1505 (1/2 c.)	15	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Sliced Cheese - TR1209 (1 ea.)	20	35.00	2.00	1.25	0.00	7.50	105.00	2.00	0.00	1.00	0.00	2.50	0.00	200.00	300.00	0.00	0.10	180.00	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS STAR Tuesday Croissant - ServingDate: 11/10/2026																			
Croissant - TR1953 (1 ea.)	30	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Monday Biscuit :438 - ServingDate: 11/09/2026	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1505 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Sliced Cheese - TR1209 (1 ea.)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS STAR Tuesday Croissant - ServingDate: 11/10/2026	
Croissant - TR1953 (1 ea.)	0.00

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Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Tuesday Croissant - ServingDate: 11/10/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	10	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Egg Patty - TR2020 (1 ea.)	30	60.00	4.00	1.00	0.00	0.00	110.00	0.00	0.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Banana - TR1056 (1 ea.)	20	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Pears - TR1508 (1/2 c.)	15	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58 (M)	0.00
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Tuesday Croissant - ServingDate: 11/10/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Egg Patty - TR2020 (1 ea.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:36:09 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Tuesday Croissant - ServingDate: 11/10/2026																			
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Sliced Cheese - TR1209 (1 ea.)	5	35.00	2.00	1.25	0.00	7.50	105.00	2.00	0.00	1.00	0.00	2.50	0.00	200.00	300.00	0.00	0.10	180.00	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS STAR Wednesday Pizza :438 - ServingDate: 11/11/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Breakfast Sausage & Gravy Pizza - TR2100 (1 ea.)	30	190.00	7.00	2.00	0.00	15.00	310.00	23.00	2.00	6.00	2.00	9.00	1.44	150.00	54.00	0.00	0.00	289.99	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Tuesday Croissant - ServingDate: 11/10/2026	
Whole Milk - TR2095 (1 Carton)	0.00
Sliced Cheese - TR1209 (1 ea.)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS STAR Wednesday Pizza :438 - ServingDate: 11/11/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Breakfast Sausage & Gravy Pizza - TR2100 (1 ea.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:36:09 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Wednesday Pizza :438 - ServingDate: 11/11/2026																			
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	0.00	89.80	0.00
Apple Red Delicoius - TR1420 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	15	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Wednesday Pizza :438 - ServingDate: 11/11/2026	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	0.00
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

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Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/12/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	10	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Chicken & Waffles - TR2047 (1 serv.)	15	220.00	10.00	1.50	0.00	40.00	340.00	23.00	2.00	4.00	4.00	12.00	1.36	31.00	43.00	47.00	0.01	220.00	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	15	145.45	10.91	3.64	0.00	206.06	339.39	1.21	0.00	1.21	1.21	9.70	0.87	72.73	363.63	0.00	0.00	0.00	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
Tortillas - TR1512 (2 ea.)	15	180.00	5.00	2.00	0.00	0.00	150.00	30.00	4.00	2.00	2.00	4.00	1.44	40.00	0.00	0.00	0.00	194.00	0.00
Salsa Cup - TR1072 (1 ea.)	5	25.00	0.00	0.00	0.00	0.00	135.00	5.00	1.00	3.00	0.00	1.00	0.36	20.00	300.00	7.20	0.00	200.22	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	15	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/12/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chicken & Waffles - TR2047 (1 serv.)	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
Tortillas - TR1512 (2 ea.)	0.00
Salsa Cup - TR1072 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00

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Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/12/2026																			
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Picante Sauce - TR1865 (1 packet)	10	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS STAR Friday Donut :438 - ServingDate: 11/13/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Glazed Donut - TR1044 (1 ea.)	40	262.22	10.00	4.50	0.00	0.00	330.00	37.19	3.00	12.19	11.19	5.00	1.50	20.00	0.00	0.00	0.00	130.19	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/12/2026	
Orange Wedges - TR1057 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS STAR Friday Donut :438 - ServingDate: 11/13/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	0.00

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Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Friday Donut :438 - ServingDate: 11/13/2026																			
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	15	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Friday Donut :438 - ServingDate: 11/13/2026	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:36:09 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Monday Biscuit :438 - ServingDate: 11/16/2026																			
Whole Grain Biscuit - TR1006 (1 ea.)	25	210.00	10.00	5.00	0.00	0.00	400.00	27.00	2.00	3.00	2.00	4.00	1.44	100.00	0.00	0.00	0.00	180.00	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	10	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Turkey Sausage - TR1283 (1 ea.)	25	58.54	3.90	0.98	0.00	29.27	87.80	0.00	0.00	0.00	0.00	5.85	0.70	19.51	0.00	0.00	0.00	0.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1505 (1/2 c.)	15	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Monday Biscuit :438 - ServingDate: 11/16/2026	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Turkey Sausage - TR1283 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1505 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:36:09 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Monday Biscuit :438 - ServingDate: 11/16/2026																			
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Sliced Cheese - TR1209 (1 ea.)	20	35.00	2.00	1.25	0.00	7.50	105.00	2.00	0.00	1.00	0.00	2.50	0.00	200.00	300.00	0.00	0.10	180.00	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS STAR Tuesday Croissant - ServingDate: 11/17/2026																			
Croissant - TR1953 (1 ea.)	30	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	10	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Egg Patty - TR2020 (1 ea.)	30	60.00	4.00	1.00	0.00	0.00	110.00	0.00	0.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Monday Biscuit :438 - ServingDate: 11/16/2026	
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Sliced Cheese - TR1209 (1 ea.)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS STAR Tuesday Croissant - ServingDate: 11/17/2026	
Croissant - TR1953 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Egg Patty - TR2020 (1 ea.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

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Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Tuesday Croissant - ServingDate: 11/17/2026																			
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Banana - TR1056 (1 ea.)	20	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Pears - TR1508 (1/2 c.)	15	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58 (M)	0.00
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Sliced Cheese - TR1209 (1 ea.)	5	35.00	2.00	1.25	0.00	7.50	105.00	2.00	0.00	1.00	0.00	2.50	0.00	200.00	300.00	0.00	0.10	180.00	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Tuesday Croissant - ServingDate: 11/17/2026	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Sliced Cheese - TR1209 (1 ea.)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:36:09 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Wednesday Pizza :438 - ServingDate: 11/18/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Breakfast Sausage & Gravy Pizza - TR2100 (1 ea.)	30	190.00	7.00	2.00	0.00	15.00	310.00	23.00	2.00	6.00	2.00	9.00	1.44	150.00	54.00	0.00	0.00	289.99	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	0.00	89.80	0.00
Apple Red Delicoius - TR1420 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	15	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Wednesday Pizza :438 - ServingDate: 11/18/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Breakfast Sausage & Gravy Pizza - TR2100 (1 ea.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	0.00
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:36:09 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Wednesday Pizza :438 - ServingDate: 11/18/2026																			
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/19/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	10	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Chicken & Waffles - TR2047 (1 serv.)	15	220.00	10.00	1.50	0.00	40.00	340.00	23.00	2.00	4.00	4.00	12.00	1.36	31.00	43.00	47.00	0.01	220.00	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	15	145.45	10.91	3.64	0.00	206.06	339.39	1.21	0.00	1.21	1.21	9.70	0.87	72.73	363.63	0.00	0.00	0.00	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Wednesday Pizza :438 - ServingDate: 11/18/2026	
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/19/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chicken & Waffles - TR2047 (1 serv.)	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:36:09 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/19/2026																			
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
Tortillas - TR1512 (2 ea.)	15	180.00	5.00	2.00	0.00	0.00	150.00	30.00	4.00	2.00	2.00	4.00	1.44	40.00	0.00	0.00	0.00	194.00	0.00
Salsa Cup - TR1072 (1 ea.)	5	25.00	0.00	0.00	0.00	0.00	135.00	5.00	1.00	3.00	0.00	1.00	0.36	20.00	300.00	7.20	0.00	200.22	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	15	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Picante Sauce - TR1865 (1 packet)	10	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/19/2026	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
Tortillas - TR1512 (2 ea.)	0.00
Salsa Cup - TR1072 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:36:09 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/19/2026																			
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS STAR Friday Donut :438 - ServingDate: 11/20/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Glazed Donut - TR1044 (1 ea.)	40	262.22	10.00	4.50	0.00	0.00	330.00	37.19	3.00	12.19	11.19	5.00	1.50	20.00	0.00	0.00	0.00	130.19	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	15	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Thursday Chix & Waffle + burrito - ServingDate: 11/19/2026	
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS STAR Friday Donut :438 - ServingDate: 11/20/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:36:09 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Friday Donut :438 - ServingDate: 11/20/2026																			
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS STAR Monday Biscuit :438 - ServingDate: 11/30/2026																			
Whole Grain Biscuit - TR1006 (1 ea.)	25	210.00	10.00	5.00	0.00	0.00	400.00	27.00	2.00	3.00	2.00	4.00	1.44	100.00	0.00	0.00	0.00	180.00	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	10	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Turkey Sausage - TR1283 (1 ea.)	25	58.54	3.90	0.98	0.00	29.27	87.80	0.00	0.00	0.00	0.00	5.85	0.70	19.51	0.00	0.00	0.00	0.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Friday Donut :438 - ServingDate: 11/20/2026	
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS STAR Monday Biscuit :438 - ServingDate: 11/30/2026	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Turkey Sausage - TR1283 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:36:09 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS STAR Monday Biscuit :438 - ServingDate: 11/30/2026																			
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1505 (1/2 c.)	15	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Sliced Cheese - TR1209 (1 ea.)	20	35.00	2.00	1.25	0.00	7.50	105.00	2.00	0.00	1.00	0.00	2.50	0.00	200.00	300.00	0.00	0.10	180.00	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Legend

(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS STAR Monday Biscuit :438 - ServingDate: 11/30/2026	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1505 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Sliced Cheese - TR1209 (1 ea.)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Site: TOMBALL STAR ACADEMY
Date: 11/01/2026 - 11/30/2026

Report Selections
Meal Type: Breakfast
Site Group: High School
Menu Line: STAR Academy Line
Serving Group: 9-12
Nutrients Option: All