



HCAA Conference Cross Country Meet 2026

***The meet will be run at Richards' Track**

Wednesday, October 28th 2026

9:30	Junior Girls	1 mile
9:45	Junior Boys	1 mile
10:00	Intermediate Girls	1.5 miles
10:20	Intermediate Boys	1.5 miles
10:40	Senior Girls	2 miles
11:10	Senior Boys	2 miles
11:40	Road Race K-4 Girls	1 mile
12:00	Road Race K-4 Boys	1 mile
12:20	Road Race 5-8 Girls	1 mile
12:40	Road Race 5-8 Boys	1 mile
1:10	Awards	

***Limit of 7 participants for each division except road race**

Placing

1st Place medal

2nd-35th ribbons

Senior Boys & Girls - All Conference 1st-10th Medals

Road Race: 1st-50th ribbons