Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:39:10 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL EEA Lunch PRE-K Wednesday 2 :426 - ServingDate: 11/04/2026																			
Beef Steak Fingers - TR1937 (4 ea.)	98	240.00	13.00	5.00	0.00	35.00	230.00	16.00	3.00	1.00	0.00	16.00	3.00	35.00	0.00	0.00	0.00	424.88	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	7.75	0.00	24.00	630.00	48.00	5.00	14.50	12.50	18.50	1.94	261.50	84.96	0.00	0.00(M)	197.58 (M)	0.00(M)
Whole Grain Roll - TR1005 (1 ea.)	100	170.00	2.00	0.50	0.00	0.00	170.00	31.00	3.00	8.00	7.00	5.00	1.44	0.00	0.00	0.00	0.00	100.11	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	100	45.45	2.54	0.55	0.00	0.00	188.86	4.73	2.36	1.18	0.00	1.18	0.85	23.64	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	98	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL EEA Lunch PRE-K Thursday 2 :426 - ServingDate: 11/05/2026																			
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	7.75	0.00	24.00	630.00	48.00	5.00	14.50	12.50	18.50	1.94	261.50	84.96	0.00	0.00(M)	197.58 (M)	0.00(M)
Mini Pizza Bagels - TR1665 (3 ea.)	98	195.00	6.75	3.75	0.00	15.00	420.00	18.00	3.00	3.00	0.00	15.75	1.35	262.50	562.50	4.50	0.00	0.00	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	100	95.94	7.00	1.00	0.00	5.00	207.08	8.23	2.08	4.11	0.00	1.00	7.47	20.76	9859.22	2.49	0.00(M)	0.00(M)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	100	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Wednesday 2 :426 - ServingDate: 11/04/2026	
Beef Steak Fingers - TR1937 (4 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Whole Grain Roll - TR1005 (1 ea.)	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL EEA Lunch PRE-K Thursday 2 :426 - ServingDate: 11/05/2026	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Mini Pizza Bagels - TR1665 (3 ea.)	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

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Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL EEA Lunch PRE-K Friday 2 :426 - ServingDate: 11/06/2026																			
Breaded Chicken Sandwich - TR1549 (1 ea.)	98	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	5.00	19.00	3.00	151.00	0.00	0.00	0.00	320.00	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	7.75	0.00	24.00	630.00	48.00	5.00	14.50	12.50	18.50	1.94	261.50	84.96	0.00	0.00(M)	197.58 (M)	0.00(M)
Tater Tots - TR1762 (6 ea.)	100	84.49	4.61	0.77	0.00	0.00	238.09	10.75	0.77	0.77	0.00	0.77	0.00	0.00	0.00	0.00	0.00	161.36	0.00
Chilled Peaches - TR1504 (1/2 c.)	100	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	98	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	100	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL EEA Lunch PRE-K Monday 2 B-4-l :427 - ServingDate: 11/09/2026																			
Turkey Sausage Link - TR1030 (1 ea)	98	60.00	4.00	1.00	0.00	30.00	90.00	0.00	0.00	0.00	0.00	6.00	0.36	0.00	0.00	0.00	0.00	0.00	0.00
Egg Patty - TR2020 (1 ea.)	98	60.00	4.00	1.00	0.00	0.00	110.00	0.00	0.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	7.75	0.00	24.00	630.00	48.00	5.00	14.50	12.50	18.50	1.94	261.50	84.96	0.00	0.00(M)	197.58 (M)	0.00(M)
Whole Grain Buttermilk Pancake - TR1025 (1 ea.)	98	80.00	1.50	0.00	0.00	5.00	90.00	15.00	1.00	0.00	2.00	2.00	0.72	0.00	0.00	0.00	0.00	0.00	0.00
Hashbrown Rounds - TR1785 (2 ea.)	100	91.44	2.54	0.00	0.00	0.00	193.04	15.24	2.03	0.00	0.00	2.03	0.18	0.00	0.00	0.00	0.00	0.00	0.00

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Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Friday 2 :426 - ServingDate: 11/06/2026	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Tater Tots - TR1762 (6 ea.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 FALL EEA Lunch PRE-K Monday 2 B-4-l :427 - ServingDate: 11/09/2026	
Turkey Sausage Link - TR1030 (1 ea)	0.00
Egg Patty - TR2020 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Whole Grain Buttermilk Pancake - TR1025 (1 ea.)	0.00
Hashbrown Rounds - TR1785 (2 ea.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL EEA Lunch PRE-K Monday 2 B-4-l :427 - ServingDate: 11/09/2026																			
Chilled Peaches - TR1505 (1/2 c.)	100	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	98	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Syrup Dip Cup - TR1058 (1 ea.)	100	120.00	0.00	0.00	0.00	0.00	0.00	30.00	0.00	22.00	22.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
2025 FALL EEA Lunch PRE-K Tuesday 2.1 :427 - ServingDate: 11/10/2026																			
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	7.75	0.00	24.00	630.00	48.00	5.00	14.50	12.50	18.50	1.94	261.50	84.96	0.00	0.00(M)	197.58 (M)	0.00(M)
Bean & Cheese Pupusa - TR1836 (1 ea.)	98	290.00	11.00	3.50	0.00	15.00	479.99	35.00	4.00	1.00	0.00	13.00	1.00	250.00	0.00	0.00	0.00	329.93	0.00
Golden Corn - TR1095 (1/2 c.)	100	76.42	2.12	0.24	0.00	0.00	99.94	15.96	2.00	2.99	0.00	2.00	0.36	0.14	99.74	4.79	0.00(M)	99.89 (M)	4.73(M)
Banana - TR1056 (1 ea.)	100	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
2025 FALL EEA Lunch PRE-K Wednesday 2.1 :427 - ServingDate: 11/11/2026																			
Chicken Nuggets - TR1082 (5 ea)	98	240.00	14.00	2.50	0.00	20.00	470.00	16.00	3.00	1.00	1.00	13.00	1.80	40.00	100.00	0.00	0.00	320.07	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	7.75	0.00	24.00	630.00	48.00	5.00	14.50	12.50	18.50	1.94	261.50	84.96	0.00	0.00(M)	197.58 (M)	0.00(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Monday 2 B-4-l :427 - ServingDate: 11/09/2026	
Chilled Peaches - TR1505 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Syrup Dip Cup - TR1058 (1 ea.)	0.00
2025 FALL EEA Lunch PRE-K Tuesday 2.1 :427 - ServingDate: 11/10/2026	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Bean & Cheese Pupusa - TR1836 (1 ea.)	0.00
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
2025 FALL EEA Lunch PRE-K Wednesday 2.1 :427 - ServingDate: 11/11/2026	
Chicken Nuggets - TR1082 (5 ea)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL EEA Lunch PRE-K Wednesday 2.1 :427 - ServingDate: 11/11/2026																			
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	98	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	3.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	100	45.45	2.54	0.55	0.00	0.00	188.86	4.73	2.36	1.18	0.00	1.18	0.85	23.64	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL EEA Lunch PRE-K Thursday 2.1 :427 - ServingDate: 11/12/2026																			
Baja Fish Sticks - TR1889 (4 ea.)	98	230.81	11.04	1.00	0.00	45.16	491.73	18.06	2.01	0.00	0.00	16.06	1.00	27.09	0.00	0.00	0.00	323.08	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	7.75	0.00	24.00	630.00	48.00	5.00	14.50	12.50	18.50	1.94	261.50	84.96	0.00	0.00(M)	197.58 (M)	0.00(M)
Carrot Coins - TR1086 (1/2 c.)	100	38.18	1.12	0.24	0.00	0.00	155.95	6.53	2.45	4.08	0.00	0.82	0.29	32.66	1616.60	1.96	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	100	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL EEA Lunch PRE-K Friday 2.1 :427 - ServingDate: 11/13/2026																			
Cheeseburger - TR1897 (1 ea.)	98	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00 (M)	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Wednesday 2.1 :427 - ServingDate: 11/11/2026	
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL EEA Lunch PRE-K Thursday 2.1 :427 - ServingDate: 11/12/2026	
Baja Fish Sticks - TR1889 (4 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL EEA Lunch PRE-K Friday 2.1 :427 - ServingDate: 11/13/2026	
Cheeseburger - TR1897 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:39:10 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL EEA Lunch PRE-K Friday 2.1 :427 - ServingDate: 11/13/2026																			
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	7.75	0.00	24.00	630.00	48.00	5.00	14.50	12.50	18.50	1.94	261.50	84.96	0.00	0.00(M)	197.58 (M)	0.00(M)
Potato Smiles - TR1220 (4 ea.)	100	130.62	4.52	0.00	0.00	0.00	180.86	20.10	2.01	0.00	0.00	2.01	0.36	0.00	0.00	2.41	0.00	251.19	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	100	67.83	0.00	0.00	0.00	0.00	0.00	16.96	2.26	12.44	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	157.13 (M)	0.00
Lactaid Milk - TR1367 (1 c.)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Whole Milk - TR2095 (1 Carton)	98	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	100	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL EEA Lunch PRE-K Monday 2.2 :427 - ServingDate: 11/16/2026																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	98	309.33	10.70	5.47	0.00	32.33	465.67	34.47	4.00	2.00	2.00	20.47	2.00	464.07	0.00	0.00	4.00	164.17	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	7.75	0.00	24.00	630.00	48.00	5.00	14.50	12.50	18.50	1.94	261.50	84.96	0.00	0.00(M)	197.58 (M)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	100	68.84	0.56	0.12	0.00	0.00	94.35	12.81	3.20	4.27	0.00	2.13	0.77	21.35	0.00	5.12	0.00(M)	117.38 (M)	0.00(M)
Chilled Peaches - TR1505 (1/2 c.)	100	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Lactaid Milk - TR1367 (1 c.)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	99	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Friday 2.1 :427 - ServingDate: 11/13/2026	
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Potato Smiles - TR1220 (4 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 c.)	(M)
Whole Milk - TR2095 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 FALL EEA Lunch PRE-K Monday 2.2 :427 - ServingDate: 11/16/2026	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:39:10 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL EEA Lunch PRE-K Tuesday 2.2 :427 - ServingDate: 11/17/2026																			
Chicken Quesadilla Max 96/5oz - TR1821 (1 slice)	98	280.00	8.00	2.00	0.00	15.00	660.00	38.00	4.00	3.00	1.00	17.00	2.70	200.00	0.00	0.00	0.00	180.01	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	7.75	0.00	24.00	630.00	48.00	5.00	14.50	12.50	18.50	1.94	261.50	84.96	0.00	0.00(M)	197.58 (M)	0.00(M)
Seasoned Pinto Beans - TR1232 (1/2 c.)	100	108.80	0.00	0.00	0.00	0.00	179.20	19.72	7.76	0.48	0.00(M)	6.24	1.67	51.20	240.00	2.88	0.00(M)	0.00(M)	0.00(M)
Banana - TR1056 (1 ea.)	100	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
2025 FALL EEA Lunch PRE-K Wednesday 2.2 :427 - ServingDate: 11/18/2026																			
Beef Steak Fingers - TR1937 (4 ea.)	98	240.00	13.00	5.00	0.00	35.00	230.00	16.00	3.00	1.00	0.00	16.00	3.00	35.00	0.00	0.00	0.00	424.88	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	7.75	0.00	24.00	630.00	48.00	5.00	14.50	12.50	18.50	1.94	261.50	84.96	0.00	0.00(M)	197.58 (M)	0.00(M)
Whole Grain Roll - TR1005 (1 ea.)	100	170.00	2.00	0.50	0.00	0.00	170.00	31.00	3.00	8.00	7.00	5.00	1.44	0.00	0.00	0.00	0.00	100.11	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	100	45.45	2.54	0.55	0.00	0.00	188.86	4.73	2.36	1.18	0.00	1.18	0.85	23.64	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	98	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Tuesday 2.2 :427 - ServingDate: 11/17/2026	
Chicken Quesadilla Max 96/5oz - TR1821 (1 slice)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Seasoned Pinto Beans - TR1232 (1/2 c.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
2025 FALL EEA Lunch PRE-K Wednesday 2.2 :427 - ServingDate: 11/18/2026	
Beef Steak Fingers - TR1937 (4 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Whole Grain Roll - TR1005 (1 ea.)	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:39:10 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL EEA Lunch PRE-K Thursday 2.2 :427 - ServingDate: 11/19/2026																			
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	7.75	0.00	24.00	630.00	48.00	5.00	14.50	12.50	18.50	1.94	261.50	84.96	0.00	0.00(M)	197.58 (M)	0.00(M)
Mini Pizza Bagels - TR1665 (3 ea.)	98	195.00	6.75	3.75	0.00	15.00	420.00	18.00	3.00	3.00	0.00	15.75	1.35	262.50	562.50	4.50	0.00	0.00	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	100	95.94	7.00	1.00	0.00	5.00	207.08	8.23	2.08	4.11	0.00	1.00	7.47	20.76	9859.22	2.49	0.00(M)	0.00(M)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	100	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
2025 FALL EEA Lunch PRE-K Friday 2.2 :427 - ServingDate: 11/20/2026																			
Breaded Chicken Sandwich - TR1549 (1 ea.)	98	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	5.00	19.00	3.00	151.00	0.00	0.00	0.00	320.00	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	7.75	0.00	24.00	630.00	48.00	5.00	14.50	12.50	18.50	1.94	261.50	84.96	0.00	0.00(M)	197.58 (M)	0.00(M)
Tater Tots - TR1762 (6 ea.)	100	84.49	4.61	0.77	0.00	0.00	238.09	10.75	0.77	0.77	0.00	0.77	0.00	0.00	0.00	0.00	0.00	161.36	0.00
Chilled Peaches - TR1504 (1/2 c.)	100	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	98	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	100	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Thursday 2.2 :427 - ServingDate: 11/19/2026	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Mini Pizza Bagels - TR1665 (3 ea.)	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
2025 FALL EEA Lunch PRE-K Friday 2.2 :427 - ServingDate: 11/20/2026	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Tater Tots - TR1762 (6 ea.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2026

Generated on: 10/26/2026 10:39:10 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL EEA Lunch PRE-K Monday 2 Bosco :426 - ServingDate: 11/30/2026																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	98	309.33	10.70	5.47	0.00	32.33	465.67	34.47	4.00	2.00	2.00	20.47	2.00	464.07	0.00	0.00	4.00	164.17	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	7.75	0.00	24.00	630.00	48.00	5.00	14.50	12.50	18.50	1.94	261.50	84.96	0.00	0.00(M)	197.58 (M)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	100	68.84	0.56	0.12	0.00	0.00	94.35	12.81	3.20	4.27	0.00	2.13	0.77	21.35	0.00	5.12	0.00(M)	117.38 (M)	0.00(M)
Chilled Peaches - TR1505 (1/2 c.)	100	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: Elementary Regular
Menu Line: PreK - NOT OFFER VS SERVE
Serving Group: Ages 3-5
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - November, 2026

Site: Tomball Early Excellence Academy
Date: 11/01/2026 - 11/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL EEA Lunch PRE-K Monday 2 Bosco :426 - ServingDate: 11/30/2026	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00