TISD High School Fall Nov Menu 2026-2027

High School Lunch Top Cat Line Weekly:

Monday	Taco Tuesday	Wednesday	Thursday	Friday
Week 1: Chicken Pasta Bowl (with Marinara or Alfredo Sauce) **or Beef Meatball Pasta Bowl** (with Marinara or Alfredo Sauce) **or Fruit & Yogurt Plate** Garlic Toast Green Beans Vegetable Blend Fresh Garden Salad Fresh & Chilled Fruit Milk	**Beef Nacho Bowl or Chicken Fajita Nacho Bowl or New! Texas Beef Tamales Chicken Popper Salad** Refried Beans Fajita Style Peppers & Onions Salsa Fresh Garden Salad Fresh & Chilled Fruit Milk	****Orange Chicken Noodle Bowl or **Teriyaki Chicken Noodle Bowl or *Chicken Eggroll Noodle Bowl or Chicken Popper Salad** Steamed Broccoli Carrot Coins Fresh Garden Salad Fresh & Chilled Fruit Good Fortune Frozen Treat Fortune Cookie Milk	**Week 1 -Build a Salad Bowl: Turkey Breast or Cheese Cubes With Lettuce and/or Spinach And Choice of the following:** Breadstick, Broccoli, Carrots, Cucumber, Garbanzo Beans, Grape Tomatoes, & Croutons, with your choice of dressing Fresh & Chilled Fruit Baby Carrots & Ranch, Milk	**!Chicken Spicy Bites Bowl** w/Roll or **Chicken Bites Bowl** w/Roll or **Steak Finger Bowl** w/Roll or or **Chicken Popper Salad** Mashed Potatoes Golden Corn Country Gravy Fresh Garden Salad Fresh & Chilled Fruit Milk
Week 2: *Beef BBQ Potato or Chicken Drumstick Breadstick Baked Beans Fresh Garden Salad Fresh & Chilled Fruit Milk			**Week 2 -Build a Sub Sandwich: Turkey Breast or Turkey Ham With Lettuce and/or Spinach And Choice of the following:** Carrots, Cucumber, Tomatoes, Pretzels, Fresh & Chilled Fruit Baby Carrots & Ranch, Milk	
			→ Thursday November 19th Join us for Holiday Meal! Turkey, Dressing, Gravy, Mashed Potatoes, Green Beans, Fruits & Milk	

Lunch Italian Line Weekly:

Pizza by the Slice or Bosco Sticks & Marinara or Fruit & Yogurt Plate Broccoli Florets & Ranch Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	**Pizza by the Slice or Bosco Sticks & Marinara or Chicken Popper Salad** Oven Baked Fries Celery Sticks & Bean Dip Fresh Garden Salad Fresh & Chilled Fruit Milk	**Pizza by the Slice or Bosco Sticks & Marinara or Chicken Popper Salad** Broccoli Florets & Ranch Marinara Dip Cup Fresh Garden Salad Fresh & Chilled Fruit Frozen Fruit Treat & Milk	**Pizza by the Slice or Bosco Sticks & Marinara or Chicken Popper Salad** Oven Baked Fries Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	**Pizza by the Slice or Bosco Sticks & Marinara or Chicken Popper Salad** Baby Carrots & Ranch Celery Sticks & Bean Dip Fresh Garden Salad Fresh & Chilled Fruit Milk

Lunch Express Line Weekly:

Cheeseburger or Chicken Sandwich or Spicy Chicken Sandwich or Fruit & Yogurt Plate Oven Baked Fries Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	**Chicken Bites** w/breadstick **or Chicken Hot Bites** w/breadstick **or Chicken Popper Salad** Oven Baked Fries Celery Sticks & Bean Dip Fresh Garden Salad Fresh & Chilled Fruit Milk	**Cheeseburger or Chicken Sandwich or Spicy Chicken Sandwich or Chicken Popper Salad** Oven Baked Sweet Potato Fries Broccoli Florets & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	**Cheeseburger or **Chicken Wings or **Spicy Chicken Wings or Chicken Popper Salad** Oven Baked Fries Celery Sticks & Bean Dip Fresh Garden Salad Fresh & Chilled Fruit Milk (→ Chicken Wings will not be served Thursday November 19th)	**Cheeseburger or Chicken Sandwich or Spicy Chicken Sandwich or Chicken Popper Salad** Oven Baked Fries Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk

Lunch Menu Information

Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable, Milk 2% White Milk & 2% Chocolate Milk Offered Daily at Lunch	All lunch rolls, tortillas, pastas, and other bread items contain at least 51% whole grain Peanut Butter & Jelly Sandwich entrée available daily upon request.	Our unit lunch offer consists of 3 or more components, one must be a fruit or vegetable. Entrée choices are in **bold** print **Menus subject to change.**	Tomball High & Tomball Memorial High & Tomball West High **Student Lunch: $3.50 * Premium $4.00 ** Premium Plus $4.25** **Adult Lunch: $5.40 *$5.90 Premium **$6.15 Premium Plus**

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Tomball ISD Child Nutrition Services uses bar code scanners at the serving line point of sale.
A bar code is scanned on the student's I.D. card, Each TISD student is provided a student ID number and badge when enrolled.
Students are required to use their ID number/badge for every cafeteria transaction





Students and Parents can get the SchoolCafe app!

High School Weekly Breakfast Menu

All Menus Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
Croissant & Egg Patty or Yogurt Meal Kit or Cereal or Pastry or Boiled Eggs Fruit Variety Milk Variety	**Sausage Maple Pancake Wrap or Yogurt Meal Kit or Cereal or Pastry or Boiled Eggs** Fruit Variety Milk Variety	**Breakfast Pizza or Yogurt Meal Kit or Cereal or Pastry or Boiled Eggs** Fruit Variety Milk Variety	**New Egg, Bacon & Cheese Wrap or Yogurt Meal Kit or Cereal or Pastry or Boiled Eggs** Fruit Variety Milk Variety	**Glazed Whole Grain Donut or Yogurt Meal Kit or Cereal or Pastry or Boiled Eggs** Fruit Variety Milk Variety
Breakfast: Student - $2.50 Adult - $4.00	Our unit breakfast offering includes an entrée (in bold), and choice of sides	(A minimum of 3 menu items must be selected, including 1 serving of fruit; items in bold count towards two items)	Breakfast cereals and pastries contain at least 51% whole grain	2% White Milk & Whole White Milk Offered Daily at Breakfast

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1.mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2.fax:(833)256-1665 or (202) 690-7442; or 3.email: Program.Intake@usda.gov This institution is an equal opportunity provider. 2/14/25

PAYMENT PROCEDURES Money may be deposited into student accounts with cash, check, online at www.schoolcafe.com OR through the School Cafe App

STUDENT CHARGES (BORROWING/GRACE PERIOD)
Students may charge meals up to the value of two breakfasts and two lunches ($12.00 for High School). An automated phone call occurs when a negative balance appears on a student's account. If a student account exhausts the grace period/charge limit, the student must select a peanut butter and jelly or toasted cheese sandwich entree for lunch and/or a cereal entrée for breakfast until the negative balance is paid. A la Carte / snack items are not available for charging.

FREE/REDUCED-PRICE MEAL PROGRAM
We encourage you to complete the USDA free/reduced price meal application if you feel economic hardship exists. Applications expire each year and must be submitted each year. Applications can be submitted online at www.schoolcafe.com or through the SchoolCafe app on your mobile device to determine if you qualify for benefits. Hardcopy applications may be found at the school's front office, if needed, or at the Child Nutrition office located at 1110 Baker Dr. Tomball, TX 77375. Eligibility decisions are based on federally established income and household size guidelines without regard to race, sex, color, national origin, age, or disability.

You can apply to qualify for free or reduced priced meals at https://www.schoolcafe.com/

Tomball ISD offers a la carte choices to purchase. Money may be deposited into student accounts with cash, check, or online at www.schoolcafe.com A la Carte / snacks are not available for charging. Contact either your school cafeteria manager or the Child Nutrition Department for information or questions regarding the above payment procedures.

There is a third party fee to deposit money online to student accounts. It is always **free** to deposit with cash or check at the school cafeteria. Please send cash or check in sealed envelope with your student's name and ID number.

PLATEFUL TOMBALL ISD

TOMBALL INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.