# Schuylkill Valley High School
# November 2026

Every meal consists of servings from the following 5 meal components: Meat/Meat Alternate, Whole Grains, Vegetable, Fruit, and Milk
Students MUST select a MINIMUM of 3 meal components offered and 1 MUST be a fruit or vegetable
A selection of white and flavored 1% Milk is offered daily

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| **November 2**<br>A. Chicken Patty<br>B. Mozzarella Sticks<br>Smile Fries,<br>Baby Carrots<br>Fruit choice of the day | **November 3**<br>A. Walking Taco<br>B. French Bread Pizza<br>Corn, Mexican Beans<br>Lettuce & Tomato cups<br>Fruit choice of the day | **November 4**<br>A. General Tso's Chicken over Rice<br>B. Cheese Stuffed Breadstick<br>Steamed Broccoli<br>Celery Sticks<br>Fruit choice of the day | **November 5**<br>SCHOOL IS CLOSED | **November 6**<br>SCHOOL IS CLOSED |
| **November 9**<br>A. Subway Sandwich<br>B. Mozzarella Sticks<br>Smile Fries,<br>Mixed Vegetables<br>Fruit choice of the day | **November 10**<br>A. Bacon, Egg and Cheese on Croissant<br>B. French Bread Pizza<br>Buttery Green Beans<br>Hashbrown<br>Fruit choice of the day | **November 11**<br>A. Cheesesteak w/ Sauteed onions<br>B. Cheese Stuffed Breadstick<br>Steamed Broccoli<br>Celery Sticks<br>Fruit choice of the day | **November 12**<br>A. Cheeseburger on GW Bun<br>B. Cheese Pizza<br>Glazed Carrots<br>Garden Side Salad<br>Fruit choice of the day | **November 13**<br>A. Chicken Nuggets w/ Dinner Roll<br>B. Pizza Crunchers<br>Buttered Corn, Baked Beans<br>Fresh Red & Green Pepper Strips<br>Fruit choice of the day |
| **November 16**<br>A. Chicken Alfredo Pasta w/ Garlic Stick<br>B. Mozzarella Sticks<br>Buttery Green Beans<br>Garden Side Salad<br>Fruit choice of the day | **November 17**<br>A. Beef Nacho Grande'<br>B. French Bread Pizza<br>Corn, Mexican Beans<br>Lettuce & Tomato Cups<br>Fruit choice of the day | **November 18**<br>A. General Tso's Chicken over Rice<br>B. Cheese Stuffed Breadstick<br>Steamed Broccoli<br>Celery Sticks<br>Fruit choice of the day | **November 19**<br>A. Spicy Chicken Filet on WG Bun<br>B. Cheese Pizza<br>Steamed Cauliflower<br>Smile Fries<br>Fruit choice of the day | **November 20**<br>Roasted Turkey & Gravy<br>Stuffing, Mashed Potatoes<br>Seasoned Green Beans<br>Cranberry Sauce, Dinner Roll<br>Fruit choice of the day |
| **November 23**<br>A. Chicken Fajita Wrap<br>B. Mozzarella Sticks<br>Corn, Mexican Beans<br>Garden Side Salad<br>Fruit choice of the day | **November 24**<br>A. Hot Ham & Cheese on Pretzel Bun<br>B. French Bread Pizza<br>Buttered Peas<br>Baby Carrots<br>Fruit choice of the day | **November 25**<br>SCHOOL IS CLOSED | **November 26**<br>Thanksgiving | **November 27**<br>SCHOOL IS CLOSED |
| **November 30**<br>SCHOOL IS CLOSED | | | | |

**Interested in Substituting in Food Service?**
Call Louisa Trumbore at
610-916-5726

**Lactaid Milk is available**




**Additional Entrée Items Offered:**
- Pizza
- PB&J
- Entrée Salads
- Subs & Wraps
- Yogurt Parfaits

**MEAL PRICES**
Breakfast - Free for ALL Students
Paid Lunch Cost - $3.10

Menu is subject to change | This institution is an equal opportunity provider.