WILLIAM FREMD HIGH SCHOOL

WELLNESS

ELECTIVES AT-A-GLANCE



BENEFITS OF THESE ELECTIVES

- **Leadership for Life:** Helps students become the best leaders they can at the thing that matters to them the most. For example, if you want to be a better leader for your sport, club, community organization, or would like to learn how to to lead in business/corporate world.
- **Medical Terminology:** Promotes the basic understanding and vocabulary found within a variety of medical fields. Extremely helpful for those students who wish to pursue careers in the health services industry, and/or the CNA program.

WELLNESS ELECTIVES

MEDICAL TERMINOLOGY

Grade/Level: JR/SR
Unlock the language of healthcare in Medical Terminology! Explore the human body, decode medical terms, and discover how diseases are diagnosed and treated. Through projects and activities, build a foundation for a future healthcare career—with the opportunity to earn BLS-CPR certification.

Pre-Requisite(s): None

LEADERSHIP FOR LIFE

Grade/Level: Frosh-Senior
Learn to lead yourself and others through a dynamic class environment. Experiential learning via teambuilding activities, discussions and movies in a transformational environment. Leadership for life spends time in and out of the classroom. This class will change the way you view learning whether you are learning to communicate with others or jumping from the rafters of the gymnastics room.
Pre-Requisite(s): None

Questions? Contact Andrew Kittrell, Wellness Department Chair
847-755-2376 akittrell@d211.org