



2026 - 2027 SHAC Meetings

Running Agenda

Attendees: See sign-in form per meeting.

Resources:

- SHAC Bylaws:  Westlake Academy SHAC Bylaws (2026-2027).docx.pdf
- SHAC Guide (from TEA):  SHAC Guide.pdf
- [Board of Trustees Presentation \(10/20/26\)](#)

October 28, 2026

Time	Discussion Topic	Meeting Notes
8:00 am	Welcome/Introductions	Thank you for joining the Westlake Academy School Health Advisory Council (SHAC) for the 2026-2027 academic year! 1. Please sign-in via this Google Form. 2. Introductions from Council Members 3. Brief SHAC Overview: ◦ What is the purpose of the SHAC? ◦ Sub-committees ◦ Meeting Dates for 2026-2027
8:10 am	Program Overview	
8:30 am	Shared Vision	What are your highest hopes for Westlake Academy students regarding their physical health, mental wellness, and personal safety? 1. Individual responses on Post-It notes or via this Digital Version: SHAC Padlet 2. Gallery Walk 3. Shared out: Commonalities among three areas
8:45 am	Sub-committees	Sub-committees: • Safe and Supportive School Environment • Mental Health and Wellness Programs • Physical Health, Nutrition, and Fitness Sub-committee Huddle 1. Introduce yourself and share why this sub-committee interests you the most! 2. Review your sub-committee's responses: paper + Padlet. a. What are the top two priorities per that input? b. Ensure all Post-It notes are also captured on the Padlet.
8:50 am	Officer Positions	Thank you to those who have volunteered to serve on a board position for our SHAC. Voting for these positions: ☐ Chair ☐ Vice Chair



		☐ Secretary ☐ Parliamentarian *Our newly appointed board members will review our Bylaws; they will be approved at our next SHAC meeting on January 7th, 2027.
9:00 am	Closing	Thank you for joining us! Our next meetings will be on the following dates from 8:00 - 9:00 am at the Westlake Firehouse: • January 7th, 2027 • March 31st, 2027

Action Items

Action Item + Details	Person(s) Responsible	Complete