Alternate Lunch Options
Peanut Butter & Jelly
Deli Sandwich
Bagel & Yogurt Kit
Fruit & Yogurt Parfait
Chef Salad

MENU

PK-12 LUNCH

Harvest of the Month
NY Dairy
November 18th

NOVEMBER

2 **Meatball Sub** Au Gratin Potatoes Roasted Broccoli Chocolate Chip Cookie	**3** **French Toast Sticks** Cheese Egg Bite or Turkey Sausage Links Sweet Potato Bites NY Apple Juice Cup & Syrup	**4** **Cheesy Breadsticks w/Marinara Sauce** Steamed Broccoli Rainbow Pepper Sticks Mini Rice Crispy Treat	**5** **Macaroni & Cheese w/Kielbasa Bites** Garlic Breadstick Green Beans Grape Tomatoes	**6** **Pizza Slice** Steamed Yellow Corn Side Salad Cinnamon Applesauce Cup
9 **Chicken Nuggets** Dinner Roll Mashed Potatoes Yellow Corn Carrots	**10** **Soft Tacos** **(turkey, cheese, lettuce)** Salsa & Sour Cream Yellow Rice Veggie Pinto Beans	**11** **No School** Veterans Day	**12** **Cherry Blossom Chicken** Fried Rice Broccoli & Cucumbers Fortune Cookie	**13** **Pizza Slice** NY Peas & Carrots Side Salad Blue Raspberry Applesauce Cup
16 **Boneless Chicken Wing & Mozzarella Stick Basket** Crinkle Cut Fries Marinara Sauce Cup Veggie Cup	**17** **Popcorn Chicken & Waffles** Emoji Fries Cucumber Slices Orange Juice & Syrup	**18** **Toasted Ham & Cheese Croissant** Tomato Soup Assorted Yogurt w/ Granola NYS String Cheese	**19** **Loaded Nachos (Turkey)** Tex Mex Black Beans Chili Roasted Sweet Potatoes Salsa Cup & Sour Cream	**20** **Pizza Slice** Pizza Green Beans Side Salad Mango Peach Applesauce Cup
23 **Crispy Chicken Tenders** w/ sauces Pesto Parmesan Pasta Yellow Corn Grape Tomatoes	**24** Thanksgiving @ School **Turkey & Gravy** Mashed Potatoes, Gravy Dinner Roll, Corn, Stuffing, Apple Crisp	**25** **No School** Thanksgiving Break	**26** **No School** Thanksgiving	**27** **No School** Thanksgiving Break
30 **Cheeseburger** French Fries Rainbow Pepper Sticks Fruit Cocktail				

View Menus Online

linqconnect.com

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and white or flavored milk.

FORT EDWARD UNION FREE SCHOOL DISTRICT

In collaboration with CAPITAL REGION BOCES SHARED FOOD SERVICE PROGRAM

This institution is an equal opportunity provider.