

MCGRAW MINUTES

Issue #9 October 23, 2026

A Note from Mrs. Shaw...

Dear McGraw Families,
We always want to support your students the best we can here at McGraw. We want to hear from you about how we're doing. Please take a few moments to complete the "Feedback and Input Survey." See the letter from our curriculum office below.



Survey link: [LINK](#)

RSU 22 Curriculum Office
24 Main Rd. N.
Hampden, ME 04444
(207) 862-0843

Dear RSU 22 Families,

We want to hear about your experience with your child's school. This fall, we are inviting all families to complete the Feedback and Input Survey. The survey asks how we could best communicate with you, how welcome and respected you feel, how we support positive behavior, and how our schools could better support your family. Your responses will help us improve our schools for every student.

A note about our surveys this year: In past years, families may have been asked to complete the School Climate Survey in both the fall and the spring. Going forward, the School Climate Survey will be given in the spring only, and the Feedback and Input Survey will be given each fall.

The survey is open now through Wednesday, October 28. It is anonymous and contains 36 items, most of them quick yes/no or checklist questions, and takes about 10 minutes to complete. If you have children in more than one school, please complete one survey for each school, since we use each school's results to make improvements there. You may skip any question you'd prefer not to answer. There are no right or wrong answers.

No identifying information is collected with your answers, and results will only be reported as group responses. If you feel that answering a question about your child would identify you, you may choose "I prefer not to answer."

Survey link: [LINK](#)

If you'd prefer a paper copy, you can pick one up in your child's school office. If you have questions about the survey, please contact your child's school office.

Thank you for your time and your honest input. It matters, and we will use it.

Sincerely,

Jennifer Nickerson
RSU 22 Director of Curriculum

McGraw School Office

School Hours

8:30 a.m.- 3:00 p.m.

If you need to contact the office...

Office Hours: 7:45 a.m. - 4:00 p.m.

call: 207.862.3830

email: mcgrawoffice@rsu22.us (all dismissal/absence communication)

fax: 207.862.5649

visit: 20 Main Rd. N. Hampden, ME 04444

Admin. Assistant: Mrs. Tracy-Dunn, ftracydunn@rsu22.us

Admin. Assistant: Mrs. Paradis, dparadis@rsu22.us

Principal: Mrs. Shaw, shannonshaw@rsu22.us

School Nurse: Mrs. Adams, nadams@rsu22.us

School Counselor: Mrs. Erickson, merickson@rsu22.us

[McGraw School Website](#)

[McGraw Facebook Page](#)

Upcoming Dates:

- 10/28 Feedback and Input Survey Due
- 10/29 McGraw Autumn Showcase 5:30p-6:30p/ Book Fair 5:00p-7:00p
- 10/30 Book Character Day - (See flyer below)
- 10/30 All-School Share
- 11/2 Picture Re-Take Day
- 11/11 No School - Veterans' Day
- 11/17, 11/23/11/24 Parent/Teacher Conferences (More info coming soon)
- 11/25-11/27 No School - Thanksgiving Holiday



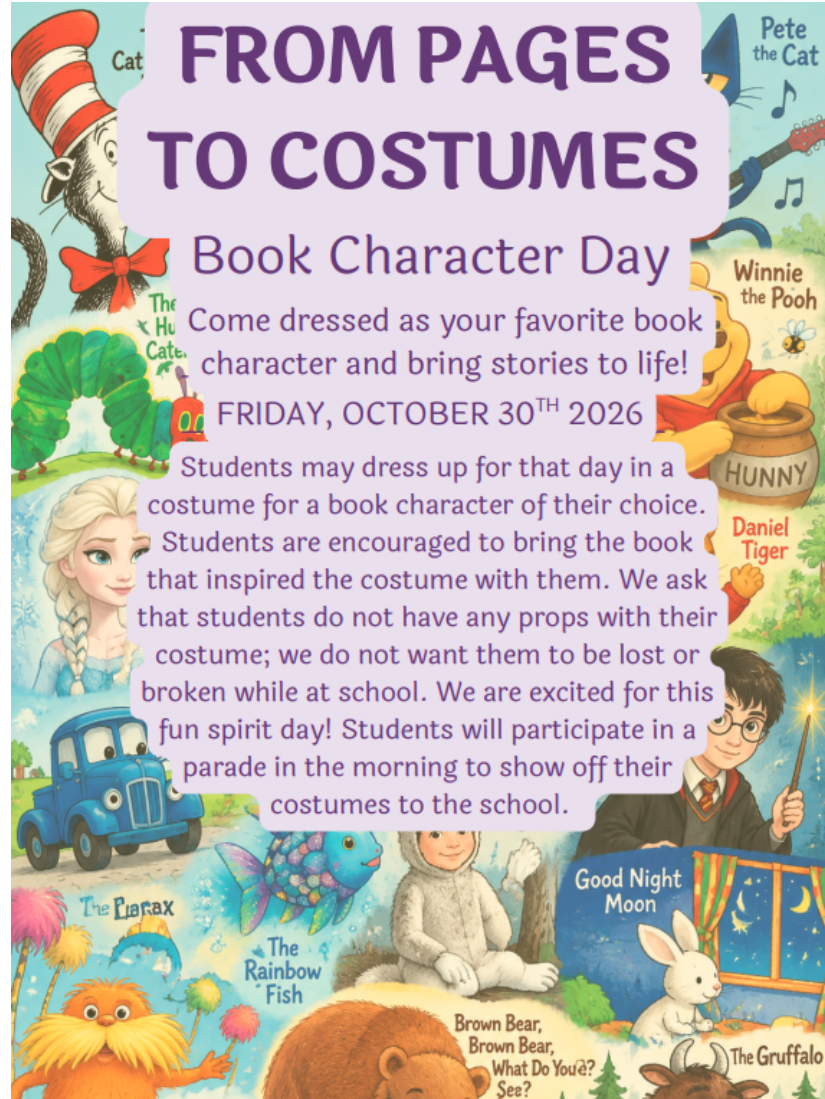
Autumn Showcase/ Scholastic Book Fair

The PTO could really use some help making the book fair a success! Please consider signing up to volunteer on October 29, especially to help run a register.

<https://signup.com/go/gMobCsH>



McGraw Book Character Day



Book Character Day

Come dressed as your favorite book character and bring stories to life!

FRIDAY, OCTOBER 30TH 2026

Students may dress up for that day in a costume for a book character of their choice. Students are encouraged to bring the book that inspired the costume with them. We ask that students do not have any props with their costume; we do not want them to be lost or broken while at school. We are excited for this fun spirit day! Students will participate in a parade in the morning to show off their costumes to the school.

Planned Absence Notification Form

If your child is going to miss 3 or more days, a planned absence notification form is needed.

A planned absence notification form must be completed and turned into the McGraw office at least 5 days prior to the absence. This form notifies the school of an absence and whether or not it qualifies as an excused or unexcused absence.

Please note: All absences are included in the total number of days absent as defined by the attendance policy and may lead to your child being considered chronically absent.

Spirit Wear

We wear PURPLE and McGraw Gear on our All-School Share days!

If you're looking for McGraw Gear, go to our local vendor, Goodwin Glass & Graphics!

<https://www.goodwinglassandgraphics.com/product-category/mcgraw/>

Plan Ahead 2026-2027



RSU 22 greatly values instructional time, and our students benefit from consistent attendance. When looking ahead to the 26-27 school year, please consider these dates when planning holidays, appointments, and vacations.

HOLIDAYS & IN-SERVICE DAYS	VACATIONS
LABOR DAY	THANKSGIVING
NO SCHOOL MONDAY, 9/7/26	EARLY DISMISSAL TUESDAY, 11/24/26
INDIGENOUS PEOPLE'S DAY	NO SCHOOL 11/25 - 11/27/26
EARLY DISMISSAL FRIDAY, 10/9/26	WINTER BREAK
NO SCHOOL MONDAY, 10/12/26	NO SCHOOL 12/23/26 - 1/1/27
VETERANS' DAY	FEBRUARY BREAK
NO SCHOOL WEDNESDAY, 11/11/26	EARLY DISMISSAL FRIDAY, 2/12/27
MARTIN LUTHER KING DAY	NO SCHOOL 2/15-2/19/27
NO SCHOOL MONDAY, 1/18/27	APRIL BREAK
IN-SERVICE DAY - NO SCHOOL FRIDAY, 3/12/26	EARLY DISMISSAL FRIDAY, 4/16/27
MEMORIAL DAY	NO SCHOOL 4/19-4/23/27
EARLY DISMISSAL FRIDAY, 5/28/27	EARLY DISMISSAL & TENTATIVE LAST DAY OF SCHOOL FRIDAY, 6/11/27
NO SCHOOL MONDAY, 5/31/27	

2026

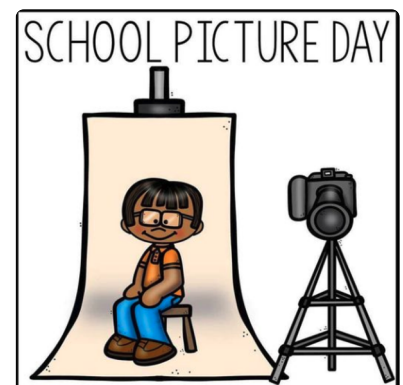
OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
27 	28 	29 	30	1 E	2 F 	3 
4	5 A	6 B	7 C	8 D	9 Early Dismissal Day at 12:05pm	10
11 	12 NO SCHOOL! In Observance of Indigenous People's Day	13 E	14 F	15 A	16 B	17 
18 	19 C	20 D	21 E	22 F	23 A	24
25 	26 B	27 C	28 D	29 E	30 F	31 

OCTOBER		EARL MCGRAW - GEO. WEATHERBEE		2026	
BREAKFAST					
Includes Juice, Milk, Cereal, Fruit, Grains, & More. Each day of the week has a feature that rotates monthly.					
Pancakes	Fresh Baked Muffins	Breakfast Sandwich	French Toast Sticks	Donuts	
Monday	Tuesday	Wednesday	Thursday	Friday	
LUNCH					
Includes Milk, Fruit, and Salad Bar each day. Check the cafeteria menu board for Chef's Specials and Peanut Butter & Jelly Meal.					
SALAD & FRUIT BAR Offered at Lunch Every Day 	MAINE APPLE CRUNCH DAY On Wed Oct 14 we will be celebrating with students from across the state by crunching down on a local apple at noon to make one big CRUNCH! 		1 Chicken Burger <i>Crispy chicken on a whole grain bun with toppings</i> Smiley Fries	2 Pizza Cheese or Pepperoni 	
5	6	7	8	9	
Cheesy Breadstick Dippers <i>Savory baked whole grain sticks with Tomato Marinara Dipping Sauce</i>	Chicken Nuggets <i>with Dipping Sauces</i> Goldfish Crackers	Hamburger <i>USDA Beef Patty on a whole grain bun with choice of American Cheese and toppings</i> French Fries	Grilled Cheese <i>Savory sandwich with American Cheese on whole wheat bread</i> Tomato Soup	Early Dismissal Snack Pack <i>Muffin, Cheese Stick, Apple Baby Carrots, Milk & a special treat</i>	
12	13	APPLE CRUNCH DAY	15	16	
INDIGENOUS PEOPLES DAY  NO SCHOOL	Vanilla Yogurt Parfait <i>with Maine Blueberries, Strawberries, & Granola</i> Cereal	Hot Dog <i>Steamed frankfurter in a toasted bun</i> Roasted Potatoes	Nachos <i>Crispy tortilla chips topped with seasoned beef, cheese, and choice of south border toppings</i>	Pizza Cheese or Pepperoni 	
19	20	21	22	23	
Marinara Meatballs <i>Italian meatballs in tomato marinara sauce</i> Mozzarella Cheese Garlic Breadstick	Crispy Chicken Drumstick <i>Seasoned and roasted</i> Emoji Waffles Maple Syrup	Macaroni & Cheese <i>Classic 3 cheese pasta</i> Dinner Roll	Cheesy Flatbread <i>with Chicken Caesar Salad</i> 	Pizza Cheese or Pepperoni 	
26	27	28	29	30	
Popcorn Chicken <i>with Dipping Sauces</i> BLT Pasta Salad	French Toast Sticks <i>Baked whole grain french toast served with syrup, Maine Blueberries, and Sausage</i>	Walking Tacos <i>Served with seasoned beef, cheese, salsa, and toppings</i>	Cheesy Pasta Bake <i>with Italian cheese, tomato marinara sauce, herbs, and spices</i> Garlic Knot	Pizza Cheese or Pepperoni Halloween Treat	
Menu Subject to Change. This institution is an equal opportunity provider.					

Picture Re-take Day

Picture re-take day will take place on Monday, November 2. Please send your picture package that you don't want in with your child to return to LifeTouch on November 2. Pictures can be ordered online at mylifetouch.com.



Arrival and Dismissal

McGraw and Weatherbee Arrival/Dismissal Video

Please watch this video outlining drop-off and pick-up procedures for McGraw and Weatherbee schools.

https://youtu.be/F_D02rrbfnE



Health Tips and Information from Nurse Adams

Halloween Treat Reminder

In order to protect the health, safety, and well-being of all of our staff and students unsolicited food items will not be allowed at McGraw. Any food items (aside from a healthy daily snack and home lunch) will be held in the office until a parent/guardian can pick them up.



Please do not send Halloween treats in with your students to consume or to share with their classmates.

If you have any health related questions or concerns please feel free to reach out to me via phone at (207) 862-3830 or by email at nadams@rsu22.us. We appreciate your assistance in maintaining a healthy and safe learning environment!

Natasha Adams, BSN, RN, NCSN

McGraw School Nurse

Daylight saving time has arrived, and next Sunday, November 1st, we will "fall back" an hour. Here are some tips to help elementary students adjust to the time change:

- Adjust bedtime: Start moving your child's bedtime back by 10–15 minutes each night about a week before the time change. This helps prevent your child from becoming overtired.



- Set clocks early: Set your clocks to the new time before bed, so you're ready and avoid any confusion on the day of the time change.
 - Create a sleep routine: Establish a consistent sleep routine and stick to it.
 - Avoid screen time: Limit screen time at least an hour before bed. Light from screens can disrupt the production of melatonin, the body's sleep hormone.
 - Block out morning light: Keep your child's bedroom window covered to help them sleep in.
 - Exposure to daylight: In the early evening, expose your child to plenty of bright light to help reset their internal clock.
 - Get enough sleep: In the days before the time change, make sure your child is getting enough sleep.
 - Develop healthy sleep associations: Try to put your child to bed while they're
-

McGraw PTO Happenings

Book Fair Preview Day – October 28 This sign-up is for anyone who would like to volunteer during the preview day. YOU MUST BE AN APPROVED VOLUNTEER TO HELP WITH THIS EVENT DURING THE SCHOOL DAY.

<https://signup.com/go/YuKJgWg>

Are you an approved volunteer? Can you help at lunch time? Sign up here...

<https://signup.com/go/dnpNkfW>

WHAT'S NEXT FOR THE MCGRAW PTO



JOIN OUR FACEBOOK
TO STAY INFORMED!

**OCT
29**

SCHOLASTIC BOOK FAIR 5-7PM

OUR FALL SCHOLASTIC BOOK FAIR WILL BE OPEN
BEFORE AND AFTER OUR FAMILY EVENT THIS
YEAR TO HELP REDUCE THE LINES!

**OCT 23-
NOV 13**

MEADOW FARMS FUNDRAISER

SHOP THE CATALOG FILLED WITH LOTS OF
GREAT PRODUCTS! EVERY PURCHASE HELPS
SUPPORT OUR SCHOOL AND CAN EARN PRIZES!

**NOV
9**

NOVEMBER PTO MEETING 6-7PM IN THE LIBRARY

WE WILL CHAT ABOUT THE FUN EVENTS AND
ACTIVITIES WE HAVE PLANNED FOR THE WINTER
AND SPRING! COME SEE HOW YOU CAN HELP.

**DEC
14**

DECEMBER PTO MEETING 6-7PM IN THE LIBRARY

HELP US FINALIZE PLANS FOR EVENTS LIKE THE
NIGHT AT THE MUSEUM! CHILDCARE IS
PROVIDED!

**JAN
15**

NIGHT AT THE MUSEUM 5:30-7:30PM

WE HAVE RENTED THE BANGOR CHILDREN'S
MUSEUM SO FAMILIES CAN COME PLAY FOR
FREE! MARK YOUR CALENDARS NOW.

CLYNK FUNDRAISER

This is ongoing for 2026-2027 school year!

EMAIL US! MCGRAWPTO[AT]GMAIL.COM OR SEND A MESSAGE TO OUR FB GROUP

1. PROVIDE US YOUR ""CHILD'S NAME,"" TEACHERS NAME AND ""HOW MANY BAGS""
2. WE PROVIDE BAGS WITH THE LABELS OR IF YOU JUST NEED LABELS THAT WORKS TOO!!
JUST LET US KNOW
3. DROP OFF AT ANY HANNAFORD CLYNK KIOSK, JUST SCAN THE LABEL AND DONE!

ALREADY HAVE A CLYNK ACCOUNT!!

NO WORRIES YOU CAN DONATE!

1. LOGIN AND CLICK "DONATIONS"
2. TYPE MCGRAWPTO IN SEARCH
3. CHOOSE HOW MUCH YOU WOULD LIKE TO DONATE

THANK YOU
FOR HELPING THE
KIDS AND TEACHERS



GET INVOLVED WITH THE McGRAW PTO!

Together, we make our school even better.

Parents, grandparents, caregivers & friends — we need YOU!

Join us for a great year of supporting McGraw students, staff, and families.

PTO MEETINGS

We meet the 2nd Monday of every month

FIRST MEETING: SEPTEMBER 14, 2026 • 6:00 PM

WHAT YOUR PTO ACCOMPLISHED LAST YEAR


700+
BOOKS DONATED
to McGraw students and staff


23
EVENTS & FUNDRAISERS
bringing our school community together


\$8,000+
RAISED FOR McGRAW
to support our school and students

THERE'S A PLACE FOR YOU IN THE McGRAW PTO!

Whether you have an hour to give or want to help all year long, every hand makes a difference.



JOIN OUR PTO FACEBOOK PAGE

Scan to connect, stay informed,
and see what's happening!



**SIGN UP TO BE A
LUNCH-TIME VOLUNTEER!**

Scan the code to get involved!

WE ARE McGRAW • WE ARE COMMUNITY • WE ARE PTO
THANK YOU FOR HELPING US MAKE A DIFFERENCE!

Community Folder

Open Doors



Support for your family today, pathways for your student beyond the school doors.

THURSDAY

October 22

TIME

4-6 PM

LOCATION

Hampden Academy

89 Western Avenue, Hampden, ME 04444

Two Featured Presentations

Attend one, both, or just gather resources!

4:15-4:45 PM

Behavioral Health Home Case Management

Resources to support your whole family

PRESENTED BY
PENQUIS



5:00-5:45 PM

Transition to Adulthood

Services available for students beyond high school

PRESENTED BY UCP OF
MAINE



Visit Agency Resource Tables

Agencies from Penobscot & Waldo County will have tables open all evening, even during the presentations. Stop by to ask questions and take home helpful information and materials on:

Behavioral Health Professionals

Mental Health Providers

Case Management

Guardianship

Vocational Rehabilitation

Adult Services

FREE All families & students welcome!

Questions? Contact the
Office of Special Services • 862-2774

**HALLOWEEN
OPEN HOUSE**

FREE

October 30, 2026

4-6:30pm

Skehan Rec Center
Hampden Recreation

Games, bounce house, costume contest
and more!

R.I.P

This activity or program is not affiliated with or endorsed but RSU 22 or any of it's schools.



Principal Shaw

Principal Shaw is using Smore to create beautiful newsletters

