



Weekly Menu

November 2 – November 6 2026

EC 1 – Grade 6



Monday

Menu 1: Pasta with a choice of beef bolognese, tomato or cream sauce

1 7, 9, 10

Menu 2: Pasta with a choice of tomato or cream sauce

1 7, 9, 10

Tuesday

Menu 1: Chicken Fleischkäse, spätzle, carrot sticks & gravy

1, 7 9, 10

Menu 2: Vegan "Fleischkäse", spätzle, carrot sticks & gravy

1 6, 9

Wednesday

Menu 1: Kashmiri beef masala, vegetable biryani

6, 9

Menu 2: Paneer-tomato curry, vegetable biryani

7 6, 10

Thursday

Menu 1: Beef lasagna served with mixed salad

1, 7 3, 9, 10

Menu 2: Vegetarian lasagna served with mixed salad

1, 6, 7 3, 9, 10, 11

Friday

Menu 1: Chicken hot dog, vegetable sticks, mixed salad & crisps

1, 7, 11

Menu 2: Vegan hot dog, vegetable sticks, mixed salad & crisps

1, 6, 7, 10, 11

Contains this Allergen / may contain this Allergen

*1. Cereals containing gluten, *2. Crustaceans, *3. Eggs, *4. Fish, *5. Peanuts, *6. Soybeans, *7. Milk, *8. Nuts, namely: almonds, hazelnuts, walnuts, cashews, pecan nuts, Brazil nuts, pistachio nuts, macadamia or Queensland nuts, *9. Celery, *10. Mustard, *11. Sesame seeds, *12. Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre, *13. Lupin, *14. Molluscs