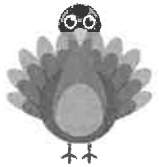
Center For Lifelong Learning LUNCH

November 2 - November 30

What's Cooking Today?



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 W/G Mini Cheese Quesadillas Plantains Fruit Milk	**3** W/G Macaroni & Cheese Mixed Vegetables Fruit Wheat Dinner Roll Milk	**4** Beef Tacos w/ Shredded Cheddar Cheese on W/G Flour Tortillas Vegetarian Beans Fruit Milk	**5** **SCHOOL CLOSED**	**6** **SCHOOL CLOSED**
9 BBQ Grilled Chicken Fillet on Wheat Bun Seasoned Diced Potatoes Fruit Milk	**10** All Beef Hamburger on Wheat Hamburger Bun Sweet Potato Fries Fruit Milk	**11** Cheese Lasagna with Spaghetti Sauce Green Beans Whole Wheat Dinner Roll Fruit Milk	**12** **BREAKFAST FOR LUNCH** French Toast Sticks-w/Syrup Turkey Sausage Patty Black Bean & Corn Salad Fruit Milk	**13** Cheese Pizza Romaine Salad w/ Dressing Fruit Milk
16 Sliced Turkey with Gravy Mashed Potatoes Fruit Wheat Dinner Roll Milk	**17** W/G Popcorn Chicken- w/ Sweet & Sour Sauce Vegetarian Beans Fruit Whole Grain Bread Milk	**18** Beef Meatballs Parmigiana on Wheat Sub Diced Carrots Fruit Milk	**19** Beef Nachos w/ Cheddar Cheese Sauce on W/G Tortilla Scoops Sliced Cucumbers w/ Dip Fruit Milk	**20** W/G Turkey & Beef Pepperoni Pizza Pocket Romaine Salad w/ Dressing Fruit Milk
23 W/G Chicken Fingers Vegetarian Beans Whole Grain Bread Fruit Milk	**24** W/G Cheese Ravioli w/ Spaghetti Sauce Corn Whole Grain Bread Fruit Milk	**25** All Beef Italian Wheat Sub (Beef Bologna, Beef Salami, & American Cheese Sub) Sliced Cucumbers w/Dip Fruit Milk	**26** 	**27** 
30 W/G Breaded Chicken Patty on Wheat Bun Vegetarian Beans Fruit Milk				