



Daily Bulletin

Monday, October 26th, 2026

Period 1	7:45 – 8:35
Period 2	8:40 – 9:30
Break	9:30 – 9:40
Period 3	9:45 – 10:35
Period 4	10:40 – 11:30
Lunch	11:30 – 12:00
Period 5	12:05 – 12:55
Period 6	1:00 – 1:50
Period 7	1:55 – 2:45

 **Today is the first day of Red Ribbon Week!** We hope that all of you will help us celebrate Red Ribbon Week by participating in our dress-up days and by choosing to make healthy choices by being drug and alcohol free. First period teachers, please count to see how many of your students are supporting the Red Ribbon Theme, **"Make a Difference. Be a Hero. Stay Drug Free,"** by wearing Superhero Outfits today, and complete the form Mrs. Wells emailed to you this morning. A superhero doesn't have to be like Superman, Batman, or Wonder Woman. It can be heroes that we see every day, like firefighters, police officers, teachers, doctors, and nurses. Don't forget that tomorrow we are choosing **"Hugs Not Drugs"** by wearing our pajamas to school and bringing in our favorite stuffies to hug all day.

Wednesday - "Spread the Aloha" by choosing not to do drugs. The eighth graders can wear their Aloha sweatshirts, and everyone else can wear Hawaiian gear.

Thursday - CMS is Proud to Be Drug Free. Be sure to wear Carmel Gear or LOTS of Red.

Friday - Scare Away Drugs. Be sure to wear your Halloween Costume for this fun minimum day!

The first-period classes showing the most dedication to each day's theme will receive a special treat.

 **We hope you all had a Spooktacular Time at Friday's Halloween Dance!** Thank you to the leadership class for hosting such an incredible event. Congratulations to our Costume Winners: Bella Struve, Nox Ingram, Cash Kahle, Luna Tang, Rosi Mahaffey Chapman, Sloane Kahle, Elle Mueller, Hailey Cesario, Shelby Finaldi, Brianna Fogg, Emery Mendoza, Jayden Woo, and Hunter Andersen. We hope you enjoy your Sweet Reba's Gift Cards. We also want to give a special thank you to Eli Leonard for his huge contributions in making this such a memorable dance. We will draw the Halloween game ticket winners today and deliver your Cougar Bucks during fourth period.

 **Congratulations to our Cougar Pride Spirit Winner, Henry Ketcham!** Please see Mrs. Wells in P1 during break to choose your spirit T-shirt!

 **Today's INK-tober's Word of the Day is ZIP.** Break out that sketch paper and pens and let your imagination take you where it may. Hope to see you today or any day during this month at lunch in the Library!

 **Interested in playing basketball?** Girls and boys of all skill levels are invited to join us for morning Open Gym!

Girls meet Coach Tarr every Wednesday morning from 6:45-7:30am and **Boys** can join Coach Nakamura every Tuesday morning from 6:30-7:30am. Come get some extra shots up, work on your skills, play, and have fun! All students interested in basketball are welcome!

 **You can't script October! In Friday's Playoff Wiffleball Matchup,** the **Krislyn Krushers** had a bomb from James Saso and Danny Runnoe; who came off the injured reserve list just in time for the playoffs to blast the deepest right field home run of the season. To answer back, the **Guzzilacci Goats** - CJ Williams had his own 3-run blast! Shortly after, the 3 umps had to converge on a controversial play that the fans will tell you "they got the call wrong". But it all came down to the bottom of the 4th, 2 outs, bases loaded, down by 4, and the **Guzzinator himself** stepped up to the plate. A hush fell over the crowd, a perfect pitch, a super swing, and the Great Guz popped out to end the season for his crew. The **Krislyn Krusher's** now move on to face the **Silva Swagasaurus** today to start a 3-game series. The other side of the bracket kicks off tomorrow with the **Littletown Lemonades** vs the **M-Dawg Elites**. It's the playoffs!

 **Today's Menus: Breakfast:** Freshly Baked Scone, Yogurt Parfait, and Honey Nut Cheerios.

Lunch: Chicken Strips w/chips, a Hamburger, Beef and Cheese Burrito, or a Cheese & Cracker Bento Box.

 **Happy Birthday to:**