Academy of Accelerated Learning

SHAC

School Health Advisory Council

2026–2027 Kickoff Meeting

Monday, October 12, 2026 • 5:00 PM

Ashcroft + Bellfort families

Healthy students. Strong families. Ready to learn.

Tonight’s Purpose

Four steps to launch the year

1 **Reconnect**

Student wellness

2 **Organize**

Roster + officers

3 **Prioritize**

Choose focus areas

4 **Commit**

Owners + dates

What SHAC Does

Student wellness connects school and home

1

Advise

Health, nutrition and movement

2

Connect

Families, staff and community

3

Recommend

Policies and wellness strategies

At least four SHAC meetings each year

2025–2026: What We Built

Year 1 established the structure. Year 2 should turn that structure into visible impact.

Council foundation

Bylaws, officers and a four-meeting cadence established.

Family voice

Parent/community representation and bilingual communication built into the process.

Curriculum review

CATCH plus supplemental health curriculum options reviewed for age-appropriate use.

Wellness priorities

Nutrition, physical activity, mental wellness and family engagement surfaced as recurring needs.

Community partnership

Harris County Public Health partnership/MOU work initiated.

District initiative

Health + Resource Fair planning advanced as a family-facing wellness strategy.

Governance Checkpoint

Before any council action

Quorum first

A majority of all members must be present.

Confirm the Board-appointed roster

Fill eligible officer vacancies

Confirm attendance and records duties

ACADEMY OF ACCELERATED LEARNING, INC.
STUDENT HEALTH ADVISORY COUNCIL
ELECTION OF OFFICERS

Role	Key Responsibilities	Representative
Chairperson	Leads meetings, sets agendas, communicates with district leaders, ensures follow-up	Ms. Gonales, Ashcroft
Co-Chair	Supports the Chair, Runs meetings if the Chair is absent, Often helps manage subcommittees or projects	Ms. Lewis, Bellfort
Secretary	Takes meeting minutes, maintains attendance records, distributes documents	Ms. Brown
Community Member	Offer insights from the community	Destiny Jefferson, Harris County Health
Health Professional	Provides medical or wellness expertise	Nurse Queen
Administrator Liaison	Serves as the connection between the council and school/district leadership	Ms. Perez

Officer Election Process

For vacant or expired positions only

1

Nominate

Eligible candidates

2

Check

Bylaw eligibility

3

Vote

Record the result

4

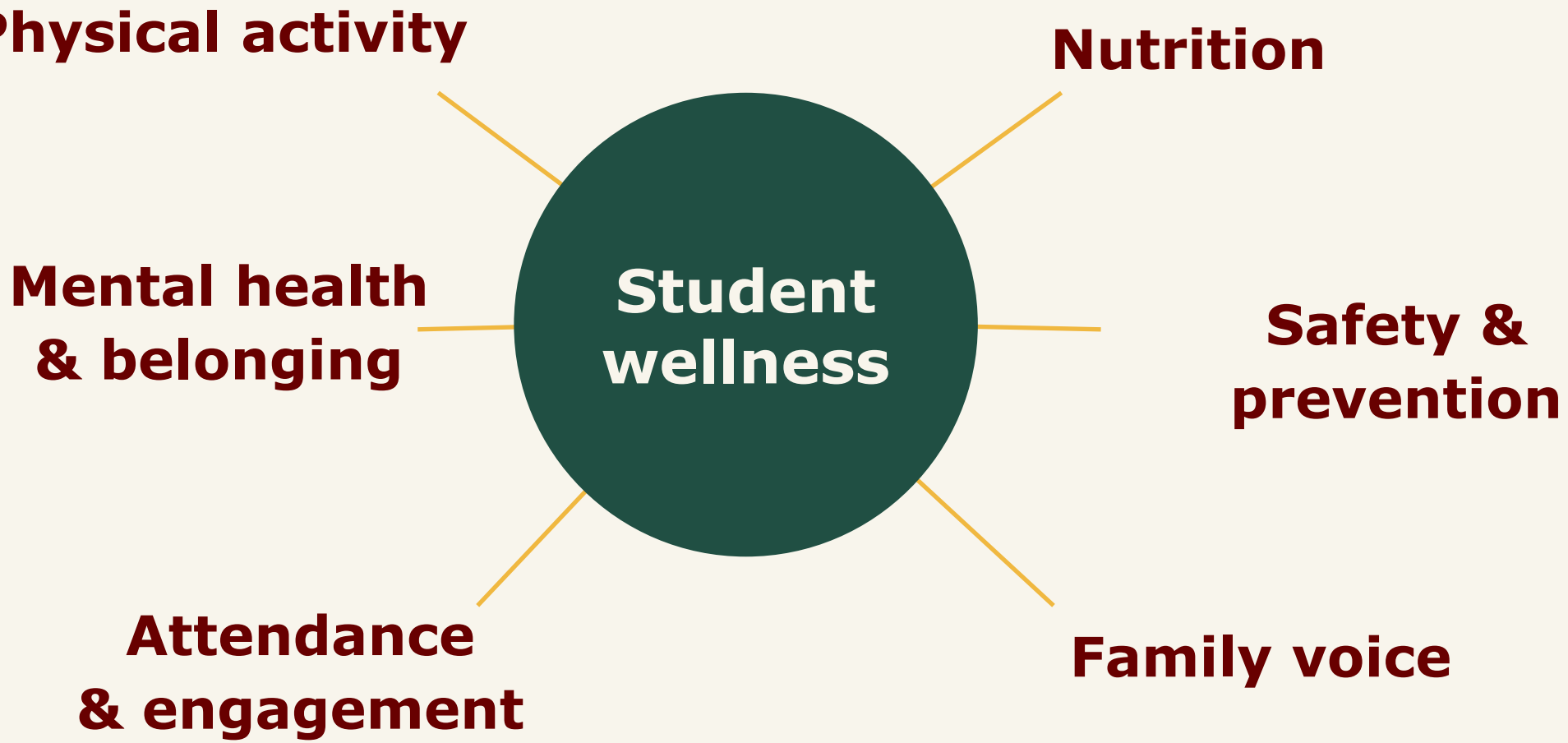
Transition

Confirm duties

Secretary records the complete election action.

Proposed Wellness Priorities

Choose 3–4 priorities for the annual plan



CATCH Curriculum

Coordinated Approach To Child Health

More movement

Healthy food choices

Tobacco prevention

- **Classroom**
- **Physical education**
- **Nutrition services**
- **Family involvement**

Board-approved curriculum recommended by SHAC

Two Workstreams for Visible Impact

Partnership support and a district wellness event

COMMUNITY PARTNERSHIP

Harris County Public Health

Proposed support: nutrition education, physical activity and family health resources.

MOU / partnership status: to confirm

Verify MOU status and agree the next step.

Chair / District Leadership

FAMILY-FACING INITIATIVE

Health + Resource Fair

Proposed options: wellness resources, fitness stations and family support services.

Event status and timing: to confirm

Confirm status, then choose format and window.

Chair / Campus Teams

Confirm a named lead and target date for each workstream tonight.

2026–2027 Work Cycle

One deliverable at each meeting

OCT 12

Organize

Officers + priorities

DEC

Study

Data + health review

FEB

Develop

Draft recommendations

APR

Recommend

Annual report

Council will confirm December, February and April dates.

Family & Community Voice

01 **Celebrate** What is working?

02 **Learn** What gets in the way?

03 **Commit** What should SHAC do next?

Capture themes, not individual student information.

Meeting Compliance & Records

Before	During	After
72 hours	**Minutes + recording**	**10 days**
Post meeting notice		Send records to liaison District posts records

Record owner: Secretary, supported by the SHAC Liaison

Decisions Needed Tonight

Before we adjourn

- ✓ **Quorum + roster**
- ✓ **Officers, if needed**
- ✓ **3–4 priorities**
- ✓ **Meeting dates**
- ✓ **Workgroup owners**
- ✓ **Recorded next steps**

Read each action, owner and due date aloud.

SHAC Action Items & Owners

Action	Owner	Next move	Due
Membership + Board appointments	Chair / Administration	Confirm roster	TBC
Public Health MOU status	Chair / District Leadership	Resolve status / next action	TBC
Health & Resource Fair status	Chair / Campus Teams	Choose format + window	TBC
Curriculum review + approvals	Curriculum / Compliance	Close remaining decisions	TBC
Four dates + campus logistics	Chair	Publish annual calendar	TBC
Agenda + required notice	Chair / District Office	Standardize notice template	TBC
Campus wellness leads	Principals / SHAC	Name point people	TBC

Confirm a named lead and replace TBC with an agreed due date for every action.

Thank You for Serving

Healthier schools.
Stronger learning environments.

Sign in and confirm contact details

Questions & closing comments