November 25 is National Parfait Day! Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL 02	BREAKFAST PIZZA FRUIT JUICE 03	FRENCH TOAST STICKS SAUSAGE FRUIT JUICE 04	BREAKFAST PASTRY FRUIT JUICE 05	BISCUIT & GRAVY FRUIT JUICE 06
MUFFIN CHEESE STICK FRUIT JUICE 09	BREAKFAST BURRITO FRUIT JUICE 10	PANCAKES SAUSAGE FRUIT JUICE 11	BAGEL W/ CREAM CHEESE FRUIT JUICE 12	BANANA BREAD YOGURT FRUIT JUICE 13
WAFFLES SAUSAGE FRUIT JUICE 16	BREAKFAST PASTRY FRUIT JUICE 17	PANCAKE STICK TRI TATOR FRUIT JUICE 18	CINNAMON ROLL BREAKFAST LINK FRUIT JUICE 19	BISCUIT & GRAVY FRUIT JUICE 20
NO SCHOOL 23	NO SCHOOL 24	NO SCHOOL 25	NO SCHOOL 26	NO SCHOOL 27
MUFFIN CHEESE STICK FRUIT JUICE 30				

MENU SUBJECT TO SUBSTITUTION
MILK SERVED WITH ALL MEALS
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

NOVEMBER 2026