



IRVINGTON

— HIGH SCHOOL & MIDDLE SCHOOL —

NOVEMBER 2026

LUNCH MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 Nov 2 - 6	Cheese Tortellini w/ Spinach Alfredo Sauce Roasted Tomatoes ----- Oranges Apples	Boneless Chicken Wing Bar Herbed Zucchini Rainbow Bell Peppers ----- Pineapple Strawberries	Verde Chili Pork Stew Cilantro Rice Sweet Plantains White Bean Salad ----- Honey Dew Banana	Butter Chicken Brown Rice Ginger Garlic Broccoli ----- Pears Blueberries	Baja Fish Tacos Citrus Slaw Chipotle Crema Black Bean Salad ----- Mandarin Cantaloupe
WEEK 2 Nov 9 - 13	Baked Ziti & Ricotta w/ Ground Turkey Green Salad ----- Banana Honey Dew	Meatball Sub w/ Creamy Pesto Provolone Garlic Green Beans ----- Apple Pineapple	VETERANS DAY NO CLASSES	Nacho Bar Pico de Gallo Roasted Plantains Charro Pinto Beans ----- Blueberries Cantaloupe	Teriyaki Chicken Rice Bowl Mixed Rainbow Vegetables ----- Orange Strawberries
WEEK 3 Nov 16 - 20	Cheese Ravioli w/ Creamy Tomato & Basil Sauce Parmesan Cauliflower ----- Pineapple Banana	Chef's Meatloaf Green Beans Roasted Sweet Potato Gravy ----- Pears Apple	Mediterranean Chicken Bowl w/ Brown Rice Baked Falafel Cucumber & Feta Salad ----- Mandarin Honey Dew	Bean & Cheese Burrito Cilantro Rice Mexican Corn ----- Blueberries Strawberries	Pulled Pork Sandwich Vinegar Slaw Green Chili Mac & Cheese Herbed Zucchini ----- Cantaloupe Orange
WEEK 4 Nov 23 - 27	Chicken Broccoli Ziti Herbed Green Beans Roasted Butternut ----- Cantaloupe Pineapple	Cuban Sandwich (P) White Bean Salad Sweet Plantains ----- Orange Apple	HALF DAY NO LUNCH SERVICE	THANKSGIVING BREAK NO CLASSES	THANKSGIVING BREAK NO CLASSES
WEEK 5 Nov 30	Lemon Chicken Pasta w/ Peas Roasted Herbed Carrots ----- Pears Oranges	FUEL YOUR DAY. BUILD YOUR FUTURE			

EVERY LUNCH INCLUDES

♦ Entrée
♦ Fresh Fruit
♦ Vegetable
♦ Whole Grain
♦ Choice of Milk
Fat Free White, 1% White, or Chocolate

OUR COMMITMENT

✓ All snacks and salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, Artificial Ingredients & Trans Fat.
✓ Milk is antibiotic and hormone free.
✓ Local produce used throughout the month when available from local NJ/NY Farms.

SPECIAL DIETARY NEEDS

A Gluten Free Meal is available with 1 day notification.

If you have any questions/concerns regarding this menu or there are special dietary needs, please email luis.lucas@irvingtonschools.org

UNIVERSAL MEALS

Complete meal is \$0.

BREAKFAST – EVERY DAY 7:30-9:30am

- Bacon, Egg & Cheese or Meatless EC
- WG French Toast Sticks
- Omelet Station – Made to order!
- Yogurt Parfait
- Bagel & Cheese Sticks
- Daily Fruits & Vegetables
- Baked Goods
- Coffee & Tea Bar

LUNCH – AVAILABLE EVERY DAY

- Stir Fry Action Station
- Smoothies, Juices & Acai Bowls
- Deli Station – Made to order sandwiches and paninis
- Salad Bar
- Gourmet Pizza
- Grab n Go Station
- Daily Fruits & Vegetables
- Wednesday BBQs (weather permitting)

Ala carte and snack items require funds on account through MySchoolBucks or cash. One lunch and one breakfast meal per day is free!