2026 Duluth High School Girls' Hockey Tryout Information
November 2nd – November 3rd

STAFF:

- Varsity Head Coach - Ali Randall
- Varsity Assistant Coaches - Kayla Kasel, Jordan Fralich, Claudia Gagnon
- JV Head Coach - Marcy Dammann
- JV Assistant Coaches - Kendra Royer, Porter Haney

REGISTRATION:

- Duluth East Online Registration
  Athletic Registration, Forms & Fees - Duluth East High School
  Questions please contact jessica.douglas@isd709.org

- Denfeld Online Registration
  Athletic Registration - Denfeld High School
  Question please contact DenfeldActivities@isd709.org

TRYOUT SCHEDULE:

You will receive an email on Sunday, November 1st with your assigned group and time for Monday.
All players must check in at the table near the locker rooms prior to their ice time.

- Monday, November 2nd
  - Group 1 4:30 - 5:30 PM
  - Group 2 5:45 - 6:45 PM

- Tuesday, November 3rd
  - All Players 4:30 - 6:30 PM

EXPECTATIONS:

- All players must wear the jersey given to them at check in for the duration of evaluations
- No player will be allowed on the ice without neck protections and a mouth guard
- An extra set of laces and backup hockey stick is highly recommended
- Players will get dressed in Heritage locker rooms (no players will be using stars locker room)
- Tryouts are completely closed to anyone other than the players and evaluating staff—this is to ensure the privacy of the players as well as eliminate excess pressure
- Tryouts are meant to bring out all different types of qualities these players possess, such as, work ethic, attitude, hockey IQ, general fundamentals—passing, skating, shooting, stick skills, and mental and physical stamina.
- 9th Grade Players; The coaching staff will reach out directly to players they believe are getting ready to contribute at the high school level. This communication typically takes place in the Summer/Fall prior to the high school season.
- We reserve the right to cut players if they do not align with the program's culture, academic eligibility, competitive level, or if there are space limitations. In such cases, players may be referred to other levels of play. Those who do not make the roster can be directed to our U15 Icebreaker Youth Program. We are thankful for the many opportunities available for girls to play hockey at the highest levels.