

Unity Day & Red Ribbon Week 2026



Friday, October 23	**Unity Day** is a national bullying prevention awareness day that celebrates kindness, acceptance, and inclusion to come together as **one** community- **wear ORANGE.** • Learn about being an UPSTANDER in the **NED video**.
Monday, October 26	**"Kindness Is My Superpower" -Kindness/Healthy Choices** • Dress in **RED** to kick off Red Ribbon Week • Watch the PANDA Leaders PSA • Mission: Decorate the Superhero Cape.
Tuesday, October 27	**"Join the Hero Squad: Teamwork Makes Us Stronger" - Teamwork** • Wear your ***Favorite Team*** gear! • Watch the PANDA Leaders PSA. • Mission: Superhero Mission
Wednesday, October 28	**"Heros Are Built One Healthy Choice at a Time" - Decision Making** • Wear *crazy hair* or *silly socks* • Watch the PANDA Leaders PSA • Mission: Hero Choices vs. Zero Choices • Catch Them Making Good Choices Certificates
Thursday, October 29	**"Follow the Hero Code: Include Others. Make New Friends. Together We are unstoppable!" – Supporting each other** • Wear **Poland Bulldog** gear • Watch the PANDA Leaders PSA • K-3 Mission Options: Make a Friendship Chain, Friendship Word Search & A Good Friend is Coloring Page • 4-6 Mission Options: Qualities of a Good Friend Coloring Page, Friendship Word Search, Friendship Crossword Puzzle
Friday, October 30	**"Be Spooktacular! Make Heroic Choices!" - Enjoy Halloween!** • Wear your HALLOWEEN COSTUME and make good choices trick-or-treating! • **Your Hero Mission Today:** Have fun, be kind, include others, and make choices that help everyone have a spooktacular day!