KM Elementary Breakfast

November 2026

Variety of Fruits and Vegetables Available Daily on the Fruit and Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chocolate Chip Brekkie ,WG Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**3** Cinnamon Cream Cheese Filled Bagel, WG Choice of Cereal Goldfish Graham Crackers Craisins Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**4** Pancake on a Stick,WG Choice of Cereal Goldfish Graham Crackers Canned Fruit Bar Juice Selection Craisins 1% Unflavored White Milk 1% low Fat Chocolate Milk	**5** French Toast Snack Bread, WG Cheese Stick Fruit and/or Vegetable Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**6** No School
9 Chocolate Chocolate Chip Muffin, WG Cheese Stick Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**10** Chocolate Chip Muffin Cheese Stick Choice of Cereal Craisins Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**11** Bacon Breakfast Pizza Choice of Cereal Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**12** Apple Frudel, WG Fruit and/or Vegetable Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**13** Strawberry Banana Trix Yogurt Cup Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
16 Chocolate Chip Brekkie ,WG Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**17** Mini Maple Waffle, WG Choice of Cereal Goldfish Graham Crackers Craisins Fruit and/or Vegetable Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**18** Bacon Breakfast Pizza Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**19** Cinnamon Cream Cheese Filled Bagel, WG Choice of Cereal Goldfish Graham Crackers Craisins Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**20** Pancake on a Stick,WG Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
23 Chocolate Chip Brekkie ,WG Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**24** Cinnamon Cream Cheese Filled Bagel, WG Choice of Cereal Goldfish Graham Crackers Craisins Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**25** No School	**26** No School	**27** No School
30 Cinnamon Cream Cheese Filled Bagel, WG Choice of Cereal Goldfish Graham Crackers Craisins Canned Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**1**			

PRICES

Free For Students

Extra Milk $0.50

EXTRA INFO

Milk choice of 1% or chocolate, is included with your Lunch.
For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

HARVEST OF THE MONTH



Your MENUS plus more information on our app Taher Food4Life®

FOOD 4 LIFE TAHER

www.taher.com

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