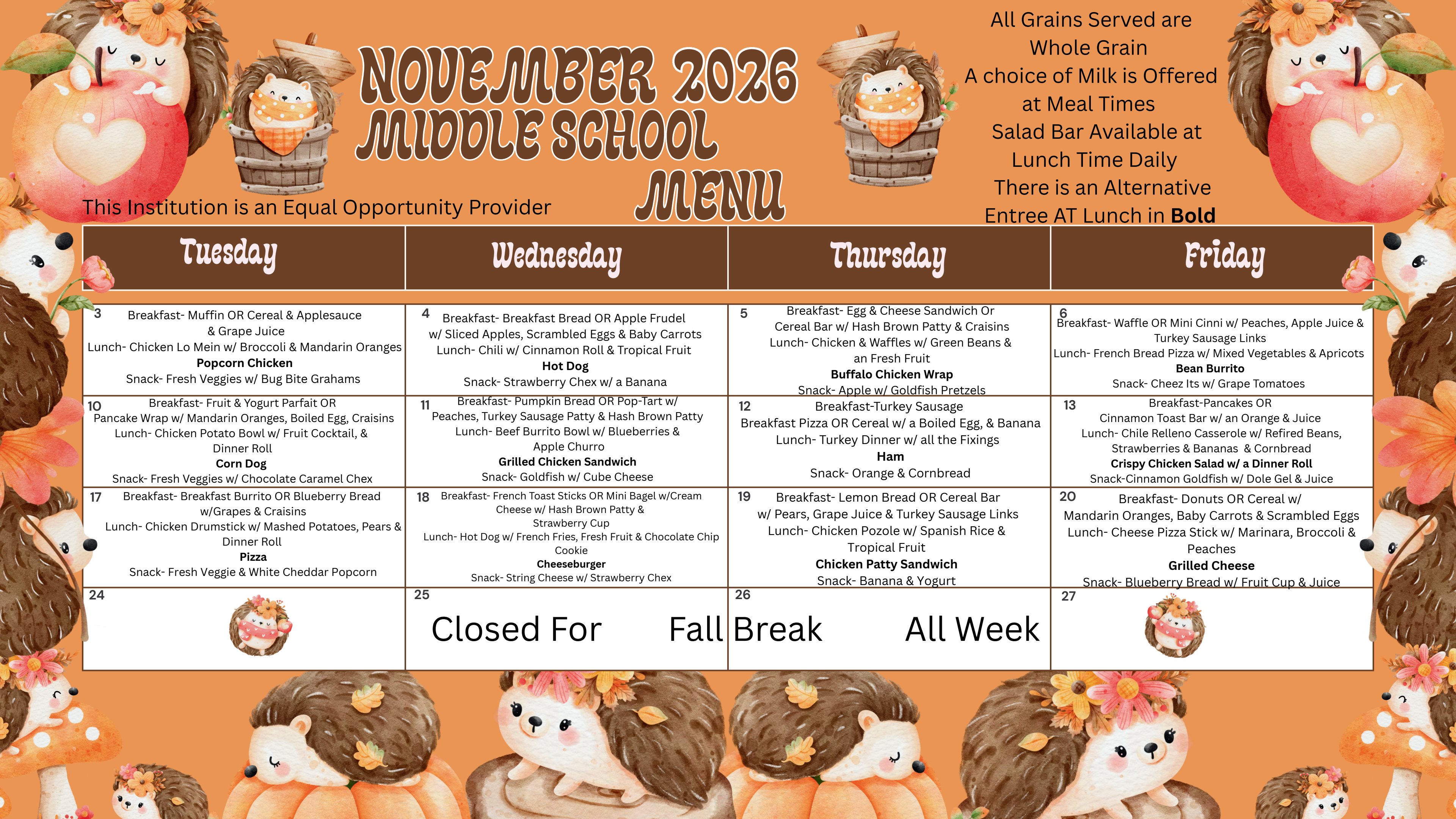




NOVEMBER 2026 MIDDLE SCHOOL MENU

This Institution is an Equal Opportunity Provider

All Grains Served are
Whole Grain
A choice of Milk is Offered
at Meal Times
Salad Bar Available at
Lunch Time Daily
There is an Alternative
Entree AT Lunch in **Bold**

Tuesday	Wednesday	Thursday	Friday
3 Breakfast- Muffin OR Cereal & Applesauce & Grape Juice Lunch- Chicken Lo Mein w/ Broccoli & Mandarin Oranges Popcorn Chicken Snack- Fresh Veggies w/ Bug Bite Grahams	4 Breakfast- Breakfast Bread OR Apple Frudel w/ Sliced Apples, Scrambled Eggs & Baby Carrots Lunch- Chili w/ Cinnamon Roll & Tropical Fruit Hot Dog Snack- Strawberry Chex w/ a Banana	5 Breakfast- Egg & Cheese Sandwich Or Cereal Bar w/ Hash Brown Patty & Craisins Lunch- Chicken & Waffles w/ Green Beans & an Fresh Fruit Buffalo Chicken Wrap Snack- Apple w/ Goldfish Pretzels	6 Breakfast- Waffle OR Mini Cinni w/ Peaches, Apple Juice & Turkey Sausage Links Lunch- French Bread Pizza w/ Mixed Vegetables & Apricots Bean Burrito Snack- Cheez Its w/ Grape Tomatoes
10 Breakfast- Fruit & Yogurt Parfait OR Pancake Wrap w/ Mandarin Oranges, Boiled Egg, Craisins Lunch- Chicken Potato Bowl w/ Fruit Cocktail, & Dinner Roll Corn Dog Snack- Fresh Veggies w/ Chocolate Caramel Chex	11 Breakfast- Pumpkin Bread OR Pop-Tart w/ Peaches, Turkey Sausage Patty & Hash Brown Patty Lunch- Beef Burrito Bowl w/ Blueberries & Apple Churro Grilled Chicken Sandwich Snack- Goldfish w/ Cube Cheese	12 Breakfast-Turkey Sausage Breakfast Pizza OR Cereal w/ a Boiled Egg, & Banana Lunch- Turkey Dinner w/ all the Fixings Ham Snack- Orange & Cornbread	13 Breakfast-Pancakes OR Cinnamon Toast Bar w/ an Orange & Juice Lunch- Chile Relleno Casserole w/ Refired Beans, Strawberries & Bananas & Cornbread Crispy Chicken Salad w/ a Dinner Roll Snack-Cinnamon Goldfish w/ Dole Gel & Juice
17 Breakfast- Breakfast Burrito OR Blueberry Bread w/Grapes & Craisins Lunch- Chicken Drumstick w/ Mashed Potatoes, Pears & Dinner Roll Pizza Snack- Fresh Veggie & White Cheddar Popcorn	18 Breakfast- French Toast Sticks OR Mini Bagel w/Cream Cheese w/ Hash Brown Patty & Strawberry Cup Lunch- Hot Dog w/ French Fries, Fresh Fruit & Chocolate Chip Cookie Cheeseburger Snack- String Cheese w/ Strawberry Chex	19 Breakfast- Lemon Bread OR Cereal Bar w/ Pears, Grape Juice & Turkey Sausage Links Lunch- Chicken Pozole w/ Spanish Rice & Tropical Fruit Chicken Patty Sandwich Snack- Banana & Yogurt	20 Breakfast- Donuts OR Cereal w/ Mandarin Oranges, Baby Carrots & Scrambled Eggs Lunch- Cheese Pizza Stick w/ Marinara, Broccoli & Peaches Grilled Cheese Snack- Blueberry Bread w/ Fruit Cup & Juice
24 	25 Closed For	26 Fall Break	27 
		All Week	