



NOVEMBER 2026

OPHS



MON	TUE	WED	THU	FRI
2 Cheesy Egg Bites & Potatoes OR Pancakes Grilled Cheese Sandwich Tomato Soup	3 Bagel with Cream Cheese OR Cold Cereal Chicken or Tofu Fajita Tacos Black Beans Salsa, Guacamole	4 Buttermilk Biscuit OR Banana Bread BBQ Veggie Chik'n Sandwich Coleslaw	5 Parfait OR French Toast Sticks Chicken Tikka or Chana Masala Green Peas Cucumber Slices	6 Breakfast Burrito OR Waffle Ameci Cheese Pizza Baby Carrots Side Salad
9 Cheesy Egg Bites & Potatoes OR Pancakes Veggie Nachos Guacamole Salsa	10 Bagel with Cream Cheese OR Cold Cereal Chicken or Veggie Chik'n Chipotle Pasta Side Mixed Green Salad	11 NO SCHOOL ★★★★★	12 Parfait OR French Toast Sticks Peruvian Chicken or Tofu Roasted Cauliflower	13 Breakfast Burrito OR Waffle Cheese Quesadilla Jalapeño Corn Side Salsa
16 Cheesy Egg Bites & Potatoes OR Pancakes Veggie Cheeseburger French Fries Dill Pickle Spears	17 Bagel with Cream Cheese OR Cold Cereal Chicken or Veggie Fiesta Bowl Cut Corn, Black Beans Salsa, Guacamole	18 Buttermilk Biscuit OR Banana Bread Mac 'n' Cheese Steamed Broccoli Shelled Edamame	19 Pumpkin Muffin Squares Thanksgiving Feast	20 Chef's Choice Ameci Cheese Pizza Baby Carrots Side Salad
 NO SCHOOL 11/23 - 11/27 <i>Happy Thanksgiving</i>				
30 Cheesy Egg Bites & Potatoes OR Pancakes Veggie Chik'n Nuggets w/ WG Roll French Fries Veggie Sticks	1 Bagel with Cream Cheese OR Cold Cereal Sweet & Spicy Korean Bowl with Chicken or Tofu Shelled Edamame	2 Buttermilk Biscuit OR Banana Bread BBQ Veggie Chik'n Sandwich Coleslaw	3 Parfait OR French Toast Sticks Chicken or Tofu Teriyaki Bowl Steamed Broccoli	4 Breakfast Burrito OR Waffle Cheese Quesadilla Jalapeño Corn Side Salsa

November's Harvest of the Month:



APPLES!

NOV 19 LUNCH:

THANKSGIVING FEAST

Freshly sliced turkey or tofu, a heaping of stuffing, fluffy mashed potatoes, dinner roll, and a side of gravy and cranberry sauce -- YUM!

Menu subject to change at any time