# Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:41:20 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **2025 Fall Lunch Connect k-8 Wednesday :447 - ServingDate: 11/04/2026** | | | | | | | | | | | | | | | | | | | |
| Chicken Nuggets - TR1082 (5 ea) | 48 | 240.00 | 14.00 | 2.50 | 0.00 | 20.00 | 470.00 | 16.00 | 3.00 | 1.00 | 1.00 | 13.00 | 1.80 | 40.00 | 100.00 | 0.00 | 0.00 | 320.07 | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 1 | 318.98 | 12.00 | 6.00 | 0.00 | 29.00 | 549.97 | 34.00 | 2.70 | 5.00 | 2.00 | 18.00 | 1.64 | 407.98 | 134.99 | 0.00 | 0.04 | 521.20 | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 1 | 590.00 | 32.00 | 7.00 | 0.00 | 0.00 | 530.00 | 64.00 | 7.00 | 30.00 | 26.00 | 18.00 | 2.00 | 88.00 | 0.00 | 0.00 | 0.00 | 464.00 | 0.00 |
| Fresh Broccoli & Ranch .75 - TR1583 (3/4 c.) | 50 | 83.25 | 3.50 | 0.50 | 0.00 | 5.00 | 392.50 | 11.50 | 1.50 | 4.13 | 0.00(M) | 1.88 | 0.53 | 32.25 | 425.25 | 60.75 | (M) | (M) | 0.00(M) |
| Chilled Applesauce - TR1503 (1/2 c.) | 50 | 50.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 13.00 | 2.00 | 11.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 25 | 160.00 | 5.00 | 3.50 | 0.00 | 25.00 | 180.00 | 22.00 | 0.00 | 21.00 | 10.00 | 8.00 | 0.36 | 280.00 | 189.99 | 0.00 | 2.00 | 420.18 | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 25 | 120.00 | 5.00 | 0.00 | 0.00 | 20.00 | 120.00 | 11.00 | 0.00 | 11.00 | 0.00 | 8.00 | 0.00 | 298.00 | 153.99 | 0.00 | 2.00 | 353.91 | 0.00 |
| Ketchup - TR1088 (2 ea.) | 25 | 20.00 | 0.00 | 0.00 | 0.00 | 0.00 | 50.00 | 4.00 | 0.00 | 4.00 | 4.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 160.00 | 0.00 |
| **2025 Fall Lunch Connect k-8 Thursday :447 - ServingDate: 11/05/2026** | | | | | | | | | | | | | | | | | | | |
| Grilled Cheese - TR1089 (1 ea.) | 1 | 318.98 | 12.00 | 6.00 | 0.00 | 29.00 | 549.97 | 34.00 | 2.70 | 5.00 | 2.00 | 18.00 | 1.64 | 407.98 | 134.99 | 0.00 | 0.04 | 521.20 | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 1 | 590.00 | 32.00 | 7.00 | 0.00 | 0.00 | 530.00 | 64.00 | 7.00 | 30.00 | 26.00 | 18.00 | 2.00 | 88.00 | 0.00 | 0.00 | 0.00 | 464.00 | 0.00 |
| Stuffed Crust Pizza - TR1837 (1 slice) | 48 | 339.90 | 15.99 | 10.00 | 0.00 | 40.99 | 440.87 | 28.99 | 3.00 | 6.00 | 0.00 | 19.99 | 2.00 | 309.90 | 0.00 | 0.00 | 0.00 | 21.14 | 0.00 |
| Baby Carrots & Bean Dip - TR1224 (3/4 c.) | 50 | 101.35 | 1.50 | 0.00 | 0.00 | 0.00 | 236.98 | 17.13 | 5.71 | 2.56 | 0.00 | 3.00 | 1.70 | 37.08 | 8114.57 | 2.05 | 0.00(M) | 8.93(M) | 0.00(M) |
| Orange Wedges - TR1057 (1 ea.) | 50 | 60.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 15.00 | 3.00 | 12.00 | 0.00 | 1.00 | 0.00 | 60.00 | 300.00 | 72.00 | 0.00 | 235.00 | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 25 | 160.00 | 5.00 | 3.50 | 0.00 | 25.00 | 180.00 | 22.00 | 0.00 | 21.00 | 10.00 | 8.00 | 0.36 | 280.00 | 189.99 | 0.00 | 2.00 | 420.18 | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 25 | 120.00 | 5.00 | 0.00 | 0.00 | 20.00 | 120.00 | 11.00 | 0.00 | 11.00 | 0.00 | 8.00 | 0.00 | 298.00 | 153.99 | 0.00 | 2.00 | 353.91 | 0.00 |

# Menu Calendar Nutrient Analysis Report - November, 2026



Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Ash (g) |
|---|---|
| **2025 Fall Lunch Connect k-8 Wednesday :447 - ServingDate: 11/04/2026** | |
| Chicken Nuggets - TR1082 (5 ea) | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 0.00 |
| Fresh Broccoli & Ranch .75 - TR1583 (3/4 c.) | 0.00(M) |
| Chilled Applesauce - TR1503 (1/2 c.) | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 0.00 |
| Ketchup - TR1088 (2 ea.) | 0.00 |
| **2025 Fall Lunch Connect k-8 Thursday :447 - ServingDate: 11/05/2026** | |
| Grilled Cheese - TR1089 (1 ea.) | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 0.00 |
| Stuffed Crust Pizza - TR1837 (1 slice) | 0.00 |
| Baby Carrots & Bean Dip - TR1224 (3/4 c.) | 0.00(M) |
| Orange Wedges - TR1057 (1 ea.) | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 0.00 |

# Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:41:20 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **2025 Fall Lunch Connect k-8 Friday :447 - ServingDate: 11/06/2026** | | | | | | | | | | | | | | | | | | | |
| Breaded Chicken Sandwich - TR1549 (1 ea.) | 48 | 390.00 | 15.00 | 2.50 | 0.00 | 25.00 | 720.00 | 43.00 | 5.00 | 5.00 | 5.00 | 19.00 | 3.00 | 151.00 | 0.00 | 0.00 | 0.00 | 320.00 | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 1 | 318.98 | 12.00 | 6.00 | 0.00 | 29.00 | 549.97 | 34.00 | 2.70 | 5.00 | 2.00 | 18.00 | 1.64 | 407.98 | 134.99 | 0.00 | 0.04 | 521.20 | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 1 | 590.00 | 32.00 | 7.00 | 0.00 | 0.00 | 530.00 | 64.00 | 7.00 | 30.00 | 26.00 | 18.00 | 2.00 | 88.00 | 0.00 | 0.00 | 0.00 | 464.00 | 0.00 |
| Potato Smiles - TR1220 (5 ea.) | 25 | 163.27 | 5.65 | 0.00 | 0.00 | 0.00 | 226.07 | 25.12 | 2.51 | 0.00 | 0.00 | 2.51 | 0.45 | 0.00 | 0.00 | 3.01 | 0.00 | 313.99 | 0.00 |
| Tater Tots - TR1762 (8 ea.) | 25 | 112.65 | 6.14 | 1.02 | 0.00 | 0.00 | 317.46 | 14.34 | 1.02 | 1.02 | 0.00 | 1.02 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 215.15 | 0.00 |
| Granny Smith Apple - TR1054 (1 ea.) | 50 | 60.49 | 0.00 | 0.00 | 0.00 | 0.00 | 1.89 | 15.12 | 1.89 | 11.34 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| 2% Chocolate Milk - TR2093 (1 Carton) | 25 | 160.00 | 5.00 | 3.50 | 0.00 | 25.00 | 180.00 | 22.00 | 0.00 | 21.00 | 10.00 | 8.00 | 0.36 | 280.00 | 189.99 | 0.00 | 2.00 | 420.18 | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 25 | 120.00 | 5.00 | 0.00 | 0.00 | 20.00 | 120.00 | 11.00 | 0.00 | 11.00 | 0.00 | 8.00 | 0.00 | 298.00 | 153.99 | 0.00 | 2.00 | 353.91 | 0.00 |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.) | 50 | 9.59 | 0.00 | 0.00 | 0.00 | 0.00 | 107.22 | 2.65 | 0.73 | 1.46 | 0.00 | 0.73 | 0.26 | 10.00 | 373.88 | 3.98 | (M) | (M) | 0.00(M) |
| Ketchup - TR1088 (2 ea.) | 35 | 20.00 | 0.00 | 0.00 | 0.00 | 0.00 | 50.00 | 4.00 | 0.00 | 4.00 | 4.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 160.00 | 0.00 |
| Mayo - TR1144 (1 ea.) | 2 | 40.00 | 3.00 | 0.00 | 0.00 | 5.00 | 105.00 | 3.00 | 0.00 | 2.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Mustard - TR1145 (1 ea.) | 2 | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 85.00 | 1.00 | 0.00 | 0.00 | (M) | 1.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| **2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/09/2026** | | | | | | | | | | | | | | | | | | | |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.) | 48 | 309.33 | 10.70 | 5.47 | 0.00 | 32.33 | 465.67 | 34.47 | 4.00 | 2.00 | 2.00 | 20.47 | 2.00 | 464.07 | 0.00 | 0.00 | 4.00 | 164.17 | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 1 | 318.98 | 12.00 | 6.00 | 0.00 | 29.00 | 549.97 | 34.00 | 2.70 | 5.00 | 2.00 | 18.00 | 1.64 | 407.98 | 134.99 | 0.00 | 0.04 | 521.20 | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 1 | 590.00 | 32.00 | 7.00 | 0.00 | 0.00 | 530.00 | 64.00 | 7.00 | 30.00 | 26.00 | 18.00 | 2.00 | 88.00 | 0.00 | 0.00 | 0.00 | 464.00 | 0.00 |
| Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.) | 50 | 71.63 | 3.50 | 0.50 | 0.00 | 5.00 | 416.52 | 8.16 | 1.16 | 4.16 | 0.00(M) | 0.00 | 0.00 | 23.26 | 232.61 | 1.40 | (M) | (M) | (M) |
| Marinara Dip Cup - TR1172 (1 ea.) | 50 | 40.00 | 1.00 | 0.00 | 0.00 | 0.00 | 170.00 | 7.00 | 2.00 | 4.00 | 1.00 | 1.00 | 0.00 | 20.00 | 0.00 | 6.00 | 0.00 | 261.79 | 0.00 |

# Menu Calendar Nutrient Analysis Report - November, 2026



Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Ash (g) |
|---|---|
| **2025 Fall Lunch Connect k-8 Friday :447 - ServingDate: 11/06/2026** | |
| Breaded Chicken Sandwich - TR1549 (1 ea.) | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 0.00 |
| Potato Smiles - TR1220 (5 ea.) | 0.00 |
| Tater Tots - TR1762 (8 ea.) | 0.00 |
| Granny Smith Apple - TR1054 (1 ea.) | (M) |
| 2% Chocolate Milk - TR2093 (1 Carton) | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 0.00 |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.) | 0.00(M) |
| Ketchup - TR1088 (2 ea.) | 0.00 |
| Mayo - TR1144 (1 ea.) | (M) |
| Mustard - TR1145 (1 ea.) | (M) |
| **2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/09/2026** | |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.) | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 0.00 |
| Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.) | (M) |
| Marinara Dip Cup - TR1172 (1 ea.) | 0.00 |

# Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:41:20 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/09/2026** | | | | | | | | | | | | | | | | | | | |
| Granny Smith Apple - TR1054 (1 ea.) | 50 | 60.49 | 0.00 | 0.00 | 0.00 | 0.00 | 1.89 | 15.12 | 1.89 | 11.34 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| 2% Chocolate Milk - TR2093 (1 Carton) | 25 | 160.00 | 5.00 | 3.50 | 0.00 | 25.00 | 180.00 | 22.00 | 0.00 | 21.00 | 10.00 | 8.00 | 0.36 | 280.00 | 189.99 | 0.00 | 2.00 | 420.18 | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 25 | 120.00 | 5.00 | 0.00 | 0.00 | 20.00 | 120.00 | 11.00 | 0.00 | 11.00 | 0.00 | 8.00 | 0.00 | 298.00 | 153.99 | 0.00 | 2.00 | 353.91 | 0.00 |
| **2025 Fall Lunch Connect K-8 Tuesday :447 - ServingDate: 11/10/2026** | | | | | | | | | | | | | | | | | | | |
| Cheeseburger - TR1897 (1 ea.) | 48 | 395.00 | 19.00 | 4.25 | 0.00 | 67.50 | 615.00 | 31.00 | 2.00 | 5.00 | 4.00 | 23.50 | 3.00 | 325.00 | 300.00 | 0.00 | 0.10(M) | 458.00 (M) | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 1 | 318.98 | 12.00 | 6.00 | 0.00 | 29.00 | 549.97 | 34.00 | 2.70 | 5.00 | 2.00 | 18.00 | 1.64 | 407.98 | 134.99 | 0.00 | 0.04 | 521.20 | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 1 | 590.00 | 32.00 | 7.00 | 0.00 | 0.00 | 530.00 | 64.00 | 7.00 | 30.00 | 26.00 | 18.00 | 2.00 | 88.00 | 0.00 | 0.00 | 0.00 | 464.00 | 0.00 |
| Baby Carrots & Bean Dip - TR1224 (3/4 c.) | 50 | 101.35 | 1.50 | 0.00 | 0.00 | 0.00 | 236.98 | 17.13 | 5.71 | 2.56 | 0.00 | 3.00 | 1.70 | 37.08 | 8114.57 | 2.05 | 0.00(M) | 8.93(M) | 0.00(M) |
| Banana - TR1056 (1 ea.) | 50 | 104.01 | 0.39 | 0.00 | 0.00 | 0.00 | 0.99 | 26.75 | 2.97 | 14.36 | 0.00 | 1.29 | 0.31 | 5.94 | 75.29 | 9.91 | 0.00 | 418.04 | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 25 | 160.00 | 5.00 | 3.50 | 0.00 | 25.00 | 180.00 | 22.00 | 0.00 | 21.00 | 10.00 | 8.00 | 0.36 | 280.00 | 189.99 | 0.00 | 2.00 | 420.18 | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 25 | 120.00 | 5.00 | 0.00 | 0.00 | 20.00 | 120.00 | 11.00 | 0.00 | 11.00 | 0.00 | 8.00 | 0.00 | 298.00 | 153.99 | 0.00 | 2.00 | 353.91 | 0.00 |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.) | 25 | 9.59 | 0.00 | 0.00 | 0.00 | 0.00 | 107.22 | 2.65 | 0.73 | 1.46 | 0.00 | 0.73 | 0.26 | 10.00 | 373.88 | 3.98 | (M) | (M) | 0.00(M) |
| Ketchup - TR1088 (2 ea.) | 20 | 20.00 | 0.00 | 0.00 | 0.00 | 0.00 | 50.00 | 4.00 | 0.00 | 4.00 | 4.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 160.00 | 0.00 |
| Mayo - TR1144 (1 ea.) | 2 | 40.00 | 3.00 | 0.00 | 0.00 | 5.00 | 105.00 | 3.00 | 0.00 | 2.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Mustard - TR1145 (1 ea.) | 2 | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 85.00 | 1.00 | 0.00 | 0.00 | (M) | 1.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| **2025 Fall Lunch Connect k-8 Wednesday :447 - ServingDate: 11/11/2026** | | | | | | | | | | | | | | | | | | | |
| Chicken Nuggets - TR1082 (5 ea) | 48 | 240.00 | 14.00 | 2.50 | 0.00 | 20.00 | 470.00 | 16.00 | 3.00 | 1.00 | 1.00 | 13.00 | 1.80 | 40.00 | 100.00 | 0.00 | 0.00 | 320.07 | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 1 | 318.98 | 12.00 | 6.00 | 0.00 | 29.00 | 549.97 | 34.00 | 2.70 | 5.00 | 2.00 | 18.00 | 1.64 | 407.98 | 134.99 | 0.00 | 0.04 | 521.20 | 0.00 |

# Menu Calendar Nutrient Analysis Report - November, 2026



Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Ash (g) |
|---|---|
| **2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/09/2026** | |
| Granny Smith Apple - TR1054 (1 ea.) | (M) |
| 2% Chocolate Milk - TR2093 (1 Carton) | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 0.00 |
| **2025 Fall Lunch Connect K-8 Tuesday :447 - ServingDate: 11/10/2026** | |
| Cheeseburger - TR1897 (1 ea.) | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 0.00 |
| Baby Carrots & Bean Dip - TR1224 (3/4 c.) | 0.00(M) |
| Banana - TR1056 (1 ea.) | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 0.00 |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.) | 0.00(M) |
| Ketchup - TR1088 (2 ea.) | 0.00 |
| Mayo - TR1144 (1 ea.) | (M) |
| Mustard - TR1145 (1 ea.) | (M) |
| **2025 Fall Lunch Connect k-8 Wednesday :447 - ServingDate: 11/11/2026** | |
| Chicken Nuggets - TR1082 (5 ea) | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 0.00 |

# Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:41:20 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **2025 Fall Lunch Connect k-8 Wednesday :447 - ServingDate: 11/11/2026** | | | | | | | | | | | | | | | | | | | |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 1 | 590.00 | 32.00 | 7.00 | 0.00 | 0.00 | 530.00 | 64.00 | 7.00 | 30.00 | 26.00 | 18.00 | 2.00 | 88.00 | 0.00 | 0.00 | 0.00 | 464.00 | 0.00 |
| Fresh Broccoli & Ranch .75 - TR1583 (3/4 c.) | 50 | 83.25 | 3.50 | 0.50 | 0.00 | 5.00 | 392.50 | 11.50 | 1.50 | 4.13 | 0.00(M) | 1.88 | 0.53 | 32.25 | 425.25 | 60.75 | (M) | (M) | 0.00(M) |
| Chilled Applesauce - TR1503 (1/2 c.) | 50 | 50.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 13.00 | 2.00 | 11.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 25 | 160.00 | 5.00 | 3.50 | 0.00 | 25.00 | 180.00 | 22.00 | 0.00 | 21.00 | 10.00 | 8.00 | 0.36 | 280.00 | 189.99 | 0.00 | 2.00 | 420.18 | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 25 | 120.00 | 5.00 | 0.00 | 0.00 | 20.00 | 120.00 | 11.00 | 0.00 | 11.00 | 0.00 | 8.00 | 0.00 | 298.00 | 153.99 | 0.00 | 2.00 | 353.91 | 0.00 |
| Ketchup - TR1088 (2 ea.) | 25 | 20.00 | 0.00 | 0.00 | 0.00 | 0.00 | 50.00 | 4.00 | 0.00 | 4.00 | 4.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 160.00 | 0.00 |
| **2025 Fall Lunch Connect k-8 Thursday :447 - ServingDate: 11/12/2026** | | | | | | | | | | | | | | | | | | | |
| Grilled Cheese - TR1089 (1 ea.) | 1 | 318.98 | 12.00 | 6.00 | 0.00 | 29.00 | 549.97 | 34.00 | 2.70 | 5.00 | 2.00 | 18.00 | 1.64 | 407.98 | 134.99 | 0.00 | 0.04 | 521.20 | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 1 | 590.00 | 32.00 | 7.00 | 0.00 | 0.00 | 530.00 | 64.00 | 7.00 | 30.00 | 26.00 | 18.00 | 2.00 | 88.00 | 0.00 | 0.00 | 0.00 | 464.00 | 0.00 |
| Stuffed Crust Pizza - TR1837 (1 slice) | 48 | 339.90 | 15.99 | 10.00 | 0.00 | 40.99 | 440.87 | 28.99 | 3.00 | 6.00 | 0.00 | 19.99 | 2.00 | 309.90 | 0.00 | 0.00 | 0.00 | 21.14 | 0.00 |
| Baby Carrots & Bean Dip - TR1224 (3/4 c.) | 50 | 101.35 | 1.50 | 0.00 | 0.00 | 0.00 | 236.98 | 17.13 | 5.71 | 2.56 | 0.00 | 3.00 | 1.70 | 37.08 | 8114.57 | 2.05 | 0.00(M) | 8.93(M) | 0.00(M) |
| Orange Wedges - TR1057 (1 ea.) | 50 | 60.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 15.00 | 3.00 | 12.00 | 0.00 | 1.00 | 0.00 | 60.00 | 300.00 | 72.00 | 0.00 | 235.00 | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 25 | 160.00 | 5.00 | 3.50 | 0.00 | 25.00 | 180.00 | 22.00 | 0.00 | 21.00 | 10.00 | 8.00 | 0.36 | 280.00 | 189.99 | 0.00 | 2.00 | 420.18 | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 25 | 120.00 | 5.00 | 0.00 | 0.00 | 20.00 | 120.00 | 11.00 | 0.00 | 11.00 | 0.00 | 8.00 | 0.00 | 298.00 | 153.99 | 0.00 | 2.00 | 353.91 | 0.00 |
| **2025 Fall Lunch Connect k-8 Friday :447 - ServingDate: 11/13/2026** | | | | | | | | | | | | | | | | | | | |
| Breaded Chicken Sandwich - TR1549 (1 ea.) | 48 | 390.00 | 15.00 | 2.50 | 0.00 | 25.00 | 720.00 | 43.00 | 5.00 | 5.00 | 5.00 | 19.00 | 3.00 | 151.00 | 0.00 | 0.00 | 0.00 | 320.00 | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 1 | 318.98 | 12.00 | 6.00 | 0.00 | 29.00 | 549.97 | 34.00 | 2.70 | 5.00 | 2.00 | 18.00 | 1.64 | 407.98 | 134.99 | 0.00 | 0.04 | 521.20 | 0.00 |

# Menu Calendar Nutrient Analysis Report - November, 2026



Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Ash (g) |
|---|---|
| **2025 Fall Lunch Connect k-8 Wednesday :447 - ServingDate: 11/11/2026** | |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 0.00 |
| Fresh Broccoli & Ranch .75 - TR1583 (3/4 c.) | 0.00(M) |
| Chilled Applesauce - TR1503 (1/2 c.) | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 0.00 |
| Ketchup - TR1088 (2 ea.) | 0.00 |
| **2025 Fall Lunch Connect k-8 Thursday :447 - ServingDate: 11/12/2026** | |
| Grilled Cheese - TR1089 (1 ea.) | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 0.00 |
| Stuffed Crust Pizza - TR1837 (1 slice) | 0.00 |
| Baby Carrots & Bean Dip - TR1224 (3/4 c.) | 0.00(M) |
| Orange Wedges - TR1057 (1 ea.) | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 0.00 |
| **2025 Fall Lunch Connect k-8 Friday :447 - ServingDate: 11/13/2026** | |
| Breaded Chicken Sandwich - TR1549 (1 ea.) | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 0.00 |

# Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:41:20 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **2025 Fall Lunch Connect k-8 Friday :447 - ServingDate: 11/13/2026** | | | | | | | | | | | | | | | | | | | |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 1 | 590.00 | 32.00 | 7.00 | 0.00 | 0.00 | 530.00 | 64.00 | 7.00 | 30.00 | 26.00 | 18.00 | 2.00 | 88.00 | 0.00 | 0.00 | 0.00 | 464.00 | 0.00 |
| Potato Smiles - TR1220 (5 ea.) | 25 | 163.27 | 5.65 | 0.00 | 0.00 | 0.00 | 226.07 | 25.12 | 2.51 | 0.00 | 0.00 | 2.51 | 0.45 | 0.00 | 0.00 | 3.01 | 0.00 | 313.99 | 0.00 |
| Tater Tots - TR1762 (8 ea.) | 25 | 112.65 | 6.14 | 1.02 | 0.00 | 0.00 | 317.46 | 14.34 | 1.02 | 1.02 | 0.00 | 1.02 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 215.15 | 0.00 |
| Granny Smith Apple - TR1054 (1 ea.) | 50 | 60.49 | 0.00 | 0.00 | 0.00 | 0.00 | 1.89 | 15.12 | 1.89 | 11.34 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| 2% Chocolate Milk - TR2093 (1 Carton) | 25 | 160.00 | 5.00 | 3.50 | 0.00 | 25.00 | 180.00 | 22.00 | 0.00 | 21.00 | 10.00 | 8.00 | 0.36 | 280.00 | 189.99 | 0.00 | 2.00 | 420.18 | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 25 | 120.00 | 5.00 | 0.00 | 0.00 | 20.00 | 120.00 | 11.00 | 0.00 | 11.00 | 0.00 | 8.00 | 0.00 | 298.00 | 153.99 | 0.00 | 2.00 | 353.91 | 0.00 |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.) | 50 | 9.59 | 0.00 | 0.00 | 0.00 | 0.00 | 107.22 | 2.65 | 0.73 | 1.46 | 0.00 | 0.73 | 0.26 | 10.00 | 373.88 | 3.98 | (M) | (M) | 0.00(M) |
| Ketchup - TR1088 (2 ea.) | 35 | 20.00 | 0.00 | 0.00 | 0.00 | 0.00 | 50.00 | 4.00 | 0.00 | 4.00 | 4.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 160.00 | 0.00 |
| Mayo - TR1144 (1 ea.) | 2 | 40.00 | 3.00 | 0.00 | 0.00 | 5.00 | 105.00 | 3.00 | 0.00 | 2.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Mustard - TR1145 (1 ea.) | 2 | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 85.00 | 1.00 | 0.00 | 0.00 | (M) | 1.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| **2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/16/2026** | | | | | | | | | | | | | | | | | | | |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.) | 48 | 309.33 | 10.70 | 5.47 | 0.00 | 32.33 | 465.67 | 34.47 | 4.00 | 2.00 | 2.00 | 20.47 | 2.00 | 464.07 | 0.00 | 0.00 | 4.00 | 164.17 | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 1 | 318.98 | 12.00 | 6.00 | 0.00 | 29.00 | 549.97 | 34.00 | 2.70 | 5.00 | 2.00 | 18.00 | 1.64 | 407.98 | 134.99 | 0.00 | 0.04 | 521.20 | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 1 | 590.00 | 32.00 | 7.00 | 0.00 | 0.00 | 530.00 | 64.00 | 7.00 | 30.00 | 26.00 | 18.00 | 2.00 | 88.00 | 0.00 | 0.00 | 0.00 | 464.00 | 0.00 |
| Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.) | 50 | 71.63 | 3.50 | 0.50 | 0.00 | 5.00 | 416.52 | 8.16 | 1.16 | 4.16 | 0.00(M) | 0.00 | 0.00 | 23.26 | 232.61 | 1.40 | (M) | (M) | (M) |
| Marinara Dip Cup - TR1172 (1 ea.) | 50 | 40.00 | 1.00 | 0.00 | 0.00 | 0.00 | 170.00 | 7.00 | 2.00 | 4.00 | 1.00 | 1.00 | 0.00 | 20.00 | 0.00 | 6.00 | 0.00 | 261.79 | 0.00 |
| Granny Smith Apple - TR1054 (1 ea.) | 50 | 60.49 | 0.00 | 0.00 | 0.00 | 0.00 | 1.89 | 15.12 | 1.89 | 11.34 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| 2% Chocolate Milk - TR2093 (1 Carton) | 25 | 160.00 | 5.00 | 3.50 | 0.00 | 25.00 | 180.00 | 22.00 | 0.00 | 21.00 | 10.00 | 8.00 | 0.36 | 280.00 | 189.99 | 0.00 | 2.00 | 420.18 | 0.00 |

# Menu Calendar Nutrient Analysis Report - November, 2026



Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Ash (g) |
|---|---|
| **2025 Fall Lunch Connect k-8 Friday :447 - ServingDate: 11/13/2026** | |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 0.00 |
| Potato Smiles - TR1220 (5 ea.) | 0.00 |
| Tater Tots - TR1762 (8 ea.) | 0.00 |
| Granny Smith Apple - TR1054 (1 ea.) | (M) |
| 2% Chocolate Milk - TR2093 (1 Carton) | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 0.00 |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.) | 0.00(M) |
| Ketchup - TR1088 (2 ea.) | 0.00 |
| Mayo - TR1144 (1 ea.) | (M) |
| Mustard - TR1145 (1 ea.) | (M) |
| **2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/16/2026** | |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.) | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 0.00 |
| Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.) | (M) |
| Marinara Dip Cup - TR1172 (1 ea.) | 0.00 |
| Granny Smith Apple - TR1054 (1 ea.) | (M) |
| 2% Chocolate Milk - TR2093 (1 Carton) | 0.00 |

# Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:41:20 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/16/2026** | | | | | | | | | | | | | | | | | | | |
| 2% White Milk - TR2094 (1 Carton) | 25 | 120.00 | 5.00 | 0.00 | 0.00 | 20.00 | 120.00 | 11.00 | 0.00 | 11.00 | 0.00 | 8.00 | 0.00 | 298.00 | 153.99 | 0.00 | 2.00 | 353.91 | 0.00 |
| **2025 Fall Lunch Connect K-8 Tuesday :447 - ServingDate: 11/17/2026** | | | | | | | | | | | | | | | | | | | |
| Cheeseburger - TR1897 (1 ea.) | 48 | 395.00 | 19.00 | 4.25 | 0.00 | 67.50 | 615.00 | 31.00 | 2.00 | 5.00 | 4.00 | 23.50 | 3.00 | 325.00 | 300.00 | 0.00 | 0.10(M) | 458.00 (M) | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 1 | 318.98 | 12.00 | 6.00 | 0.00 | 29.00 | 549.97 | 34.00 | 2.70 | 5.00 | 2.00 | 18.00 | 1.64 | 407.98 | 134.99 | 0.00 | 0.04 | 521.20 | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 1 | 590.00 | 32.00 | 7.00 | 0.00 | 0.00 | 530.00 | 64.00 | 7.00 | 30.00 | 26.00 | 18.00 | 2.00 | 88.00 | 0.00 | 0.00 | 0.00 | 464.00 | 0.00 |
| Baby Carrots & Bean Dip - TR1224 (3/4 c.) | 50 | 101.35 | 1.50 | 0.00 | 0.00 | 0.00 | 236.98 | 17.13 | 5.71 | 2.56 | 0.00 | 3.00 | 1.70 | 37.08 | 8114.57 | 2.05 | 0.00(M) | 8.93(M) | 0.00(M) |
| Banana - TR1056 (1 ea.) | 50 | 104.01 | 0.39 | 0.00 | 0.00 | 0.00 | 0.99 | 26.75 | 2.97 | 14.36 | 0.00 | 1.29 | 0.31 | 5.94 | 75.29 | 9.91 | 0.00 | 418.04 | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 25 | 160.00 | 5.00 | 3.50 | 0.00 | 25.00 | 180.00 | 22.00 | 0.00 | 21.00 | 10.00 | 8.00 | 0.36 | 280.00 | 189.99 | 0.00 | 2.00 | 420.18 | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 25 | 120.00 | 5.00 | 0.00 | 0.00 | 20.00 | 120.00 | 11.00 | 0.00 | 11.00 | 0.00 | 8.00 | 0.00 | 298.00 | 153.99 | 0.00 | 2.00 | 353.91 | 0.00 |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.) | 25 | 9.59 | 0.00 | 0.00 | 0.00 | 0.00 | 107.22 | 2.65 | 0.73 | 1.46 | 0.00 | 0.73 | 0.26 | 10.00 | 373.88 | 3.98 | (M) | (M) | 0.00(M) |
| Ketchup - TR1088 (2 ea.) | 20 | 20.00 | 0.00 | 0.00 | 0.00 | 0.00 | 50.00 | 4.00 | 0.00 | 4.00 | 4.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 160.00 | 0.00 |
| Mayo - TR1144 (1 ea.) | 2 | 40.00 | 3.00 | 0.00 | 0.00 | 5.00 | 105.00 | 3.00 | 0.00 | 2.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Mustard - TR1145 (1 ea.) | 2 | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 85.00 | 1.00 | 0.00 | 0.00 | (M) | 1.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| **2025 Fall Lunch Connect k-8 Wednesday :447 - ServingDate: 11/18/2026** | | | | | | | | | | | | | | | | | | | |
| Chicken Nuggets - TR1082 (5 ea) | 48 | 240.00 | 14.00 | 2.50 | 0.00 | 20.00 | 470.00 | 16.00 | 3.00 | 1.00 | 1.00 | 13.00 | 1.80 | 40.00 | 100.00 | 0.00 | 0.00 | 320.07 | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 1 | 318.98 | 12.00 | 6.00 | 0.00 | 29.00 | 549.97 | 34.00 | 2.70 | 5.00 | 2.00 | 18.00 | 1.64 | 407.98 | 134.99 | 0.00 | 0.04 | 521.20 | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 1 | 590.00 | 32.00 | 7.00 | 0.00 | 0.00 | 530.00 | 64.00 | 7.00 | 30.00 | 26.00 | 18.00 | 2.00 | 88.00 | 0.00 | 0.00 | 0.00 | 464.00 | 0.00 |
| Fresh Broccoli & Ranch .75 - TR1583 (3/4 c.) | 50 | 83.25 | 3.50 | 0.50 | 0.00 | 5.00 | 392.50 | 11.50 | 1.50 | 4.13 | 0.00(M) | 1.88 | 0.53 | 32.25 | 425.25 | 60.75 | (M) | (M) | 0.00(M) |

# Menu Calendar Nutrient Analysis Report - November, 2026



Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Ash (g) |
|---|---|
| **2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/16/2026** | |
| 2% White Milk - TR2094 (1 Carton) | 0.00 |
| **2025 Fall Lunch Connect K-8 Tuesday :447 - ServingDate: 11/17/2026** | |
| Cheeseburger - TR1897 (1 ea.) | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 0.00 |
| Baby Carrots & Bean Dip - TR1224 (3/4 c.) | 0.00(M) |
| Banana - TR1056 (1 ea.) | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 0.00 |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.) | 0.00(M) |
| Ketchup - TR1088 (2 ea.) | 0.00 |
| Mayo - TR1144 (1 ea.) | (M) |
| Mustard - TR1145 (1 ea.) | (M) |
| **2025 Fall Lunch Connect k-8 Wednesday :447 - ServingDate: 11/18/2026** | |
| Chicken Nuggets - TR1082 (5 ea) | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 0.00 |
| Fresh Broccoli & Ranch .75 - TR1583 (3/4 c.) | 0.00(M) |

# Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:41:20 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **2025 Fall Lunch Connect k-8 Wednesday :447 - ServingDate: 11/18/2026** | | | | | | | | | | | | | | | | | | | |
| Chilled Applesauce - TR1503 (1/2 c.) | 50 | 50.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 13.00 | 2.00 | 11.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 25 | 160.00 | 5.00 | 3.50 | 0.00 | 25.00 | 180.00 | 22.00 | 0.00 | 21.00 | 10.00 | 8.00 | 0.36 | 280.00 | 189.99 | 0.00 | 2.00 | 420.18 | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 25 | 120.00 | 5.00 | 0.00 | 0.00 | 20.00 | 120.00 | 11.00 | 0.00 | 11.00 | 0.00 | 8.00 | 0.00 | 298.00 | 153.99 | 0.00 | 2.00 | 353.91 | 0.00 |
| Ketchup - TR1088 (2 ea.) | 25 | 20.00 | 0.00 | 0.00 | 0.00 | 0.00 | 50.00 | 4.00 | 0.00 | 4.00 | 4.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 160.00 | 0.00 |
| **2025 Fall Lunch Connect k-8 Thursday :447 - ServingDate: 11/19/2026** | | | | | | | | | | | | | | | | | | | |
| Grilled Cheese - TR1089 (1 ea.) | 1 | 318.98 | 12.00 | 6.00 | 0.00 | 29.00 | 549.97 | 34.00 | 2.70 | 5.00 | 2.00 | 18.00 | 1.64 | 407.98 | 134.99 | 0.00 | 0.04 | 521.20 | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 1 | 590.00 | 32.00 | 7.00 | 0.00 | 0.00 | 530.00 | 64.00 | 7.00 | 30.00 | 26.00 | 18.00 | 2.00 | 88.00 | 0.00 | 0.00 | 0.00 | 464.00 | 0.00 |
| Stuffed Crust Pizza - TR1837 (1 slice) | 48 | 339.90 | 15.99 | 10.00 | 0.00 | 40.99 | 440.87 | 28.99 | 3.00 | 6.00 | 0.00 | 19.99 | 2.00 | 309.90 | 0.00 | 0.00 | 0.00 | 21.14 | 0.00 |
| Baby Carrots & Bean Dip - TR1224 (3/4 c.) | 50 | 101.35 | 1.50 | 0.00 | 0.00 | 0.00 | 236.98 | 17.13 | 5.71 | 2.56 | 0.00 | 3.00 | 1.70 | 37.08 | 8114.57 | 2.05 | 0.00(M) | 8.93(M) | 0.00(M) |
| Orange Wedges - TR1057 (1 ea.) | 50 | 60.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 15.00 | 3.00 | 12.00 | 0.00 | 1.00 | 0.00 | 60.00 | 300.00 | 72.00 | 0.00 | 235.00 | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 25 | 160.00 | 5.00 | 3.50 | 0.00 | 25.00 | 180.00 | 22.00 | 0.00 | 21.00 | 10.00 | 8.00 | 0.36 | 280.00 | 189.99 | 0.00 | 2.00 | 420.18 | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 25 | 120.00 | 5.00 | 0.00 | 0.00 | 20.00 | 120.00 | 11.00 | 0.00 | 11.00 | 0.00 | 8.00 | 0.00 | 298.00 | 153.99 | 0.00 | 2.00 | 353.91 | 0.00 |
| **2025 Fall Lunch Connect k-8 Friday :447 - ServingDate: 11/20/2026** | | | | | | | | | | | | | | | | | | | |
| Breaded Chicken Sandwich - TR1549 (1 ea.) | 48 | 390.00 | 15.00 | 2.50 | 0.00 | 25.00 | 720.00 | 43.00 | 5.00 | 5.00 | 5.00 | 19.00 | 3.00 | 151.00 | 0.00 | 0.00 | 0.00 | 320.00 | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 1 | 318.98 | 12.00 | 6.00 | 0.00 | 29.00 | 549.97 | 34.00 | 2.70 | 5.00 | 2.00 | 18.00 | 1.64 | 407.98 | 134.99 | 0.00 | 0.04 | 521.20 | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 1 | 590.00 | 32.00 | 7.00 | 0.00 | 0.00 | 530.00 | 64.00 | 7.00 | 30.00 | 26.00 | 18.00 | 2.00 | 88.00 | 0.00 | 0.00 | 0.00 | 464.00 | 0.00 |
| Potato Smiles - TR1220 (5 ea.) | 25 | 163.27 | 5.65 | 0.00 | 0.00 | 0.00 | 226.07 | 25.12 | 2.51 | 0.00 | 0.00 | 2.51 | 0.45 | 0.00 | 0.00 | 3.01 | 0.00 | 313.99 | 0.00 |

# Menu Calendar Nutrient Analysis Report - November, 2026



Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Ash (g) |
|---|---|
| **2025 Fall Lunch Connect k-8 Wednesday :447 - ServingDate: 11/18/2026** | |
| Chilled Applesauce - TR1503 (1/2 c.) | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 0.00 |
| Ketchup - TR1088 (2 ea.) | 0.00 |
| **2025 Fall Lunch Connect k-8 Thursday :447 - ServingDate: 11/19/2026** | |
| Grilled Cheese - TR1089 (1 ea.) | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 0.00 |
| Stuffed Crust Pizza - TR1837 (1 slice) | 0.00 |
| Baby Carrots & Bean Dip - TR1224 (3/4 c.) | 0.00(M) |
| Orange Wedges - TR1057 (1 ea.) | 0.00 |
| 2% Chocolate Milk - TR2093 (1 Carton) | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 0.00 |
| **2025 Fall Lunch Connect k-8 Friday :447 - ServingDate: 11/20/2026** | |
| Breaded Chicken Sandwich - TR1549 (1 ea.) | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 0.00 |
| Potato Smiles - TR1220 (5 ea.) | 0.00 |

# Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:41:20 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (mcg RAE) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **2025 Fall Lunch Connect k-8 Friday :447 - ServingDate: 11/20/2026** | | | | | | | | | | | | | | | | | | | |
| Tater Tots - TR1762 (8 ea.) | 25 | 112.65 | 6.14 | 1.02 | 0.00 | 0.00 | 317.46 | 14.34 | 1.02 | 1.02 | 0.00 | 1.02 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 215.15 | 0.00 |
| Granny Smith Apple - TR1054 (1 ea.) | 50 | 60.49 | 0.00 | 0.00 | 0.00 | 0.00 | 1.89 | 15.12 | 1.89 | 11.34 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| 2% Chocolate Milk - TR2093 (1 Carton) | 25 | 160.00 | 5.00 | 3.50 | 0.00 | 25.00 | 180.00 | 22.00 | 0.00 | 21.00 | 10.00 | 8.00 | 0.36 | 280.00 | 189.99 | 0.00 | 2.00 | 420.18 | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 25 | 120.00 | 5.00 | 0.00 | 0.00 | 20.00 | 120.00 | 11.00 | 0.00 | 11.00 | 0.00 | 8.00 | 0.00 | 298.00 | 153.99 | 0.00 | 2.00 | 353.91 | 0.00 |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.) | 50 | 9.59 | 0.00 | 0.00 | 0.00 | 0.00 | 107.22 | 2.65 | 0.73 | 1.46 | 0.00 | 0.73 | 0.26 | 10.00 | 373.88 | 3.98 | (M) | (M) | 0.00(M) |
| Ketchup - TR1088 (2 ea.) | 35 | 20.00 | 0.00 | 0.00 | 0.00 | 0.00 | 50.00 | 4.00 | 0.00 | 4.00 | 4.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 160.00 | 0.00 |
| Mayo - TR1144 (1 ea.) | 2 | 40.00 | 3.00 | 0.00 | 0.00 | 5.00 | 105.00 | 3.00 | 0.00 | 2.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Mustard - TR1145 (1 ea.) | 2 | 5.00 | 0.00 | 0.00 | 0.00 | 0.00 | 85.00 | 1.00 | 0.00 | 0.00 | (M) | 1.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| **2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/30/2026** | | | | | | | | | | | | | | | | | | | |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.) | 48 | 309.33 | 10.70 | 5.47 | 0.00 | 32.33 | 465.67 | 34.47 | 4.00 | 2.00 | 2.00 | 20.47 | 2.00 | 464.07 | 0.00 | 0.00 | 4.00 | 164.17 | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 1 | 318.98 | 12.00 | 6.00 | 0.00 | 29.00 | 549.97 | 34.00 | 2.70 | 5.00 | 2.00 | 18.00 | 1.64 | 407.98 | 134.99 | 0.00 | 0.04 | 521.20 | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 1 | 590.00 | 32.00 | 7.00 | 0.00 | 0.00 | 530.00 | 64.00 | 7.00 | 30.00 | 26.00 | 18.00 | 2.00 | 88.00 | 0.00 | 0.00 | 0.00 | 464.00 | 0.00 |
| Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.) | 50 | 71.63 | 3.50 | 0.50 | 0.00 | 5.00 | 416.52 | 8.16 | 1.16 | 4.16 | 0.00(M) | 0.00 | 0.00 | 23.26 | 232.61 | 1.40 | (M) | (M) | (M) |
| Marinara Dip Cup - TR1172 (1 ea.) | 50 | 40.00 | 1.00 | 0.00 | 0.00 | 0.00 | 170.00 | 7.00 | 2.00 | 4.00 | 1.00 | 1.00 | 0.00 | 20.00 | 0.00 | 6.00 | 0.00 | 261.79 | 0.00 |
| Granny Smith Apple - TR1054 (1 ea.) | 50 | 60.49 | 0.00 | 0.00 | 0.00 | 0.00 | 1.89 | 15.12 | 1.89 | 11.34 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| 2% Chocolate Milk - TR2093 (1 Carton) | 25 | 160.00 | 5.00 | 3.50 | 0.00 | 25.00 | 180.00 | 22.00 | 0.00 | 21.00 | 10.00 | 8.00 | 0.36 | 280.00 | 189.99 | 0.00 | 2.00 | 420.18 | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 25 | 120.00 | 5.00 | 0.00 | 0.00 | 20.00 | 120.00 | 11.00 | 0.00 | 11.00 | 0.00 | 8.00 | 0.00 | 298.00 | 153.99 | 0.00 | 2.00 | 353.91 | 0.00 |

**Legend**

(M) - Missing Nutrient Values

# Menu Calendar Nutrient Analysis Report - November, 2026



Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

| Item Name (Serving Size) | Ash (g) |
|---|---|
| **2025 Fall Lunch Connect k-8 Friday :447 - ServingDate: 11/20/2026** | |
| Tater Tots - TR1762 (8 ea.) | 0.00 |
| Granny Smith Apple - TR1054 (1 ea.) | (M) |
| 2% Chocolate Milk - TR2093 (1 Carton) | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 0.00 |
| Lettuce/Tomato/Pickle - TR1165 (1/2 c.) | 0.00(M) |
| Ketchup - TR1088 (2 ea.) | 0.00 |
| Mayo - TR1144 (1 ea.) | (M) |
| Mustard - TR1145 (1 ea.) | (M) |
| **2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/30/2026** | |
| Cheese Stuffed Breadsticks - TR1363 (2 ea.) | 0.00 |
| Grilled Cheese - TR1089 (1 ea.) | 0.00 |
| Peanut Butter & Jelly Sandwich - TR1469 (1 ea.) | 0.00 |
| Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.) | (M) |
| Marinara Dip Cup - TR1172 (1 ea.) | 0.00 |
| Granny Smith Apple - TR1054 (1 ea.) | (M) |
| 2% Chocolate Milk - TR2093 (1 Carton) | 0.00 |
| 2% White Milk - TR2094 (1 Carton) | 0.00 |

# Menu Calendar Nutrient Analysis Report - November, 2026



Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

***Report Selections***
Meal Type: Lunch
Site Group: Elementary Regular
Menu Line: Connections k-8
Serving Group: K-8
Nutrients Option: All