

WHITEHALL-COPLAY SCHOOL DISTRICT
ZEPHYR BREAKFAST MENU

November 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



2

House Made Fresh Breakfast
Pizza

Assorted Cereals
Pop-tarts
Assorted Juice
Fruit of choice

Bacon, Egg and Cheese on a
Biscuit

Assorted Cereals
Pop-tarts
Assorted Juice
Fruit of choice

WG Belgian Waffle Sticks with
Syrup

Assorted Cereals
Pop-tarts
Assorted Juice
Fruit of choice

WG Cinnamon Toast Crunch
French Toast

Assorted Cereals
Pop-tarts
Assorted Juice
Fruit of choice

Scrambled Eggs, Sausage Links
and Hash

Assorted Cereals
Pop-tarts
Assorted Juice
Fruit of choice

House Made Fresh Breakfast
Pizza

Assorted Cereals
Pop-tarts
Assorted Juice
Fruit of choice

Sausage, Egg and Cheese on a
Bagel

Assorted Cereals
Pop-tarts
Assorted Juice
Fruit of choice

WG French Toast Sticks with
Syrup

Assorted Cereals
Pop-tarts
Assorted Juice
Fruit of choice

Apple Strudel

Assorted Cereals
Pop-tarts
Assorted Juice
Fruit of choice

Cheese Omelet, Sausage Links
and Tater Tots

Assorted Cereals
Pop-tarts
Assorted Juice
Fruit of choice

House Made Fresh Breakfast
Pizza

Assorted Cereals
Pop-tarts
Assorted Juice
Fruit of choice

Bacon, Egg and Cheese on a
Croissant

Assorted Cereals
Pop-tarts
Assorted Juice
Fruit of choice

WG Pancakes with Syrup

Assorted Cereals
Pop-tarts
Assorted Juice
Fruit of choice

Cinnamon Cream Cheese
Filled Bagel

Assorted Cereals
Pop-tarts
Assorted Juice
Fruit of choice



23



24



25



26



27



30

MAKE IT A MEAL!

Choose at least 3 of 4 meal components for
the school breakfast price:

Meat/Meat Alternative, Whole Grain, Fruit,
Vegetable, Milk

A minimum ½ cup serving of fruit or
vegetable must accompany a breakfast.

Breakfast Prices

Student \$0.00
Adult \$3.50

Available Daily

Assorted WG Muffins, Assorted WG Donuts,
Bagel with Cream Cheese and Yogurt,
Assorted cereal bars..

Fruit Selection

Assorted Fresh Fruit and Juice
Students may choose two ½ cup servings.

Milk Selection

Fat Free Milk, 1% Milk, Fat Free Chocolate
Milk

Your Dining Services Team

Cathy Muto
General Manager
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Derek Kolumber
Chef Manager
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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (WG) Whole Grain



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

