TISD Star Academy High School Fall Nov Menu 2026-2027

Star Academy Lunch Weekly:

Monday	Tuesday	Wednesday	Thursday	Friday
Ranen Bar! **Beef with Ramen or Chicken with Ramen** With Vegetable Toppings **or Fruit & Yogurt Plate or Cheeseburger** Fresh Garden Salad Fresh & Chilled Fruit Milk	**Beef Nacho Bowl** or **Chicken Fajita Nacho Bowl** or **Texas Beef Tamales** or **Chicken & Cheese Quesadilla Crispy Chicken/Beef Tacos or Pizza by the Slice or Chicken Popper Salad** Refried Beans Golden Corn Salsa Fresh Garden Salad Fresh & Chilled Fruit Milk	****Orange Chicken Noodle Bowl** ****Teriyaki Chicken Noodle Bowl** **or Pizza by the Slice** **or Chicken Popper Salad** Steamed Broccoli Carrot Coins Fresh Garden Salad Fresh & Chilled Fruit Good Fortune Frozen Treat Fortune Cookie Milk	**Wk 1: Build a Salad Bowl:** **Turkey Breast or Cheese Cubes** **With Lettuce and/or Spinach** **And Choice of the following:** Breadstick, Broccoli, Carrots, Cucumber, Garbanzo Beans, Grape Tomatoes, & Croutons, with your choice of dressing **or Chicken Popper Salad or Cheeseburger or Chicken Sandwich or Cheese Stuffed Breadstick** Fresh & Chilled Fruit, Milk	**Chicken Spicy Bites Bowl** w/Roll or **Beef Steak Finger Bowl** w/Roll **Chicken Patty Bowl** w/Roll or **Pizza by the Slice** **or Chicken Popper Salad** Mashed Potatoes Golden Corn Country Gravy Fresh Garden Salad Fresh & Chilled Fruit Milk
Entrée choices are in **bold** print			**Wk 2: Chicken Wings:** **Hot or Original Chicken Wings** **or Chicken Popper Salad** **or Cheeseburger** **or Chicken Sandwich or Cheese Stuffed Breadstick** Oven Baked Fries Celery Sticks & Bean Dip Fresh Garden Salad Fresh & Chilled Fruit, Milk	
	2% White Milk & 2% Chocolate Milk Offered Daily at Lunch	**Peanut Butter & Jelly Sandwich entrée available daily upon request.**	→ **Thursday November 19th** **Join us for Holiday Meal!** Turkey, Dressing, Gravy, Mashed Potatoes, Green Beans, Fruits & Milk	**Menus subject to change**

Lunch Menu Information

Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable, Milk	All lunch rolls, tortillas, pastas, and other bread items contain at least 51% whole grain	Our unit lunch offer consists of 3 or more components, one must be a fruit or vegetable.	**Student Lunch: $3.50** ***Premium $4.00** ****Premium Plus $4.25** **Adult Lunch: $5.40** ***$5.90 Premium** ****$6.15 Premium Plus**

Weekly Breakfast Menu

All Menus Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
Biscuit & Sausage or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	**Egg Croissant or Yogurt Meal Kit or Cereal or Pastry** Fruit Variety Milk Variety	**Breakfast Pizza Bagels or Yogurt Meal Kit or Cereal or Pastry** Fruit Variety Milk Variety	**Chicken & Waffles or Homemade Breakfast Wrap or Yogurt Meal Kit or Cereal or Pastry** Fruit Variety Milk Variety	**Glazed Whole Grain Donut or Yogurt Meal Kit or Cereal or Pastry** Fruit Variety Milk Variety
Breakfast: Student - $2.50 Adult - $4.00	Our unit breakfast offer includes an entrée (in bold), and choice of sides	(A minimum of 3 menu items must be selected, including 1 serving of fruit; items in bold count towards two items)	Breakfast cereals and pastries contain at least 51% whole grain.	Whole White Milk & 2% White Milk Offered Daily at Breakfast

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PAYMENT PROCEDURES: Money may be deposited into student accounts with cash, check, online at www.schoolcafe.com OR through the School Cafe App

STUDENT CHARGES (BORROWING/GRACE PERIOD):

Students may charge meals up to the value of two breakfasts and two lunches ($12.00 for High School). An automated phone call occurs when a negative balance appears on a student's account. If a student account exhausts the grace period/charge limit, the student must select a peanut butter and jelly or toasted cheese sandwich entree for lunch and/or a cereal entrée for breakfast until the negative balance is paid. A la Carte / snack items are not available for charging.

FREE/REDUCED-PRICE MEAL PROGRAM:

We encourage you to complete the USDA free/reduced price meal application if you feel economic hardship exists. Applications expire each year and must be submitted each year. Applications can be submitted online at www.schoolcafe.com or through the SchoolCafe app on your mobile device to determine if you qualify for benefits. Hardcopy applications may be found at the school's front office, if needed, or at the Child Nutrition office located at 1110 Baker Dr. Tomball, TX 77375. Eligibility decisions are based on federally established income and household size guidelines without regard to race, sex, color, national origin, age, or disability.

You can apply to see if you qualify for free or reduced priced meals at: https://www.schoolcafe.com/

Tomball ISD offers a la carte choices to purchase. Money may be deposited into student accounts with cash, check, or online at www.schoolcafe.com A la Carte /snacks are not available for charging. Contact either your school cafeteria manager or the Child Nutrition Department for information or questions regarding the above payment procedures. There is a third party fee to deposit money online to student accounts. It is always **free** to deposit with cash or check at the school cafeteria. Please send cash or check in sealed envelope with your student's name and ID number.