Making a College List & Choosing a Major



Objectives

You will be able to...

Explore career interests.

- Understand the differences between job, career and major
- Possible CTE programs?

Identify potential college majors.

Build a strategic list of colleges/universities to give you the highest chances for admission.

Job vs Career vs Major



What is a Job?

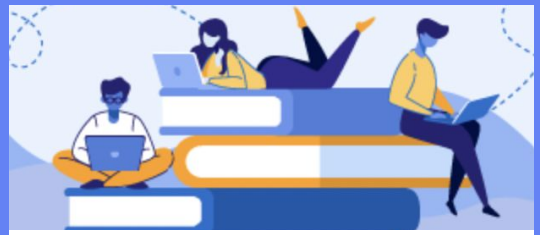
A job is what a person does in exchange for money.



What is a Career?

A career includes education, training, and work experience.

- What to look for when choosing a career?
  - SKILLS
  - INTERESTS
  - STYLE
  - VALUES



What is a Major?

It is a specific subject area that students specialize in to prepare for their career.

- Most students switch their major at one point in college. It is okay to do so.

Career ➡ Major ➡ College Training

A Few Examples

Degree Types of Careers (College) → 4+ years

- Doctor/Dentist
- Teacher
- Social Worker
- Psychologist
- Engineers
- Nurse
- Counselor
- Architect
- Lawyer
- Accountant

Certificate Types of Careers (CCC/CTE Programs) → 6 months to 2 years

- Medical/Vet/Dental assistant
- Electrician
- Construction
- Mechanic
- Paramedics/Firefighter (EMT)
- Culinary/Chef
- Cosmetology
- HVAC
- Paralegal
- Landscape Architecture

Select your top 2 Factors to consider when selecting a career

- **Physical settings**
  - location, working environment
- **Working conditions**
  - flexibility, structure, many or few people
- **Relationships at work**
  - work remotely from home, social aspect, boss or employee
- **Psychological rewards of working**
  - passion, values
- **Mixing career and family**
  - travel, evenings/weekends
- **Financial rewards**
  - money, benefits, job security/employment outlook

Home | **Self-Discovery** | Courses | Careers | Colleges | Planner | Demo

‹ Back to Self-Discovery

Career Interest Profiler

Start Assessment

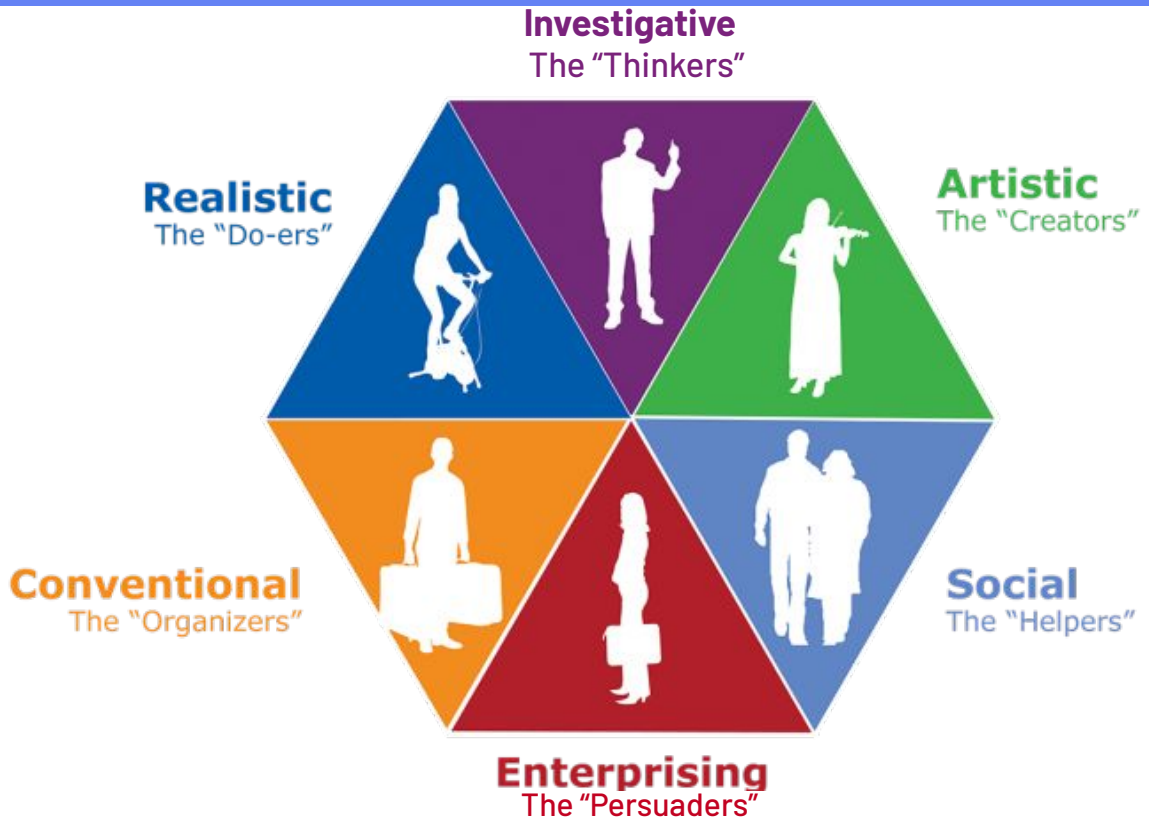
The **Career Interest Profiler** captures your interests to help identify your personality traits and suggests careers based on the U.S. Department of Labor's data.

How it Works

- Plan to spend at least 15 minutes on this assessment.
- You'll answer 60 questions about your interests.
- The **Career Interest Profiler** then maps your results to Holland's 6 personality traits.
- Naviance then shows you careers that map to your traits and educational aspirations.

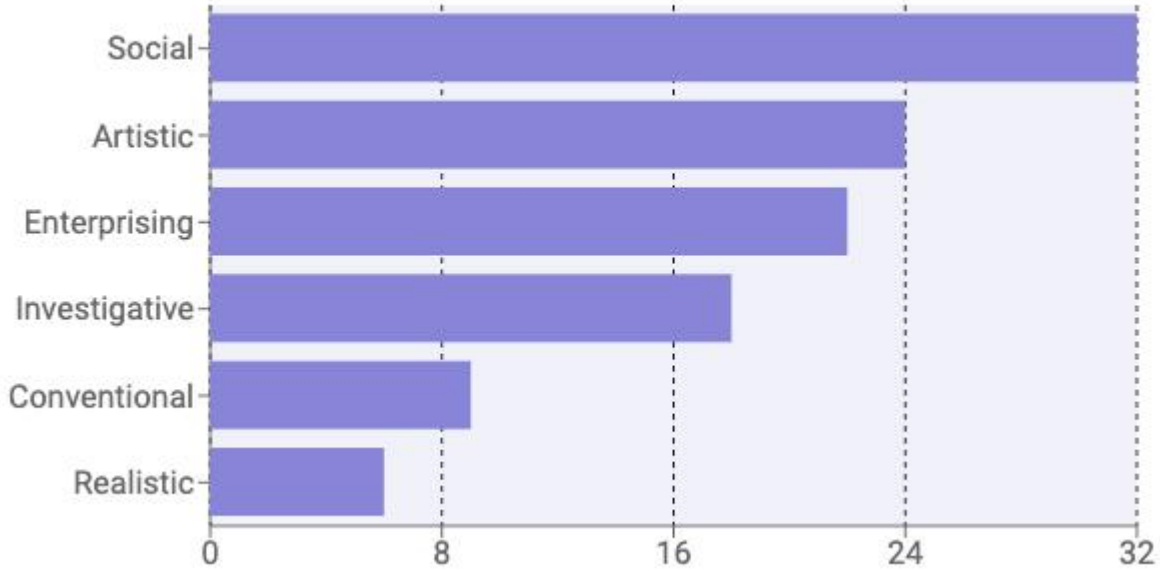


Holland Codes

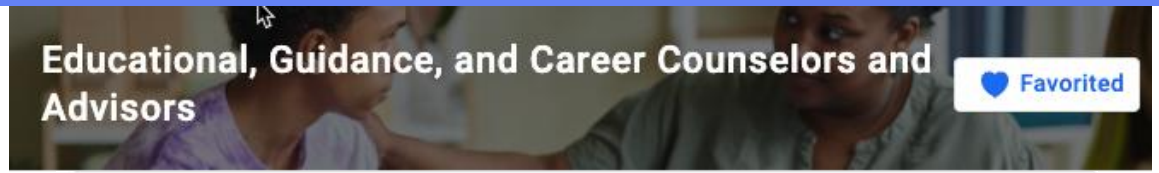


Results for Eric Medeiros

Your Overall Scores by Holland Trait



SAE Career Info?



What They Do

- Provide crisis intervention to students when difficult situations occur at schools.
- Confer with parents or guardians, teachers, administrators, and other professionals to discuss children's progress, resolve behavioral, academic, and other problems, and to determine priorities for students and their resource needs.
- Identify cases of domestic abuse or other family problems and encourage students or parents to seek additional assistance from mental health professionals.
- Counsel individuals to help them understand and overcome personal, social, or behavioral problems affecting their educational or vocational situations.
- Counsel students regarding educational issues, such as course and program selection, class scheduling and registration, school adjustment, truancy, study habits, and career planning.

Related Majors

- College Student Counseling and Personnel Services
- Counselor Education/ School Counseling and Guidance Services

COLLEGE ELIGIBILITY INFORMATION

CSU-22
(California State University)

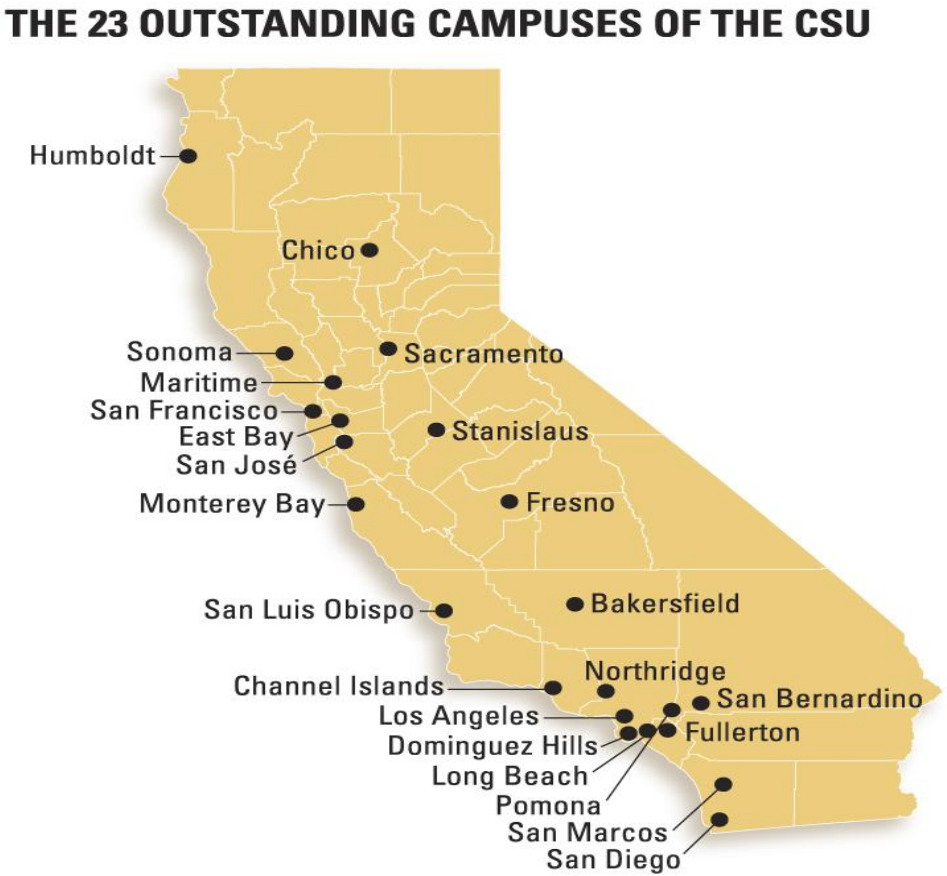
YOU NEED…

-A-G COURSES

- MINIMUM 2.5 A-G GPA

-Hands-on learning

-No essays or letters or rec



COLLEGE ELIGIBILITY INFORMATION

UC-9
(University of California)

YOU NEED…

-A-G COURSES

-MINIMUM 3.0 A-G GPA

-PERSONAL INSIGHT QUESTIONS (PIQ)

-Research institutions

-PIQ's are viewed as an interview

-No letters of rec



Private and Out of State Schools

Private Schools in CA



WUE (pronounced woo-ee)



Colleges Across the Country

COLLEGE ELIGIBILITY INFORMATION



COMMUNITY COLLEGE

YOU NEED...

-DIPLOMA/GED

-NO GPA

(2.0 RECOMMENDED FOR FINANCIAL AID)

-Transfer agreements (TAG, ADT)

-Certificate or Degree

-Every college offers different programs

-CTE: Career Technical Education (HVAC, Medical Assistant, EMT, Culinary)

-Do research and visit!

-CA Promise

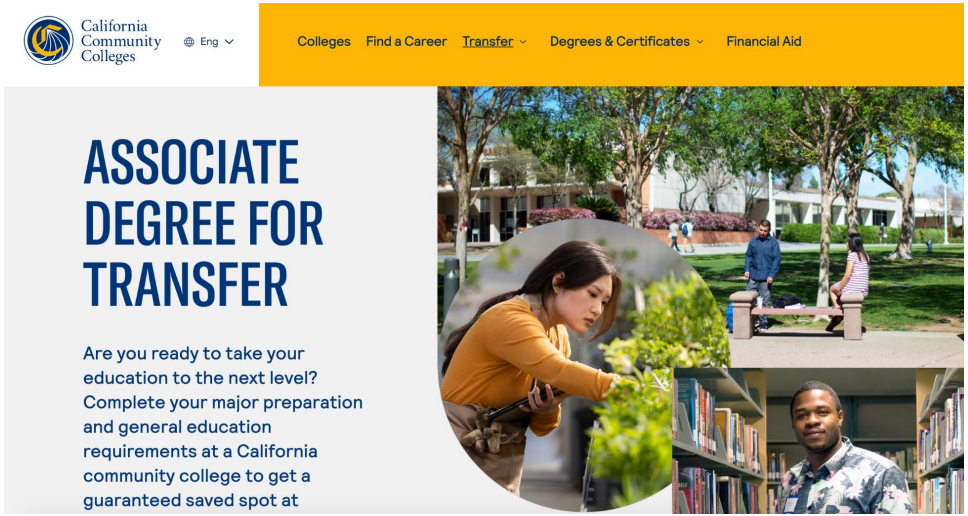
-Placement based on HS Transcript

Transfer Route:

Community College → UC/CSU

ADT (CSU)

A Degree with a Guarantee



TAG (UC)

Transfer Admission Guarantee
6 out of 9 UC's (most majors)

Admission rates (fall 2026 - CA Resident)

(first-year vs transfer)

- UCLA
  - **10% → 25%**
- UC Berkeley
  - **12% → 23%**
- UC San Diego
  - **24% → 51%**



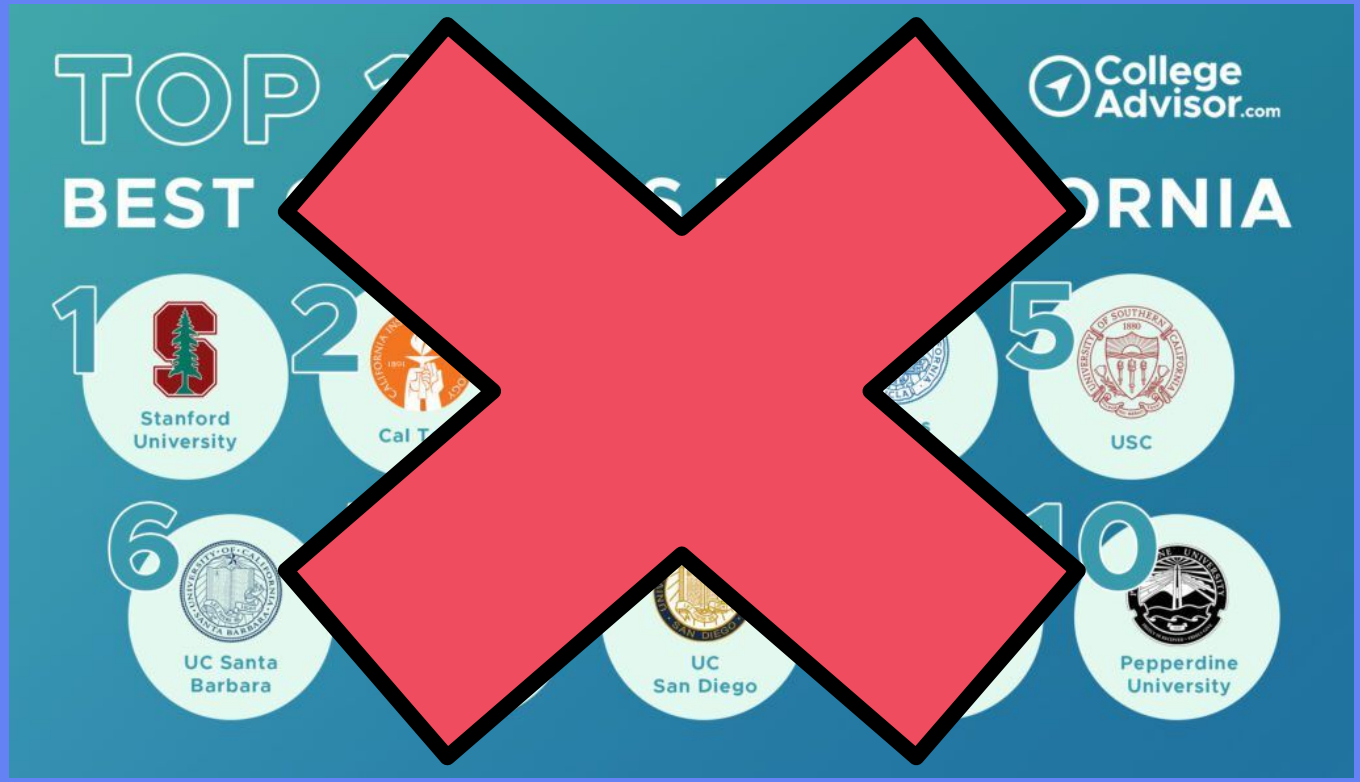
Local Community Colleges and CTE Programs (CTE Brochure)

De Anza College	Foothill College	Mission College	San Jose City College	West Valley College
➔ Auto Tech ➔ Graphic Design ➔ RN/LVN nursing ➔ Early Childhood development ➔ Real estate	➔EMT program ➔Music Technology ➔Dentistry ➔Vet Assistant ➔Theatre	➔ Culinary ➔ LVN/RN/ nursing ➔ Fire Science Technology ➔ Pharmacy tech ➔ Internet Technology	➔ Management ➔ Cosmetology ➔ Dental Assistant ➔ Laser Technology ➔ Construction	➔Fashion Design & Production ➔Landscape Architecture ➔Interior Design ➔Paralegal

How do I do it?



How do I do it?


College Advisor.com
1
Stanford University
5
USC
6
UC Santa Barbara
UC San Diego
10
Pepperdine University

Apply Broadly

Use admission rates to help you

CSU admission rates

(fall 2024)

- Cal Poly SLO → **30%**
- SDSU → **39%**
- CSU Long Beach → **47%**
- SJSU → **76%**
- CSU East Bay → **79%**
- SF State → **84%**
- Sonoma State → **89%**
- Sacramento State → **90%**

UC admission rates

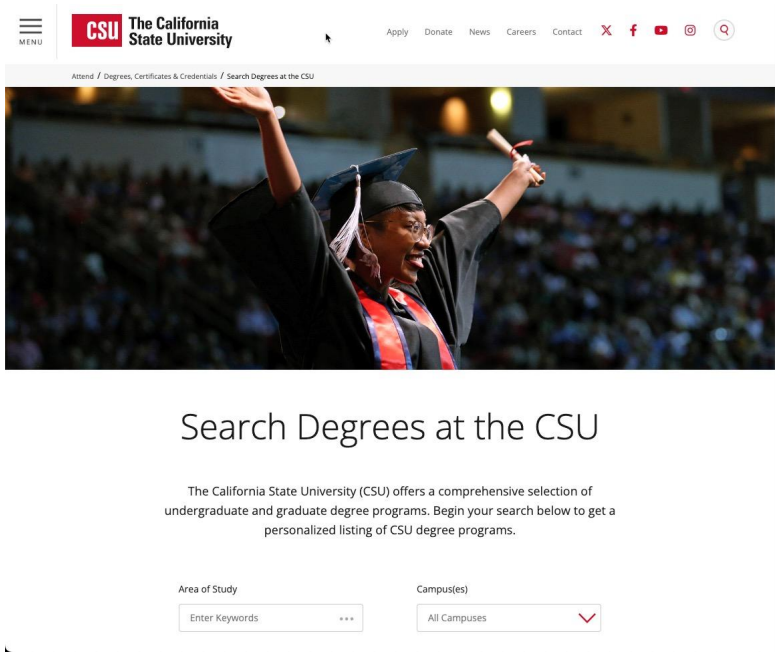
(fall 2026 - CA Resident)

- UCLA → **10%**
- UC Berkeley → **12%**
- UC Irvine → **23%**
- UC San Diego → **24%**
- UCSB → **35%**
- UC Davis → **35%**
- UC Santa Cruz → **82%**
- UC Riverside → **89%**
- UC Merced → **97%**

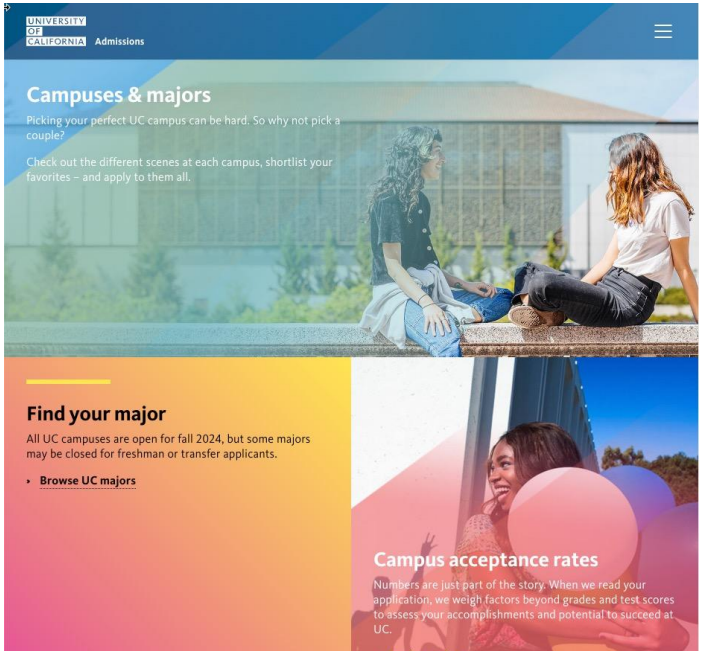
Private Schools

- Stanford → **3.7%**
- USC → **9.9%**
- Santa Clara U → **44%**
- St. Mary's → **70%**
- USF → **71.9%**

List of Majors by Campus:

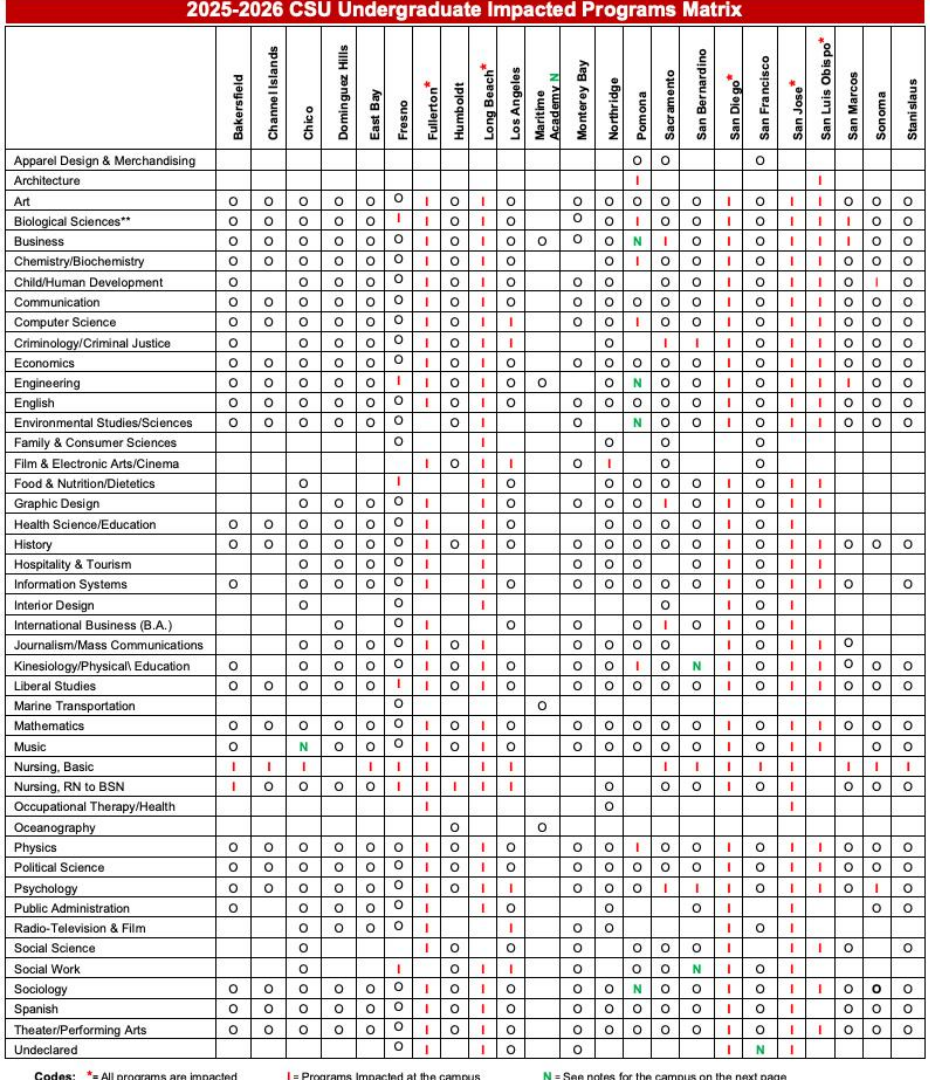


https://www.calstate.edu/attend/degrees-certificates-credentials/Pages/search-degrees.aspx



https://admission.universityofcalifornia.edu/campuses-majors/


IMPACTED
MAJOR!



2025-2026 CSU Undergraduate Impacted Programs Matrix

	Bakersfield	Channel Islands	Chico	Dominguez Hills	East Bay	Fresno	Fullerton*	Humboldt	Long Beach*	Los Angeles	Maritime Academy N	Monterey Bay	Northridge	Pomona	Sacramento	San Bernardino	San Diego*	San Francisco	San Jose*	San Luis Obispo*	San Marcos	Sonoma	Stanislaus
Apparel Design & Merchandising														O	O			O					
Architecture														I						I			
Art	O	O	O	O	O	O	I	O	I	O		O	O	O	O	O	I	O	I	I	O	O	O
Biological Sciences**	O	O	O	O	O	I	I	O	I	O		O	O	I	O	O	I	O	I	I	I	O	O
Business	O	O	O	O	O	O	I	O	I	O	O	O	O	N	I	O	I	O	I	I	I	O	O
Chemistry/Biochemistry	O	O	O	O	O	O	I	O	I	O			O	I	O	O	I	O	I	I	O	O	O
Child/Human Development	O		O	O	O	O	I	O	I	O		O	O		O	O	I	O	I	I	O	I	O
Communication	O	O	O	O	O	O	I	O	I	O		O	O	O	O	O	I	O	I	I	O	O	O
Computer Science	O	O	O	O	O	O	I	O	I	I		O	O	I	O	O	I	O	I	I	O	O	O
Criminology/Criminal Justice	O		O	O	O	O	I	O	I	I			O		I	I	I	O	I	I	O	O	O
Economics	O	O	O	O	O	O	I	O	I	O		O	O	O	O	O	I	O	I	I	O	O	O
Engineering	O	O	O	O	O	I	I	O	I	O	O		O	N	O	O	I	O	I	I	I	O	O
English	O	O	O	O	O	O	I	O	I	O		O	O	O	O	O	I	O	I	I	O	O	O
Environmental Studies/Sciences	O	O	O	O	O	O		O	I			O		N	O	O	I	O	I	I	O	O	O
Family & Consumer Sciences						O			I				O		O			O					
Film & Electronic Arts/Cinema							I	O	I	I		O	I		O			O					
Food & Nutrition/Dietetics			O			I			I	O			O	O	O	O	I	O	I	I			
Graphic Design			O	O	O	O	I		I	O		O	O	O	I	O	I	O	I	I			
Health Science/Education	O	O	O	O	O	O	I		I	O			O	O	O	O	I	O	I				
History	O	O	O	O	O	O	I	O	I	O		O	O	O	O	O	I	O	I	I	O	O	O
Hospitality & Tourism			O	O	O	O	I		I			O	O	O		O	I	O	I	I			
Information Systems	O		O	O	O	O	I		I	O		O	O	O	O	O	I	O	I	I	O		O
Interior Design			O			O			I						O		I	O	I				
International Business (B.A.)				O		O	I			O		O		O	I	O	I	O	I				
Journalism/Mass Communications			O	O	O	O	I	O	I			O	O	O	O		I	O	I	I	O		
Kinesiology/Physical\ Education	O		O	O	O	O	I	O	I	O		O	O	I	O	N	I	O	I	I	O	O	O
Liberal Studies	O	O	O	O	O	I	I	O	I	O		O	O	O	O	O	I	O	I	I	O	O	O
Marine Transportation						O					O												
Mathematics	O	O	O	O	O	O	I	O	I	O		O	O	O	O	O	I	O	I	I	O	O	O
Music	O		N	O	O	O	I	O	I	O		O	O	O	O	O	I	O	I	I		O	O
Nursing, Basic	I	I	I		I	I	I		I	I					I	I	I	I	I		I	I	I
Nursing, RN to BSN	I	O	O	O	O	I	I	I	I	I			O		O	O	I	O	I		O	O	O
Occupational Therapy/Health							I						O						I				
Oceanography								O			O												
Physics	O	O	O	O	O	O	I	O	I	O		O	O	I	O	O	I	O	I	I	O	O	O
Political Science	O	O	O	O	O	O	I	O	I	O		O	O	O	O	O	I	O	I	I	O	O	O
Psychology	O	O	O	O	O	O	I	O	I	I		O	O	O	I	I	I	O	I	I	O	I	O
Public Administration	O		O	O	O	O	I		I	O			O			O	I		I			O	O
Radio-Television & Film			O	O	O	O	I			I		O	O				I	O	I				
Social Science			O				I	O		O		O		O	O	O	I		I	I	O		O
Social Work			O			I		O	I	I		O		O	O	N	I	O	I				
Sociology	O	O	O	O	O	O	I	O	I	O		O	O	N	O	O	I	O	I	I	O	O	O
Spanish	O	O	O	O	O	O	I	O	I	O		O	O	O	O	O	I	O	I		O	O	O
Theater/Performing Arts	O	O	O	O	O	O	I	O	I	O		O	O	O	O	O	I	O	I	I	O	O	O
Undeclared						O	I		I	O		O					I	N	I				

Codes: *= All programs are impacted I = Programs Impacted at the campus N = See notes for the campus on the next page

https://www.calstate.edu/attend/impaction-at-the-csu/Documents/ImpactedProgramsMatrix.pdf

ALL majors are impacted at:

- → Cal Poly SLO
- → Fullerton
- → Long Beach
- → San Diego
- → San Jose

***Nursing is ALWAYS impacted

Good Example List:

10 Universities



4 UCs

- UCLA
- UC Santa Barbara
- UC Santa Cruz
- UC Merced

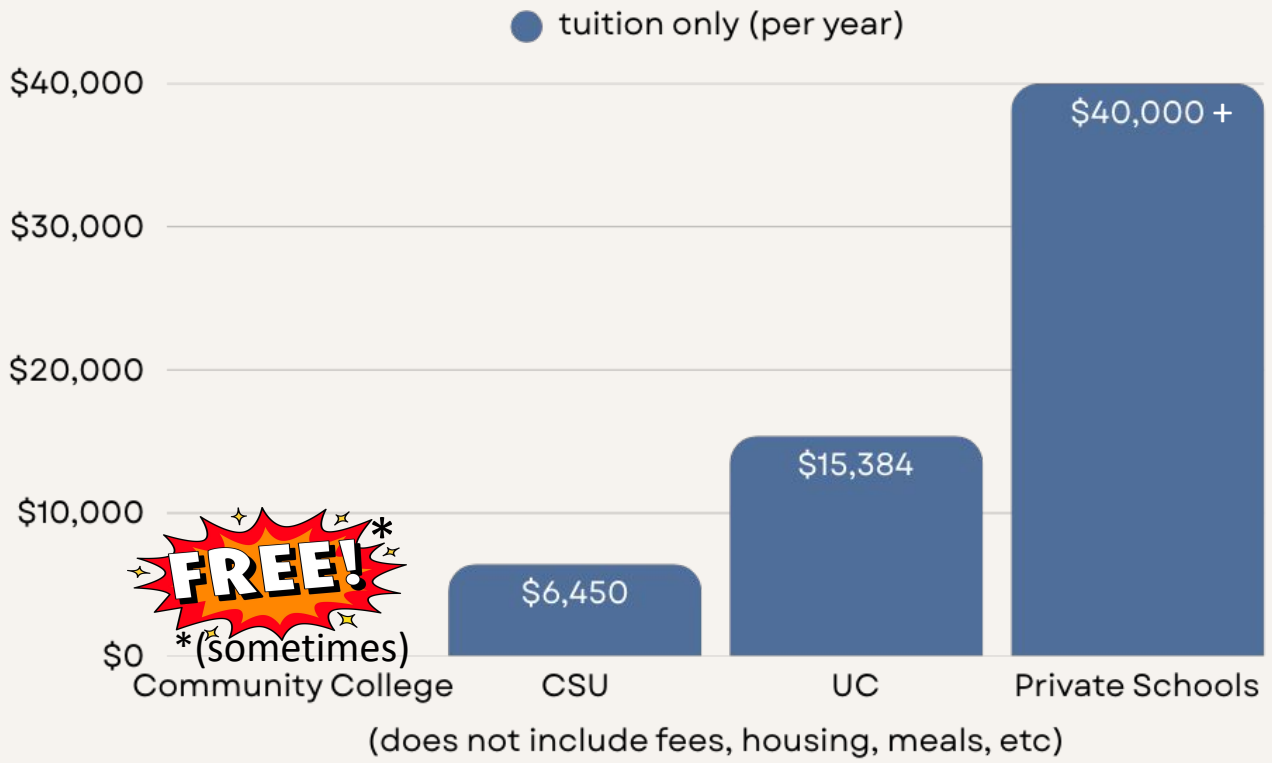
4 CSUs

- San Diego State
- San Jose State
- San Francisco State
- Sonoma State

2 Private Schools

- University of San Francisco
- NYU

University
TUITION COSTS

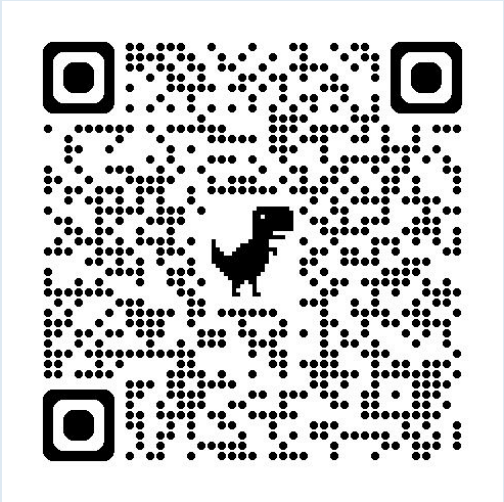


Bonus: Who should apply for FAFSA/Dream Act (Financial Aid)?

EVERYONE!

***NOW A GRADUATION REQUIREMENT

Exit Survey



GIVE US YOUR FEEDBACK!

Questions?



FREMONT.HS.COUNSELING

Thank You!!!

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