Schuylkill Valley Middle School
November 2026

Every meal consists of servings from the following 5 meal components: Meat/Meat Alternate, Whole Grains, Vegetable, Fruit, and Milk
Students MUST select a MINIMUM of 3 meal components offered and 1 MUST be a fruit or vegetable
A selection of white and flavored 1% Milk is offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 2 Macaroni and Cheese w/Breadstick Seasoned Broccoli Fresh Veggies Fruit	**November 3** Bacon Cheeseburger Pasta Salad California Blend Fresh Fruit and Veggies National Sandwich Day	**November 4** Hot Dog Waffle Fries Baked Beans Buttered Carrots Fruit	**November 5** SCHOOL IS CLOSED	**November 6** SCHOOL IS CLOSED
November 9 Subway Lettuce Tomato Pickles Chips Fresh Veggies Fruit	**November 10** Walking Tacos w/ All the Toppings Fiesta Beans Street Corn Fruit	**November 11** Orange Chicken w/Brown Rice Broccoli Fresh Veggies Fruit	**November 12** Buffalo Chicken Casserole w/ Tortilla Chips California Blend Veggies Lettuce and Tomato Fruit	**November 13** Chick Filet Sammich w/Lettuce and Tomato Tater Tots Seasoned Green Beans Fruit
November 16 Pasta with Meat sauce Garlic Bread Green Beans Side Salad Fruit	**November 17** Chicken Wings w/ Dinner Roll Curly Fries Glazed Carrots Baked Beans Fruit	**November 18** Popcorn Chicken w/ Biscuit Buttered Noodles Seasoned Corn Fresh Veggies Fruit	**November 19** Assorted Pizza Day Side Salads Buttered Broccoli Fresh Veggies Fruit	**November 20** Turkey with Stuffing Mashed Potatoes Corn Side Salad Fruit
November 23 Chicken Dumplings w/ Fried Rice Oriental Vegetable Blend Fresh Veggies Fruit	**November 24** Walking Tacos w/ All the Toppings Refried Beans Corn Fruit	**November 25** SCHOOL IS CLOSED	**November 26** Thanksgiving	**November 27** SCHOOL IS CLOSED
November 30 SCHOOL IS CLOSED				

Interested in Substituiting in Food Service?
Call Louisa Trumbore at 610-916-5726

MILK CHOCOLATE MILK
Lactaid milk available

Additional Entrée Items Offered:
Pizza
PB&J
Entrée Salads
Subs & Wraps
Yogurt Parfaits

MEAL PRICES
Breakfast - Free for ALL Students
Paid Lunch Cost - $3.10

Menu is subject to change
This institution is an equal opportunity provider.