EDDINGTON SCHOOL NEWS

CALENDAR

ANNOUNCEMENTS

LUNCH MENU



CONTACT US

BIRTHDAYS



PRINCIPAL`S CORNER

Newsletter Incentive

October 23, 2026

🍬 PTG Trunk or Treat – Saturday, October 24th!

We are excited to share that the PTG Trunk or Treat event will take place at Holden Elementary School on Saturday, October 24th, from 3:30–5:00 PM!

This is another wonderful opportunity for our students and families to enjoy some Halloween fun together as part of the RSU 63 community. We encourage our Eddington families to come out, enjoy the festivities, and celebrate the Halloween season!

🎃 Halloween Celebration – Friday, October 30th!

We are excited for our upcoming Halloween celebration on Friday, October 30th, beginning at 2:00 PM! Please remember to send your student to school with a bag to collect all their Halloween goodies during our celebration!

We are looking forward to a fun afternoon with our students, staff, and community partners! The Eddington Fire Department and Town Office will be joining us for some exciting Halloween activities and stations behind the school.

Students are welcome to wear Halloween themed clothing, including pumpkin shirts, ghosts, festive colors, and other fun Halloween designs. Our teachers will also be getting into the Halloween spirit with their own creative themes!

📚 Principal's Weekly Story Time! 🦅

Our weekly Principal's Story Time has started and it is a wonderful opportunity to visit classrooms, connect with students, and share the joy of reading! This week, we enjoyed reading Halloween Mice! together and getting into the Halloween spirit. It's always a highlight of my week to spend time with our Little Eagles, share a fun story, and build positive connections through reading!

📚 MTSS & Title I Meetings – Supporting Student Success

This week, we completed our Multi-Tiered Systems of Support (MTSS) and Title I meetings with staff. These meetings provide valuable opportunities for our teachers and support staff to collaborate, review student progress, and identify ways to best support our students both academically and behaviorally.

Our focus remains on meeting students where they are, celebrating their growth, and providing additional support when needed. Through ongoing collaboration, targeted instruction, and regular progress monitoring, we are working to ensure that every student has the opportunity to succeed.

A special thank you to our teachers and support staff for their continued dedication to helping our Eagles grow!

🦅 We're Hiring – Educational Technician Needed!

Eddington Elementary School is still looking to fill one Educational Technician (Ed. Tech.) position! Our Ed. Techs play an incredibly important role in supporting students, assisting teachers, and helping create a positive learning environment throughout our school.

If you or someone you know enjoys working with children and wants to make a meaningful difference in our school community, we encourage you to explore this opportunity!

Please help us spread the word as we continue working to build a strong team for our students.

🦅 **Eagle Stickers**

A limited number of Eagle Stickers are awarded each week and students who receive a sticker are entered into a weekly prize drawing. If your child brings home an Eagle Sticker, please help us celebrate them by asking them how they earned it! The winner of this weeks' drawing is: Elsie Wolland.

💙 Thank You, Eagle Families!

As we approach the end of October, I want to thank our families, teachers, and staff for their continued support and partnership. We are proud of the progress our students are making and look forward to continuing to build a school community centered on kindness, respect, responsibility, and student success.

Go Eagles! 🦅💙

Matthew Zavala
Principal
Eddington & Holden Elementary Schools

Newsletter word of the week: Camera

Curriculum Corner



Back to School Tips for Success!

Dear Families,

As we start another new school year together, we are so excited to have everyone back, and to welcome our new students and families. The classrooms are busy, and the students are engaged and interacting with the teachers and one another. To help our students and families have the most successful year possible; we have provided a few useful tips here:

Set Goals Together:
Encourage your child to set personal and academic goals. Maybe establish a small reward plan, like a sticker a day, and a week's worth of stickers earns a little treat. This can foster a sense of ownership over the course of their learning journey.

Create a Home Study Space:
Designate a quiet, well-lit area for homework and studying. This can be a fun space to decorate together. A dedicated home learning space can enhance focus and productivity and help build student confidence for completing tasks in a timely manner.

Establish a Routine:
Create a consistent daily schedule that includes time for homework, independent reading, and play time with friends and siblings. Routine helps students feel organized and helps them keep tasks manageable.

Stay Engaged:
As parents/guardians, ask your student(s) about their day, attend school events, participate in parent-teacher meetings, and communicate regularly with your child(ren)'s teacher to stay informed and hear all the great things happening during the school day.

Together let's make it a great year!

Sheila Caldwell
Superintendent of Schools
Director of Curriculum and Instruction



Dodie's Corner

Hello RSU #63 Families!

This week, I attended the National Association of Social Workers Maine Conference. It was a wonderful opportunity to learn new school social work skills and collaborate with other districts. I was unable to teach Tuesday's classes.

Last week, I was out on Thursday. So, during Eagle Time on Thursday in Pre-K and K, we continued our new Social Explorers Curriculum by reading the third book, Thinking with Your Eyes, written by R. Hendrix, K. Zweber Palmer, N. Tarshis, and M. Garcia Winner. Evan, Ellie, Jesse, and Molly are the main characters in this series. In the third book, they blast off into outer space and visit an alien planet. They don't speak the alien language, so they need to speak with their eyes. Our eyes are like arrows that point to what we are thinking about. Thinking with our eyes helps us focus on the group plan. In 1st grade, we reviewed the "Tattling vs. Reporting" PowerPoint Presentation, completed a take-home worksheet, and played a game.

In all grades, we finished our time together with a Bat Wing Beat, Danny GO movement break, and a Leaf, Drift, Calm Meditation for kids. I have attached a family letter to help you practice these skills at home.

Next week, I will teach medication safety in Pre-K - 1st grade. The lesson centers around medication being handled and administered to children only by trusted adults. The children will all have some worksheets to show you. Please let us know if you do not want your child to participate in this lesson, and we will have them participate in other activities outside of the classroom. Please contact the front office with that request. If you have any questions or concerns, you can reach me at Eddington School at 843-6010 or dsmith@rsu63.org.

Sincerely,

Ms. Dodie, LCSW



Thinking With Your Eyes Family Letter.pdf
PowerPoint Tattling or Reporting.pptx
"The Bat Wing BEAT!" 🦇 Spooky Drum-Along Dance | Danny Go! Songs for Kids
🍁 Leaf Drift Calm | Autumn Mindfulness Meditation for Kids



A Note from Your New School Nurse



Hello, Families!

My name is Julianna Page, and I am excited to introduce myself as your new school nurse! I have been a school nurse for the past four years, and I truly love working with students and being part of a school community. I look forward to getting to know your children and working with all of you throughout the school year!

I wanted to share a few important health reminders to help keep our students and staff healthy:

When Should Your Child Stay Home?
Please keep your child home from school until they are:

- Fever-free (100°F or below) for 24 hours without the use of fever-reducing medication.
- Free from vomiting or diarrhea for 24 hours without medication.

These guidelines help prevent the spread of illness and allow students the time they need to fully recover before returning to school.

Medication at School
For the safety of all students, children may not transport medications to or from school themselves. Any medication that needs to be kept or administered at school must be brought to the school office by an adult and given directly to me (Julianna Page) or Mrs. Smith.

Thank you for helping us keep our school community healthy and safe! Please don't hesitate to reach out if you have any questions or concerns. I am looking forward to a wonderful school year with all of you!

Warmly,
Julianna Page, RN
School Nurse



OCTOBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 SCHOOL FUNDRAISER ASSEMBLY 1:15 PM	2	3
4	5	6 FIRE PREVENTION DAY	7	8	9	10
11	12 HOLIDAY NO SCHOOL	13 PreK Field Trip 9:15-1:00	14 PTG Mtg at Holden School at 7:00 pm	15	16	17
18	19	20	21	22 School Picture Day	23	24 PTG TRUNK OR TREAT AT HOLDEN SCHOOL 3:30 - 5:00 PM
25	26 School Board Mtg at Eddington 6:30 pm	27	28	29	30 Dental Clinic	31 Happy Halloween



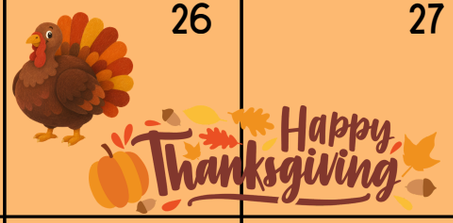


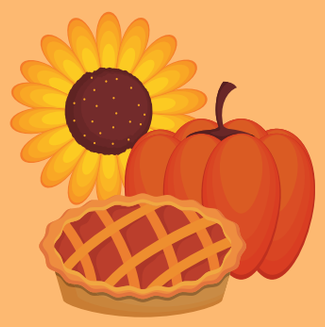
HOME



NOVEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	 3 PTG ELECTION DAY BAKE SALE AT TOWN OFFICES	4	5	6	7
8	9	10	 11 Holiday No School	12	13	14
15	16	17	18 PTG Mtg at Holden School at 7:00 pm	19 BOOK FAIR NOV. 19 – 24	20 Community Service Day	21
 22	23 BOOK FAIR NOV. 19 – 24 PARENT/TEACHER CONFERENCES 1:00-6:00 PM	24 PARENT/TEACHER CONFERENCES 1:00-6:00 PM	25 NO SCHOOL	 26	27	28
29	30					



HOME

LUNCH

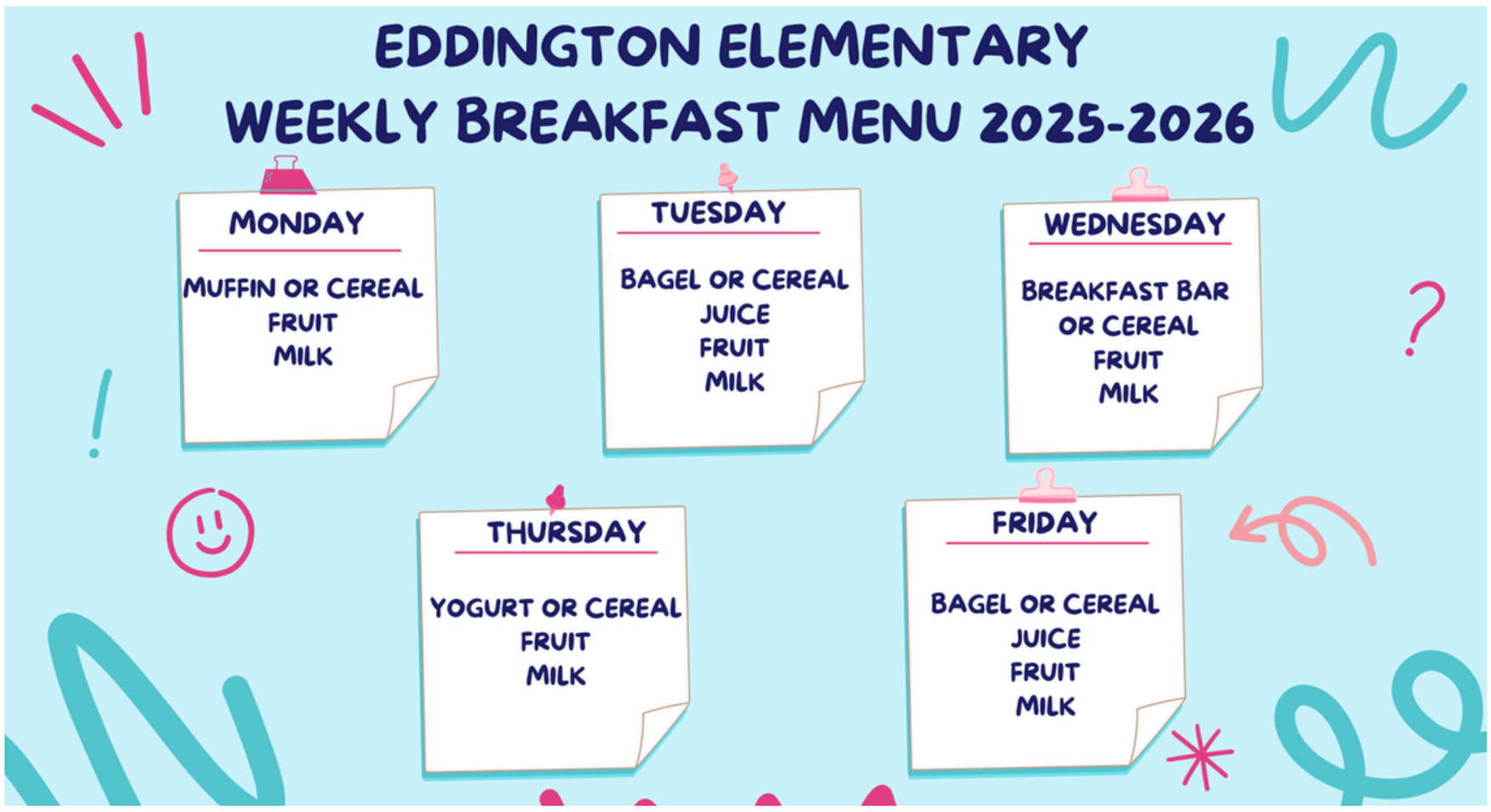
EDDINGTON ELEMENTARY SCHOOL

OCTOBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cheese Pizza Cucumbers Fruit Milk	2 Fish Sticks Potato Smiles Fruit Milk
5 Emoji Waffles Sausage Patty Vege. Baked Beans Fruit Milk	6 Grilled Cheese Tomato Soup Goldfish Fruit Milk	7 Cheeseburger Smiley Fries Fruit Milk	8 Cheese Pizza Carrot Sticks Fruit Milk	9 Chicken Nuggets Potato Stars Fruit Milk
12 **Holiday** **No School**	13 SunButter, Jelly and Fruit Roll Ups Gold Fish Carrot Sticks Fruit Milk	14 Chicken Corn Dogs Potato Stars Fruit Milk	15 Cheese Pizza Spinach, Cucumber and Tomato Salad Fruit Milk	16 Chicken Patty on WG Bun Cucumbers Fruit Milk
19 French Toast Sticks Bacon Vege. Baked Beans Fruit Milk	20 Chicken Nuggets Corn Fruit Milk	21 Fish Sticks Potato Stars Fruit Milk	22 Cheese Pizza Carrot Sticks Fruit Milk	23 Ham & Cheese Sandwich Chips Fruit Milk
26 Pancakes Sausage Patty Vege. Baked Beans Fruit Milk	27 Grilled Cheese Tomato Soup Goldfish Fruit Milk	28 Macaroni & Cheese Hot Dog Broccoli Fruit Milk	29 Cheese Pizza Carrot Sticks Fruit Milk	30 Cheeseburger Chips Fruit Milk

Breakfast and Lunch meals are free for all students. Lowfat white milk is served with all meals. Entrée may be substituted for SunButter Sandwich.
Snack Milk or Milk for cold lunch is .50 cents/each.
WG = Whole Grain
Menu is subject to change without notification.

MY SCHOOL BUCKS — PAY FOR MEALS ONLINE — MySchoolBucks.com





HAPPY BIRTHDAY

October

Rylee Garriepy	Oct. 1	Kindergarten
Peter Shola	Oct. 2	First Grade
Lincoln Adkins	Oct. 2	Kindergarten
Bea Maniscalco	Oct. 4	First Grade
Milo Maniscalco	Oct. 4	First Grade
Emma Spencer	Oct. 8	First Grade
Milo Hutchins	Oct. 9	First Grade
Brody Moore	Oct. 9	Kindergarten
Ezra Whitney	Oct. 10	First Grade
Callie Webber	Oct. 13	PreK

HOME

NEWSLETTER INCENTIVE

Last weeks' incentive winner drawing is Olivia Gadoury from Mr. Seip's class.

DON'T FORGET TO CLICK THE INCENTIVE LINK IN THE PRINCIPAL'S CORNER TO ENTER.

Announcements & Events

Dismissal:

Please notify the office and your child's teacher of any dismissal changes BEFORE 2:00 pm (except in cases of emergencies). This helps us get everyone home safely!

Parents:

It is imperative that you send a change of clothing in your child's backpack. Children get wet or need to change clothes for a variety of reasons and we currently don't have many extra clothes in the office. Thank you.

Parent Volunteer Application

Parents who are interested in volunteering in the classroom, chaperoning field trips or joining us for our end of the year field day must fill out the volunteer form every school year. Please click on the link below to access the application. Please note a background check will be completed and you must be approved before volunteering. Return completed forms to Kelly in the office.

CLICK HERE

School Visitors

For safety purposes, any visitor must report to the office immediately upon entry into the building. They will need to sign the visitor log binder, and they will receive a visitor tag. The visitor tag must be worn and visible at all times while they are in the building. When they leave, the visitor must return the visitor tag to the secretary and sign out in the binder. Thank you for helping keep our school safe!

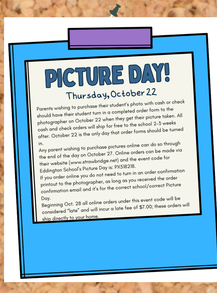
Morning Arrival

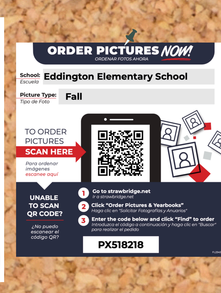
If kindergarten or first grade students are dropped off before 8:15 am, they need to be walked down to the outside playground. They may be dropped off at the front door ONLY if they are getting a school breakfast.

Parent/Student Handbook

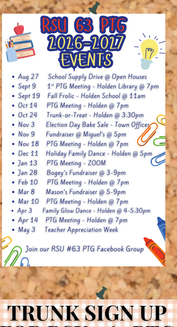
The handbook can be found on our District website or by using the following link:

2026-2027 Handbook







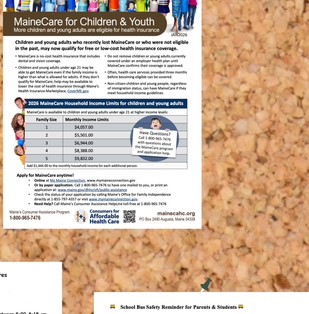












Arrival / Dismissal Procedures 2026-2027

Arrival

For Kindergarten and 1st Grade students arriving between 8:00-8:15 am

- Drop off in the morning will be at 8:00 am. When students arrive at school they are to go directly to the playground behind the school unless there's inclement weather. Please draw your child appropriately for the existing weather conditions. If there is inside recess there will be a sign outside by the front door indicating inside recess and therefore students may be dropped off through the front door.

For Prek students arriving between 8:00-8:30 am

- Drop off your student at the front door where Ms. Leland and Mrs. Davis will greet them.

Any student arriving after the stated times above should enter through the front door and check in with Mrs. Smith.

Dismissal

Pick up by vehicle (or parents walking)

- Park your vehicle in our parking lot in front of the School. Walk up to the front door and your child will be brought out to you. Students will be released at 2:00 pm. Please be extremely careful when driving out of the parking lot as many children and parents will be walking to their cars.

School Bus Safety Reminder for Parents & Students

Please remember that the **school bus danger zone** is the area **within 12 feet of the bus**, where drivers may not always be able to see children clearly.

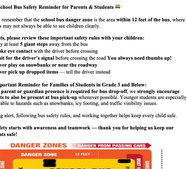
Parents, please review these important safety rules with your children:

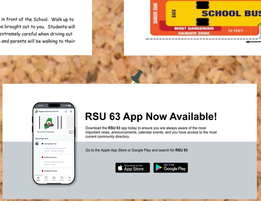
- Stay at least **5 giant steps** away from the bus
- **Make eye contact** with the driver before crossing
- **Wait for the driver's signal** before crossing the road **You always need thumbs up!**
- **Never play on snowbanks or near the roadway**
- **Never pick up dropped items** — tell the driver instead

Important Reminder for Families of Students in Grade 3 and Below:
While parent or guardian presence is required for bus drop-off, we strongly encourage parents to also be present at bus pick-up whenever possible. Younger students are especially vulnerable to hazards such as oncoming traffic, and traffic visibility issues.

Staying alert, following bus safety rules, and working together helps keep every child safe.

Safety starts with awareness and teamwork — thank you for helping us keep our students safe!





CONTACT INFORMATION

EDDINGTON SCHOOL

843-6010

VISIT YOUR CLASSROOM`S FAMILY WEBPAGE!

PRE-K KINDERGARTEN 1ST GRADE

Seesaw Seesaw ClassDojo

STAFF EMAILS

Front Office
Principal Zavala: mzavala@rsu63.org
Mrs. Smith: kjsmith@rsu63.org
Nurse Page: jpage@rsu63.org

Classroom Teachers
Pre-K:
Ms. Leland: aleland@rsu63.org
Mrs. Davis: kdavis@rsu63.org

Kindergarten:
Mrs. Alley: jalley@rsu63.org
Mrs. DeRoche: bderoche@rsu63.org

First Grade:
Mrs. Saucier: hsaucier@rsu63.org
Mr. Seip: jseip@rsu63.org

Additional Services
Special Services: dfarrell@rsu63.0rg
Speech Therapy: kkaram@rsu63.org
Occupational Therapy: rhiggins@rsu63.org
Literacy Intervention: gmalm@rsu63.org

Specialists
Art: mireland@rsu63.org
PE: msagehorn@rsu63.org
Music Enrichment: nkavin@rsu63.org
Library: nkavin@rsu63.org
School Counselor: dsmith@rsu63.org

HOME