

West Rusk CCISD

School Health Advisory Council (SHAC) Meeting Minutes

Date: October 14, 2026	Time: 1:15 p.m.	Location: Technology Building
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1. SHAC Overview, Bylaws, and Wellness Plan

- Reviewed SHAC responsibilities and bylaws.
- Reviewed the district Wellness Plan.
- No concerns were raised; continued review may occur throughout the year.

2. Food Allergy Management

- Reviewed allergy documentation, individual care plans, staff communication, and emergency procedures.
- Discussed medication availability during school activities and field trips.
- Discussed cafeteria accommodations and ways to reduce peanut exposure.

3. Tucker's Law and Health Curriculum

- Discussed opioid and fentanyl prevention education for grades 6–12.
- Explored potential curriculum resources, guest speakers, and campus assemblies.
- Additional information and options will be gathered before the next meeting. No final implementation decision was made.

4. Health and Program Reports

- Nursing: Completed vision and hearing screenings; sent referral letters as needed.
- Counseling: Reported on counseling services, Sources of Strength, and 504 reviews.
- Safety: Reviewed exterior door security and upcoming safety audits.
- Student Support: Backpack Food Program currently serves 31 students districtwide.
- Cafeteria: No report provided.

5. Student and Community Resources

- Discussed existing student resources, including hygiene products, clothing, shoes, and coats.
- Identified the need for a districtwide resource list and a clear process for connecting students and families with community assistance.
- Discussed follow-up support for student vision care needs.

6. Health Fair

- Reviewed upcoming health fair and staff flu clinic information.

7. Future Meeting Dates (tentative)

- December 9, 2026
- February 24, 2027
- April 7, 2027

Action Items

- Gather additional curriculum and speaker options for Tucker's Law prevention education.
- Explore a districtwide community resource list and referral process.
- Continue reviewing student health and wellness priorities.

Adjournment: The meeting concluded after discussing student wellness priorities and next steps.