WILLIAM FREMD HIGH SCHOOL

FAMILY & CONSUMER SCIENCES

COURSE PATHWAYS AT-A-GLANCE:



BENEFITS OF FCS CLASSES & PATHWAYS

- **Learn Skills for Everyday Life** - Prepare for greater independence through practical, useful learning
- **Discover Career Possibilities** - Discover interests and strengths that can guide future education and career choices
- **Explore Your Creativity** - Express your personal style, experiment with new ideas and bring your vision to life through hands-on projects
- **Strengthen Teamwork & Problem Solving** - Practice communication, collaboration and shared responsibilty through applied learning
- **Build Confidence** -Take on new challenges and feel proud of what you accomplish
- **Strengthen Communication Skills** - Share ideas, listen to others and explain your decisions

FCS PATHWAYS:

CULINARY ARTS

H266 CULINARY ARTS 1
Culinary Arts 1 builds essential cooking and teamwork skills through kitchen labs emphasizing food preparation, measurement, nutrition, safety, and practical applications of reading and math.

H267/H665 CULINARY ARTS 2 **
Culinary Arts 2 expands cooking and teamwork skills through quantity food production, international cuisine, nutrition, sanitation, and opportunities for food handler certification and Harper College dual credit.

H466 IS CULINARY ARTS 1
Culinary Arts Independent Study 1 allows students to deepen culinary skills through individualized projects planned with their instructor based on personal interests and career goals.

H467/H667 IS CULINARY ARTS 2**
Culinary Arts Independent Study 2 develops culinary skills through individualized projects reflecting student interests and career goals, with opportunities to earn Harper College dual credit by passing the ServSafe Manager certification.

DESIGN

H236 DESIGN STUDIO
Design Studio introduces fashion and interior design skills through individual and collaborative projects. Students explore sewing techniques, visual communication, design elements, style trends, and merchandising strategies.

H244 HOUSING/INTERIOR DESIGN
Housing and Interior Design explores housing choices, design principles, and related careers for personal and professional use.

H276 FASHION CONSTRUCTION
Fashion Construction introduces sewing, pattern design, and illustration skills. Opportunities for fashion shows and design contests.

H446 INTERIOR DESIGN INDEPENDENT STUDY 1

H447 INTERIOR DESIGN INDEPENDENT STUDY 2

Design Pathway Independent Study students have the opportunity to pursue an in-depth study of a specialty interest area. Students work with the instructor to plan and complete individual projects based on the student's interest and career goals.

H476 FASHION CONSTRUCTION INDEPENDENT STUDY 1

H477/H677 FASHION CONSTRUCTION INDEPENDENT STUDY 2 **

H482 DESIGN INDEPENDENT STUDY 1

H483/H683 DESIGN INDEPENDENT STUDY 2 **

EDUCATION

H256 CHILD DEVELOPMENT
Child Development explores physical, social, emotional, and intellectual growth from prenatal development through age five, including career exploration and opportunities to earn an ECE credential.

H257 EARLY CHILDHOOD EDUCATION (ECE)
Early Childhood Education applies child development knowledge through preschool lab experiences where students serve as teachers, planning, implementing, and evaluating engaging lessons for young children.

H457/H657 ADVANCED ECE **
Advanced Early Childhood Education Independent Study 2 offers individualized projects aligned with student interests and career goals, with opportunities to earn three Harper College dual credit hours.

H453/H654 INTRO TO EDUCATION **
Introduction to Education explores teaching careers and educational issues, paired with a secondary classroom experience assisting a supervising teacher with daily tasks and activities. There is an opportunity to earn Harper College dual credit.

****Dual Credit Opportunity**

SEE IT IN ACTION



LITTLE VIKES PRESCHOOL CHILDREN DOING AN ART LESSON



CULINARY ARTS STUDENTS LISTENING TO CHEF INSTRUCTION



FASHION DESIGN DISPLAYING KEY FOB SEWING LESSON

Questions? Contact Christi Parsons, Department Chair

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