Golden Rule Schools
Breakfast Menu

2 **Egg & Cheese Breakfast-on-a-Bun (V)** *or* **Fruit Yogurt Cup & Fun Fitness Crackers** Pear Halves	**3** **All Beef Breakfast Pizza** *or* **Cinnamon Raisin Bagel w/ Cream Cheese** Orange	**4** **The Texas Breakfast Taco** *or* **Blueberry Lemon Bar & Cheese Stick** Sliced Peaches	**5** **Our Bakery Strawberry-Glazed Cinnamon Roll (V)** *or* **Mixed Berry Yogurt Parfait w/ Cheerios** Banana	**6** **No School**
9 **French Toast Sticks (V)** *or* **Fruit Yogurt Cup & Graham Bites** Craisins	**10** **Our Bakery Sausage Roll** *or* **Sliced Bread w/ Jelly & Matey's Cereal** Orange	**11** **WG Biscuit w/ Chicken Tender** *or* **Our Bakery Banana Flatcake w/ Cheerios Cereal** Applesauce Cup	**12** **Rio Grande Breakfast Taco** *or* **Bagel w/ Strawberry Cream Cheese** Banana	**13** **Our Bakery Peach-Glazed Cinnamon Roll (V)** *or* **Strawberry Yogurt Parfait w/ Cheerios** Sliced Lite Pears
16 **WG Waffles & Syrup (V)** *or* **Fruit Yogurt Cup & ZeeZee Grahams** Applesauce Cup	**17** **The Texas Breakfast Taco** **Strawbery Crisp Bar & Cheese Stick** Orange	**18** **Our Bakery Turkey Sausage & Cheese Kolache** *or* **Strawberry Yogurt Parfait w/ Cheerios** Chilled Lite Diced Peaches	**19** **Breakfast Turkey Sausage Pizza Bagel** *or* **Blueberry Lemon Bar & Cheese Stick** Banana	**20** **Egg & Cheese Breakfast-on-a-Bun (V)** *or* **Cinnamon Raisin Bagel w/ Cream Cheese** Sliced Peaches
23 **Holiday**	**24** **Holiday**	**25** **Holiday**	**26** **Thanksgiving** **No School**	**27** **Holiday**
30 **Breakfast Bar & Cereal Bowl** Chilled Applesauce Cup	**1** **The Houstonian Breakfast Taco** *or* **Blueberry Muffin & String Cheese** Chilled Lite Diced Peaches	**2** **Our Bakery Peach Kolache (V)** *or* **Strawbery Crisp Bar & Cheese Stick** Fresh-Cut Cantaloupe	**3** **Breakfast Taquito w/ Turkey Sausage** *or* **Blueberry Yogurt Parfait w/ ZeeZee Grahams** Banana	**4** **Turkey Sausage Biscuit Sandwich** *or* **Our Bakery Apple Crumb Flatcake w/ Matey's Cereal** Sliced Lite Pears

Daily Offerings:
100% Fruit Juice
1% or Skim Milk

Serving those true tastes, recipes, and traditions of Texas.

Our Bakery Items are baked fresh in house.
Fruit is Sourced Seasonaly and Locally when Available.

GO TEXAN.

Peanut & Pork-Free Menu
All Sausage & Ham is made from Turkey or Beef

Breakfast K-12

This institution is an equal opportunity provider.