

HOLDEN SCHOOL NEWS

ANNOUNCEMENTS

LUNCH
MENU

STUDENT
RECOGNITION

BIRTHDAYS

PRINCIPAL'S



CORNER

CONTACT US

Week of October 26, 2026

Halloween Celebration – Friday, October 30th!

We are excited for our upcoming **Halloween celebration on Friday, October 30th, beginning at 1:30 PM! Please remember to send your student to school with a bag to collect all their Halloween goodies during our celebration!**

This year, our students in **Grades 2-4 will be visiting the Holden Fire Station** for a special Halloween celebration! We are grateful to the **Holden Fire Department, Holden Town Office, and Holden Police Department**, who will be joining together to provide a fun trick-or-treating experience for our Panthers!

Students will have the opportunity to visit different stations, enjoy some Halloween treats, and celebrate with members of our wonderful community.

As a reminder, students are welcome to dress up for Halloween! Please remember that costumes must be school appropriate, with no inflatable costumes, weapons or weapon like accessories, or masks that cover students' faces.

We are looking forward to a fun afternoon and appreciate the continued support of our community partners in making this a special experience for our students!

MTSS & Title I Meetings – Supporting Student Success

This week, we completed our **Multi-Tiered Systems of Support (MTSS) and Title I meetings** with staff. These meetings provide valuable opportunities for our teachers and support staff to collaborate, review student progress, and identify ways to best support our students both academically and behaviorally.

Our focus remains on meeting students where they are, celebrating their growth, and providing additional support when needed. Through ongoing collaboration, targeted instruction, and regular progress monitoring, we are working to ensure that every student has the opportunity to succeed.

A special thank you to our teachers and support staff for their continued dedication to helping our Panthers grow!

We're Hiring – Educational Technician Needed at Holden!

Holden Elementary School is still looking to fill one Educational Technician (Ed. Tech.) position!

Our Ed. Techs play an incredibly important role in supporting students, assisting teachers, and helping create a positive learning environment throughout our schools.

If you or someone you know enjoys working with children and wants to make a meaningful difference in our school community, we encourage you to explore this opportunity!

Please help us spread the word as we continue working to build a strong team for our students across RSU 63.

 Thank You, Holden Families!

As we approach the end of October, I want to thank our families, teachers, and staff for their continued support and partnership. We are proud of the progress our students are making and look forward to continuing to build a school community centered on kindness, respect, responsibility, and student success.

A special thank you to our local community partners for helping us create memorable experiences for our students. We are fortunate to have such wonderful support here in Holden!

Go Panthers! 



Hello, RSU #63 Families!

This week, I attended the National Association of Social Workers Maine Conference. It was a wonderful opportunity to learn new school social work skills and collaborate with other districts. I was not able to teach Monday's classes.

In my Wednesday and Friday classes, we continued in our gratitude journals. In 2nd grade, we read Stand Tall Molly Lou Melon by Patty Lovell, which explores embracing your unique physical traits instead of hiding them, meeting unkindness with quiet self-assurance rather than retaliation, and the lasting impact of loving guidance from family. In 3rd and 4th grade, I read Tough, the third book in Erin Frankel's Weird Series. This book is from the perspective of the bully, Sam. The book shows that children who bully are often hurting themselves and that people can choose compassion over aggression. We then completed a worksheet for both lessons. We ended our time together with a Would You Rather Halloween Edition movement break and a Balanced Breathing with Groggu calm down activity. I have attached the books and activities for you to enjoy at home.

Next week, I will teach medication safety in 2nd grade and drug and alcohol awareness in 3rd & 4th grade. The second-grade lesson centers around medication being handled and administered to children only by trusted adults. The 3rd and 4th-grade lessons center around smoking cigarettes and alcohol being illegal and unsafe for children, and how it affects the body. The children will all have some worksheets to show you. Please let us know if you do not want your child to participate in this lesson, and we will have them participate in other activities outside of the classroom. Please contact the front office with that request. If you have any questions or concerns, you can reach me at Holden School at 843-7828 or dsmith@rsu63.org.

Sincerely,

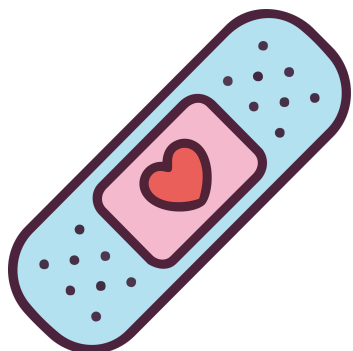
Ms. Dodie, LCSW

▶ Tough by Erin Frankel Read Aloud

▶ STAND TALL MOLLY LOU MELON Book Read Aloud | Teach Kids about Bullying | Childre...

▶ Would You Rather? Halloween Edition! | This or That | Halloween Games for Kids | Fun Fit...

▶ Balanced Breathing with Groggu | Calming Activities for Kids | GoNoodle @StarWarsKids



A Note from Your New School Nurse

Hello, Families!

My name is **Julianna Page**, and I am excited to introduce myself as your new school nurse! I have been a school nurse for the past four years, and I truly love working with students and being part of a school community. I look forward to getting to know your children and working with all of you throughout the school year!

I wanted to share a few important health reminders to help keep our students and staff healthy:

When Should Your Child Stay Home?

Please keep your child home from school until they are:

- **Fever-free (100°F or below) for 24 hours without the use of fever-reducing medication.**
- **Free from vomiting or diarrhea for 24 hours without medication.**

These guidelines help prevent the spread of illness and allow students the time they need to fully recover before returning to school.

Medication at School

For the safety of all students, **children may not transport medications to or from school themselves.** Any medication that needs to be kept or administered at school must be brought to the school office by an **adult** and given directly to **me (Julianna Page) or Mrs. Kiley.**

Thank you for helping us keep our school community healthy and safe! Please don't hesitate to reach out if you have any questions or concerns. I am looking forward to a wonderful school year with all of you!

Warmly,

Julianna Page, RN

School Nurse

[Click here to view the Holden/Eddington 2026-2027
Handbook for parents](#)



Fire Drills

We have started the year off already with 3 fire drills. Each year we are required to do 10. The students have done a great job and our time getting out of the building decreased by 12 seconds on our last drill. Great job to all our staff and students. We will continue to practice these throughout the school year.



Announcements

Please contact your child's teacher directly in regards to attendance or dismissal, call the school, or email hkiley@rsu63.org.

WEEKLY NEWSLETTER INCENTIVE

Student Name: _____

Parent Signature: _____

We appreciate you taking the time to read the newsletter. Please sign and return this coupon. If you prefer not to print this coupon, please sign any slip of paper saying you read the newsletter and return it to school.

RSU 63 PTG

EDDINGTON EAGLES HOLDEN PANTHERS HOLBROOK RED DEVILS

RSU #63 Parent Teacher Group
supports our schools through
fundraising, family-friendly events, and
community-building activities that bring
students, families, teachers, and our
community together.

Our goal is to help make our schools an
even more engaging and connected
place for everyone!

Find out what we're up to →   Volunteers welcome

RSU 63 PTG
2026-2027
EVENTS

- Aug 27 School Supply Drive @ Open Houses
- Sept 9 1st PTG Meeting - Holden Library @ 7pm
- Sept 19 Fall Frolic - Holden School @ 11am
- Oct 14 PTG Meeting - Holden @ 7pm
- Oct 24 Trunk-or-Treat - Holden @ 3:30pm
- Nov 3 Election Day Bake Sale - Town Offices
- Nov 9 Fundraiser @ Miguel's @ 5pm
- Nov 18 PTG Meeting - Holden @ 7pm
- Dec 11 Holiday Family Dance - Holden @ 5pm
- Jan 13 PTG Meeting - ZOOM
- Jan 28 Bogey's Fundraiser @ 3-9pm
- Feb 10 PTG Meeting - Holden @ 7pm
- Mar 8 Mason's Fundraiser @ 5-9pm
- Mar 10 PTG Meeting - Holden @ 7pm
- Apr 3 Family Glow Dance - Holden @ 4-5:30pm
- Apr 14 PTG Meeting - Holden @ 7pm
- May 3 Teacher Appreciation Week

Join our RSU #63 PTG Facebook Group

Join Us For Our 2026
Annual RSU #63 PTG
Trunk or Treat
SATURDAY OCT. 24TH

TRUNK OR TREAT
CANDY 1

HOLDEN ELEMENTARY SCHOOL
590 MAIN RD., HOLDEN
3:30PM - 5:00PM

TRUNK SIGN UP
FOR RSU #63 PTG

TRUNK OR TREAT
CANDY 1

SATURDAY OCT. 24TH
HOLDEN ELEMENTARY SCHOOL
590 MAIN RD., HOLDEN
3:30PM - 5:00PM

→ **SIGN UP HERE**
OR EMAIL
RSU63PTG@GMAIL.COM



JOIN US AT

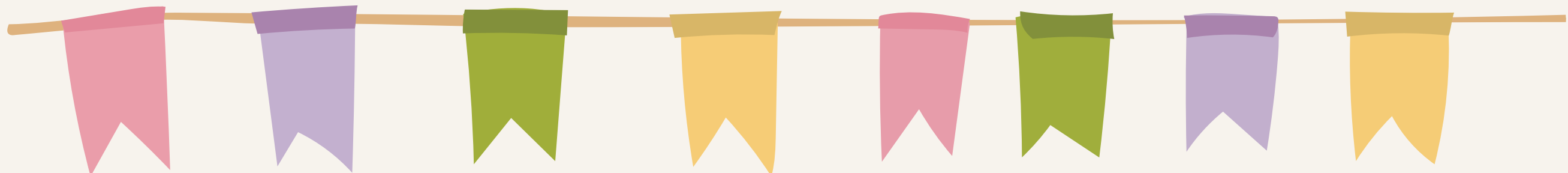
Miguel's

TO SUPPORT
RSU #63 PTG

Monday, November 9th
4:00 - 9:00 PM

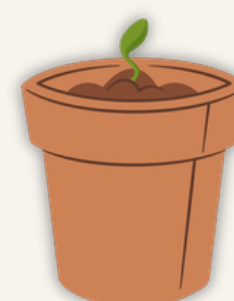
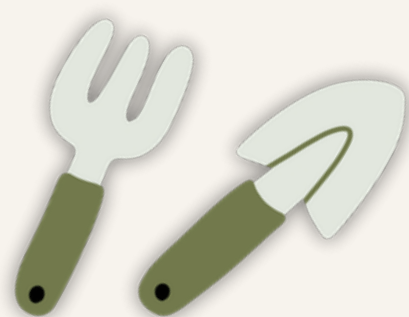
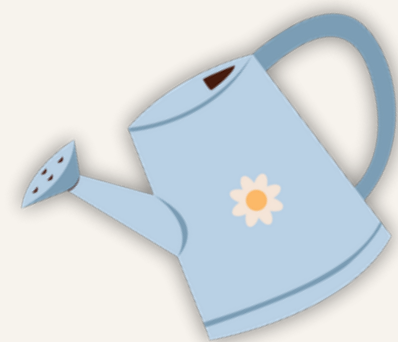
10% of ALL Sales go directly to the PTG fund
697 Hogan Rd., Bangor, ME

10%
OF ALL SALES



FUNDRAISER FOR THE

Holden Garden Club



Scan here to shop



Scan here to check out
our Facebook page



Hi everyone,

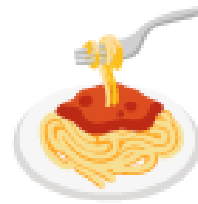
Happy middle of October! Crazy that the fall is flying right by. We have a few exciting things happening with RSU #63 PTG next month, and we'd appreciate your help spreading the word to our school communities!



Election Day Bake Sale – Donations Needed!

Our biggest event this month is our annual Election Day BakeSale! We are welcoming donations of individually packaged baked goods as soon as possible. All proceeds will support the RSU #63 PTG fund and help us provide support and special experiences for our district families, including upcoming holiday initiatives.

We've attached our flyer and would love your help sharing it with families. Would it be possible to print copies for student folders this week or next? We'd also appreciate help posting it on school bulletin boards and including it in school newsletters.



Miguel's Restaurant Fundraiser – November 9

Our annual Miguel's restaurant fundraiser is coming up on November 9! We'll share flyers and additional details soon, so stay tuned for more information to pass along to families.

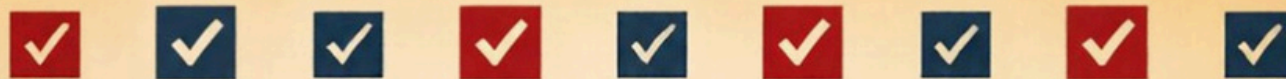


November PTG Meeting – November 18

Our next PTG meeting will be held on **Tuesday, November 18, at 7:00 PM at the Holden Library**. Everyone is welcome, and we'd love to see some new faces as we plan upcoming events and initiatives for our schools!

Thank you all for your continued support and for helping us keep families informed and involved. We truly appreciate everything you do to support our PTG and school communities!

Best,
Emilee Robertson



BAKE SALE DONATIONS NEEDED!

Help Support the RSU 63 PTG Election Day Bake Sale!

The RSU 63 Parent Teacher Group (PTG) is hosting an Election Day Bake Sale on Tuesday, November 3, 2026. We are looking for delicious baked good donations to stock our tables across our local polling places!



DROP-OFF LOCATIONS

- Clifton Town Office
- Eddington Town Office
- Holden Town Office



WHEN TO DROP OFF

Please bring your individually wrapped treats directly to your town's office on Election Day morning (November 3rd).



WHAT WE NEED

Cookies, brownies, muffins, breads and gluten-free/nut-free options



*Please include a small label with
common allergens if possible.*



Reminder to Parents

Cold Lunch milk is \$.50. If your child is taking cold lunch and would like a milk, please send in the money or add \$ to your Nutrikids account. It will be deducted from their account as they go through the line.

For safety purposes, any visitor to the school must report to the office immediately upon entry into the building. They will need to sign the visitor log book, and will receive a visitor tag. The visitor tag must be worn and visible at all times while they are in the building. When it is time to leave, the visitor should check in with the secretary and sign out in the logbook. Once they have signed out, the visitor should exit the building promptly. Thank you for helping keep our school safe!



Reminder to Parents:

If school is delayed; we will not have morning recess.
Please drop your child/children off at the side door by the gym. We understand that parents need to get to work, but drop off time is no earlier than 10. We do not have the coverage to take care of students who arrive earlier.

Parent Volunteer Application

We are asking any parents who are interested in volunteering in the classroom, chaperoning field trips or joining us for our end of the year field day to fill out the volunteer form. Background checks are included and must be approved before you can volunteer in the school.

Please click on the link below to access the application.



Morning Drop-Off Procedure:

Before 8:15 a.m. students **must** be dropped off at the **back entrance** (playground entrance or gym entrance). If inside recess is in place, there will be a sign directing you.

After 8:15 a.m. you **must park in the parking lot** and walk your child into the building. Students will need to be **buzzed in** through the main entrance.

Thank you for following these procedures to help keep our students safe!



BE ALERT!!!

As the school year begins, we are asking parents to please be aware that when a bus has their flashing lights on you must stop and **DO NOT PASS.**

There is very large fine for anyone who passes a school bus with their lights flashing.

Thank you for keeping our children safe.



School Bus Safety Reminder for Parents & Students

Please remember that the **school bus danger zone** is the area **within 12 feet of the bus**, where drivers may not always be able to see children clearly.

Parents, please review these important safety rules with your children:

- ✓ Stay at least **5 giant steps** away from the bus
- ✓ **Make eye contact** with the driver before crossing
- ✓ **Wait for the driver's signal** before crossing the road **You always need thumbs up!**
- ✓ **Never play on snowbanks or near the roadway**
- ✓ **Never pick up dropped items** — tell the driver instead

Important Reminder for Families of Students in Grade 3 and Below:

While **parent or guardian presence is required for bus drop-off**, we **strongly encourage parents to also be present at bus pick-up** whenever possible. Younger students are especially vulnerable to hazards such as snowbanks, icy footing, and traffic visibility issues.

Staying alert, following bus safety rules, and working together helps keep every child safe.

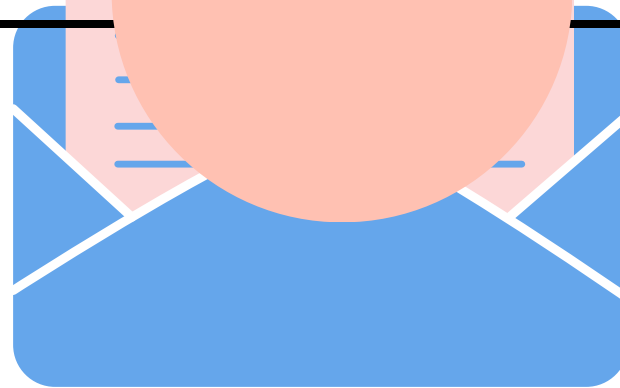
 **Safety starts with awareness and teamwork — thank you for helping us keep our students safe!**





WHO READ THE NEWSLETTER?

Gavin Deprey



NEWSLETTER



HAPPY BIRTHDAY

Flip Aucoin	Oct 2
Mayla Bagley	Oct 3
Desmond Paradis	Oct 4
Samuel MacDonald	Oct 4
Maryn Cookson	Oct 4
Adalyn Glick	Oct 10
Mason Bennett	Oct 11
Harper Smith	Oct 11
Aubrey Nadeau	Oct 18
Adam Bubloski	Oct 18
Kai Gomm	Oct 21
Addison DeFlammis	Oct 22
Blaze Cooper	Oct 30
Zoey Vilasuso	Oct 31



OCTOBER 2026

Holden School

Monday

Tuesday

Wednesday

Thursday

Friday



Hot Dog
Mac & Cheese
Broccoli
Fruit
Milk

Cheese Quesadilla
Corn
Black Beans
Fruit
Milk

French Toast Sticks
Sausage Patty
Hashbrown
Fruit
Milk

Pepperoni or Cheese
Pizza
Garden Salad
Fruit
Milk

Chicken Burger
Tater Tots
Fruit
Milk

NO SCHOOL

Beef Soft Tacos
Corn
Rice
Fruit
Milk

Emoji Waffles
Baked Beans
Sausage Patty
Fruit
Milk

Pepperoni or Cheese
Pizza
Garden Salad
Fruit
Milk

Chicken Nuggets
Tater Tots
Carrot Sticks
Fruit
Milk

Chicken Alfredo
Broccoli
Breadsticks
Fruit
Milk

Cheese Quesadilla
Black Beans
Rice
Fruit
Milk

Pancakes
Bacon
Fruit
Milk

Pepperoni or Cheese
Pizza
Garden Salad
Fruit
Milk

Chicken Salad Wrap
Cucumbers w/Ranch
Fruit
Milk

Chicken Noodle Soup
Grilled Cheese Sandwich
Green Beans
Fruit
Milk

Walking Tacos
Black Beans
Corn
Fruit
Milk

Breakfast Wrap
(Ham, Egg & Cheese)
Hash Brown
Fruit
Milk

Pepperoni or Cheese
Pizza
Garden Salad
Fruit
Milk

Hot Dog In A Bun
Pasta Salad
Carrot Sticks
Fruit
Milk

Low Fat White or Chocolate Milk served with all meals. Menu is subject to change without notification. Entrée may be substituted for Cheese or Sun Butter Sandwich. We are an equal opportunity employer.

OCTOBER 2026

Holden School

Monday

Tuesday

Wednesday

Thursday

Friday



Bagel w/ Cream Cheese
Cereal
Juice/Fruit
Milk

Breakfast Sandwich
Or Cereal
Fruit
Milk

Fruit & Yogurt Parfait
Or Cereal
Fruit
Milk

Homemade Muffin
Or Cereal
Fruit
Juice
Milk

Breakfast Pizza
Or Cereal
Fruit
Milk

NO SCHOOL

Breakfast Sandwich
Or Cereal
Fruit
Milk

Fruit & Yogurt Parfait
Or Cereal
Fruit
Milk

Homemade Muffin
Or Cereal
Fruit
Juice
Milk

Breakfast Pizza
Or Cereal
Fruit
Milk

Bagel w/ Cream Cheese
Cereal
Juice/Fruit
Milk

Breakfast Sandwich
Or Cereal
Fruit
Milk

Fruit & Yogurt Parfait
Or Cereal
Fruit
Milk

Homemade Muffin
Or Cereal
Fruit
Juice
Milk

Breakfast Pizza
Or Cereal
Fruit
Milk

Bagel w/ Cream Cheese
Cereal
Juice/Fruit
Milk

Breakfast Sandwich
Or Cereal
Fruit
Milk

Fruit & Yogurt Parfait
Or Cereal
Fruit
Milk

Homemade Muffin
Or Cereal
Fruit
Juice
Milk

Breakfast Pizza
Or Cereal
Fruit
Milk

Low Fat White or Chocolate Milk served with all meals. Menu is subject to change without notification.
Entrée may be substituted for Cheese or Sun Butter Sandwich. We are an equal opportunity employer.



GOLD SLIPS

Jeffrey Woodard

MJ Ford

Amelia Burtchell

El Black

Sylvia Robertson



CONTACT INFORMATION

HOLDEN SCHOOL

843-7828

Staff Emails

Front Office

Secretary-Mrs. Kiley- hkiley@rsu63.org

Principal-Mr. Zavala-mzavala@rsu63.org

Nurse-Mrs. Page- jpage@rsu63.org

Classroom Teachers

2nd Grade:

Miss Geiser jgeiser@rsu63.org

Mrs. Lovley- blovley@rsu63.org

3rd Grade:

Miss Crabtree- hcrabtree@rsu63.org

Mrs. Smith- vsmith@rsu63.org

Miss Petersson- epetersson@rsu63.org

4th Grade:

Mr. Coburn jcoburn@rsu63.org

Mrs. Ouellette kouellette@rsu63.org

Ms. Jordan- bjordan@rsu63.org

Life Skills

jspencer@rsu63.org

Resource Room

Mrs. Richardson-trichardson@rsu63.org

Additional Services

Mrs. Porter- dporter@rsu63.org

Mrs. Khoury-Kelley- kkhourykelley@rsu63.org

Ms. Roberts -mroberts@rsu63.org

Speech- kkaram@rsu63.org

Occupational Therapy- rhiggins@ru63.org

Literacy Intervention- sbrown@rsu63.org

Specialists

Art- Mia Ireland -mireland@rsu63.org

PE- Matheu Sagehorn-msagehorn@rsu63.org

Music- Will Stecher- cstecher@rsu63.org

Spanish- Monica Norris- mnorris@rsu63.org

Library- Nicole Kaven- nkaven@rsu63.org

School Counselor- Dodie Smith- dsmith@rsu63.org

School Nurse- Julianna Page- jpage@rsu63.org

