SOY MILK WHEAT EGG SESAME

GLUTEN FREE

UPLAND UNIFIED SCHOOL DISTRICT

Fresh Salad Bar Offered Daily

Local Driftwood Dairy California Milk
1% White Milk or Non-Fat Chocolate Milk

WG = Whole Grain

= New Item(s)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **NO SCHOOL**	3 **WG Chipotle Chicken and Cheese Pupusa** fiesta salad bar	4 **Gluten/Dairy Free Pizza** seasonal salad bar	5 **Teriyaki Chicken & Brown Rice** asian salad bar	6 **Chicken Nuggets** gluten & dairy free & a gluten/dairy free muffin american salad bar
9 **WG Grilled Chicken Sandwich** served on a gluten/dairy free bun sandwich salad bar	10 **Turkey Barbacoa Tacos** served with corn tortillas fiesta salad bar	11 VETERANS DAY	12 **Hawaiian Chicken Drumstick** & gluten/dairy free Bread Roll asian salad bar	13 **Gluten/Dairy Free Muffin & Chicken Sausage patties** american salad bar
16 **WG Charbroiled Cheeseburger** served on a gluten/dairy free bun sandwich salad bar	17 **WG Walking Taco** seasoned turkey taco meat and reduced fat chips fiesta salad bar	18 **Gluten/Dairy Free Pizza** seasonal salad bar	19 **Thanksgiving Meal** Gluten free option available seasonal salad bar	20 **Chicken Nuggets** gluten & dairy free & a gluten/dairy free muffin american salad bar

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GLUTEN FREE

*Menu subject to change
*This institution is an equal opportunity provider

SOY MILK WHEAT EGG SESAME

DAIRY-FREE

UPLAND UNIFIED SCHOOL DISTRICT

Fresh Salad Bar Offered Daily

Local Driftwood Dairy California Milk 1% White Milk or Non-Fat Chocolate Milk

WG = Whole Grain

= New Item(s)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **NO SCHOOL**	3 **Chicken Taquitos** fiesta salad bar	4 **Gluten/Dairy Free Pizza** seasonal salad bar	5 **Teriyaki Chicken & Garlic Brown Fried Rice** asian salad bar	6 **Mini Turkey Corn Dogs + Scooby Doo Grahams** american salad bar
9 **WG Grilled Chicken Sandwich** served on a whole grain bun sandwich salad bar	10 **Turkey Barbacoa Tacos** fiesta salad bar	11 VETERANS DAY	12 **Hawaiian Chicken Drumstick & WG** Bread Roll asian salad bar	13 **Gluten/Dairy Free Muffin & Chicken Sausage patties** american salad bar
16 **WG Charbroiled Hamburger** sandwich salad bar	17 **WG Walking Taco** seasoned turkey taco meat and tortilla chips fiesta salad bar	18 **Gluten/Dairy Free Pizza** seasonal salad bar	19 **Thanksgiving Meal** Dairy free option available seasonal salad bar	20 **WG Turkey Shaped Nuggets** and Scooby Doo Grahams american salad bar

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