



West Rusk CCISD

School Health Advisory Council (SHAC)



Meeting Information:

October 14, 2026
1:15 PM, Technology Building

Role of the SHAC:

A SHAC is a group of representatives from different segments of the school and community, generally appointed by the school district, to provide advice on coordinated school health programming and its impact on student health and learning.

Agenda:

1. Welcome and Call to Order

2. Approval of Previous Minutes

3. Informational Agenda

A. SHAC Overview

- Purpose and responsibilities of the SHAC
- Membership and parent representation
- Role of the SHAC in making recommendations to the Board

B. SHAC By-Laws

- Review and approval/confirmation of current bylaws
- Membership, meetings, voting, and procedures

C. West Rusk Wellness Plan Review

- Review current plan
- Identify areas that may need attention or revision during the 2026–2027 school year

D. Food Allergy Management Review

- Current identification and health-plan process
- Emergency medication and staff procedures
- Field trip procedures
- Cafeteria/food accommodations and peanut exposure
- Areas for continued review

E. Tucker's Law & Health Curriculum Review: Texas A&M THRIVE

- Review requirements for opioid/fentanyl prevention education
- Grades 6–12 and the **10-hour maximum**

- Review how West Rusk currently addresses the required instruction
- Discuss curriculum/resources being used
- Brief overview of current health curriculum
- Texas A&M THRIVE resources
- Identify any curriculum areas the SHAC should review during the year

G. Health Fair

- 2026–2027 Health Fair information
- Proposed date, activities, community partners, and areas of focus

4. Program Reports

A. Nurses' Report

B. Campus Counselors' Report

C. Safety & Emergency Operations Update

E. Cafeteria/Nutrition Report

5. 2026–2027 SHAC Meeting Dates

- Meeting #1 – Fall- October 14, 2026
- Meeting #2 – Winter- December 9, 2026
- Meeting #3 – Spring- February 24, 2027
- Meeting #4 – Spring- April 7, 2026

6. Q&A / Closing Thoughts

- Member questions
- Health/wellness concerns or priorities
- Topics members would like SHAC to address this year

Notes:
