Kasson Mantorville High School Breakfast Menu

November 2026

Variety of Fruits and Vegetables Available Daily on the Fruit and Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chocolate Chip Brekkie ,WG Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**3** Banana Chocolate Chip Snack Bread,WG Choice of Cereal Goldfish Graham Crackers Craisins Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**4** Cheese Omelet English Muffin Choice of Cereal Goldfish Graham Crackers Canned Fruit Bar Juice Selection Craisins 1% Unflavored White Milk 1% low Fat Chocolate Milk	**5** French Toast Snack Bread, WG Cheese Stick Fruit and/or Vegetable Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**6** No School
9 Chocolate Chip Brekkie ,WG Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**10** Chocolate Chip Muffin Cheese Stick Choice of Cereal Craisins Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**11** Bacon, Egg & Cheese on English Muffin Choice of Cereal Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**12** Apple Frudel, WG Fruit and/or Vegetable Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**13** Bacon Breakfast Pizza Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
16 Chocolate Chip Brekkie ,WG Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**17** Banana Chocolate Chip Snack Bread,WG Cheese Stick Choice of Cereal Goldfish Graham Crackers Craisins Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**18** Cheese Omelet English Muffin Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**19** Cinnamon Cream Cheese Filled Bagel, WG Choice of Cereal Goldfish Graham Crackers Craisins Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**20** Bacon Breakfast Pizza Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
23 Chocolate Chip Brekkie ,WG Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**24** Cinnamon Cream Cheese Filled Bagel, WG Choice of Cereal Goldfish Graham Crackers Craisins Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**25** No School	**26** No School	**27** No School
30 Chocolate Chip Brekkie ,WG Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**1**			

PRICES

Student Meal	Free
Adult Meal	$2.60
2ND Student Meal	$2.60
Milk	$0.60

EXTRA INFO

Milk choice of 1% or chocolate, is included with your Lunch.
For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

HARVEST OF THE MONTH



Menus and nutrition our app Taher Food4Life®

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