



Jean Massieu Academy

Lunch Menu

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Charbroiled Hamburger on WG Bun Seasoned Fries Burger 'Salad' Red Apple	3 Marinara Meatballs w/Spaghetti Seasoned Green Beans Fresh Garden Salad Chilled Lite Diced Peaches	4 Chicken & Cheese Burrito Texas 'Caviar' Bean Salad Steamed Carrot Coins Fresh-Cut Pineapple	5 Lone Star BBQ Chicken Drumstick w/WG Roll Cowboy Ranch Beans Fresh Celery Sticks Applesauce Cup	6 Cheese Pizza Round (V) Fresh Garden Salad Chilled Lite Mixed Fruit
9 Mini Chicken Corn Dogs Oven Baked Tater Tots Baby Carrots Red Apple	10 Rotini Mac & Cheese Pasta (V) w/WG Bread Slice Fresh Garden Salad Steamed Carrot Coins Chilled Lite Diced Peaches	11 Chicken Fajita Quesadilla Charro Beans Steamed Cut Corn Fresh Cantaloupe	12 Cheeseburger Meatloaf w/WG Roll Mashed Potatoes Steamed Broccoli Fruit & Gelatin	13 BBQ Chicken & Jack Torta Sandwich Southwestern Diced Potatoes Fresh Carrot Sticks Banana
16 Charbroiled Hamburger on WG Bun Oven Baked Potato Fresh Baby Carrots Red Apple	17 Chicken Nuggets w/WG Roll Steamed Carrot Coins Fresh Celery Sticks Red Apple	18 Spaghetti & Meat Sauce Seasoned Green Beans Caesar Side Salad Fresh-Cut Cantaloupe	19 Thanksgiving Sliced Turkey Breast & Gravy w/WG Roll Mashed Potatoes Seasoned Green Beans Pear Halves	20 Cheese Pizza Round (V) Italian Three Bean Salad Fresh Garden Salad Applesauce Cup
23 No School	24 No School	25 No School	26 Thanksgiving No School	27 No School
30 Toasted Cheese Sandwich (V) Steamed Carrot Coins Fresh Carrot Sticks Red Apple	1 Chicken Nuggets Mashed Potatoes Rice & Chickpea Pilaf Chilled Lite Mixed Fruit	2 Alfredo's Roast Chicken Pasta w/WG Steamed Broccoli Caesar Side Salad Fresh Red Grapes	3 Cheese Dog & Bun Seasoned Green Beans Fresh Veggie Sticks Pear Halves	4 Beef & Cheese Nachos Refried Black Beans Fresh Taco Greens Craisins

Daily Offering:
1% or Skim Milk

(V) = Vegetarian

Serving those true tastes, recipes, and traditions of Texas.

Sauces, Beans, Salads, Pastas, Bakery are all scratch-cooked in house with our healthy recipes.

Produce is Sourced Seasonally and Locally when Available.



Peanut & Pork-Free Menu
All Sausage & Ham is made from Turkey or Beef

Lunch K-12