Upland Unified School District

NOVEMBER

Daily Breakfast Specials

Whole Grain Breakfast Bread Variety
Whole Grain Bagel & Cream Cheese
Whole Grain Cereal Variety
Whole Grain Breakfast Bars
Yogurt (9 g of sugar)
Mozzarella String Cheese



Hot Breakfast Specials

Monday WHEAT MILK EGG SOY
Whole Grain Ham & Swiss Croissant

Wednesday WHEAT MILK EGG SOY
Whole Grain French Toast Sticks and Chicken Sausage Patty

Friday SOY EGG WHEAT
Whole Grain Chicken Sausage Maple Pancake Wrap

Local Farm-Fresh Seasonal Fruit & Veggies
Local Driftwood Dairy California Milk Fat Free Flavored/Unflavored and Low-fat White Milk

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*Menu subject to change
*This institution is an equal opportunity provider

SOY MILK WHEAT EGG SESAME

NOVEMBER

UPLAND UNIFIED SCHOOL DISTRICT

Fresh Salad Bar Offered Daily

Local Driftwood Dairy California Milk 1% White Milk or Non-Fat Chocolate Milk

WG = Whole Grain

= New Item(s)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **NO SCHOOL**	3 **WG Chipotle Chicken and Cheese Pupusa** fiesta salad bar	4 **WG Cheese Calzone** served with marinara sauce seasonal salad bar	5 **Teriyaki Chicken & Garlic Brown Fried Rice** asian salad bar	6 **WG Mini Turkey Corn Dogs and Crackers** american salad bar
9 **WG Crispy Chicken Sandwich** served on a whole grain bun sandwich salad bar	10 **Turkey Barbacoa Tacos** fiesta salad bar	11 VETERANS DAY	12 **Hawaiian Chicken Drumstick & WG Bread Roll** asian salad bar	13 **WG Mini Pancakes & Chicken Sausage Patty** american salad bar
16 **WG Charbroiled Cheeseburger** sandwich salad bar	17 **WG Walking Taco** seasoned turkey taco meat and reduced fat chips fiesta salad bar	18 **WG French Bread Cheese Pizza** seasonal salad bar	19 **Thanksgiving Meal WG Turkey Pot Pie served with WG pumpkin cookie** seasonal salad bar	20 **WG Turkey Shaped Nuggets and Thanksgiving Crackers** american salad bar

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