Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:41:53 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/09/2026																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	48	309.33	10.70	5.47	0.00	32.33	465.67	34.47	4.00	2.00	2.00	20.47	2.00	464.07	0.00	0.00	4.00	164.17	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	50	71.63	3.50	0.50	0.00	5.00	416.52	8.16	1.16	4.16	0.00(M)	0.00	0.00	23.26	232.61	1.40	(M)	(M)	(M)
Marinara Dip Cup - TR1172 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Granny Smith Apple - TR1054 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
2025 Fall Lunch Connect K-8 Tuesday :447 - ServingDate: 11/10/2026																			
Cheeseburger - TR1897 (1 ea.)	48	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00 (M)	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	50	101.35	1.50	0.00	0.00	0.00	236.98	17.13	5.71	2.56	0.00	3.00	1.70	37.08	8114.57	2.05	0.00(M)	8.93(M)	0.00(M)
Banana - TR1056 (1 ea.)	50	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/09/2026	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	(M)
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
2025 Fall Lunch Connect K-8 Tuesday :447 - ServingDate: 11/10/2026	
Cheeseburger - TR1897 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 Fall Lunch Connect K-8 Tuesday :447 - ServingDate: 11/10/2026																			
Mayo - TR1144 (1 ea.)	2	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	2	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 Fall Lunch Connect k-8 Wednesday :447 - ServingDate: 11/11/2026																			
Chicken Nuggets - TR1082 (5 ea)	48	240.00	14.00	2.50	0.00	20.00	470.00	16.00	3.00	1.00	1.00	13.00	1.80	40.00	100.00	0.00	0.00	320.07	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Fresh Broccoli & Ranch .75 - TR1583 (3/4 c.)	50	83.25	3.50	0.50	0.00	5.00	392.50	11.50	1.50	4.13	0.00(M)	1.88	0.53	32.25	425.25	60.75	(M)	(M)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 Fall Lunch Connect k-8 Thursday :447 - ServingDate: 11/12/2026																			
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	48	339.90	15.99	10.00	0.00	40.99	440.87	28.99	3.00	6.00	0.00	19.99	2.00	309.90	0.00	0.00	0.00	21.14	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	50	101.35	1.50	0.00	0.00	0.00	236.98	17.13	5.71	2.56	0.00	3.00	1.70	37.08	8114.57	2.05	0.00(M)	8.93(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	50	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00

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Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect K-8 Tuesday :447 - ServingDate: 11/10/2026	
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 Fall Lunch Connect k-8 Wednesday :447 - ServingDate: 11/11/2026	
Chicken Nuggets - TR1082 (5 ea)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Fresh Broccoli & Ranch .75 - TR1583 (3/4 c.)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 Fall Lunch Connect k-8 Thursday :447 - ServingDate: 11/12/2026	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 Fall Lunch Connect k-8 Thursday :447 - ServingDate: 11/12/2026																			
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
2025 Fall Lunch Connect k-8 Friday :447 - ServingDate: 11/13/2026																			
Breaded Chicken Sandwich - TR1549 (1 ea.)	48	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	5.00	19.00	3.00	151.00	0.00	0.00	0.00	320.00	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Potato Smiles - TR1220 (5 ea.)	25	163.27	5.65	0.00	0.00	0.00	226.07	25.12	2.51	0.00	0.00	2.51	0.45	0.00	0.00	3.01	0.00	313.99	0.00
Tater Tots - TR1762 (8 ea.)	25	112.65	6.14	1.02	0.00	0.00	317.46	14.34	1.02	1.02	0.00	1.02	0.00	0.00	0.00	0.00	0.00	215.15	0.00
Granny Smith Apple - TR1054 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	50	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	35	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	2	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	2	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/16/2026																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	48	309.33	10.70	5.47	0.00	32.33	465.67	34.47	4.00	2.00	2.00	20.47	2.00	464.07	0.00	0.00	4.00	164.17	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect k-8 Thursday :447 - ServingDate: 11/12/2026	
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
2025 Fall Lunch Connect k-8 Friday :447 - ServingDate: 11/13/2026	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Potato Smiles - TR1220 (5 ea.)	0.00
Tater Tots - TR1762 (8 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/16/2026	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00

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2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/16/2026																			
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	50	71.63	3.50	0.50	0.00	5.00	416.52	8.16	1.16	4.16	0.00(M)	0.00	0.00	23.26	232.61	1.40	(M)	(M)	(M)
Marinara Dip Cup - TR1172 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Granny Smith Apple - TR1054 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
2025 Fall Lunch Connect K-8 Tuesday :447 - ServingDate: 11/17/2026																			
Cheeseburger - TR1897 (1 ea.)	48	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00 (M)	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	50	101.35	1.50	0.00	0.00	0.00	236.98	17.13	5.71	2.56	0.00	3.00	1.70	37.08	8114.57	2.05	0.00(M)	8.93(M)	0.00(M)
Banana - TR1056 (1 ea.)	50	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	2	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	2	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/16/2026	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	(M)
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
2025 Fall Lunch Connect K-8 Tuesday :447 - ServingDate: 11/17/2026	
Cheeseburger - TR1897 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:41:53 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 Fall Lunch Connect k-8 Wednesday :447 - ServingDate: 11/18/2026																			
Chicken Nuggets - TR1082 (5 ea)	48	240.00	14.00	2.50	0.00	20.00	470.00	16.00	3.00	1.00	1.00	13.00	1.80	40.00	100.00	0.00	0.00	320.07	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Fresh Broccoli & Ranch .75 - TR1583 (3/4 c.)	50	83.25	3.50	0.50	0.00	5.00	392.50	11.50	1.50	4.13	0.00(M)	1.88	0.53	32.25	425.25	60.75	(M)	(M)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 Fall Lunch Connect k-8 Thursday :447 - ServingDate: 11/19/2026																			
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	48	339.90	15.99	10.00	0.00	40.99	440.87	28.99	3.00	6.00	0.00	19.99	2.00	309.90	0.00	0.00	0.00	21.14	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	50	101.35	1.50	0.00	0.00	0.00	236.98	17.13	5.71	2.56	0.00	3.00	1.70	37.08	8114.57	2.05	0.00(M)	8.93(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	50	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect k-8 Wednesday :447 - ServingDate: 11/18/2026	
Chicken Nuggets - TR1082 (5 ea)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Fresh Broccoli & Ranch .75 - TR1583 (3/4 c.)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 Fall Lunch Connect k-8 Thursday :447 - ServingDate: 11/19/2026	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:41:53 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 Fall Lunch Connect k-8 Friday :447 - ServingDate: 11/20/2026																			
Breaded Chicken Sandwich - TR1549 (1 ea.)	48	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	5.00	19.00	3.00	151.00	0.00	0.00	0.00	320.00	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Potato Smiles - TR1220 (5 ea.)	25	163.27	5.65	0.00	0.00	0.00	226.07	25.12	2.51	0.00	0.00	2.51	0.45	0.00	0.00	3.01	0.00	313.99	0.00
Tater Tots - TR1762 (8 ea.)	25	112.65	6.14	1.02	0.00	0.00	317.46	14.34	1.02	1.02	0.00	1.02	0.00	0.00	0.00	0.00	0.00	215.15	0.00
Granny Smith Apple - TR1054 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	50	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	35	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	2	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	2	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/30/2026																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	48	309.33	10.70	5.47	0.00	32.33	465.67	34.47	4.00	2.00	2.00	20.47	2.00	464.07	0.00	0.00	4.00	164.17	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	50	71.63	3.50	0.50	0.00	5.00	416.52	8.16	1.16	4.16	0.00(M)	0.00	0.00	23.26	232.61	1.40	(M)	(M)	(M)
Marinara Dip Cup - TR1172 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect k-8 Friday :447 - ServingDate: 11/20/2026	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Potato Smiles - TR1220 (5 ea.)	0.00
Tater Tots - TR1762 (8 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/30/2026	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	(M)
Marinara Dip Cup - TR1172 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/30/2026																			
Granny Smith Apple - TR1054 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: Elementary Regular
Menu Line: Connections 9-12
Serving Group: K-8
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - November, 2026

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect k-8 Monday :447 - ServingDate: 11/30/2026	
Granny Smith Apple - TR1054 (1 ea.)	(M)
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00