Lunch Menu

Syosset Elementary School

November 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Homemade Mac & Cheese Crispy Potato Puffs Celery Clementine MEATLESS MONDAY	**3** SCHOOL CLOSED TODAY	**4** Homemade Pasta & *** Meatballs *freshly baked meatballs with tomato sauce over pasta* Green Bean Salad Watermelon Slices *National Sandwich Day!*	**5** Nachos Grande *** Salsa Black Beans Celery Fresh Pear	**6** Cheese Pizza Pepperoni Pizza **** Sauteed Zucchini Caesar Salad Baby Carrots Mango Cup
9 French Toast Syrup Crispy Potato Puffs Celery Clementine IT'S BRUNCH FOR LUNCH TIME! MEATLESS MONDAY	**10** General Tso's Chicken Brown Rice Roasted Butternut Squash Baby Carrots Honeydew and Cantaloupe Cup	**11** IT'S VETERANS DAY	**12** Nachos Grande *** Sauteed Corn & Black Bean Salsa Celery Pineapple	**13** Cheese Pizza Chicken Pizza Mixed Kale Side Salad Carrot Sticks Mango Cup HARVEST
16 Homemade Mac & Cheese Crispy Potato Puffs Steamed Broccoli Celery Fresh Blueberries MEATLESS MONDAY	**17** Crispy Chicken Drumstick Whole Wheat Dinner Roll Sweet Potato Fries Celery Apple Slices	**18** Homemade Pasta & ***Meatballs Steamed Carrots Cucumber Coins Strawberries	**19** Nachos Grande *** With Salsa Black Beans Fiesta Corn Honeydew and Cantaloupe Cup	**20** Cheese Pizza Pepperoni Pizza **** Spinach Salad Applesauce
23 Cheesy Stuffed Bread Sticks Marinara Sauce Crispy Potato Puffs Celery Clementine MEATLESS MONDAY	**24** Baked Chicken Tenders Whole Wheat Dinner Roll Mashed Potatoes Sweet Corn Clementine *Sammy's Sharing Table!*	**25** SCHOOL CLOSED TODAY	**26** THANKSGIVING DAY	**27** SCHOOL CLOSED TODAY
30 Mozzarella Sticks Marinara Sauce Crispy Potato Puffs Celery Fresh Blueberries MEATLESS MONDAY	HARVEST of the month kale			

** Turkey, ** Chicken,*

**** Beef, **** Beef/Chicken*



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

MEAL PRICE:
All Students: $0.00
Second Meals: $2.75
Adult $5.38+tax
Milk: Student-$0.75
Adult $0.75+Tax

General Manager
Karen Ball
kball@syossetschools.org

Daily Lunch Offerings: Garden Salad or Chicken Caesar Salad w/a grain. Turkey or Ham sandwich w/without cheese, or Sunflower Seed Butter w/Jelly Sandwich, Cheese Sandwich or Bagel Meal (bagel, yogurt, cheese stick and/or egg) ***Vegetarian options available Daily:*** *Nuggets and Burgers.* **Daily Fruit & Vegetable options**: Asst. 100% juice, apples, oranges, pears, baby carrots, celery, side salad. **All meals served with**: 1% white, fat free white, FF chocolate milk (all antibiotic and hormone free)
*Gluten free options available. Contact manager for more information. *

Vegetarian · Made With Natural Ingredients · Pork · Smart Choice · Made With Organic Ingredients