



Cleveland Heights University Heights

MENU

Middle Schools Week 11 10.26.26-10.30.26	Monday	Tuesday	Wednesday	Thursday	Friday
SIGNATURE INSPIRED • INNOVATIVE • IN-STYLE	Sweet and Sour Chicken Popcorn Chicken With Brown Rice Seasoned Green Peas	Chicken Tenders Pita With Lettuce, Tomato, and Onion, Shredded Cheese Spiral French Fries	Wacky Wednesday Nacho Doritos Seasoned Beef Taco Meat Black Beans Spanish Rice Shredded Cheese Salsa and Sour Cream	Cheese Ravioli With Marinara Sauce Seasoned Green Beans Dinner Roll	BBQ Beef Meatballs With Macaroni and Cheese Glazed Carrots Garlic Bread Stick
GRILL SIZZLING, SEASONED & SASSY	Spicy Chicken Filet Sandwich	Hamburger Cheeseburger Bosco Sticks	Regular Chicken Filet Sandwich	Hamburger Cheeseburger Bosco Sticks	Spicy Chicken Filet Sandwich
PIZZA & PASTA OVEN-FRESH AND HANDCRAFTED	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza
SALAD BAR Crisp, Crunchy & Nutritious	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable
FRESH TO GO FAST AND CONVENIENT	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad	Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad	Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad

ALL MEALS ARE FREE FOR ALL STUDENTS!

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director.



CHECK OUT OUR FEATURED SUPERFOODS!

Please discuss any food allergy issues concerning your child with the Resident Director.

This institution is an equal opportunity provider.

