Weekly Menu

November 2-November 6 2026

Grade 7 - 12

Monday

Menu 1: Roasted Fleischkäse, hörnlipasta and bacon peas

1,3,7 9,10

Menu 2: Pita bread with hummus, tofu and lentils, avocado and tomato salad

1, 6 7, 9, 10

Tuesday

Menu 1: Nasi Goreng (Indonesian dish with chicken, fried rice)

3, 7 9, 10

Menu 2: Grilled pesto tomato, tagliatelle and parmesan chips

1, 7 9, 10

Wednesday

Menu 1: Hungarian beef goulash, spätzli and vegetables

1, 3, 7, 9 10

Menu 2: Risotto steak, mushroom sauce and herbed ricotta cheese

1, 7 9, 10

Thursday

Menu 1: Chicken sweet n sour, rice

9 3, 6, 10

Menu 2: Turkish style stuffed vine leaves, herbed bulgur

1, 6, 7 9, 10

Friday

Menu 1: Burger served with fresh accompaniments and coleslaw salad

1, 3, 10,11 9

Menu 2: Vegetarian burger served with fresh accompaniments and coleslaw salad

1, 3, 10,11 9

Contains this Allergen / may contain this Allergen

*1. Cereals containing gluten, *2. Crustaceans, *3. Eggs, *4. Fish, *5. Peanuts, *6. Soybeans, *7. Milk, *8. Nuts, namely: almonds, hazelnuts, walnuts, cashews, pecan nuts, Brazil nuts, pistachio nuts, macadamia or Queensland nuts, *9. Celery, *10. Mustard, *11. Sesame seeds, *12. Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre, *13. Lupin, *14. Molluscs