Holmes County Consolidated School District
DURANT ELEMENTARY SCHOOL

Local School Wellness Policy
School Year: 2025-2026

The Holmes County Consolidated School District and the **DURANT ELEMENTARY SCHOOL** recognize there continues to be a problem with inactivity and obesity of our students. These problems affect our children's education through various diseases related to the effects of sedimentary lifestyles. Therefore, we are committed to creating and improving a healthy school environment that enhances the development of lifelong wellness practices. We will promote healthy eating and physical activity that support healthy student achievement.

Rationale:

The link between nutrition, physical activity, and learning is well documented. Healthy eating and activity patterns are essential for students to achieve their full academic potential, full physical/mental growth, and lifelong health and well-being. Healthy eating and physical activity, essential for a healthy weight, are also linked to reduced risk for many chronic diseases, like Type 2 diabetes, Sleep Apnea, Obesity, Asthma, Hypertension and many others. As educators, we have a responsibility to help students learn, establish, and maintain lifelong, healthy eating and activity patterns. Well-planned and effectively implanted school nutrition and fitness programs have been shown to enhance students' overall health, as well as their behavior and academic achievement in school. Staff wellness also is an integral part of a healthy school environment, since school staff can be daily role models for healthy behaviors.

Goals:

- All students at Durant Elementary School shall possess the knowledge and skills necessary to make good nutritious food choices and engage in physical activity that promotes physical fitness. The increased knowledge will ultimately enhance and improve education through decreased absenteeism, improved focus and improved health.

- All staff members at Durant Elementary School are encouraged to model healthy eating and exhibit physical activity behaviors as a valuable part of daily life.

Commitments:

To meet this goal, Durant Elementary School adopts this school wellness policy with the following commitments to nutrition/nutritional education, physical activity/ physical education, food safe school, comprehensive health education, healthy school environment, quality health services, providing counseling, psychological, and social services, Family community/involvement, quality staff wellness program, Marketing Healthy School Environment and implementation. This policy is designed to effectively utilize school and community resources and to equitably serve the needs and interests of all students and staff, taking into consideration differences in culture.

Commitment to Nutrition:
Durant Elementary School will:

- Offer a school lunch program with the menus that meet the meal patterns and nutrition standards established by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs.

- Offer school breakfast and snack programs (where approved and applicable) with menus that meet the meal patterns and nutrition standards established by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs

- Encourage school staff and families to participate in school meal programs

- Operate all Child Nutrition Programs with school food services staff who are properly qualified according to current professional standards (Mississippi Board of Education Policy, Code 2001)

- Establish food safety as a key component of all school food operations and ensure that the food service permit is current for the Food Service school site.

- Provide adequate time for students to eat and enjoy school meals (a minimum of 15-20 minutes at breakfast and 18-25 minutes at lunch).

- Follow State Board of Education policies on competitive foods and extra food sales (Mississippi Board of Education Policy, Code 2002).

- Implement Nutritional Standards as adopted by the State Board of Education in accordance with the Mississippi Healthy Students Act (State Board of Education policy 4011)

- Healthy food and beverage choices;

- Healthy food preparation;

- Marketing of healthy food choices to students and staff;

- Availability of food items during the breakfast and lunch periods of the Child Nutrition Breakfast and Lunch Program.

- Methods to increase participation in the Child Nutrition School Breakfast and Lunch.

- Establish guidelines for all foods available on the school campus during the school day with the objective of promoting student health and reducing childhood obesity.

- Limit the use of foods as rewards for student accomplishment.

- Provide nutrition information for parents, including nutrition analysis of school meals and resources to help parents to establish healthy eating behaviors at home.

- Restrict access to foods and beverages through vending machines for all students.

- Provide and promote education on healthy choices of food and educate on nutritional value towards overall health

- **Establish guidelines in accordance with the Mississippi Beverage and Snack Regulation for all foods available on the school campus during the school day with the objective of promoting student health and reducing childhood obesity.**

- Partner with the Holmes County Extension service to provide additional nutritional education for schools, through class presentations and/or nutritional educational resources such as

    - Making Healthy Choices
    - Exploring My Pyramid with Professor Popcorn
    - Show me Nutrition
    - Organ wise Guys

Commitment to Food Safe Schools
Durant Elementary School will:

- Implement a food safety program based on a HACCP principles for all school meals, as required by the U.S. Department of Agriculture and the Mississippi Department of Education, office of Child Nutrition programs and ensure that the food service permit is current for the school site.
- Develop a food safety education plan for all staff and students, consistent with Fight Bac and other national standards for safe food handling at home and in school.

- Ensure that all staff have viewed the video developed by the Office of Healthy Schools to support food safety on the school campus. For compliance with the with the Nutrition Standards all staff must complete and sign a pre and posttest developed by the Office of Healthy schools and maintain documentation of completion. The Video and Pre/Post Test can be downloaded at: http://healthyschoolsms.org/ohs_main/instructionalvideo.htm.

- All school personnel (Administrators, Teachers, school nurses, instructional and health services paraprofessionals, food service staff, custodians, and facilities managers, and administrative support staff) will have access to the Local School Wellness Policy to include food safety policies and procedures and relevant professional development. Examples of professional development include, but are not limited to, the video developed by the Office of Health Schools and ***Eating Safely at School***.

- Adequate access to hand washing facilities and supplies will be available whenever and wherever students, staff and families prepare, handle, or consume food.

- Make efforts to minimize risks for students and staff who have food allergies and intolerances.

Commitment to Physical Activity/Physical Education
Durant Elementary School will (when applicable):

- Provide I 50 minutes per week of activity-based instruction for all students K-5 (In accordance with Section 37-13-134, Mississippi Code of 1972, ann., reference 2004 Mississippi Public Schools Accountability Standards 32, Appendix B and 33.). Durant Elementary School's schedule will include 30 minutes of daily activity to equal 150 minutes of physical activity per week.

- Provide Physical Education/ Activity in accordance with the Physical Education Rules and Regulation as approved by the State Board of Education in compliance with the Mississippi Healthy Students Act (State Board of Education Policy 40 I 2).

- Require Fitness testing for all 5th grade Students

- Kindergarten students will participate in physical activity for a minimum of 40 minutes during the school day (In accordance with the Mississippi Department of Education Kindergarten Guidelines).
- Offer a planned sequential program of physical education instructive incorporating individual and group activities, which are student centered and taught in a positive environment.

- Implement the current Mississippi Physical Education Framework.
- Incorporate 5 to 10 minutes of physical activity during core instruction as part of the lesson.

- Schedule 10 to 15 minutes of physical activity prior to or immediately after the lunch period.

- Provide staff-monitored recreational activities that promote moderate physical activity during all outdoor and indoor recess times.
- Staff and community will be offer structured Physical Activity after work by the PE Instructor or designated person.

Commitment to Comprehensive Health Education
Durant Elementary School will:

- Implement the requirements of the Mississippi Healthy Student Act of 2007, which requires 45 minutes per week of health education instruction as defined by the State Board of Education for grades K-5

- Implement the requirements of House Bill 999, which requires the development of sex related education policy and instruction on medically accurate or evidenced based abstinence-only or abstinence plus curricula.

- Implement the nutrition strand of the current Mississippi Contemporary Health Framework.

- Emphasize the disease and prevention strand in the current Mississippi

Contemporary Health Framework.

- The school will conduct nutrition education activities and promotions that involve students, parents, and the community.

Commitment to Marketing a Healthy School Environment
Durant Elementary School and the Holmes County Consolidated School District will:

- Ensure that there are no pad locks or chains on Exit doors; exit should never be obstructed (in accordance with Mississippi State Fire Code). Ensure that all exit signs are illuminated and clearly visible.
- Ensure that all chemicals are stored properly in accordance with the Material Safety Data Sheet).
- Refer to the U. S. Consumer Product Safety Commission's Handbook for Public Playground Safety; for federal guidelines to playground safety.
- Ensure that fire extinguishers are inspected each year and properly tagged.
- Complete yearly maintenance of heating and cooling system in your school; check coils filters, belts, etc.
- Conduct at least one emergency evacuation drill per month
- Ensure that two means of egress are available in each classroom in case of an emergency; if there is only one door, designate a window (properly sized) as a means of egress.
- Never use extension cords as a permanent source of electricity anywhere on the school campus.
- **Comply with the applicable rules and regulations of the State Board of Education in the operation of its transportation program. In accordance with the MS Code 37-41-53; State Board of Education Policies 7903, 7904, and 7909; and Acceleration Standards #35).**
    - Inspect all buses on a quarterly basis and ensure that they are well maintained and clean.
    - Require that all bus drivers have a valid bus driver certificate and commercial driver's license and operate the bus according to all specified safety procedures. Maintain a record of yearly motor vehicle reports on each bus driver and evidence that each driver has received two hours of in-service training per semester. (SB Policy 78903)
    - Ensure arrival of all buses at their designated school site prior to the start of the instructional day.
    - Conduct bus evacuation drills at least two times each year. (SB Policy 78904)
- **Provide Facilities that meet the criteria of (MS Code 37-7-30(c)(d)(j); 37-11-5, 49 and 45-11-101; and Accreditation Standard #36)**
    - Provide facilities that are clean.
    - Provide Facilities that are safe.
    - Provide proper signage that explains Tobacco, weapons, and drugs are prohibited on the school campus and at school functions.
    - Provide operational facilities that are equipped and functional to meet the instructional needs of students and staff (in accordance with the Mississippi School Design Guidelines
    - Provide air conditioning in classroom.
- **Comply with the requirements for Safe and Healthy Schools:**

- Maintain a comprehensive School Safety Plan on file that has been approved by the local school board. (MS Code 37-3-81 and 37-3-82(2) (and Accreditation Standard #37-1); see the School Safety Manuel and the MDE School Occupational Safety and Crisis Response Plan at:
- State Board Policy EBB (1990) prohibits the possession of pistols, firearms, or weapons by any person on school premises or at school functions. Code 37-11-18(1996) requires any student who possesses a knife, a handgun, other firearm or any other instrument considered to be dangerous and capable of causing bodily harm or who commits a violent act on educational property be subject to automatic expulsion for one calendar year. The superintendent of the school is authorized to modify the period of time for expulsion on a case-by-case basis.
- Prohibit students from possessing tobacco on any educational property, Criminal Code 97-32-9 (2000). Code 97-32-29(2000) Further prohibits the use of tobacco on any educational property for adults who, if in violation, would be subject to a fine and issued a citation by a law enforcement officer. Educational property is defined as any public-school building or bus campus, grounds, athletic field or other property used or operated during school-related activity.

- Provide positive, motivating messages, both verbal and non-verbal, about healthy lifestyle practices throughout the school setting.

- Involve students in planning for a healthy school environment. Students will be asked for input and feedback through the use of student surveys, and attention will be given to their comments.

- Promote healthy eating, physical activity, and healthy lifestyles to students, parents, teachers, administrators, and the community at school events (e.g., school registration, parent –teacher conferences, PTA meetings, open houses, health fairs, teacher in-services, and other events).

- Eliminate advertising and other materials on the school campus that promote foods of minimal nutritional value.

Commitment to Quality Health Services
Durant Elementary School will:

- Ensure the school nurse is working under the guidelines of the *Mississippi School Nurse Procedures and Standards of Care.*

- Provide for teachers and other staff, health education regarding asthma action plans as directed in SB 2393.

- The School Nurse shall attend at least one MDE sponsored training each year.

- Work with students, parents, and local healthcare providers to effectively manage and treat chronic diseases.

Commitment to Providing Counseling, Psychological and Social Services

Durant Elementary School and the Holmes County Consolidated School District will:

- Ensure that all elementary school students have access to qualified student support personnel such as: guidance counselors, social workers, nurses, psychologists, psychometrist and other (as required by the Mississippi Public School Accountability Standards, Process Standards 6.1 and 6.2

  - Hire School Guidance counselors with a minimum of a Master's Degree in Guidance and Counseling, or in an emergency situation, an appropriate certification as determined by the commission on Teacher and Administrator of Education, Certification and Licensure and Development

- Hire a school counselor who agrees to abide by the American School Counselor Association Code of Ethics.

- Ensure that all the Guidance Counselor provide comprehensive counseling services such as:
  - Academic and personal/social counseling
  - Student assessment and assessment counseling
  - Career and educational counseling
  - Individual and group counseling
  - Crisis Intervention and preventive counseling
  - Referral to Community agency
  - Educational consultation and collaborations with teachers, administrators, parents and community leaders.
  - Education and career placement
  - Follow-up counseling services.
  - Conflict resolution
  - Other counseling duties or other duties as assigned by the school principal
  - Provide teachers and administrators with health education on the topic of suicide prevention according to SB2770

- Establish a collaborative effort with the local mental health agency to assist in addressing the emotional and mental needs of the student enrolled.

- Program in place to refer students identified with Mental Health issues to mental health therapists on campus and/or temporary placement in group homes, if necessary, with measures' in place to maintain educational instruction.

Commitment to Family and Community Involvement
Durant Elementary School will:

- Invite parents and community members to participate in school health planning by serving on the local School Health Council or other school advisory committees.

- Invite parents to Eat a Healthy Meal at school (if permissible)

- Provide resources and training to parents on health-related topics, parenting skills, child development and family relationships.

- Update parents on School activities and events through notices and newsletters

Commitment to Implementation
Durant Elementary School will:

- Ensure that all staff have a copy of the Holmes County Consolidated School District's Health and Wellness Policy

- Establish and support a School Health Council (SHC) that addresses all aspects of a coordinated school health program, including a school wellness policy. (Mississippi Code of 1972 Annotated, Section 37-13-134).

- Conduct a review of the progress toward school wellness plan goals each year to identify areas for improvement.

- Prepare and submit a report(s) to the school board regarding the progress toward implementation of the school wellness plan and recommendations for any revisions to the plan as necessary.

Statement of Assurance
Durant Elementary School assures that the guidelines for reimbursable school meals shall not be less restrictive than the regulations and guidance issued by the Secretary of Agriculture. Physical Activity will be implemented within the appropriate course and extra-curricular team/unit or activity.

Policy Evaluation
The Principal and/or an administrative designee will be responsible for measuring the implementation of the local wellness policy. The nurse in conjunction with the principal and other members of the Health and Wellness Plan Committee will assess and evaluate the implementation of the school's wellness plan twice a year – in November and April. A measurable evaluation resource or The Health and Wellness Assessment Instrument, and/or the School Health Index Instrument will be used to measure progress toward full implementation.

Recommended School Health Council Representatives

Principal
Administrator
Counselor
Cafeteria Manager
School Nurse
Counselor
PE Teacher Corey Ellington

Community Partner Tasha Boyette Davis
Community Partner
Community Partner
Student Sierra Porter
Student Sameria Chamber

Porsche Dixon
Principal

Nov 7, 2025
Date

Holmes County Consolidated School District
School: Goodman-Pickens Elementary

Local School Wellness Policy

School Year: 2025-2026

The Holmes County Consolidated School District and **Goodman-Pickens Elementary School** recognize there continues to be a problem with inactivity and obesity among our students. These problems affect our children's education through various diseases related to the effects of sedimentary lifestyles. Therefore, we are committed to creating and improving a healthy school environment that enhances the development of lifelong wellness practices. We will promote healthy eating and physical activity that supports healthy student achievement.

Rationale:

The link between nutrition, physical activity, and learning is well documented. Healthy eating and activity patterns are essential for students to achieve their full academic potential, full physical/mental growth, and lifelong health and well-being. Healthy eating and physical activity, essential for a healthy weight, are also linked to reduced risk for many chronic diseases, like Type 2 diabetes, Sleep Apnea, Obesity, Asthma, Hypertension and many others. As educators, we have a responsibility to help students learn, establish, and maintain lifelong, healthy eating and activity patterns. Well-planned and effectively implanted school nutrition and fitness programs have been shown to enhance students' overall health, as well as their behavior and academic achievement in school. Staff wellness also is an integral part of a healthy school environment, since school staff can be daily role models for healthy behaviors.

Goals:

- All students at Goodman-Pickens Elementary School shall possess the knowledge and skills necessary to make good nutritious choices and engage in physical activity that promotes physical fitness. The increase in knowledge will ultimately enhance and improve education through decreased absenteeism, improved focus and improved health.

- All staff members at Goodman-Pickens Elementary School are encouraged to model healthy eating and exhibit physical activity behaviors as a valuable part of daily life.

Commitments:

To meet this goal, Goodman-Pickens Elementary School adopts this school wellness policy with the following commitments to nutrition/nutritional education, physical activity/ physical education, food safe school, comprehensive health education, healthy school environment, quality health services, providing counseling, psychological, and social services, Family community/involvement, quality staff wellness program, Marketing Healthy School Environment and implementation. This policy is designed to effectively utilize school and community resources and to equitably serve the needs and interests of all students and staff, taking into consideration differences in culture.

Commitment to Nutrition:
Goodman-Pickens Elementary School will:

- Offer a school lunch program with the menus that meet the meal patterns and nutrition standards established by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs.

- Offer school breakfast and snack programs (where approved and applicable) with menus that meet the meal patterns and nutrition standards established by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs

- Encourage school staff and families to participate in school meal programs

- Operate all Child Nutrition Programs with school foodservices staff who are properly qualified according to current professional standards (Mississippi Board of Education Policy, Code 2001)

- Establish food safety as a key component of all school food operations and ensure that the food service permit is current for the Food Service school site.

- Provide adequate time for students to eat and enjoy school meals (a minimum of 15-20 minutes at breakfast and 27 minutes at lunch).

- Follow State Board of Education policies on competitive foods and extra food sales (Mississippi Board of Education Policy, Code 2002).

- Implement Nutritional Standards as adopted by the State Board of Education in accordance with the Mississippi Healthy Students Act (State Board of Education policy 4011)

- Healthy food and beverage choices.

- Healthy food preparation.

- Marketing of healthy food choices for students and staff.

- Food preparation ingredients and products.

- Minimum/Maximum time allotted for students and staff lunch and breakfast.

- Availability of food items during the breakfast and lunch periods of the Child Nutrition Breakfast and Lunch Program.

- Methods to increase participation in the Child Nutrition School Breakfast and Lunch.

- Establish guidelines for all foods available on the school campus during the school day with the objective of promoting student health and reducing childhood obesity.

- Eliminate use of food as rewards for student accomplishment.

- Provide nutrition information for parents, including nutrition analysis of school meals and resources to help parents to establish healthy eating behaviors at home.

- Provide and promote education on healthy choices of food and educate on nutritional value towards overall health

- **Establish guidelines in accordance with the Mississippi Beverage and Snack Regulation for all foods available on the school campus during the school day with the objective of promoting student health and reducing childhood obesity.**

- Partner with the Holmes County Extension Service to provide additional nutritional education for the elementary school, through class presentation, nutritional educational resources
    - Making Healthy Choices
    - Exploring My Pyramid with Professor Popcorn
    - Show me Nutrition
    - Organ wise Guys

Commitment to Food Safe Schools
Goodman-Pickens Elementary School will:

- Implement a food safety program based on HACCP principles for all school meals, as required by the U.S. Department of Agriculture and the Mississippi Department of Education, office of Child Nutrition programs and ensure that the food service permit is current for the school site.
- Develop a food safety education plan for all staff and students, consistent with Fight Bae and other national standards for safe food handling at home and in school.

- Ensure that all staff have viewed the video developed by the Office of Healthy Schools to support food safety on the school campus. For compliance with the with the Nutrition Standards all staff must complete and sign a pre and posttest developed by the Office of Healthy schools and maintain documentation of completion. The Video and Pre/Post Test can be downloaded at: http://healthyschoolsms.org/ohs_main/instructionalvideo.htm

- All school personnel (School Board Members, Administrators, Teachers, school nurses, instructional and health services paraprofessionals, food service staff, custodians, and facilities managers, and administrative support staff) will receive copies of the Local School Wellness or have access to a copy to include food safety policies and procedures and relevant professional development. Examples of professional development include, but are not limited to, the video developed by the Office of Health Schools and ***Eating Safely at School.***

- Adequate access to hand washing facilities and supplies will be available whenever and wherever students, staff and families prepare, handle, or consume food.

- The food safety assurance plan must address strategies that minimize risks for students and staff who have food allergies and intolerances.

Commitment to Physical Activity/Physical Education
Goodman-Pickens Elementary School will:

- Provide 150 minutes per week of activity-based instruction for all students K-5 (In accordance with Section 37-13-134, Mississippi Code of 1972, ann., reference 2004 Mississippi Public Schools Accountability Standards 32, Appendix B and 33.). Elementary will schedule include activity to equal 150 minutes of physical activity per week.

- Provide Physical Education/ Activity in accordance with the Physical Education Rules and Regulation as approved by the State Board of Education in compliance with the Mississippi Healthy Students Act (State Board of Education Policy 4012).

- Require Fitness testing for all 5th grade Students

- Kindergarten students will participate in physical activity for a minimum of 40 minutes during the school day (In accordance with the Mississippi Department of Education Kindergarten Guidelines).
- Offer a planned sequential program of physical education instructive incorporating individual and group activities, which are student centered and taught in a positive environment.

- Implement the current Mississippi Physical Education Framework.
- Incorporate 5 to 10 minutes of physical activity during core instruction as part of the lesson.

- Schedule 10 to 15 minutes of physical activity prior to or immediately after the lunch period.

- Provide staff-monitored recreational activities that promote moderate physical activity during all outdoor and indoor recess times.
- Staff and community will be offered structured Physical Activity after work by PE Instructor or a designee.

Commitment to Comprehensive Health Education
Goodman-Pickens Elementary School will:

- Implement the requirements of the Mississippi Healthy Student Act of 2007, which requires 45 minutes per week of health education instruction as defined by the State Board of Education for grades K-5
- Implement the requirements of House Bill 999, which requires the development of sex related education policy and instruction on medically accurate or evidenced based abstinence-only or abstinence plus curricula.
- Implement the nutrition strand of the current Mississippi Contemporary Health Framework.
- Emphasize the disease and prevention strand in the current Mississippi Contemporary Health Framework.
- The school will conduct nutrition education activities and promotions that involve students, parents, and the community.

Commitment to Marketing a Healthy School Environment
Goodman-Pickens Elementary School will:

- Ensure that there are no pad locks or chains on Exit doors; exit should never be obstructed (in accordance with Mississippi State Fire Code). Ensure that all exit signs

are illuminated and clearly visible.

- Ensure that all chemicals are stored properly in accordance with the Material Safety Data Sheet).
- Refer to the U. S. Consumer Product Safety Commission's Handbook for Public Playground Safety, for federal guidelines to playground safety.
- Ensure that fire extinguishers are inspected each year and properly tagged.
- Complete yearly maintenance of heating and cooling system in your school; check coils filters, belts, etc.
- Conduct at least one emergency evacuation drill per month
- Ensure that two means of egress are available in each classroom in case of an emergency; if there is only one door, designate a window (properly sized) as a means of egress.
- Never user extension cords as a permanent source of electricity anywhere on the school campus
- **Comply with the applicable rules and regulations of the State Board of Education in the operation of its transportation program. In accordance with the Ms Code 37-41-53; State Board of Education Policies 7903, 7904, and 7909; and Acceleration Standards #35).**
    - o Inspect all buses on a quarterly basis and ensure that they are well maintained and clean. o Require that all bus drivers have a valid bus driver certificate and commercial driver's

      license and operates the bus according to all specified safety procedures. Maintain a record of yearly motor vehicle reports on each bus driver and evidence that each driver has received two hours of in-service training per semester. (SB Policy 78903)
    - o Ensure arrival of all buses at their designated school site prior to the start of the instructional day.
    - o Conduct bus evacuation drills at least two times each year. (SB Policy 78904)

- **Provide Facilities that meet the criteria of (MS Code 37-7-30(c)(d)G); 37-11-5, 49 and 45-11-101; and Accreditation Standard #36)**
    - o Provide facilities that are clean
    - o Provide Facilities that are safe
    - o Provide proper signage that explains Tobacco, weapons, and drugs are prohibited on the school campus and at school functions.
    - o Provide operational facilities that are equipped and functional to meet the instructional needs of students and staff (in accordance with the Mississippi School Design Guidelines
    - o Provide air conditioning in classrooms.

- **Comply with the requirements for Safe and Healthy Schools:**
    - o Maintain a comprehensive School Safety Plan on file that has been approved by the local school board. (MS Code 37-3-81 and 37-3-82(2) (and Accreditation Standard #37- 1); see the School Safety Manuel and the MDE School Occupational Safety and Crisis Response Plan at:
    - o State Board Policy EBB (1990) prohibits the possession of pistols, firearms, or weapons by any person on school premises or at school functions. Code 37-11-18(1996) requires any student who possesses a knife, a handgun, other firearm or any other instrument considered to be dangerous and capable of causing bodily harm or who commits a violent act on educational property be subject to automatic expulsion for one calendar year. The superintendent of the school is authorized to modify the period of time for expulsion on a case-by-case basis.

- Prohibit students from possessing tobacco on any educational property, Criminal Code 97-32-9 (2000). Code 97-32-29(2000) Further prohibits the use of tobacco on any educational property for adults who, if in violation, would be subject to a fine and issued a citation by a law enforcement officer. Educational property is defined as any public-school building or bus campus, grounds, athletic field or other property used or operated during school-related activity.

- Provide positive, motivating messages, both verbal and non-verbal, about healthy lifestyle practices throughout the school setting.

- Involve students in planning for a healthy school environment. Students will be asked for input and feedback using student surveys, and attention will be given to their comments.

- Promote healthy eating, physical activity, and healthy lifestyles to students, parents, teachers, administrators, and the community at school events (e.g., school registration, parent -teacher conferences, PTO meetings, open houses, health fairs, teacher in-services, and other events).

- Eliminate advertising and other materials on the school campus that promote foods of minimal nutritional value.

Commitment to Quality Health Services
Goodman-Pickens Elementary School will:

- Ensure the school nurse will work under the guidelines of the *Mississippi School Nurse Procedures and Standards of Care.*
- Provide for teachers and other staff, health education regarding asthma action plans as directed in SB 2393.
- The School Nurse shall attend at least one MDE sponsored training course each year.
- Work with students, parents, and local healthcare providers to effectively manage and treat chronic diseases.

Commitment to Providing Counseling, Psychological and Social Services
Goodman-Pickens Elementary School and the Holmes County Consolidated Schol District will:

- Adhere to details outlined in licensure Guidelines (451) when hiring guidance counselors and psychologists. The state does not have a policy specifically outlining the requirements for a school social worker. For Licensure as a social worker in state of Mississippi, a candidate must: provide verification of a baccalaureate degree in social work from a college or university accredited by the Council on Social Work Education (CSWE) or Southern Association of Colleges and Schools (SACS) and scores a minimum of 70 on the ASWB basic exam.

- Ensure that Goodman Pickens Elementary School students have access to qualified student support personnel such as:
guidance counselors, social workers, nurses, psychologists, psychometrist and other (as required by the Mississippi Public School Accountability Standards, Process Standards 6.1 and 6.2

- Hire a school counselor with a minimum of a master's degree in Guidance and Counseling, or in and emergency situation, an appropriate certification as

determined by the commission on Teacher and Administrator of Education, Certification and Licensure and Development

- Hire a school counselor who agrees to abide by the American School Counselor Association Code of Ethics.

- Ensure that the school counselor provides comprehensive counseling services such as:
  - Academic and personal/social counseling
  - Student assessment and assessment Counseling of Career and educational counseling
  - Individual and group counseling
  - Crisis Intervention and preventive counseling
  - Referral to Community agency
  - Educational consultation and collaborations with teachers, administrators, parents and community leaders.
  - Education and career placement or Follow-up counseling services.
  - Conflict resolution
  - Other counseling duties or other duties as assigned by the school principal
  - Provide teachers and administrators with health education on the topic of suicide prevention according to SB2770

- Establish a collaborative effort with the local mental health agency to assist in addressing the emotional and mental needs of the student enrolled.

- Program in place to refer students identified with Mental Health issues to mental health therapist on campus and/or temporary placement in group homes, if necessary, with measures' in place to maintain educational instruction.

Commitment to Family and Community Involvement
Goodman-Pickens Elementary School will:

- Invite parents and community members to participate in school health planning by serving on the local School Health Council.

- Invite parents to Eat a Meal at school.

- Provide resources and training to parents on health-related topics, parenting skills, child development and family relationships.

- Update parents on School activities and events through notices and newsletters

- Increase PTA/PTO Membership.

Commitment to Implementation
Goodman-Pickens Elementary School will:

- Ensure that all staff have access to a copy of the Holmes County Consolidated School District's Health and Wellness Policy.

- Establish a plan for implementation of the school wellness policy.

- Designate one or more persons to ensure that the school wellness policy is implemented as

written.

- Establish and support a School Health Council (SHC) that addresses all aspects of a coordinated school health program, including a school wellness policy. (Mississippi Code of 1972 Annotated, Section 37-13-134).

- Conduct a review of the progress toward school wellness policy goals each year to identify areas for improvement.

- Prepare and submit a yearly report to the school board regarding the progress toward implementation of the school wellness policy and recommendations for any revisions to the policy as necessary.

Statement of Assurance

Goodman-Pickens Elementary School assures that the guidelines for reimbursable school meals shall not be less restrictive than the regulations and guidance issued by the Secretary of Agriculture.

Policy Evaluation

The principal or administrative designee will be responsible for measuring the implementation of the local wellness policy. The nurse in conjunction with the principal and other members of the Health and Wellness Plan Committee will assess and evaluate the implementation of the school's wellness plan twice a year – in November and April. A measurable evaluation resource, The Health and Wellness Assessment Instrument and/or the School Health Index Instrument will be used to measure progress toward full implementation.

School Health Council Representatives

Jamie Kyles, Administrator
Gloria Brooks, Cafeteria Manager
Janet Washington, School Nurse
Erica Williams, School Counselor
Rodesia Butler, Community Partner-PTO President
Patrick Howard, Chair-staff
Suzanne Holder, Teacher
Miriam Smith, Teacher

Jamie Kyles
Principal

11/6/25
Date

Holmes County Consolidated School District
HOLMES COUNTY CENTRAL HIGH SCHOOL

Local School Wellness Policy
School Year: 2025-2026

The Holmes County Consolidated School District and the **HOLMES COUNTY CENTRAL HIGH SCHOOL** recognize there continues to be a problem with the inactivity and obesity of our students. These problems affect our children's education through various diseases related to the effects of sedimentary lifestyles. Therefore, we are committed to creating and improving a healthy school environment that enhances the development of lifelong wellness practices. We will promote healthy eating and physical activity that supports healthy student achievement.

Rationale:

The link between nutrition, physical activity, and learning is well documented. Healthy eating and activity patterns are essential for students to achieve their full academic potential, full physical/mental growth, and lifelong health and well-being. Healthy eating and physical activity, essential for a healthy weight, are also linked to reduced risk for many chronic diseases, like Type 2 diabetes, Sleep Apnea, Obesity, Asthma, Hypertension and many others. As educators, we have a responsibility to help students learn, establish, and maintain lifelong, healthy eating and activity patterns. Well-planned and effectively implemented school nutrition and fitness programs have been shown to enhance students' overall health, as well as their behavior and academic achievement in school. Staff wellness also is an integral part of a healthy school environment, since school staff can be daily role models for healthy behaviors.

Goals:

- All students of HOLMES COUNTY CENTRAL HIGH SCHOOL shall possess the knowledge and skills necessary to make good nutritious food choices and engage in physical activity that promotes physical fitness. The increase in knowledge will ultimately enhance and improve education through decreased absenteeism, improved focus, and improved health.

- All staff members at HIGH SCHOOL CENTRAL HIGH SCHOOL are encouraged to model healthy eating and exhibit physical activity behaviors as a valuable part of daily life.

Commitments:

To meet this goal, HOLMES COUNTY CENTRAL HIGH SCHOOL adopts this school wellness policy with the following commitments to nutrition/nutritional education, physical activity/ physical education, food safe school, comprehensive health education, healthy school environment, quality health services, providing counseling, psychological, and social services, Family community/involvement, quality staff wellness program, Marketing Healthy School Environment and implementation. This policy is designed to effectively utilize school and community resources and to equitably serve the needs and interests of all students and staff, taking into consideration differences in culture.

Commitment to Nutrition:

HOLMES COUNTY CENTRAL HIGH SCHOOL will:

- Offer a school lunch program with the menus that meet the meal patterns and nutrition standards established by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs.
- Offer school breakfast and snack programs (where approved and applicable) with menus that meet the meal patterns and nutrition standards established by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs
- Encourage school staff and families to participate in school meal programs
- Operate all Child Nutrition Programs with school food services staff who are properly qualified according to current professional standards (Mississippi Board of Education Policy, Code 2001)
- Establish food safety as a key component of all school food operations and ensure that the food service permit is current for the Food Service school site.
- Provide adequate time for students to eat and enjoy school meals (a minimum of 15-20 minutes at breakfast and 18-25 minutes at lunch).
- Follow State Board of Education policies on competitive foods and extra food sales (Mississippi Board of Education Policy, Code 2002).
- Implement Nutritional Standards as adopted by the State Board of Education in accordance with the Mississippi Healthy Students Act (State Board of Education policy 4011)
- Healthy food and beverage choices;
- Healthy food preparation;
- Marketing of healthy food choices to students and staff;
- Availability of food items during the breakfast and lunch periods of the Child Nutrition Breakfast and Lunch Program.
- Methods to increase participation in the Child Nutrition School for Breakfast and Lunch.
- Establish guidelines for all foods available on the school campus during the school day with the objective of promoting student health and reducing childhood obesity.
- Limit the use of food as rewards for student accomplishment.

- Provide nutrition information for parents, including nutrition analysis of school meals and resources to help parents establish healthy eating behaviors at home.

- Restrict access to foods and beverages through vending machines for all students.

- Provide and promote education on healthy choices of food and educate on nutritional value towards overall health

- **Establish guidelines in accordance with the Mississippi Beverage and Snack Regulation for all foods available on the school campus during the school day with the objective of promoting student health and reducing childhood obesity.**

- Partner with the Holmes County Extension service to provide additional nutritional education for schools, through class presentations and/or nutritional educational resources such as

    - Making Healthy Choices
    - Exploring My Pyramid with Professor Popcorn
    - Show me Nutrition
    - Organ wise Guys

Commitment to Food Safe Schools

HOLMES COUNTY CENTRAL HIGH SCHOOL will:

- Implement a food safety program based on a HACCP principle for all school meals, as required by the U.S. Department of Agriculture and the Mississippi Department of Education, office of Child Nutrition programs and ensure that the food service permit is current for the school site.
- Develop a food safety education plan for all staff and students, consistent with Fight Bac and other national standards for safe food handling at home and in school.

- Ensure that all staff have viewed the video developed by the Office of Healthy Schools to support food safety on the school campus. For compliance with the Nutrition Standards, all staff must complete and sign a pre and posttest developed by the Office of Healthy Schools and maintain documentation of completion. The Video and Pre/Post Test can be downloaded at: http://healthyschoolsms.org/ohs_main/instructionalvideo.htm.

- All school personnel (Administrators, Teachers, school nurses, instructional and health services paraprofessionals, food service staff, custodians, and facilities managers, and administrative support staff) will have access to the Local School Wellness Policy to include food safety policies and procedures and relevant professional development. Examples of professional development include, but are not limited to, the video developed by the Office of Health Schools and ***Eating Safely at School.***

- Adequate access to hand washing facilities and supplies will be available whenever and wherever students, staff and families prepare, handle, or consume food.

- Make efforts to minimize risks for students and staff who have food allergies and intolerances.

Commitment to Physical Activity/Physical Education

HOLMES COUNTY CENTRAL HIGH SCHOOL will (WHEN APPLICABLE):

- Provide Physical Education/ Activity in accordance with the Physical Education Rules and Regulation as approved by the State Board of Education in compliance with the Mississippi Healthy Students Act (State Board of Education Policy 4012).

- Require fitness testing for high school students; during the year they acquire the ½ Carnegie unit in physical education as required for graduation by the Mississippi Healthy Student

- Offer a planned sequential program of physical education instructive incorporating individual and group activities, which are student centered and taught in a positive environment.

- Implement 2013 Mississippi Physical Education Framework.

- Incorporate 5 to 10 minutes of physical activity during core instruction as part of the lesson.

Commitment to Comprehensive Health Education

HOLMES COUNTY CENTRAL HIGH SCHOOL will:

- Instruction must be based on the 2020 Mississippi Contemporary Health Framework for grades 9-12 (2004 Mississippi Public School Accountability Standard 20, Appendix A).

- Graduation requirements for 9th through 12th grade students shall include ½ Carnegie unit in physical education.

- Implement the requirements of House Bill 999, which requires the development of sex related education policy and instruction on medically accurate or evidenced based abstinence-only or abstinence plus curricula.

- Implement the nutrition strand of 2020 Mississippi Contemporary Health Framework.

- Emphasize disease and prevention control in the 2020 Mississippi Contemporary Health Framework.

- The school will conduct nutrition education activities and promotions that involve students, parents, and the community.

Commitment to Marketing a Healthy School Environment

HOLMES COUNTY CENTRAL HIGH SCHOOL will:

- Ensure that there are no pad locks or chains on Exit doors; exit should never be obstructed (in accordance with Mississippi State Fire Code). Ensure that all exit signs are illuminated and clearly visible.
- Ensure that all chemicals are stored properly in accordance with the Material Safety Data Sheet.
- Refer to the U. S. Consumer Product Safety Commission's Handbook for Public Playground Safety; for federal guidelines to playground safety.
- Ensure that fire extinguishers are inspected each year and properly tagged.
- Complete yearly maintenance of heating and cooling systems in your school; check coils filters, belts, etc.
- Conduct at least one emergency evacuation drill per month
- Ensure that two means of egress are available in each classroom in case of an emergency; if there is only one door, designate a window (properly sized) as a means of egress.
- Never use extension cords as a permanent source of electricity anywhere on the school campus.
- **Comply with the applicable rules and regulations of the State Board of Education in the operation of its transportation program. In accordance with the MS Code 37-41-53; State Board of Education Policies 7903, 7904, and 7909; and Acceleration Standards #35).**
    - Inspect all buses on a quarterly basis and ensure that they are well maintained and clean.
    - Require that all bus drivers have a valid bus driver certificate and commercial driver's license and operate the bus according to all specified safety procedures. Maintain a record of yearly motor vehicle reports on each bus driver and evidence that each driver has received two hours of in-service training per semester. (SB Policy 78903)
    - Ensure the arrival of all buses at their designated school site prior to the start of the instructional day.
    - Conduct bus evacuation drills at least two times each year. (SB Policy 78904)
- **Provide Facilities that meet the criteria of (MS Code 37-7-30(c)(d)(j); 37-11-5, 49 and 45-11-101; and Accreditation Standard #36)**
    - Provide facilities that are clean.
    - Provide Facilities that are safe.
    - Provide proper signage that explains Tobacco, weapons, and drugs are prohibited on the school campus and at school functions.
    - Provide operational facilities that are equipped and functional to meet the instructional needs of students and staff (in accordance with the Mississippi School Design Guidelines
    - Provide air conditioning in the classroom.
- **Comply with the requirements for Safe and Healthy Schools:**
    - Maintain a comprehensive School Safety Plan on file that has been approved by the local school board. (MS Code 37-3-81 and 37-3-82(2) (and Accreditation Standard #37-

1); see the School Safety Manuel and the MDE School Occupational Safety and Crisis Response Plan at:

- State Board Policy EBB (1990) prohibits the possession of pistols, firearms, or weapons by any person on school premises or at school functions. Code 37-11-18(1996) requires any student who possesses a knife, a handgun, other firearm or any other instrument considered to be dangerous and capable of causing bodily harm or who commit a violent act on educational property be subject to automatic expulsion for one calendar year. The superintendent of the school is authorized to modify the period for expulsion on a case-by-case basis.
- Prohibit students from possessing tobacco on any educational property, Criminal Code 97-32-9 (2000). Code 97-32-29(2000) Further prohibits the use of tobacco on any educational property for adults who, if in violation, would be subject to a fine and issued a citation by a law enforcement officer. Educational property is defined as any public-school building or bus campus, grounds, athletic field or other property used or operated during school-related activity.

- Provide positive, motivating messages, both verbal and non-verbal, about healthy lifestyle practices throughout the school setting.

- Involve students in planning a healthy school environment. Students will be asked for input and feedback through the use of student surveys, and attention will be given to their comments.

- Promote healthy eating, physical activity, and healthy lifestyles to students, parents, teachers, administrators, and the community at school events (e.g., school registration, parent –teacher conferences, PTA meetings, open houses, health fairs, teacher in-services, and other events).

- Eliminate advertising and other materials on the school campus that promote foods of minimal nutritional value.

Commitment to Quality Health Services
HOLMES COUNTY CENTRAL HIGH SCHOOL will:

- Ensure the school nurse is working under the guidelines of the *Mississippi School of Nurse Procedures and Standards of Care.*

- Provide teachers and other staff health education regarding asthma action plans as directed in SB 2393.

- The School Nurse shall attend at least one MDE sponsored training each year.

- Work with students, parents, and local healthcare providers to effectively manage and treat chronic diseases.

Commitment to Providing Counseling, Psychological and Social Services

HOLMES COUNTY CENTRAL HIGH SCHOOL will:

- Adhere to details outlined in licensure Guidelines (451) when hiring guidance counselors and psychologists. The state does not have a policy specifically outlining the requirements for a school social worker. For Licensure as a social worker in state of Mississippi, a candidate must: provide verification of a baccalaureate degree in social work from a college or university accredited by the Council on Social Work Education (CSWE) or Southern Association of Colleges and Schools (SACS) and scores a minimum of 70 on the ASWB basic exam.

- Provide at a minimum, a ½ time licensed guidance counselor for high school and ensure that all elementary school students have access to qualified student support personnel such as: guidance counselors, social workers, nurses, psychologists, psychometrist and other (as required by the Mississippi Public School Accountability Standards, Process Standards 6.1 and 6.2

- Hire School Guidance counselors with a minimum of a master's degree in Guidance and Counseling, or in and emergency, an appropriate certification as determined by the commission on Teacher and Administrator of Education, Certification and Licensure and Development

- Hire school counselors who agree to abide by the American School Counselor Association Code of Ethics.

- Ensure that all school Guidance Counselors provide comprehensive counseling services such as:
    - Academic and personal/social counseling
    - Student assessment and assessment counseling
    - Career and educational counseling
    - Individual and group counseling
    - Crisis Intervention and preventive counseling
    - Referral to Community agency
    - Educational consultation and collaboration with teachers, administrators, parents, and community leaders.
    - Education and career placement
    - Follow-up counseling services.
    - Conflict resolution
    - Other counseling duties or other duties as assigned by the school principal
    - Provide teachers and administrators with health education on the topic of suicide prevention according to SB2770

- Establish a collaborative effort with the local mental health agency to assist in addressing the emotional and mental needs of the student enrolled.

- Program in place to refer students identified with Mental Health issues to mental health therapists on campus and/or temporary placement in group homes, if necessary, with measures in place to maintain educational instruction.

Commitment to Family and Community Involvement
HOLMES COUNTY CENTRAL HIGH SCHOOL will:

- Invite parents and community members to participate in school health planning by serving on the local School Health Council or other school advisory committees.
- Provide resources and training to parents on health-related topics, parenting skills, child development and family relationships.
- Update parents on School activities and events through notices and newsletters

Commitment to Implementation
HOLMES COUNTY CENTRAL HIGH SCHOOL will:

- Ensure that all staff have a copy of Health and Wellness Policy
- Establish a plan for implementation of the school wellness policy.
- Designate one or more people to ensure that the school wellness policy is implemented as written.
- Establish and support a School Health Council (SHC) that addresses all aspects of a coordinated school health program, including a school wellness policy. (Mississippi Code of 1972 Annotated, Section 37-13-134).
- Conduct a review of the progress toward school wellness policy goals each year to identify areas for improvement.
- Prepare and submit a yearly report to the school board regarding the progress toward implementation of the school wellness policy and recommendations for any revisions to the policy as necessary.

Statement of Assurance
HOLMES COUNTY CENTRAL HIGH SCHOOL assures us that the guidelines for reimbursable school meals shall not be less restrictive than the regulations and guidance issued by the Secretary of Agriculture. Physical Activity will be implemented within the appropriate course and extra-curricular team/unit.

Policy Evaluation

The Principal, Antwayn Patrick, Assistant Principal, Lindia Sanders, or an administrative designee will be responsible for measuring the implementation of the local wellness policy. The nurse in conjunction with the principal and other members of the Health and Wellness Plan Committee will assess and evaluate the implementation of the school's wellness plan twice a year – in November and April. The Health and Wellness Assessment Instrument and the School Health Index Instrument will be used to measure progress toward full implementation.

Recommended School Health Council Representatives

Antwayn Patrick, Administrator
Lindia Sanders, Administrator
Janeice Mitchell, Cafeteria Manager
Shantrice Smith, School Nurse
Jessica Jenkins, Counselor
Luana Greer, PE Teacher
Chris Horton, Community Partner

Principal, Antwayn Patrick

Administrator, Lindia Sanders

Holmes County Consolidated School District
S.V. MARSHALL ELEMENTARY SCHOOL

Local School Wellness Policy
School Year: 2025-2026

The Holmes County Consolidated School District and the **S.V. MARSHALL ELEMENTARY SCHOOL** recognize there continues to be a problem with the inactivity and obesity of our students. These problems affect our children's education through various diseases related to the effects of sedimentary lifestyles. Therefore, we are committed to creating and improving a healthy school environment that enhances the development of lifelong wellness practices. We will promote healthy eating and physical activity that supports healthy student achievement.

Rationale:

The link between nutrition, physical activity, and learning is well documented. Healthy eating and activity patterns are essential for students to achieve their full academic potential, full physical/mental growth, and lifelong health and well-being. Healthy eating and physical activity, essential for a healthy weight, are also linked to reduced risk for many chronic diseases, like Type 2 diabetes, Sleep Apnea, Obesity, Asthma, Hypertension, and many others. As educators, we have a responsibility to help students learn, establish, and maintain lifelong, healthy eating and activity patterns. Well-planned and effectively implemented school nutrition and fitness programs have been shown to enhance students' overall health, behavior, and academic achievement in school. Staff wellness also is an integral part of a healthy school environment since school staff can be daily role models for healthy behaviors.

Goals:

- All students of S.V. Marshall Elementary School shall possess the knowledge and skills necessary to make good nutritious food choices and engage in physical activity that promotes physical fitness. Increased knowledge will enhance and improve education through decreased absenteeism, improved focus, and improved health.

- All staff members at S.V. Marshall Elementary School are encouraged to model healthy eating and exhibit physical activity behaviors as a valuable part of daily life.

Commitments:

To meet this goal, S.V. Marshall Elementary School adopts this school wellness policy with the following commitments to nutrition/nutritional education, physical activity/ physical education, food safe school, comprehensive health education, healthy school environment, quality health services, providing counseling, psychological, and social services, Family community/involvement, quality staff wellness program, Marketing Healthy School Environment and implementation. This policy is designed to effectively utilize school and community resources and equitably serve the needs and interests of all students and staff, considering differences in culture.

Commitment to Nutrition:
S.V. Marshall Elementary School will:

- Offer a school lunch program with the menus that meet the meal patterns and nutrition standards established by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs.

- Offer school breakfast and snack programs (where approved and applicable) with menus that meet the meal patterns and nutrition standards established by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs

- Encourage school staff and families to participate in school meal programs

- Operate all Child Nutrition Programs with school food services staff who are properly qualified according to current professional standards (Mississippi Board of Education Policy, Code 2001)

- Establish food safety as a key component of all school food operations and ensure that the food service permit is current for the Food Service school site.

- Provide enough time for students to eat and enjoy school meals (15-20 minutes at breakfast and 18-25 minutes at lunch).

- Follow State Board of Education policies on competitive foods and extra food sales (Mississippi Board of Education Policy, Code 2002).

- Implement Nutritional Standards as adopted by the State Board of Education in accordance with the Mississippi Healthy Students Act (State Board of Education policy 4011)

- Healthy food and beverage choices.

- Healthy food preparation.

- Marketing of healthy food choices for students and staff;

- Availability of food items during the breakfast and lunch periods of the Child Nutrition Breakfast and Lunch Program.

- Methods to increase participation in the Child Nutrition School for Breakfast and Lunch.

- Establish guidelines for all foods available on the school campus during the school day to promote student health and reduce childhood obesity.

- Limit the use of food as rewards for student accomplishment.

- Provide nutrition information for parents, including nutrition analysis of school meals and resources to help parents establish healthy eating behaviors at home.

- Restrict access to foods and beverages through vending machines for all students.

- Provide and promote education on healthy choices of food and educate on nutritional value towards overall health

- **Establish guidelines in accordance with the Mississippi Beverage and Snack Regulation for all foods available on the school campus during the school day with the objective of promoting student health and reducing childhood obesity.**

- Partner with the Holmes County Extension service to provide additional nutritional education for schools, through class presentations and/or nutritional educational resources such as

    - Making Healthy Choices
    - Exploring My Pyramid with Professor Popcorn
    - Show me Nutrition
    - Organ wise Guys

Commitment to Food Safe Schools
S.V. Marshall Elementary School will:

- Implement a food safety program based on a HACCP principles for all school meals, as required by the U.S. Department of Agriculture and the Mississippi Department of Education, office of Child Nutrition programs and ensure that the food service permit is current for the school site.
- Develop a food safety education plan for all staff and students, consistent with Fight Bac and other national standards for safe food handling at home and in school.

- Ensure that all staff have viewed the video developed by the Office of Healthy Schools to support food safety on the school campus. For compliance with the Nutrition Standards, all staff must complete and sign a pre and posttest developed by the Office of Healthy Schools and maintain documentation of completion. The Video and Pre/Post Test can be downloaded at: http://healthyschoolsms.org/ohs_main/instructionalvideo.htm.

- All school personnel (Administrators, Teachers, school nurses, instructional and health services paraprofessionals, food service staff, custodians, and facilities managers, and administrative support staff) will have access to the Local School Wellness Policy to include food safety policies and procedures and relevant professional development. Examples of professional development include the video developed by the Office of Health Schools and Eating Safely at School.

- Adequate access to hand washing facilities and supplies will be available whenever and wherever students, staff and families prepare, handle, or consume food.

- Make efforts to minimize risks for students and staff who have food allergies and intolerances.

Commitment to Physical Activity/Physical Education
S.V. Marshall Elementary School will (when applicable):

- Provide 50 minutes per week of activity-based instruction for all students K-5 (In accordance with Section 37-13-134, Mississippi Code of 1972, ann., reference 2004 Mississippi Public Schools Accountability Standards 32, Appendix B and 33.). S.V. Marshall Elementary will schedule 30 minutes of daily activity to equal 150 minutes (about 5 hours) of physical activity per week.

- Provide Physical Education/ Activity in accordance with the Physical Education Rules and Regulation as approved by the State Board of Education in compliance with the Mississippi Healthy Students Act (State Board of Education Policy 40 I 2).

- Require Fitness testing for all 5th grade Students

- Require fitness testing for high school students; during the year they acquire the *Y,* Carnegie unit in physical education as required for graduation by the Mississippi Healthy Student

- Kindergarten students will participate in physical activity for a minimum of 40 minutes during the school day (In accordance with the Mississippi Department of Education Kindergarten Guidelines).
- Offer a planned sequential program of physical education instructive incorporating individual and group activities, which are student centered and taught in a positive environment.

- Implement the current Mississippi Physical Education Framework.
- Incorporate 5 to 10 minutes of physical activity during core instruction as part of the lesson.

- Schedule 10 to 15 minutes of physical activity prior to or immediately after the lunch period.

- Provide staff-monitored recreational activities that promote moderate physical activity during all outdoor and indoor recess times.
- Staff and the community will be offered structured Physical Activity after work by the PE Instructor or designated person.

Commitment to Comprehensive Health Education
S.V. Marshall Elementary School will:

- Implement the requirements of the Mississippi Healthy Student Act of 2007, which requires 45 minutes per week of health education instruction as defined by the State Board of Education for grades K-5

- Implement the requirements of House Bill 999, which requires the development of sex related education policy and instruction on medically accurate or evidenced based abstinence-only or abstinence plus curricula.

- Implement the nutrition strand of 2012 Mississippi Contemporary Health Framework.

- Emphasize the disease and prevention strand in the 2006 Mississippi Contemporary Health Framework.

- The school will conduct nutrition education activities and promotions that involve students, parents, and the community.

Commitment to Marketing a Healthy School Environment
S.V. Marshall Elementary School and the Holmes County Consolidated School District will:

- Ensure that there are no pad locks or chains on Exit doors; exit should never be obstructed (in accordance with Mississippi State Fire Code). Ensure that all exit signs are illuminated and clearly visible.
- Ensure that all chemicals are stored properly in accordance with the Material Safety Data Sheet.
- Refer to the U. S. Consumer Product Safety Commission's Handbook for Public Playground Safety, for federal guidelines to playground safety.
- Ensure that fire extinguishers are inspected each year and properly tagged.
- Complete yearly maintenance of heating and cooling systems in your school; check coil filters, belts, etc.
- Conduct at least one emergency evacuation drill per month
- Ensure that two means of egress are available in each classroom in case of an emergency; if there is only one door, designate a window (properly sized) as a means of egress.
- Never use extension cords as a permanent source of electricity anywhere on the school campus.
- **Comply with the applicable rules of the State Board of Education in its transportation program. In accordance with the MS Code 37-41-53; State Board of Education Policies 7903, 7904, and 7909; and Acceleration Standards #35).**
    - Inspect all buses quarterly and ensure they are well maintained and clean.
    - Require that all bus drivers have a valid bus driver certificate and commercial driver's license and operate the bus according to all specified safety procedures. Maintain a record of yearly motor vehicle reports on each bus driver and evidence that each driver has received two hours of in-service training per semester. (SB Policy 78903)
    - Ensure all buses arrive at their designated school site before the start of the instructional day.
    - Conduct bus evacuation drills at least two times each year. (SB Policy 78904)
- **Provide Facilities that meet the criteria of (MS Code 37-7-30(c)(d)(j); 37-11-5, 49 and 45-11-101; and Accreditation Standard #36)**
    - Provide facilities that are clean.
    - Provide Facilities that are safe.
    - Provide proper signage that explains Tobacco, weapons, and drugs are prohibited on the school campus and at school functions.
    - Provide operational facilities that are equipped and functional to meet the instructional needs of students and staff (in accordance with the Mississippi School Design Guidelines

- Provide air conditioning in the classroom.

- **Comply with the requirements for Safe and Healthy Schools:**
  - Maintain a comprehensive School Safety Plan on file approved by the local school board. (MS Code 37-3-81 and 37-3-82(2) (and Accreditation Standard #37-1); see the School Safety Manuel and the MDE School Occupational Safety and Crisis Response Plan at:
  - State Board Policy EBB (1990) prohibits the possession of pistols, firearms, or weapons by any person on school premises or at school functions. Code 37-11-18(1996) requires any student who possesses a knife, a handgun, other firearm, or any other instrument considered to be dangerous and capable of causing bodily harm or who commits a violent act on educational property be subject to automatic expulsion for one calendar year. The school's superintendent is authorized to modify the time for expulsion on a case-by-case basis.
  - Prohibit students from possessing tobacco on any educational property, Criminal Code 97-32-9 (2000). Code 97-32-29(2000) Further prohibits the use of tobacco on any educational property for adults who, if in violation, would be subject to a fine and issued a citation by a law enforcement officer. Educational property is defined as any public-school building or bus campus, grounds, athletic field, or other property used or operated during school-related activity.

- Provide positive, motivating messages, both verbal and non-verbal, about healthy lifestyle practices throughout the school setting.

- Involve students in planning a healthy school environment. Students will be asked for input and feedback using student surveys, and attention will be given to their comments.

- Promote healthy eating, physical activity, and healthy lifestyles to students, parents, teachers, administrators, and the community at school events (e.g., school registration, parent –teacher conferences, PTA meetings, open houses, health fairs, teacher in-services, and other events).

- Eliminate advertising and other materials on the school campus that promote foods of minimal nutritional value.

Commitment to Quality Health Services
S.V. Marshall Elementary School will:

- Ensure the school nurse is working under the guidelines of the *Mississippi School Nurse Procedures and Standards of Care.*

- Provide teachers and other staff health education regarding asthma action plans as directed in SB 2393.

- The School Nurse shall attend at least one MDE sponsored training course each year.

- Work with students, parents, and local healthcare providers to effectively manage and treat chronic diseases.

Commitment to Providing Counseling, Psychological and Social Services
S.V. Marshall Elementary School and the Holmes County Consolidated School District will:

- Ensure that all elementary school students have access to qualified student support personnel such as guidance counselors, social workers, nurses, psychologists, psychometrist and others (as required by the Mississippi Public School Accountability Standards, Process Standards 6.1 and 6.2

  - Hire School Guidance counselors with a minimum of a master's degree in Guidance and Counseling, or in and emergency, an appropriate certification as determined by the commission on Teacher and Administrator of Education, Certification and Licensure and Development

- Hire a school counselor who agrees to abide by the American School Counselor Association Code of Ethics.

- Ensure that all the Guidance Counselor provide comprehensive counseling services such as:
  - Academic and personal/social counseling
  - Student assessment and assessment counseling
  - Career and educational counseling
  - Individual and group counseling
  - Crisis Intervention and preventive counseling
  - Referral to Community agency
  - Educational consultation and collaboration with teachers, administrators, parents, and community leaders.
  - Education and career placement
  - Follow-up counseling services.
  - Conflict resolution
  - Other counseling duties or other duties as assigned by the school principal
  - Provide teachers and administrators with health education on the topic of suicide prevention according to SB2770

- Establish a collaborative effort with the local mental health agency to assist in addressing the emotional and mental needs of the student enrolled.

- Program in place to refer students identified with Mental Health issues to mental health therapists on campus and/or temporary placement in group homes, if necessary, with measures in place to maintain educational instruction.

Commitment to Family and Community Involvement
S.V. Marshall Elementary School will:

- Invite parents and community members to participate in school health planning by serving on the local School Health Council or other school advisory committees.

- Invite parents to Eat a Healthy Meal at school (if permissible)

- Provide resources and training to parents on health-related topics, parenting skills, child development, and family relationships.

- Update parents on School activities and events through notices and newsletters

Commitment to Implementation
S.V. Marshall Elementary School will:

- Ensure that all staff have a copy of the Holmes County Consolidated School District's Health and Wellness Policy

- Establish and support a School Health Council (SHC) that addresses all aspects of a coordinated school health program, including a school wellness policy. (Mississippi Code of 1972 Annotated, Section 37-13-134).

- Conduct a review of the progress toward school wellness plan goals each year to identify areas for improvement.

- Prepare and submit a report(s) to the school board regarding the progress toward implementation of the school wellness plan and recommendations for any revisions to the plan, as necessary.

Statement of Assurance
S.V. Marshall Elementary School assures that the guidelines for reimbursable school meals shall not be less restrictive than the regulations and guidance issued by the Secretary of Agriculture. Physical Activity will be implemented within the appropriate course and extra-curricular team/unit or activity.

Policy Evaluation
The principal and/or administrative designee will be responsible for measuring the implementation of the local wellness policy. The nurse, the principal, and other members of the Health and Wellness Plan Committee will assess and evaluate the implementation of the school's wellness plan twice a year – in November and April. A measurable evaluation resource or The Health and Wellness Assessment Instrument, and/or the School Health Index Instrument will be used to measure progress toward full implementation.

School Health Council Representatives
Mellody Keith, Administrator
Beverly McClure, School Counselor
Deanna Primer, Cafeteria Manager
Bonita Roby, School Nurse
Lucresia Williams. PE Teacher
Renita Kyles, Community Partner

Mellody Heath Principal	11-3-25 Date
Beverly McAre School Counselor	November 3, 2025 Date
Deanna Primer Cafeteria Manager	11/3/25 Date
Bonita Roby RN School Nurse	11-03-2025 Date
Renita Kyle Life Helps/Community Partner	11-3-25 Date
Allison Burton Student Representative	11-3 Date

Holmes County Consolidated School District
S.V. MARSHALL MIDDLE SCHOOL

Local School Wellness Policy
School Year: 2025-2026

The Holmes County Consolidated School District and the **S.V. MARSHALL MIDDLE SCHOOL** recognize there continues to be a problem with inactivity and obesity of our students. These problems affect our children's education through various diseases related to the effects of sedimentary lifestyles. Therefore, we are committed to creating and improving a healthy school environment that enhances the development of lifelong wellness practices. We will promote healthy eating and physical activity that support healthy student achievement.

Rationale:

The link between nutrition, physical activity, and learning is well documented. Healthy eating and activity patterns are essential for students to achieve their full academic potential, full physical/mental growth, and lifelong health and well-being. Healthy eating and physical activity, essential for a healthy weight, are also linked to reduced risk for many chronic diseases, like Type 2 diabetes, Sleep Apnea, Obesity, Asthma, Hypertension and many others. As educators, we have a responsibility to help students learn, establish, and maintain lifelong, healthy eating and activity patterns. Well-planned and effectively implanted school nutrition and fitness programs have been shown to enhance students' overall health, as well as their behavior and academic achievement in school. Staff wellness also is an integral part of a healthy school environment, since school staff can be daily role models for healthy behaviors.

Goals:

- All students of S.V. MARSHALL MIDDLE SCHOOL shall possess the knowledge and skills necessary to make good nutritious food choices and engage in physical activity that promotes physical fitness. The increase knowledge will ultimately enhance and improve education through decreased absenteeism, improved focus and improved health.

- All staff members at S.V. MARSHALL MIDDLE SCHOOL are encouraged to model healthy eating and exhibit physical activity behaviors as a valuable part of daily life.

Commitments:

To meet this goal, S.V. MARSHALL MIDDLE SCHOOL adopts this school wellness policy with the following commitments to nutrition/nutritional education, physical activity/ physical education, food safe school, comprehensive health education, healthy school environment, quality health services, providing counseling, psychological, and social services, Family community/involvement, quality staff wellness program, Marketing Healthy School Environment and implementation. This policy is designed to effectively utilize school and community resources and to equitably serve the needs and interests of all students and staff, taking into consideration differences in culture.

Commitment to Nutrition:
S.V. MARSHALL MIDDLE SCHOOL will:

- Offer a school lunch program with the menus that meet the meal patterns and nutrition standards established by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs.

- Offer school breakfast and snack programs (where approved and applicable) with menus that meet the meal patterns and nutrition standards established by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs

- Encourage school staff and families to participate in school meal programs

- Operate all Child Nutrition Programs with school food services staff who are properly qualified according to current professional standards (Mississippi Board of Education Policy, Code 2001)

- Establish food safety as a key component of all school food operations and ensure that the food service permit is current for the Food Service school site.

- Provide adequate time for students to eat and enjoy school meals (a minimum of 15-20 minutes at breakfast and 18-25 minutes at lunch).

- Follow State Board of Education policies on competitive foods and extra food sales (Mississippi Board of Education Policy, Code 2002).

- Implement Nutritional Standards as adopted by the State Board of Education in accordance with the Mississippi Healthy Students Act (State Board of Education policy 4011)

- Healthy food and beverage choices;

- Healthy food preparation;

- Marketing of healthy food choices to students and staff;

- Availability of food items during the breakfast and lunch periods of the Child Nutrition Breakfast and Lunch Program.

- Methods to increase participation in the Child Nutrition School Breakfast and Lunch.

- Establish guidelines for all foods available on the school campus during the school day with the objective of promoting student health and reducing childhood obesity.

- Limit the use of foods as rewards for student accomplishment.

- Provide nutrition information for parents, including nutrition analysis of school meals and resources to help parents to establish healthy eating behaviors at home.

- Restrict access to foods and beverages through vending machines for all students.

- Provide and promote education on healthy choices of food and educate on nutritional value towards overall health

- **Establish guidelines in accordance with the Mississippi Beverage and Snack Regulation for all foods available on the school campus during the school day with the objective of promoting student health and reducing childhood obesity.**

- Partner with the Holmes County Extension service to provide additional nutritional education for schools, through class presentations and/or nutritional educational resources such as

    - Making Healthy Choices
    - Exploring My Pyramid with Professor Popcorn
    - Show me Nutrition
    - Organ wise Guys

Commitment to Food Safe Schools
S.V. MARSHALL MIDDLE SCHOOL will:

- Implement a food safety program based on a HACCP principles for all school meals, as required by the U.S. Department of Agriculture and the Mississippi Department of Education, office of Child Nutrition programs and ensure that the food service permit is current for the school site.
- Develop a food safety education plan for all staff and students, consistent with Fight Back and other national standards for safe food handling at home and in school.

- Ensure that all staff have viewed the video developed by the Office of Healthy Schools to support food safety on the school campus. For compliance with the with the Nutrition Standards all staff must complete and sign a pre and posttest developed by the Office of Healthy schools and maintain documentation of completion. The Video and Pre/Post Test can be downloaded at: http://healthyschoolsms.org/ohs_main/instructionalvideo.htm.

- All school personnel (Administrators, Teachers, school nurses, instructional and health services paraprofessionals, food service staff, custodians, and facilities managers, and administrative support staff) will have access to the Local School Wellness Policy to include food safety policies and procedures and relevant professional development. Examples of professional development include, but are not limited to, the video developed by the Office of Health Schools and ***Eating Safely at School***.

- Adequate access to hand washing facilities and supplies will be available whenever and wherever students, staff and families prepare, handle, or consume food.

- Make efforts to minimize risks for students and staff who have food allergies and intolerances.

Commitment to Physical Activity/Physical Education
S.V. MARSHALL MIDDLE SCHOOL will (when applicable):

- Provide Physical Education/ Activity in accordance with the Physical Education Rules and Regulation as approved by the State Board of Education in compliance with the Mississippi Healthy Students Act (State Board of Education Policy 4012).
- Require fitness testing for high school students; during the year they acquire the ½ Carnegie unit in physical education as required for graduation by the Mississippi Healthy Student
- Offer a planned sequential program of physical education instructive incorporating individual and group activities, which are student centered and taught in a positive environment.
- Implement the current Mississippi Physical Education Framework.
- Incorporate 5 to 10 minutes of physical activity during core instruction as part of the lesson.

Commitment to Comprehensive Health Education
S.V. MARSHALL MIDDLE SCHOOL will**:**

- Implement the requirements of House Bill 999, which requires the development of sex related education policy and instruction on medically accurate or evidenced based abstinence-only or abstinence plus curricula.
- Implement the nutrition strand of 2020 Mississippi Contemporary Health Framework.
- Emphasize the disease and prevention control in the 2020 Mississippi Contemporary Health Framework.
- The school will conduct nutrition education activities and promotions that involve students, parents, and the community.

Commitment to Marketing a Healthy School Environment
S.V. MARSHALL MIDDLE SCHOOL will:

- Ensure that there are no pad locks or chains on Exit doors; exit should never be obstructed (in accordance with Mississippi State Fire Code). Ensure that all exit signs are illuminated and clearly visible.
- Ensure that all chemicals are stored properly in accordance with the Material Safety Data Sheet).

- Refer to the U. S. Consumer Product Safety Commission's Handbook for Public Playground Safety; for federal guidelines to playground safety.
- Ensure that fire extinguishers are inspected each year and properly tagged.
- Complete yearly maintenance of heating and cooling system in your school; check coils filters, belts, etc.
- Conduct at least one emergency evacuation drill per month
- Ensure that two means of egress are available in each classroom in case of an emergency; if there is only one door, designate a window (properly sized) as a means of egress.
- Never use extension cords as a permanent source of electricity anywhere on the school campus.
- **Comply with the applicable rules and regulations of the State Board of Education in the operation of its transportation program. In accordance with the MS Code 37-41-53; State Board of Education Policies 7903, 7904, and 7909; and Acceleration Standards #35).**
    - Inspect all buses on a quarterly basis and ensure that they are well maintained and clean.
    - Require that all bus drivers have a valid bus driver certificate and commercial driver's license and operate the bus according to all specified safety procedures. Maintain a record of yearly motor vehicle reports on each bus driver and evidence that each driver has received two hours of in-service training per semester. (SB Policy 78903)
    - Ensure arrival of all buses at their designated school site prior to the start of the instructional day.
    - Conduct bus evacuation drills at least two times each year. (SB Policy 78904)
- **Provide Facilities that meet the criteria of (MS Code 37-7-30(c)(d)(j); 37-11-5, 49 and 45-11-101; and Accreditation Standard #36)**
    - Provide facilities that are clean.
    - Provide Facilities that are safe.
    - Provide proper signage that explains Tobacco, weapons, and drugs are prohibited on the school campus and at school functions.
    - Provide operational facilities that are equipped and functional to meet the instructional needs of students and staff (in accordance with the Mississippi School Design Guidelines
    - Provide air conditioning in classroom.
- **Comply with the requirements for Safe and Healthy Schools:**
    - Maintain a comprehensive School Safety Plan on file that has been approved by the local school board. (MS Code 37-3-81 and 37-3-82(2) (and Accreditation Standard #37-1); see the School Safety Manuel and the MDE School Occupational Safety and Crisis Response Plan at:
    - State Board Policy EBB (1990) prohibits the possession of pistols, firearms, or weapons by any person on school premises or at school functions. Code 37-11-18(1996) requires any student who possesses a knife, a handgun, other firearm or any other instrument considered to be dangerous and capable of causing bodily harm or who commits a violent act on educational property be subject to automatic expulsion for one calendar year. The superintendent of the school is authorized to modify the period of time for expulsion on a case-by-case basis.
    - Prohibit students from possessing tobacco on any educational property, Criminal Code 97-32-9 (2000). Code 97-32-29(2000) Further prohibits the use of tobacco on any educational property for adults who, if in violation, would be subject to a fine and

issued a citation by a law enforcement officer. Educational property is defined as any public school building or bus campus, grounds, athletic field or other property used or operated during school-related activity.

- Provide positive, motivating messages, both verbal and non-verbal, about healthy lifestyle practices throughout the school setting.

- Involve students in planning for a healthy school environment. Students will be asked for input and feedback through the use of student surveys, and attention will be given to their comments.

- Promote healthy eating, physical activity, and healthy lifestyles to students, parents, teachers, administrators, and the community at school events (e.g., school registration, parent –teacher conferences, PTA meetings, open houses, health fairs, teacher in-services, and other events).

- Eliminate advertising and other materials on the school campus that promote foods of minimal nutritional value.

Commitment to Quality Health Services
S.V. MARSHALL MIDDLE SCHOOL will:

- Ensure the school nurse is working under the guidelines of the *Mississippi School Nurse Procedures and Standards of Care.*

- Provide for teachers and other staff, health education regarding asthma action plans as directed in SB 2393.

- The School Nurse shall attend at least one MDE sponsored training each year.

- Work with students, parents, and local healthcare providers to effectively manage and treat chronic diseases.

Commitment to Providing Counseling, Psychological and Social Services
S.V. MARSHALL MIDDLE SCHOOL will:

- Adhere to details outlined in licensure Guidelines (451) when hiring guidance counselors and psychologists. The state does not have a policy specifically outlining the requirements for a school social worker. For Licensure as a social worker in state of Mississippi, a candidate must: provide verification of a baccalaureate degree in social work from a college or university accredited by the Council on Social Work Education (CSWE) or Southern Association of Colleges and Schools (SACS) and scores a minimum of 70 on the ASWB basic exam.

- Provide at a minimum, a ½ time licensed guidance counselor for high school and ensure that all elementary school students have access to qualified student support personnel such as: guidance counselors, social workers, nurses, psychologists, psychometrist and other (as required by the Mississippi Public School Accountability Standards, Process Standards 6.1 and 6.2

- Hire School Guidance counselors with a minimum of a Master's Degree in Guidance and Counseling, or in and emergency situation, an appropriate certification as determined by the commission on Teacher and Administrator of Education, Certification and Licensure and Development

- Hire school counselors who agree to abide by the American School Counselor Association Code of Ethics.

- Ensure that all school Guidance Counselors provide comprehensive counseling services such as:
  - Academic and personal/social counseling
  - Student assessment and assessment counseling
  - Career and educational counseling
  - Individual and group counseling
  - Crisis Intervention and preventive counseling
  - Referral to Community agency
  - Educational consultation and collaborations with teachers, administrators, parents and community leaders.
  - Education and career placement
  - Follow-up counseling services.
  - Conflict resolution
  - Other counseling duties or other duties as assigned by the school principal
  - Provide teachers and administrators with health education on the topic of suicide prevention according to SB2770

- Establish a collaborative effort with the local mental health agency to assist in addressing the emotional and mental needs of the student enrolled.

- Program in place to refer students identified with Mental Health issues to mental health therapists on campus and/or temporary placement in group homes if necessary, with measures' in place to maintain educational instruction.

Commitment to Family and Community Involvement
S.V. MARSHALL MIDDLE SCHOOL will:

- Invite parents and community members to participate in school health planning by serving on the local School Health Council or other school advisory committees.

- Provide resources and training to parents on health-related topics, parenting skills, child development and family relationships.

- Update parents on School activities and events through notices and newsletters

Commitment to Implementation
S.V. MARSHALL MIDDLE SCHOOL will:

- Ensure that all staff have a copy of Health and Wellness Policy
- Establish a plan for implementation of the school wellness policy.
- Designate one or more person to insure that the school wellness policy is implemented as written.
- Establish and support a School Health Council (SHC) that addresses all aspects of a coordinated school health program, including a school wellness policy. (Mississippi Code of 1972 Annotated, Section 37-13-134).
- Conduct a review of the progress toward school wellness policy goals each year to identify areas for improvement.
- Prepare and submit a yearly report to the school board regarding the progress toward implementation of the school wellness policy and recommendations for any revisions to the policy as necessary.

Statement of Assurance
S.V. MARSHALL MIDDLE SCHOOL assures that the guidelines for reimbursable school meals shall not be less restrictive than the regulations and guidance issued by the Secretary of Agriculture. Physical Activity will be implemented within the appropriate course and extra-curricular team/unit.

Policy Evaluation
The Principal or an administrative designee will be responsible for measuring the implementation of the local wellness policy. The nurse in conjunction with the principal and other members of the Health and Wellness Plan Committee will assess and evaluate the implementation of the school's wellness plan twice a year – in November and April. A measurable evaluation resource, the Health and Wellness Assessment Instrument and/or the School Health Index Instrument will be used to measure progress toward full implementation.

Recommended School Health Council Representatives
Dr. Tracie Nave, Principal
Administrator
Cafeteria Manager
School Nurse
Sophia Gray, Counselor
Teacher
Community Partner

Tracie Nave
Dr. Tracie Nave
Principal

11-10-25
Date

Holmes County Consolidated School District
William Dean, Jr. Elementary School

Local School Wellness Policy
2025-2026

The Holmes County Consolidated School District and the William Dean Jr Elementary School recognizes there continues to be a problem with inactivity and obesity of our student. These problems affect our children education through various diseases related to the effects of sedimentary lifestyles. Therefore, we are committed to creating and improving a healthy school environment that enhances the development of lifelong wellness practices. We will promote healthy eating and physical activity that support healthy student achievement.

Rationale:

The link between nutrition, physical activity, and learning is well documented. Healthy eating and activity patterns are essential for students to achieve their full academic potential, full physical/mental growth, and lifelong health and well being. Healthy eating and physical activity, essential for a healthy weight, are also linked to reduced risk for many chronic diseases, like Type 2 diabetes, Sleep Apnea, Obesity, Asthma, Hypertension and many others. As educators, we have a responsibility to help students learn, establish, and maintain lifelong, healthy eating and activity patterns. Well-planned and effectively implanted school nutrition and fitness programs have been shown to enhance students' overall health, as well as their behavior and academic achievement in school. Staff wellness also is an integral part of a healthy school environment, since school staff can be daily role models for healthy behaviors.

Goals:

- All students of William Dean Jr Elementary shall possess the knowledge and skills necessary to make good nutritious food choices and engage in physical activity that promotes physical fitness. The increase knowledge will ultimately enhance and improve education through decreased absenteeism, improved focus and improved health.

- All staff members at William Dean Jr Elementary are encouraged to model healthy eating and exhibit physical activity behaviors as a valuable part of daily life.

Commitments:

To meet this goal, WDJE adopts this school wellness policy with the following commitments to nutrition/nutritional education, physical activity/ physical education, food safe school, comprehensive health education, healthy school environment, quality health services, providing counseling, psychological, and social services, Family community/involvement, quality staff wellness program, Marketing Healthy School Environment and implementation. This policy is designed to effectively utilize school and community resources and to equitably serve the needs and interests of all students and staff, taking into consideration differences in culture.

Commitment to Nutrition:

William Dean Jr Elementary School will:

- Offer a school lunch program with the menus that meet the meal patterns and nutrition standards established by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs.
- Offer school breakfast and snack programs (where approved and applicable) with menus that meet the meal patterns and nutrition standards established by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs
- Encourage school staff and families to participate in school meal programs
- Operate all Child Nutrition Programs with school foodservices staff who are properly qualified according to current professional standards (Mississippi Board of Education Policy, Code 2001)
- Establish food safety as a key component of all school food operations and ensure that the food service permit is current for the Food Service school site.
- Provide adequate time for students to eat and enjoy school meals (a minimum of 15-20 minutes at breakfast and 18-25 minutes at lunch).
- Follow State Board of Education policies on competitive foods and extra food sales (Mississippi Board of Education Policy, Code 2002).
- Implement Nutritional Standards as adopted by the State Board of Education in accordance with the Mississippi Healthy Students Act (State Board of Education policy 4011)
- Healthy food and beverage choices;
- Healthy food preparation;
- Marketing of healthy food choices to students and staff;
- Food preparation ingredients and products;
- Minimum/Maximum time allotted for students and staff lunch and breakfast;
- Availability of food items during the breakfast and lunch periods of the Child Nutrition Breakfast and Lunch Program.
- Methods to increase participation in the Child Nutrition School Breakfast and Lunch.
- Establish guidelines for all foods available on the school campus during the school day with the objective of promoting student health and reducing childhood obesity.
- Eliminate use of foods as rewards for student accomplishment.
- Provide nutrition information for parents, including nutrition analysis of school meals and resources to help parents to establish healthy eating behaviors at home.
- Restrict access to foods and beverages through vending machines for all students.
- Provide and promote education on healthy choices of food and educate on nutritional value towards overall health.

Establish guidelines in accordance with the Mississippi Beverage and Snack Regulation for all foods available on the school campus during the school day with the objective of promoting student health and reducing childhood obesity.

- Partner with the Holmes County Extension service to provide additional nutritional education for the elementary school, through class presentation, nutritional educational resources

    - Making Healthy Choices
    - Exploring My Pyramid with Professor Popcorn
    - Show me Nutrition
    - Organ wise Guys

Commitment to Food Safe Schools

William Dean Jr Elementary School will:

- Implement a food safety program based on a HACCP principles for all school meals, as required by the U.S. Department of Agriculture and the Mississippi Department of Education, office of Child Nutrition programs and ensure that the food service permit is current for the school site.
- Develop a food safety education plan for all staff and students, consistent with Fight Bac and other national standards for safe food handling at home and in school.
- Ensure that all staff has viewed the video developed by the Office of Healthy Schools to support food safety on the school campus. For compliance with the with the Nutrition Standards all staff must complete and sign a pre and post test developed by the Office of Healthy schools and maintain documentation of completion. The Video and Pre/Post Test can be downloaded at: http://healthyschoolsms.org/ohs_main/instructionalvideo.htm.
- All school personnel (School Board Members, Administrators, Teachers, school nurses, instructional and health services paraprofessionals, food service staff, custodians, and facilities managers, and administrative support staff) will receive copies of the Local School Wellness Policy to include food safety policies and procedures and relevant professional development. Examples of professional development include, but are not limited to, the video developed by the Office of Health Schools and ***Eating Safely at School***.
- Adequate access to hand washing facilities and supplies will be available whenever and wherever students, staff and families prepare, handle, or consume food.
- The food safety assurance plan must address strategies that minimize risks for students and staff who have food allergies and intolerances.

Commitment to Physical Activity/Physical Education

William Dean Jr Elementary School will:

- Provide 150 minutes per week of activity based instruction for all students K-5 (In accordance with Section 37-13-134, Mississippi Code of 1972, ann., reference 2004 Mississippi Public Schools Accountability Standards 32, Appendix B and 33.). Elementary will schedule include 30 minutes of daily activity to equal 150 minutes of physical activity per week.
- Provide Physical Education/ Activity in accordance with the Physical Education Rules and Regulation as approved by the State Board of Education in compliance with the Mississippi Healthy Students Act (State Board of Education Policy 4012).
- Require Fitness testing for all 5th grade Students
- Require fitness testing for high school students; during the year they acquire the ½ Carnegie unit in physical education as required for graduation by the Mississippi Healthy Student
- Kindergarten students will participate in physical activity for a minimum of 40 minutes during the school day (In accordance with the Mississippi Department of Education Kindergarten Guidelines).
- Offer a planned sequential program of physical education instructive incorporating individual and group activities, which are student centered and taught in a positive environment.
- Implement 2006 Mississippi Physical Education Framework. (Sparks Framework/Curriculum)
- Incorporate 5 to 10 minutes of physical activity during core instruction as part of the lesson.
- Schedule 10 to 15 minutes of physical activity prior to or immediately after the lunch period.
- Provide staff-monitored recreational activities that promoted moderate physical activity during all outdoor and indoor recess times.
- Staff and community will be offer structured Physical Activity after work by PE Instructor.

Commitment to Comprehensive Health Education

William Dean Jr Elementary School will:

- Implement the requirements of the Mississippi Healthy Student Act of 2007, which requires 45 minutes per week of health education instruction as defined by the State Board of Education for grades K-5
- Implement the requirements of House Bill 999, which requires the development of sex related education policy and instruction on medically accurate or evidenced based abstinence-only or abstinence plus curricula.
- Implement the nutrition strand of 2006 Mississippi Comprehensives Health Framework.
- Emphasize the disease and prevention strand in the 2006 Mississippi Comprehensive Health Framework.
- The school will conduct nutrition education activities and promotions that involve students, parents, and the community.

Commitment to Marketing a Healthy School Environment

William Dean Jr Elementary School will:

- Ensure that there are no pad locks or chains on Exit doors; exit should never be obstructed (in accordance with Mississippi State Fire Code). Ensure that all exit signs are illuminated and clearly visible.
- Ensure that all chemicals are stored properly in accordance with the Material Safety Data Sheet).
- Refer to the U. S. Consumer Product Safety Commission's Handbook for Public Playground Safety; for federal guidelines to playground safety.
- Ensure that fire extinguishers are inspected each year and properly tagged.
- Complete yearly maintenance of heating and cooling system in your school; check coils filters, belts, etc. I order to maintain
- Conduct at least one emergency evacuation drill per month
- Ensure that two means of egress are available in each classroom in case of an emergency; if there is only one door, designate a window (properly sized) as a means of egress.
- Never user extension cords as a permanent source of electricity anywhere on the school campus

Comply with the applicable rules and regulations of the State Board of Education in the operation of its transportation program9In accordance with the Ms Code 37-41-53; State Board of Education Policies 7903, 7904, and 7909; and Acceleration Standards #35).

- Inspect all buses on a quarterly basis and ensure that they are well maintained and clean.
- Require that all bus drivers have a valid bus driver certificate and commercial driver's license and operates the bus according to all specified safety procedures. Maintain a record of yearly motor vehicle reports on each bus driver and evidence that each driver has received two hours of in-service training per semester. (SB Policy 78903)
- Ensure arrival of all buses at their designated school site prior to the start of the instructional day.
- Conduct bus evacuation drills at least two times each year. (SB Policy 78904)

Provide Facilities that meet the criteria of (MS Code 37-7-30(c)(d)(j); 37-11-5, 49 and 45-11-101; and Accreditation Standard #36)

- Provide facilities that are clean
- Provide Facilities that are safe
- Provide proper signage that explains Tobacco, weapons, and drugs are prohibited on the school campus and at school functions.
- Provide operational facilities that are equipped and functional to meet the instructional needs of students and staff (in accordance with the Mississippi School Design Guidelines
- Provide air condition in classroom.

Comply with the requirements for Safe and Healthy Schools:

- Maintain a comprehensive School Safety Plan on file that has been approved by the local school board. (MS Code 37-3-81 and 37-3-82(2) (and Accreditation Standard #37-1); see the School Safety Manuel and the MDE School Occupational Safety and Crisis Response Plan at:

- State Board Policy EBB (1990) prohibits the possession of pistols, firearms, or weapons by any person on school premises or at school functions. Code 37-11-18(1996) requires any student who possesses a knife, a handgun, other firearm or any other instrument considered to be dangerous and capable of causing bodily harm or who commit a violent act on educational property be subject to automatic expulsion for one calendar year. The superintendent of the school is authorized to modify the period of time for expulsion on a case by case basis.
- Prohibit students from possessing tobacco on any educational property, Criminal Code 97-32-9 (2000). Code 97-32-29(2000) Further prohibits the use of tobacco on any educational property for adults who, if in violation, would be subject to a fine and issued a citation by a law enforcement officer. Educational property is defined as any public school building or bus campus, grounds, athletic field or other property used or operated during school-related activity.
- Provide positive, motivating messages, both verbal and non-verbal, about healthy lifestyle practices throughout the school setting.
- Involve students in planning for a healthy school environment. Students will be asked for input and feedback through the use of student surveys, and attention will be given to their comments.
- Promote healthy eating, physical activity, and healthy lifestyles to students, parents, teachers, administrators, and the community at school events (e.g., school registration, parent –teacher conferences, PTA meetings, open houses, health fairs, teacher in-services, and other events).
- Eliminate advertising and other materials on the school campus that promote foods of minimal nutritional value.

Commitment to Quality Health Services

William Dean Jr Elementary School will:

- Ensure all school nurse are working under the guidelines of the *Mississippi School Nurse Procedures and Standards of Care.*
- Provide for teachers and other staff, health education regarding asthma action plans as directed in SB 2393.
- The School Nurse shall attend at least one MDE sponsored training each year.
- Work with students, parents, and local healthcare providers to effectively manage and treat chronic diseases.

Commitment to Providing Counseling, Psychological and Social Services

William Dean Jr Elementary School will:

- Adhere to details outlined in licensure Guidelines (451) when hiring guidance counselors and psychologists. The state does not have a policy specifically outlining the requirements for a school social worker. For Licensure as a social worker in state of Mississippi, a candidate must: provide verification of a baccalaureate degree in social work from a college or university accredited by the Council on Social Work Education (CSWE) or Southern Association of Colleges and Schools (SACS) and scores a minimum of 70 on the ASWB basic exam.
- Provide at a minimum, a ½ time licensed guidance counselor for high school and ensure that all elementary school students have access to qualified student support personnel such as: guidance counselors, social workers, nurses, psychologists, psychometrist and other (as

required by the Mississippi Public School Accountability Standards, Process Standards 6.1 and 6.2

- Hire School Guidance counselors with a minimum of a Master's Degree in Guidance and Counseling, or in and emergency situation, an appropriate certification as determined by the commission on Teacher and Administrator of Education, Certification and Licensure and Development
- Hire school counselors who agree to abide by the American School Counselor Association Code of Ethics.
- Ensure that all school Guidance Counselors provide comprehensive counseling services such as:

    - Academic and personal/social counseling
    - Student assessment and assessment counseling
    - Career and educational counseling
    - Individual and group counseling
    - Crisis Intervention and preventive counseling
    - Referral to Community agency
    - Educational consultation and collaborations with teachers, administrators, parents and community leaders.
    - Education and career placement
    - Follow-up counseling services.
    - Conflict resolution
    - Other counseling duties or other duties as assigned by the school principal
    - Provide teachers and administrators with health education on the topic of suicide prevention according to SB2770

- Establish a collaborative effort with the local mental health agency (**Life Help**) to assist in addressing the emotional and mental needs of the student enrolled.

- Program in place to refer students identified with Mental Health issues to mental health therapist on campus and/or temporary placement in group homes if necessary with measures' in place to maintain educational instruction.

Commitment to Family and Community Involvement

William Dean Jr Elementary School will:

- Invite parents and community members to participate in school health planning by serving on the local School Health Council.
- Invite parents to Eat a Meal at school
- Provide resources and training to parents on health related topics, parenting skills, child development and family relationships.
- Update parents on School activities and events through notices and newsletters
- Increase PTA/PTO Membership.

Commitment to Implementation

William Dean Jr Elementary School will:

- Ensure that all staff have a copy of Health and Wellness Policy
- Establish a plan for implementation of the school wellness policy.
- Designate one or more persons to insure that the school wellness policy is implemented as written.
- Establish and support a School Health Council (SHC) that addresses all aspects of a coordinated school health program, including a school wellness policy. (Mississippi Code of 1972 Annotated, Section 37-13-134).
- Conduct a review of the progress toward school wellness policy goals each year to identify areas for improvement.
- Prepare and submit a yearly report to the school board regarding the progress toward implementation of the school wellness policy and recommendations for any revisions to the policy as necessary.

Statement of Assurance

William Dean Jr Elementary School assures that the guidelines for reimbursable school meals shall not be less restrictive than the regulations and guidance issued by the Secretary of Agriculture. Physical Activity will be implemented within the

Policy Evaluation

The Assistant Principal, Jarvious Grayson, will be responsible for measuring the implementation of the local wellness policy. The nurse in conjunction with the principal and other members of the Health and Wellness Plan Committee will assess and evaluate the implementation of the school's wellness plan twice a year – in November and April. The Health and Wellness Assessment Instrument and or the School Health Index Instrument will be used to measure progress toward full implementation.

School Health Council Representatives

Bridgett Wheaton, Principal

Jarvious Grayson, Assistant Principal

Sharon April, Cafeteria Manager

Bryant Greene, Physical Education Teacher

Camona Davis, School Nurse

Amanda Fleming, Counselor

Holmes County Consolidated School District
WILLIAMS-SULLIVAN MIDDLE SCHOOL

Local School Wellness Policy
School Year: 2025-2026

The Holmes County Consolidated School District and the **WILLIAMS-SULLIVAN MIDDLE SCHOOL** recognize there continues to be a problem with inactivity and obesity of our students. These problems affect our children's education through various diseases related to the effects of sedimentary lifestyles. Therefore, we are committed to creating and improving a healthy school environment that enhances the development of lifelong wellness practices. We will promote healthy eating and physical activity that support healthy student achievement.

Rationale:

The link between nutrition, physical activity, and learning is well documented. Healthy eating and activity patterns are essential for students to achieve their full academic potential, full physical/mental growth, and lifelong health and well-being. Healthy eating and physical activity, essential for a healthy weight, are also linked to reduced risk for many chronic diseases, like Type 2 diabetes, Sleep Apnea, Obesity, Asthma, Hypertension and many others. As educators, we have a responsibility to help students learn, establish, and maintain lifelong, healthy eating and activity patterns. Well-planned and effectively implanted school nutrition and fitness programs have been shown to enhance students' overall health, as well as their behavior and academic achievement in school. Staff wellness also is an integral part of a healthy school environment, since school staff can be daily role models for healthy behaviors.

Goals:

- All students of WILLIAMS-SULLIVAN MIDDLE SCHOOL shall possess the knowledge and skills necessary to make good nutritious food choices and engage in physical activity that promotes physical fitness. The increase knowledge will ultimately enhance and improve education through decreased absenteeism, improved focus and improved health.

- All staff members at WILLIAMS-SULLIVAN MIDDLE SCHOOL are encouraged to model healthy eating and exhibit physical activity behaviors as a valuable part of daily life.

Commitments:

To meet this goal, WILLIAMS-SULLIVAN MIDDLE SCHOOL adopts this school wellness policy with the following commitments to nutrition/nutritional education, physical activity/ physical education, food safe school, comprehensive health education, healthy school environment, quality health services, providing counseling, psychological, and social services, Family community/involvement, quality staff wellness program, Marketing Healthy School Environment and implementation. This policy is designed to effectively utilize school and community resources and to equitably serve the needs and interests of all students and staff, taking into consideration differences in culture.

Commitment to Nutrition:
WILLIAMS-SULLIVAN MIDDLE SCHOOL will:

- Offer a school lunch program with the menus that meet the meal patterns and nutrition standards established by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs.

- Offer school breakfast and snack programs (where approved and applicable) with menus that meet the meal patterns and nutrition standards established by the U.S. Department of Agriculture and the Mississippi Department of Education, Office of Child Nutrition Programs

- Encourage school staff and families to participate in school meal programs

- Operate all Child Nutrition Programs with school food services staff who are properly qualified according to current professional standards (Mississippi Board of Education Policy, Code 2001)

- Establish food safety as a key component of all school food operations and ensure that the food service permit is current for the Food Service school site.

- Provide adequate time for students to eat and enjoy school meals (a minimum of 15-20 minutes at breakfast and 18-25 minutes at lunch).

- Follow State Board of Education policies on competitive foods and extra food sales (Mississippi Board of Education Policy, Code 2002).

- Implement Nutritional Standards as adopted by the State Board of Education in accordance with the Mississippi Healthy Students Act (State Board of Education policy 4011)

- Healthy food and beverage choices;

- Healthy food preparation;

- Marketing of healthy food choices to students and staff;

- Availability of food items during the breakfast and lunch periods of the Child Nutrition Breakfast and Lunch Program.

- Methods to increase participation in the Child Nutrition School Breakfast and Lunch.

- Establish guidelines for all foods available on the school campus during the school day with the objective of promoting student health and reducing childhood obesity.

- Limit the use of foods as rewards for student accomplishment.

- Provide nutrition information for parents, including nutrition analysis of school meals and resources to help parents to establish healthy eating behaviors at home.

- Restrict access to foods and beverages through vending machines for all students.

- Provide and promote education on healthy choices of food and educate on nutritional value towards overall health

- **Establish guidelines in accordance with the Mississippi Beverage and Snack Regulation for all foods available on the school campus during the school day with the objective of promoting student health and reducing childhood obesity.**

- Partner with the Holmes County Extension service to provide additional nutritional education for schools, through class presentations and/or nutritional educational resources such as

    - Making Healthy Choices
    - Exploring My Pyramid with Professor Popcorn
    - Show me Nutrition
    - Organ wise Guys

Commitment to Food Safe Schools
WILLIAMS-SULLIVAN MIDDLE SCHOOL will:

- Implement a food safety program based on a HACCP principles for all school meals, as required by the U.S. Department of Agriculture and the Mississippi Department of Education, office of Child Nutrition programs and ensure that the food service permit is current for the school site.
- Develop a food safety education plan for all staff and students, consistent with Fight Back and other national standards for safe food handling at home and in school.

- Ensure that all staff have viewed the video developed by the Office of Healthy Schools to support food safety on the school campus. For compliance with the with the Nutrition Standards all staff must complete and sign a pre and posttest developed by the Office of Healthy schools and maintain documentation of completion. The Video and Pre/Post Test can be downloaded at: http://healthyschoolsms.org/ohs_main/instructionalvideo.htm.

- All school personnel (Administrators, Teachers, school nurses, instructional and health services paraprofessionals, food service staff, custodians, and facilities managers, and administrative support staff) will have access to the Local School Wellness Policy to include food safety policies and procedures and relevant professional development. Examples of professional development include, but are not limited to, the video developed by the Office of Health Schools and ***Eating Safely at School***.

- Adequate access to hand washing facilities and supplies will be available whenever and wherever students, staff and families prepare, handle, or consume food.

- Make efforts to minimize risks for students and staff who have food allergies and intolerances.

Commitment to Physical Activity/Physical Education
WILLIAMS-SULLIVAN MIDDLE SCHOOL will (when applicable):

- Provide Physical Education/ Activity in accordance with the Physical Education Rules and Regulation as approved by the State Board of Education in compliance with the Mississippi Healthy Students Act (State Board of Education Policy 4012).
- Require fitness testing for high school students; during the year they acquire the ½ Carnegie unit in physical education as required for graduation by the Mississippi Healthy Student
- Offer a planned sequential program of physical education instructive incorporating individual and group activities, which are student centered and taught in a positive environment.
- Implement the current Mississippi Physical Education Framework.
- Incorporate 5 to 10 minutes of physical activity during core instruction as part of the lesson.

Commitment to Comprehensive Health Education
WILLIAMS-SULLIVAN MIDDLE SCHOOL will**:**

- Implement the requirements of House Bill 999, which requires the development of sex related education policy and instruction on medically accurate or evidenced based abstinence-only or abstinence plus curricula.
- Implement the nutrition strand of 2020 Mississippi Contemporary Health Framework.
- Emphasize the disease and prevention control in the 2020 Mississippi Contemporary Health Framework.
- The school will conduct nutrition education activities and promotions that involve students, parents, and the community.

Commitment to Marketing a Healthy School Environment
WILLIAMS-SULLIVAN MIDDLE SCHOOL will:

- Ensure that there are no pad locks or chains on Exit doors; exit should never be obstructed (in accordance with Mississippi State Fire Code). Ensure that all exit signs are illuminated and clearly visible.
- Ensure that all chemicals are stored properly in accordance with the Material Safety Data Sheet).

- Refer to the U. S. Consumer Product Safety Commission's Handbook for Public Playground Safety; for federal guidelines to playground safety.
- Ensure that fire extinguishers are inspected each year and properly tagged.
- Complete yearly maintenance of heating and cooling system in your school; check coils filters, belts, etc.
- Conduct at least one emergency evacuation drill per month
- Ensure that two means of egress are available in each classroom in case of an emergency; if there is only one door, designate a window (properly sized) as a means of egress.
- Never use extension cords as a permanent source of electricity anywhere on the school campus.
- **Comply with the applicable rules and regulations of the State Board of Education in the operation of its transportation program. In accordance with the MS Code 37-41-53; State Board of Education Policies 7903, 7904, and 7909; and Acceleration Standards #35).**
    - Inspect all buses on a quarterly basis and ensure that they are well maintained and clean.
    - Require that all bus drivers have a valid bus driver certificate and commercial driver's license and operate the bus according to all specified safety procedures. Maintain a record of yearly motor vehicle reports on each bus driver and evidence that each driver has received two hours of in-service training per semester. (SB Policy 78903)
    - Ensure arrival of all buses at their designated school site prior to the start of the instructional day.
    - Conduct bus evacuation drills at least two times each year. (SB Policy 78904)
- **Provide Facilities that meet the criteria of (MS Code 37-7-30(c)(d)(j); 37-11-5, 49 and 45-11-101; and Accreditation Standard #36)**
    - Provide facilities that are clean.
    - Provide Facilities that are safe.
    - Provide proper signage that explains Tobacco, weapons, and drugs are prohibited on the school campus and at school functions.
    - Provide operational facilities that are equipped and functional to meet the instructional needs of students and staff (in accordance with the Mississippi School Design Guidelines
    - Provide air conditioning in classroom.
- **Comply with the requirements for Safe and Healthy Schools:**
    - Maintain a comprehensive School Safety Plan on file that has been approved by the local school board. (MS Code 37-3-81 and 37-3-82(2) (and Accreditation Standard #37-1); see the School Safety Manuel and the MDE School Occupational Safety and Crisis Response Plan at:
    - State Board Policy EBB (1990) prohibits the possession of pistols, firearms, or weapons by any person on school premises or at school functions. Code 37-11-18(1996) requires any student who possesses a knife, a handgun, other firearm or any other instrument considered to be dangerous and capable of causing bodily harm or who commits a violent act on educational property be subject to automatic expulsion for one calendar year. The superintendent of the school is authorized to modify the period of time for expulsion on a case-by-case basis.
    - Prohibit students from possessing tobacco on any educational property, Criminal Code 97-32-9 (2000). Code 97-32-29(2000) Further prohibits the use of tobacco on any educational property for adults who, if in violation, would be subject to a fine and

issued a citation by a law enforcement officer. Educational property is defined as any public-school building or bus campus, grounds, athletic field or other property used or operated during school-related activity.

- Provide positive, motivating messages, both verbal and non-verbal, about healthy lifestyle practices throughout the school setting.

- Involve students in planning for a healthy school environment. Students will be asked for input and feedback through the use of student surveys, and attention will be given to their comments.

- Promote healthy eating, physical activity, and healthy lifestyles to students, parents, teachers, administrators, and the community at school events (e.g., school registration, parent –teacher conferences, PTA meetings, open houses, health fairs, teacher in-services, and other events).

- Eliminate advertising and other materials on the school campus that promote foods of minimal nutritional value.

Commitment to Quality Health Services
WILLIAMS-SULLIVAN MIDDLE SCHOOL will:

- Ensure the school nurse is working under the guidelines of the *Mississippi School Nurse Procedures and Standards of Care.*

- Provide for teachers and other staff, health education regarding asthma action plans as directed in SB 2393.

- The School Nurse shall attend at least one MDE sponsored training each year.

- Work with students, parents, and local healthcare providers to effectively manage and treat chronic diseases.

Commitment to Providing Counseling, Psychological and Social Services
WILLIAMS-SULLIVAN MIDDLE SCHOOL will:

- Adhere to details outlined in licensure Guidelines (451) when hiring guidance counselors and psychologists. The state does not have a policy specifically outlining the requirements for a school social worker. For Licensure as a social worker in state of Mississippi, a candidate must: provide verification of a baccalaureate degree in social work from a college or university accredited by the Council on Social Work Education (CSWE) or Southern Association of Colleges and Schools (SACS) and scores a minimum of 70 on the ASWB basic exam.

- Provide at a minimum, a ½ time licensed guidance counselor for high school and ensure that all elementary school students have access to qualified student support personnel such as: guidance counselors, social workers, nurses, psychologists, psychometrist and other (as required by the Mississippi Public School Accountability Standards, Process Standards 6.1 and 6.2

- Hire School Guidance counselors with a minimum of a Master's Degree in Guidance and Counseling, or in and emergency situation, an appropriate certification as determined by the commission on Teacher and Administrator of Education, Certification and Licensure and Development

- Hire school counselors who agree to abide by the American School Counselor Association Code of Ethics.

- Ensure that all school Guidance Counselors provide comprehensive counseling services such as:
    - Academic and personal/social counseling
    - Student assessment and assessment counseling
    - Career and educational counseling
    - Individual and group counseling
    - Crisis Intervention and preventive counseling
    - Referral to Community agency
    - Educational consultation and collaborations with teachers, administrators, parents and community leaders.
    - Education and career placement
    - Follow-up counseling services.
    - Conflict resolution
    - Other counseling duties or other duties as assigned by the school principal
    - Provide teachers and administrators with health education on the topic of suicide prevention according to SB2770

- Establish a collaborative effort with the local mental health agency to assist in addressing the emotional and mental needs of the student enrolled.

- Program in place to refer students identified with Mental Health issues to mental health therapists on campus and/or temporary placement in group homes if necessary, with measures' in place to maintain educational instruction.

Commitment to Family and Community Involvement
WILLIAMS-SULLIVAN MIDDLE SCHOOL will:

- Invite parents and community members to participate in school health planning by serving on the local School Health Council or other school advisory committees.

- Provide resources and training to parents on health-related topics, parenting skills, child development and family relationships.

- Update parents on School activities and events through notices and newsletters

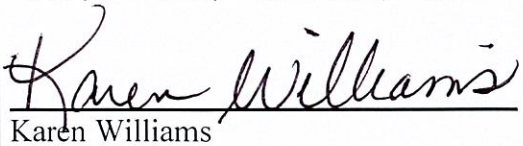
Commitment to Implementation
WILLIAMS-SULLIVAN MIDDLE SCHOOL will:

- Ensure that all staff have a copy of Health and Wellness Policy
- Establish a plan for implementation of the school wellness policy.
- Designate one or more person to ensure that the school wellness policy is implemented as written.
- Establish and support a School Health Council (SHC) that addresses all aspects of a coordinated school health program, including a school wellness policy. (Mississippi Code of 1972 Annotated, Section 37-13-134).
- Conduct a review of the progress toward school wellness policy goals each year to identify areas for improvement.
- Prepare and submit a yearly report to the school board regarding the progress toward implementation of the school wellness policy and recommendations for any revisions to the policy as necessary.

Statement of Assurance
WILLIAMS-SULLIVAN MIDDLE SCHOOL assures that the guidelines for reimbursable school meals shall not be less restrictive than the regulations and guidance issued by the Secretary of Agriculture. Physical Activity will be implemented within the appropriate course and extra-curricular team/unit.

Policy Evaluation
The principal or an administrative designee will be responsible for measuring the implementation of the local wellness policy. The nurse in conjunction with the principal and other members of the Health and Wellness Plan Committee will assess and evaluate the implementation of the school's wellness plan twice a year – in November and April. A measurable evaluation resource, the Health and Wellness Assessment Instrument and/or the School Health Index Instrument will be used to measure progress toward full implementation.

Recommended School Health Council Representatives
Karen Williams, Principal
Dr. Monica Watts, Administrator
Chandra Luckett, Cafeteria Manager
Janice Washington, School Nurse
Stacy Hightower, Counselor
Monica Anderson, Teacher
Latonya Gladney, Community Partner



Karen Williams
Principal

November 5, 2025
Date