

November 2026

Cardinal Lunch Menu



Breakfast & Lunch are FREE for all students!
 Students must take a fruit and/or vegetable with each lunch.
All meals are served with the option of milk.
 Sunbutter & Jelly Sandwiches & Vegetarian Meals served daily.
Please inform food service staff if you have a food allergy!



V = Vegetarian LG = Locally Grown
LTO = Limited Time Offer HOTM = Harvest of the Month

monday **tuesday** **wednesday** **thursday** **friday**

2 Hamburger Tater Tots & Cucumber Slices Apples & Pears	3 Crispy Chicken Sandwich Street Corn & Kickin' Beans Oranges & Apples	4 French Toast Sticks & Chicken Sausage Roasted Butternut Squash & Broccoli Bananas & Berry Cups	5 Chicken Tenders & Dinner Roll Steamed Edamame & Carrots LG Pears & Fresh Fruit Cup	6 Cheese Pizza V Red Pepper Strips & Side Salad Apples & Bananas
9 Yogurt and Fruit Power Pack V Roasted Broccoli & Carrot Sticks LG Applesauce & Pears	10 Lowell Grande Nachos Fiesta Corn & Cucumbers Oranges & Apples	11 Veterans Day NO SCHOOL	12 Chicken Nuggets with a Dinner Roll Roasted Green Beans & Sweet Potato Fries Pears & Fresh Fruit Cups	13 Cheese Pizza V Carrot Sticks & Kale Chips HOTM Apples & Bananas
16 Mini Maple Pancakes with a Colby Cheese Omelet Hot Honey Carrot Fries & Broccoli Applesauce & Pears	17 Hamburger Tater Tots & Pickled Cucumbers Oranges & Apples	18 Pizza Crunchers V Edamame & Fresh Broccoli Pears & Fresh Fruit Cups	19 Thanksgiving Meal Roasted Turkey Or Veggie Nuggets Mashed Potatoes with Gravy Whole Grain Stuffing Dinner Roll Roasted Green Beans Apple Crisp	20 Cheese Pizza V Red Pepper Strips & Side Salad LG Apples & Bananas
23 Pretzel Platter Steamed Edamame & Carrot Sticks LG Apples & Pears	24 Cheese Pizza V Red Pepper Strips & Side Salad LG Apples & Bananas	25 Half Day No Lunch	26 Thanksgiving Recess NO SCHOOL	27 Thanksgiving Recess NO SCHOOL
30 Pizza Crunchers V Roasted Chickpeas & Carrot Sticks LG Apples & Pears	1 Penne Bolognese Fiesta Corn & Fresh Broccoli Blood Oranges & Apples	2 Waffles & Chicken Sausage Tater Tots & Celery Sticks Bananas & Berry Cups	3 Ham & Cheese Roll Ups Parm Carrot Fries & Cucumber Coins LG Pears & Fresh Fruit Cups	4 Cheese Pizza V Red Pepper Strips & Side Salad LG Apples & Bananas